

# ***Sabattus Rec Club Parents' Pledge and Code of Conduct***

Please read, sign and return to the coach or appropriate team representative.

1. I pledge to get my child to practices, scrimmages and games on time. I understand that it may be embarrassing for my child to be late, it is hard for the Coach to adjust to the additional player and it may not provide adequate warm up time which could result in injury to my child. I will be on time to pick up my child from all practices, scrimmages and games. This shows my child that they are the highest priority and it shows respect for the Coach.
2. I pledge to always use positive encouragement when talking about my child's abilities. I understand that less than 1% of youth sports participants receive college scholarships and that the top three reasons kids join sports are to: a) have fun, b) make new friends and c) to learn new skills. I understand that the game is for the players and I will keep that in proper perspective.
3. I pledge to refrain from making negative comments or complaints about my child's Coaches in the presence of my child. I understand that this may plant a negative seed in my child's mind which could result in negative behavior towards the Coaches and may affect my child's ability to be respectful, motivated and to enjoy their experience.
4. I pledge to "Respect" the game. I understand the importance of setting a good example for my child. I will show respect for all involved in the game including coaches, players, opponents, opposing fans and officials. I understand that the officials make judgement calls to keep the players safe. I understand that officials may make mistakes. If I believe a "bad" call has been made against my team I will not yell or speak negatively to the official. I will respect the game and be silent.
5. I pledge to refrain from yelling out instructions to my child or another player. I understand that this is the coach's job. I will limit my comments during the game to positive cheering or encouragement for my child and the other players for both teams.
6. I understand that the objective is to win the game; however, most importantly, I understand that winners are players who make the maximum effort, learn as they progress, improve with practice and don't let mistakes or fear of making mistakes stop them from trying. I understand that mistakes will be made and that people learn from their mistakes. I understand that each child has different abilities and that it is inappropriate to compare players to one and another, including my own child.
7. I understand that if I do not keep my pledge that I may be asked to remove myself from practice, scrimmage or game events. I also understand that if I continue to break any assortment of pledges that I may be banned from all Sabattus Rec Club activities for the duration of the season.

# **Sabattus Rec Club Parents' Pledge and Code of Conduct**

Prohibited behavior and Discipline.

The Privilege of participating in Sabattus Rec Club activities includes the responsibility to act accordingly. The conduct of players, coaches, parents, officials and spectators is a direct reflection on the Sabattus Rec Club and, more importantly, our community.

Any player, parent, coach, official or spectator involved in disruptive, abusive or otherwise "inappropriate" behavior will be disciplined by the the "appropriate" person, be it the coach, the official, the Director for that particular sport, the Sabattus Rec Club Officers, or the Sabattus Rec Club Board of Directors if necessary.

The following are the expectations and disciplinary actions the Sabattus Rec Club will take:

- a. Inappropriate or disrespectful behavior by or towards players, coaches, parents, officials or spectators will not be tolerated. Prohibited behavior will be addressed by the coach, officials and, when appropriate, the Directors for that particular sport.
- b. The parent(s) or guardian of each participating child will be required to sign the Sabattus Rec Club Parents' Pledge and Code of Conduct. Players will be considered ineligible to participate in game activities until completed forms have been handed in to the coach or Directors of that particular sport.
- c. "Other" forms of behavior that will not be tolerated are listed below:
  - i. Profanity - any use of profanity will result in the person(s) being removed from the activity or contest.
  - ii. Throwing of equipment - any throwing of equipment will result in the person(s) being removed from the activity or contest.
  - iii. Disrespect during the National Anthem - players will be expected to show respect during the National Anthem or they may be removed from the contest.
  - iv. Arguing with an official - immediate removal from the contest.
  - v. "Trash Talking", showing up an opponent - immediate removal from the contest.
  - vi. Disrespect during "End of Game" handshake - ineligible to participate in the next contest.
  - vii. Late for an activity or contest without an excuse or notification - parents will be expected to contact the coach when the player may be late or absent from a practice or game. Failure to notify the coach will result in game time loss.
- d. Violations of these policies may result in the imposition of any of the following sanctions: verbal or written warnings; game(s) suspension, partial or full season suspension; temporary or permanent banishment from participation in Sabattus Rec Club activities.

**By signing below I am agreeing to honor the Parents' Pledge and Code of Conduct. I understand that by not signing this form my child will be ineligible to participate in Sabattus Rec Club events and contests.**

**Parent or Guardian**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent or Guardian**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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Player

Signature: \_\_\_\_\_ Date: \_\_\_\_\_