

## **Spartan Citizen Outcome**

When a student/athlete enters the Spartan football program the purpose isn't just to play the game of football. The game of football is used to teach life-lessons and help develop young men that will be successful in life outside of football. Every experience that takes place in the program can be applied to life outside of football and promotes being a successful person. The program will provide opportunities and experiences for the young men in it to leave after their senior year with the following areas to apply during the rest of their lives.

**Commitment** – From the first choice made to be a part of the Spartan program student/athletes will learn to take ownership in their decisions and learn that to get the most out of opportunities they must be willing to be committed. This commitment is to their teammates, coaches, parents, Mayo High School and the community that supports them. It will be learned that the amount of effort and dedication that one puts forward in commitment can be a direct result in the life-lessons with-in and outside their time in the program.

**Teamwork** – Football like life is a team function. Everyone needs others to function and be part of a successful lifestyle. Everyone has strengths and weaknesses and it's how you work together to share and learn from each other that you can reach full potential. Learning to be able to depend on others and have others depend on you is an important part of life. Working with others is inevitable and to be able to gain respect and be respected are key components of successful teaming to reach common goals.

**Learning How To Learn** – Learning is as continuous as one allows it to be. Everyday new lessons can be learned and applied to life. No-one knows all the answers or how to do everything in life. It's through taking the proper steps to learn and being willing to learn that one can become more knowledgeable. Everyone learns differently, but the most important factor to learning how to learn is to take advantage of the opportunities that allow one to begin the learning process.

**Discipline** – Throughout the Spartan program ownership will be taught through real-life examples of both reactionary and self-discipline. Self-discipline comes from a personal honesty about what each individual knows they need to hold themselves accountable. It's up to that individual to take ownership for their level of accountability for their motivation. The program will be responsible for providing discipline to each athlete based on choices they make on or off the field and will clearly teach the understanding of consequences to reinforce discipline.

**Success** – Success can be measured in many ways, but most importantly it is the means in that process to being successful. Through the Spartan program it will be emphasized that those means consist of positive attitude, realistic goal setting, strong work ethic, dedication, full effort, self-reflection, honesty and improvement. Success is when you have done all that you can do to give your best effort and can realize that even in situations when you lose, you can also win.