

Annandale Baseball- Softball Association

Coaches Meeting

Wednesday April 3, 2024



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Annandale
Baseball-
Softball
Association

THANK YOU!!!



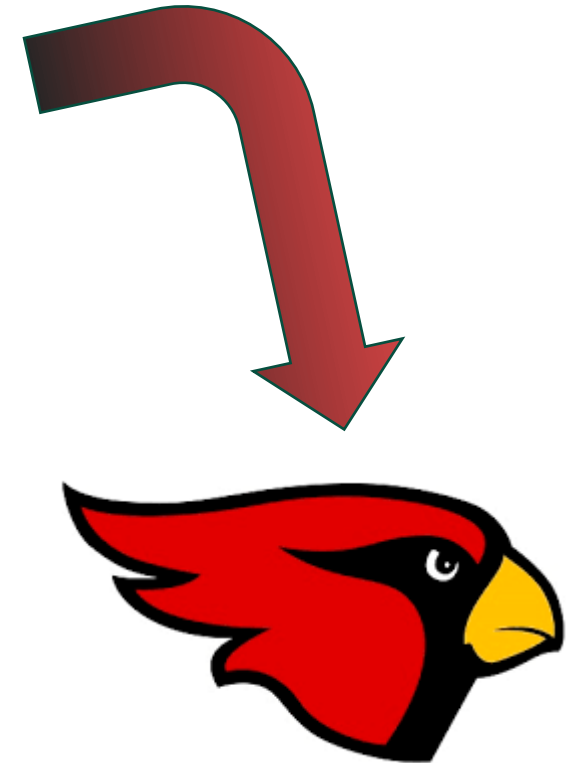
Developmental Program

Luke Gagnon- AHS Varsity Head Baseball Coach

- HLWW High School Baseball
- St. Olaf Baseball
- Howard Lake Orphans

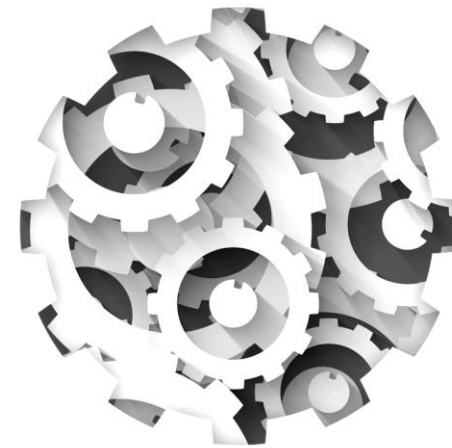
Michelle Macalena- AHS Varsity Head Softball Coach

- AHS Softball
- SCSU
- BHS Softball - Varsity Assistant



Pre-Season Planning Underway

- Currently working through establishing Coaches
- Scheduling
- Ordering uniforms
- Organizing new equipment
- Please have patience!





To serve as a **ROLE MODEL** in practice and in game competition



To **TEACH THE SKILLS** and the knowledge necessary To understand and enjoy the game.



To **DEMONSTRATE TEAM WORK** by allowing each player fair playing time in all regular season games.



To **ENCOURAGE AND SUPPORT** each player on your team.



To **DEMONSTRATE GOOD SPORTSMANSHIP** by modeling and by maintaining control of the players.

The Role of the Coach

You are here for the KIDS

The most important factor in the quality of a player's experience in youth sports is the Coach!

Areas of Focus:

- 1) Be a positive
- 2) Make it Fun
- 3) Skill Development
- 4) Teach the Game



Please Remember

- ✓ This is a game
- ✓ These are kids
- ✓ Umpires are human (and many of them inexperienced)
- ✓ You represent Annandale



Coaches Code of Conduct

Coaches Code of Conduct

- place the emotional and physical well-being of my players ahead of any personal desire to win.
- remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- do my very best to provide a safe playing situation for my players
- promise to review and practice the necessary first-aid principles needed to treat injuries to my players.
- do my best to develop each player as much as possible within the limits of their physical and mental abilities.
- do my best to organize practices that are fun and challenging for all my players
- lead, by example, in demonstrating fair play and sportsmanship to all my players. Cursing has no place in our program. Under no conditions will I verbally or physically abuse a player, parent, or Umpire.
- ensure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.
- use those coaching techniques appropriate for each of the skills that I teach.
- maintain team discipline and take reasonable measures to enforce violations of team rules. I will follow the discipline policy as stated in this handbook.
- praise my players and offer constructive criticism.
- be accessible to players and parents on a reasonable basis to discuss the player's progress or lack of it, or to clear up misunderstandings.
- Strive to keep post-game meetings with players short, constructive, and in a general nature.
- not use drugs and alcohol before or during games and practices, nor will I use tobacco while on the field.
- remember that I am a youth coach, and that the game is for the kids and NOT for the parents or coaches.

