

# Thank you for officiating at the SHOT PUT

Please read and understand ALL of the following notes.

1. Typically a marker is inserted in the sand at the point being measured from. Feel free to utilize student helpers with raking, retrieving, and holding the non-pit end of the tape measure. However, it **MUST** be one of you calling out the order, recording the results, judging for faults, and determining where in the landing area the throw shall be measured from
2. Make sure only the **JUNIOR BOYS and SENIOR BOYS throw the largest implement**
3. When done, **rank ALL athletes** in the final column, not just the top six. This aids our data entry person immensely. **BREAK ALL TIES**. The tie-breaking procedure is on the rules sheet.
4. When the event is done, send the results sheet to the results shed with the first place athlete.

## Rules Clarification for ECDAAC District Championship Field Events “No-Shows”

The following is intended to clarify the rules governing **no-shows at field events** (often caused by a scheduling conflict where an athlete has a track event and field event at the same time). If the athlete has not shown up to complete a single attempt by this time, they are officially DNS (Did Not Show).

*PLEASE NOTE: The SHSAA Provincial Championship rules are much more stringent than what the ECDAAC is doing here. By rule, an athlete may NOT have more than one attempt in any one round, and if they miss a round, the opportunity for that round's attempt is lost. They may, however be moved to last in one round and first in the next round to get two attempts completed in a very short time. If an athlete advances to Provincials, it is good to keep this rule in mind.*

The onus is on the athlete to inform **both the track official and the field event official** that there is a conflict.

The onus is on the field official to accommodate the athlete as best as possible given the guidelines above.

The onus is on the track official to send the athlete back to the field event for an attempt (or more) if their race is still a number of minutes away.

- **Track officials and field officials:** please be as patient and accommodating as is possible (notwithstanding unreasonable delays which put events behind schedule)
- **Field officials:** please explain to the athlete what you, as an official, ARE allowed to do to accommodate them at the field events as outlined in the guidelines above (do not assume they know their options)
- **Field officials:** please explain to an athlete leaving for a race to check in with the marshal and explain the conflict, but to not stay at the race area if the race will not run for a number of minutes (they should come back and get an attempt or more in)
- **Track officials:** when an athlete explains they are also in field event, let them know how long before their race starts, and if there is time, encourage them to return to the field event for an attempt or more.

## ECDAА OFFICIALS NOTES – **SHOT PUT** (Revised June 2016)

### **EQUIPMENT:**

- 2 identical large shots (12lb.), 2 identical shots (4kg) and 2 identical shots (3kg)
- toe board
- clipboard (with events sheet and pencil) – get from booth
- 15m tape
- rake

### **FACILITIES:**

- ensure the sector lines have been placed and placed properly (20-20-12)
- ensure the toe board is in place

### **FAULTS:**

- at time of release, the shot is not touching or in close proximity to the neck or chin
- the athlete drops the shot BELOW the neck or chin just prior to release
- shot is released with 2 hands
- the athlete brings the shot behind the plane of the shoulders
- the athlete fails to leave through the back half of the circle
- the athlete leaves the circle before the shot reaches the ground
- the athlete touches the TOP of the toe board (OK to touch the inside edge)
- the athlete touches with any part of the body outside the front of the circle
- the shot touches or lands outside of the boundary line

- athletes are not allowed to tape their fingers or hands unless covering an open wound

**ATTEMPTS:**

- each athlete is allowed 3 (three) attempts, one in each of the three rounds
- **Midget, Junior, and Senior ONLY:** after these three rounds, determine the current top 6 (six) throwers. They will be allowed 3 (three) more attempts (rounds 4, 5, & 6). The order of throwers should now change with 6<sup>th</sup> place going first and 1<sup>st</sup> place going last.

**RESULTS:**

- Please remember to rank ALL THROWERS on the results sheets before sending the sheet to the booth
- Send the sheet to the booth with the first place finisher OR first & second place finisher

**MEASUREMENT:**

- measure with the ZERO end of the tape at the mark nearest to the circle
- extend the tape measure in a straight line to the center of the circle.
- actual measurement is the distance to the inside circumference of the circle
- RECORD THE MEASUREMENT TO THE NEAREST CENTIMETER BELOW THE DISTANCE COVERED (e.g. 9.746m = 9.74m, NOT 9.75m)

**EXCEPTIONS TO I.A.A.F. RULES:**

- if a student is involved in another event (likely a race), allow them more than 1 throw in the same round if necessary so they can make that other event (I.A.A.F. rules state if you miss your throw within a round, you lose that opportunity). NOTE: If an athlete misses all three preliminary rounds, they are disqualified (they are NOT entitled to join in during the fourth round). See memo for more clarification.

**TIE-BREAKING:**

- next best throw