

OUTLINE FOR PARTICIPANTS AT THE SCMAF TRACK AND FIELD MEET

1. Upon arrival all athletes should check in at their Association Check in table inside the stadium. Be sure to advise the Association Staff of the year born and event(s) each athlete has qualified for at the Association Meet.
2. Meet with your coach/staff person to prepare for the Opening Ceremonies March of the Athletes.
3. When the Opening Ceremonies have ended, everyone must return to the bleachers and wait for the Meet Announcer to give instructions and event information.
4. Each event will be announced three (3) times before it will take place. (First call, Second call, and Final call)
5. When an athlete's event is announced (first call), they should report to the STAGING AREA.
6. If an athlete is participating in a FIELD EVENT and the "first call" for a RUNNING EVENT is announced, the athlete should tell the field event staff and follow their directions concerning the field event (jump, throw, etc.) and report to the STAGING AREA. Inform the staff at the staging area about the field event situation. The staging staff will give the athlete specific instructions at this time.
7. Once an event is completed by an athlete, they should check with the staff at the event and follow the instructions given.
8. If the athlete has won an award in an event, event staff will direct them to the Awards Area to be seated and wait for the awards staff to give them directions.
9. Once an award is received or an athlete finishes an event, they should return to the bleachers and wait for next event to be announced.
10. The same procedure (steps 1-9) should be followed by each athlete for each event