Important Dates

Big West Coaches Meeting - Mon April 8

Crow River Baseball Meeting - Sun April 7

Crow River Softball Meeting - Sun April 14



League Play Start Date

Softball:

10U - June 3rd



12U - April 29th

14U - May 21st

HS - June 3rd



Baseball:

"A" - May 13th

"AA" - May 20th



Volunteers Needed

Hosted Tournaments

June 17-23: 13AA/14AA League Tourney

July 12-14: 10A League Tourney

July 20-21: 14U or HS State Tourney
(pending)

July 27-28: 8U/10U League Tourney



Pre-Season Checklist

Compliance
Training

Team
Manager

Parent
Meeting

Equipment
Pick-up

Compliance Training

Crow River Requirements

Big West Requirements



Crow River Coaches



Trusted Coaches

Background check

Concussion Training

Big West Coaches



- ACE - The cost is \$36 per coach. Your background check is bundled into this cost.
- BACKGROUND CHECKS
- SAFESPORT - This is FREE after completing a USA Softball background check.
- CONCUSSION - This is FREE through the CDC or NFHS.
- These tasks can be completed at <https://www.registerusasoftball.com>.
- Once you are done with the compliance tasks you can upload them in your dashboard at <https://mnsoftball.com/pages/dashboard>.

Team Manager

- Head Coach to appoint
- Let Justin Thompson (SB) or Nick Allerson (BB) know who your team Manager is.
- We will reach out and get them trained
- Brenna Thompson - Team Manager Lead

Role of the Team Manager

Rostering

Parent communication (ie: tournament info, team meals, team parties etc)

Assist with issuing uniforms

Follow up with parents on rostering

Booking hotel blocks if necessary

Any other roles you feel you can delegate

Follow up with non-compliant parents on rostering

Parent Meeting

- Discuss Parent Code of Conduct
- Playing time expectations
- Concession requirements
- Proper channels if issues arise
 - Coach
 - Director
 - President

Coaching Resources

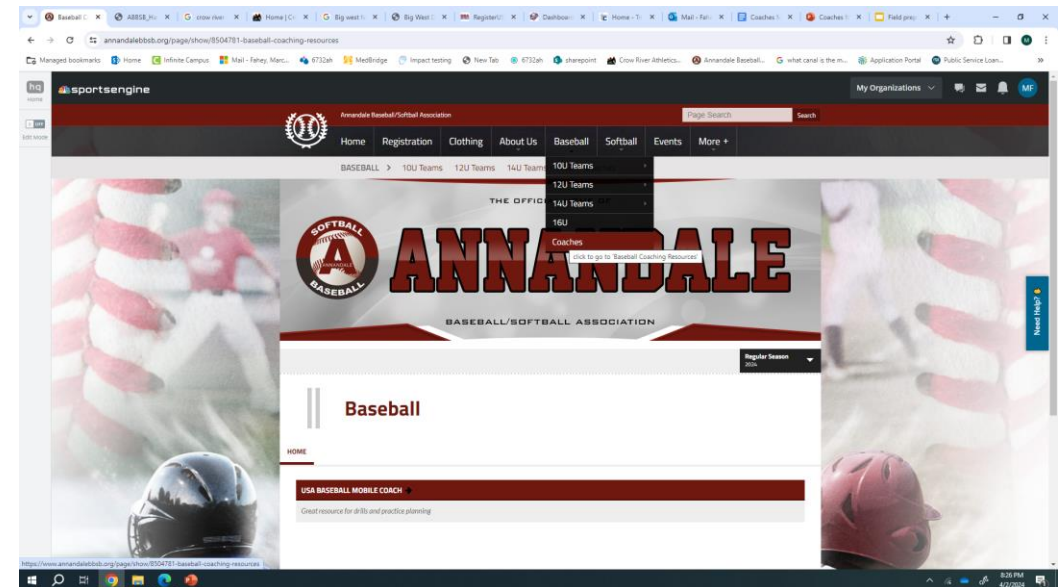
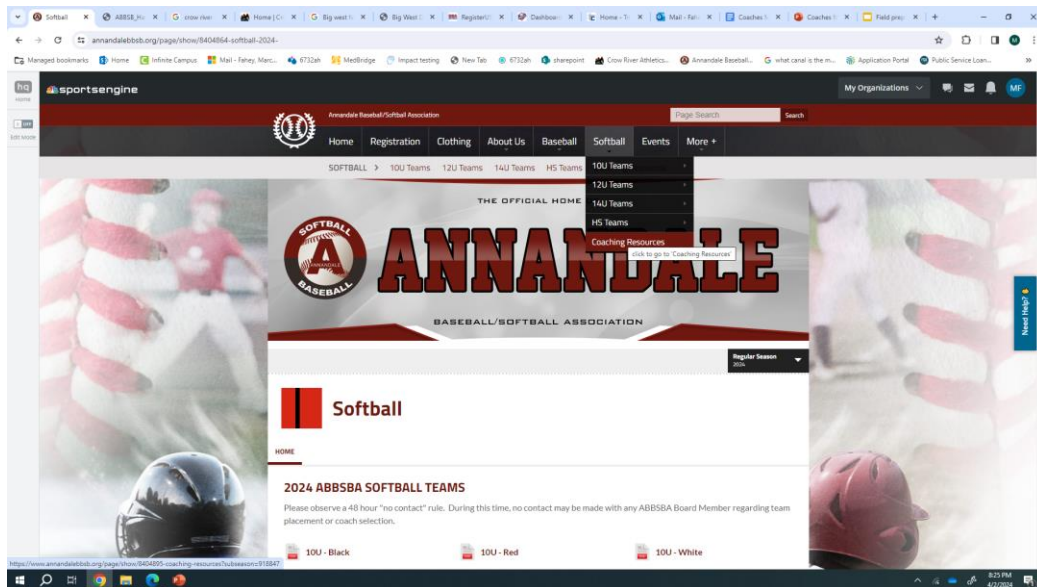
- **Use Sports Engine!!!**
 - Great for communication/messaging with parents
 - Scheduling
 - RSVPs
 - Chat feature
- **Do you desire a coaching clinic?**



