

6th GRADE SKILL CHECKER

SKILL	DATE COMPLETED
6th Grade	
Begin to identify players and abilities for each position	
Maximal exposure to a variety of positions	
<u>Blocking & Line play</u>	
Pull Technique	
Kickout techniques	
Double Teams	
Defensive front recognition	
<u>Quarterbacks</u>	
3 step drops	
Rollout passing	
Throwing to spot on the field	
Effective faking	
Effective footwork	
<u>Offense</u>	
Basic passing game	
Basic passing tree	
<u>Defense</u>	
5-3	
6-2	
Blitzing	
<u>Defensive Backs</u>	
Backpeddle techniques	