

Acceleration On Ice Trainers

Miles Van Tassel

Education: Bachelor of Science in Medical Technology from Michigan Tech University

Sports Played: Hockey, Football and Baseball

Training Experience: Has Over 18 years of training experience 13 of which have been with acceleration team.

- Currently on the Hockey Advisory committee with Athletic Republic and has been tabbed as the “stride doctor” among his peers.
- Worked with the NTDP and helping skating coach Carrie Kiel with implementing treadmill workouts with the NTDP program.
- Coached 4 seasons with MN High School Elite league having seen a few of his players move onto the professional level
- Played two years of Jr. A hockey in the Toronto Metro league and the USHL.
- Played college hockey at Michigan Tech from 96-99. After college career spent two seasons playing professional hockey in the Central Hockey League (CHL).



Tim Hambly

- Recently finished a 14 year professional hockey career playing in leagues all over the world.
- HS hockey in White Bear, leading the team to the 2001 state tournament his senior year.
- 4 years of college hockey for the UMD Bulldogs, reaching the frozen four in 2004.
- 4 seasons in the AHL while in the Calgary Flames and Chicago Blackhawks organizations.
- Germany’s DEL for 8 seasons where he won a championship in 2014.
- The last stop in his career was Kushiro, Japan and played two seasons in the Asia League.
- Hambly’s travels from his playing career have given him the chance to instruct and help with various youth hockey camps and practices all over the world as well.



TJ Aubrecht

I am 31 years old and am from Minnesota. Grew up playing varsity hockey for Farmington High School and went on to play Junior A hockey for the Hudson Crusaders. Currently I am Professional Ice Cross Downhill athlete and compete in Red Bull Crashed Ice events all over the world. I have always had a strong passion for hockey and truly enjoy training and developing future athletes.

Relevant coaching/skating experience

Northern Edge Elite Hockey School (2006-08)

- Head On-ice Instructor, Off-ice Trainer
- 6-16 year olds

CCM Hockey – Guts and Glory 2 Tour (2008)

- Product Representative, On-ice Instructor
- 8-13 year olds
- 12 week traveling hockey camp across North America
- Pavel Datsyuk Hockey School (2009-12)
- Head Instructor, Off-ice Trainer
- 6-15 year olds, NHL Draft picks
- Ekaterinburg, Russia

Minnesota Top Team (2010-12)

- Off-ice Trainer
- Summer hockey training , team and individual
- 10-18 year olds

CCM Hockey – FAST Agent (2014-17)

- Field Representative, On-Ice product demo, product specialist
- Managed CCM Skills Camp, Minnesota
- All ages
- Minnesota, Wisconsin, Iowa, North/South Dakota, Michigan, Boston, Illinois

Red Bull Crashed Ice (2013-Present)

- Currently ranked 37th in the world



Luther Kangas

- White Bear Lake HS 2000 Graduate
- Concordia College Moorhead Hockey 2002-2004 (Grad - Double Major Exercise Science & Health)
- On ice off ice trainer with Miles VanTassell for past 6 years
- Performance trainer at Acceleration MN for 12 years
- Managed Acceleration Apple Valley



Trevor Bruess

- Played HS at Holy Angels
- Played Junior hockey in the NAHL and then USHL
- Signed a D1 Scholarship to Mankato State University.
- Signed with the Washington Capitals and played professional hockey in the AHL and ECHL for 5 years
- Currently a lead hockey trainer at Acceleration North