Resources

Softball Drills - videos

USA Baseball Mobile Coach



Practice Planning

1. Have a plan!..... and communicate the plan to your assistants
2. Practices should be:
 - A. Instructional- Teach basics skills and techniques
 - B. Active- Keep kids moving. Small groups with lots of reps. Station based practices
 - C. Fun and Exciting- Bring the energy!
3. Joined Practices - 10U (baseball and softball)

Scheduling

Crow River - Done for you

Big West - Done at Coaches meeting

- Manager needs to enter schedule into SE

Weather cancellations

Decision by Sam Weber will be communicated

Head Coach to call opposing coach

Reschedule game coordinated with Travis Jenniges for field availability and director for Umpires

Put the Field to bed

ABBSBA Field Maintenance

Coaches Expectations

Practice Nights

- You will have to set bases before practice, and remove bases after
- Base plugs- ALWAYS leave plugs under the base during use
 - After- return plug to mark location
- Rake field after- Batter's box, pitching mound, base paths, large holes dug, etc
 - Rakes and white boxes are locked at City Park and Big woods. This is the same ATL key you will receive.

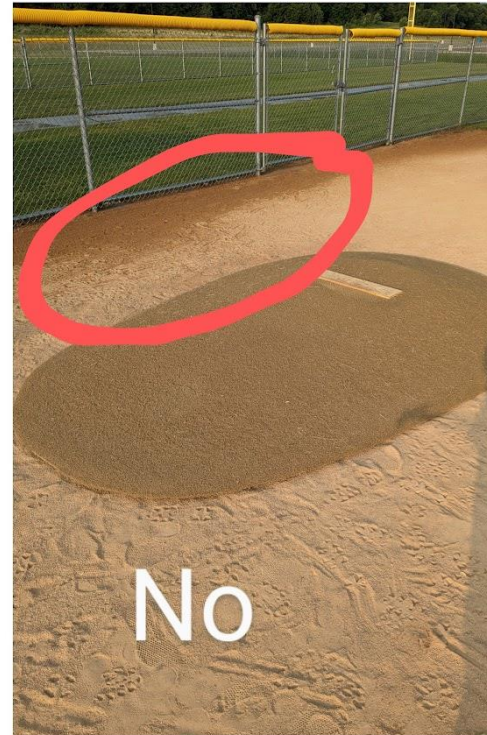
Pre-Game Inspection

- Field will be drug and chalked for you
- Base distances and pitching rubber will be set for your level. Please double check for proper distance and notify Sam Weber of any concerns.

Post-Game Responsibilities

- 1- Hand rake- batters box, pitching mound, all base paths, large holes dug, etc
- 2- Bases removed, holes plugged, placed in dug out
- 3- Leaf Blower (located in concession stand storage and Driste storage)
- 4- Check scoreboard controller is plugged in (located in concession stand storage and Driste storage)
- 5- Pick up any trash or wrappers
- 6- Check everything is locked up if you're last to leave
- 7- Pitching mound is coaches responsibility to remove from playing area**

- Pitching mound is **Coaches responsibility** to move onto the field before **AND** after your game. Train your players to do it safely. Carry a tape measure in your equipment bag.
- 3rd base line
- Do not- Block the dugout, or Maintenance gates



Contact

Sam Weber

Cell- 612-308-3313

Email- sweber@isd876.org with any concerns

Umpires

Baseball

Rocky River Officials Association

Tyler Kiel

<https://sites.google.com/view/rockyriverofficials/home>

Tylerkiel@ymail.com

320-438-0988

Softball

Marc Fahey

651-329-4712

marcdfahey@gmail.com

Incident Reporting

Crow River

<https://docs.google.com/forms/d/e/1FAIpQLScrP7is54nR5Mth4CKVKMUOBxmEHpLMQRmXXLRWP8UIQbe2bg/viewform>



Equipment Pickup

Date TBD

Ryan Schrammel

Equipment Manager