

MEET THE INSTRUCTOR

DAVID BRANDT



David is a graduate of Castleton State College (now Castleton University) in Castleton, VT with a degree in Sports Administration and Business.

Played one year at Wheaton College in Norton, MA before transferring to Castleton. Key member of two conference championship teams in 2010 & 2012. Awarded First team All-Conference both those years along with Defensive Player of the Year honors his senior season in center field. School record holder for stolen bases in a single season (47) and in a career (109).

After graduating, went on to play two seasons in the Professional Pecos League for the Santa Fe Fuego in Santa Fe, NM. The Fuego were league champions in 2014, and in 2015 David posted a strong season hitting .321 with 5 HR's, 30 RBI, and stealing 31 bases on 33 attempts.

Played three seasons overseas. Was a player-coach in 2016 & 2017 for the Attnang-Puchheim Athletics in the Austrian League in Europe. Won League MVP and Coach of the Year honors in 2016, and was an All-Star center fielder in 2017. The Athletics were league champions both years. From there, played and coached in Australia for the Golden Grove Dodgers in the Adelaide State League for the 2017-18 winter season.

In between playing baseball, worked for four winters at Diamond Kings Baseball & Softball Academy and Paris Speed School in Bristol, CT. Responsibilities included teaching the fundamentals of baseball, softball, and sprinting mechanics in private, small group, and large camp settings with client ages ranging from the youth level to the college level.

Most recently, David was an assistant coach this past summer for the Glens Falls Dragons in the PGCBL (Perfect Game Collegiate Baseball League) based in Upstate New York.

David is a native of Contoocook, New Hampshire.



CONCORD SPORTS CENTER

224-1655

FALL & WINTER MONTHLY CLINICS



BASEBALL & SOFTBALL



Programs Offered



HITTING CLINIC

Get ready to mash! Four hitting sessions over the course of a month. Sessions will begin with fundamental instruction followed by rounds of batting practice and competitive games. There will be a focus on making hitting fun, what to think, and how to compete at the plate. Players will receive lots of reps!

Players of ages 8-14 are welcome.

\$120

Sessions are an hour long and will be held once a week over the course of a month.

This clinic will be offered monthly, alternating months between baseball and softball:

October / Baseball / Thursdays, 6pm - 7pm

November / Softball / Thursdays, 6pm - 7pm

December / Baseball / Saturdays, 11am - 12pm

January / Softball / Saturdays, 11am - 12pm

February / Baseball / Saturdays, 11am - 12pm

March / Softball / Saturdays, 11am - 12pm

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Keep your skills sharp with our monthly clinics. Though not always easy, baseball & softball are simple games. The key to experiencing success is to be good at the simple things, and you can never work on them enough. In these clinics, the main aspects of playing and the fundamentals of each will be covered, giving baseball & softball players the opportunity to consistently hone their skills throughout the fall and winter.

VELOCITY PROGRAM

The velocity program is back! An advanced clinic, there will be a strict focus on improving strength, flexibility, and stamina in order to increase throwing velocity. Players will prepare themselves to best handle the stress & demand placed on their arms over the course of a season. This program is for baseball players 13 years of age and older.

\$200 / mo.

***\$175 for Cannons players**

Sessions will be an hour long, and will be held three times a week over the course of a month. The structure of each session will consist of a warm-up, body strength workout, throwing progression, and conditioning.

The velocity program will be run monthly starting in November. The schedule is listed below:

Nov. - Feb. / Mon. (7-8pm), Wed. (8-9pm), Fri. (7-8pm)

March / Tue. (8-9pm), Thu. (8-9pm), Sun. (1-2pm)

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SKILLS CLINIC

Throwing & catching, fielding, pitching, hitting, and base running. Five things that, when confident doing them, will help any ball player stay on the field. Receive lots of reps in all five aspects over the course of a month in our monthly skills clinic!

For baseball players of ages 8-14.

\$120

Four sessions lasting an hour each, and each will be held on Saturdays of every other month. The structure of each session will be as follows:

5 minutes: warm-up

15 minutes: throwing & catching

30 minutes: fielding/hitting/pitching

10 minutes: base running

Dates for the clinic are listed below:

November / Saturdays, 1pm - 2pm

January / Saturdays, 1pm - 2pm

March / Saturdays, 1pm - 2pm

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