



2025-2026 Seasonal Year	
Birth Year	Age Group
2021	U5
2020	U6
2019	U7
2018	U8
2017	U9
2016	U10
2015	U11
2014	U12
2013	U13
2012	U14
2011	U15
2010	U16
2009	U17
2008	U18
2007	U19



Team Formations (USYS)							
Team Age	Roster Limit	Playing Formation	Ball Size	Minimum # of Players to Start	Headers	Offsides	Notes
U5/U6	8	4 v 4	3	3	No	No	No Goalie
U7/U8	8	4 v 4	3	3	No	No	No Goalie
U9/U10	12	7 v 7	4	5	No	Yes	
U11- U12	16	9 v 9	4	6	No	Yes	
U13- U19	22	11 v 11	5	7	Yes	Yes	Only 18 players in uniform allowed at any game including the sidelines.

Team Formations (US Club)							
Team Age	Roster Limit	Playing Formation	Ball Size	Minimum # of Players to Start	Headers	Offsides	Notes
U11- U12	18	9 v 9	4	6	No	Yes	
U13- U19	22	11 v 11	5	7	Yes	Yes	Only 18 players in uniform allowed at any game including the sidelines.