

Mayo Spartan Football Varsity 11th/12th Grade Letter Requirements



In-Season

Practice Participation

-Actively participate in practice (0.5 pt/practice = 23+ points possible)

Starter

-Offense/Defense/Special Teams (2 pt/game = 18+ points possible)

Game Participation

-2 quarters of game participation (0.5 per 2 quarters played = 9+ points possible)

Off-season

Lifting

-Thoroughly complete Mayo Strength Center work-out with Trainer Logsdon. (0.5 point/day = 42 points possible)

Sports

-Complete a season of another school sport in good standing (8 points)

<u>Academics</u> (Student/Athletes are responsible for notifying Coach Holcomb)

- -Fall Semester A Honor Roll (4 Points)
- -Fall Semester B Honor Roll (2 Points)
- -Spring Semester A Honor Roll (4 Points)
- -Spring Semester B Honor Roll (2 Points)
- -GPA Improvement Improve Overall GPA by 0.5 points (2 Points)

Coaches Input

-Based on level of commitment to the program and qualities of a high school student/athlete. (0-15 points)

Other

- -Attend and participate in team sponsored community service event (2 points/event)
- -Assistance with Mayo Youth Football Camps (2 points)
- -School Visits: Talking with younger kids and promoting Mayo Spartan Football (1 point/event)

65 Points Needed to Letter (acquire needed points with any of the following opportunities)

Final Consideration Is Under the Coaches Discretion

*9th /10th Grade Varsity Letter Winners Must Be A Position Starter On Offense/Defense/ST and Is Based On Coaches Discretion

*Any concern should be discussed between the athlete/head coach