

9 Hours & 18 Minutes Left
 For Free Shipping Today On All Baseball
 Gloves and Softball Gloves

[ORDER LOOKUP](#) [CUSTOMER SERVICE](#) [MY CART](#)

Order Gloves: 1-866-321-4568

[CHAT NOW](#)



[Gloves](#) [Glove Coach](#) [Glove Reviews](#) [Glove Resource Guide](#)

GLOVE RESOURCE GUIDE

[Gloves](#) [Glove Resource Guide](#) [Glove Sizing](#)

- [Home](#)
- [Glove Care Products](#)
- [Breaking In A Glove](#)
- [Selecting a Glove](#)
- [Glove Sizing](#)
- [Frequently Asked Questions](#)

GLOVE CARE VIDEO



CUSTOMER SUPPORT

1-866-321-4568
support@justballgloves.com
 Live Chat
<http://chat.justballgloves.com/webchat/main.aspx?QueueName=CHAT-JUSTBALLGLOVES>
 Customer Service

Glove Resource Guide

SIZING A GLOVE

The following sizing guide gives an idea for the average size glove players may use. It is broken down into age groups and into positions of either infield or outfield. This following chart is a guide to start with for sizing a softball glove.

BASEBALL GLOVES

Age: 8-13
Position: Infield
Glove Size: 10.50 - 11.50 Inches

Age: 8-13
Position: Outfield
Glove Size: 11.50 - 12.50 Inches

Age: High School/College
Position: Infield
Glove Size: 11.00 - 12.00 Inches

Age: High School/College
Position: Outfield
Glove Size: 12.00 - 12.75 Inches

FASTPITCH SOFTBALL GLOVES

Age: Under 8
Position: Infield
Glove Size: 9.00 - 10.50 Inches

Age: Under 8
Position: Outfield
Glove Size: 10.00 - 11.50 Inches

Age: 9-13
Position: Infield
Glove Size: 10.50 - 11.50 Inches

Age: 9-13
Position: Outfield
Glove Size: 11.50 - 12.50 Inches

Age: High School/College
Position: Infield
Glove Size: 11.75 - 12.50 Inches

Age: High School/College
Position: Outfield
Glove Size: 12.75 - 14.00 Inches





Fastpitch Softball Bats

Reviews and Buying Guides of Fastpitch Softball Bats

[Coaching Books, guides and manuals](#)
[Coaching How To Videos](#)
[Hitting Tees](#)
[Travel Bags](#)

Choosing the Right Bat Length and Weight

Both youth and adult players will enjoy taking their cuts more and will be much more productive if they are toting a bat that is the right length and weight. Watching little Billy swing hard with an oversize bat and then watching the bat swing Billy is funny the first time, but Billy won't be a happy hitter and his progress will be stunted. Even adults will boost their performance with a properly sized bat.

For youth the right size is vital. It's okay to choose a bat perhaps a few ounces too big for your growing child and they can choke up until they grow into it. But don't go larger than that. Here's a chart to put you on the right track.

Youth 6-11

Up to 46 inches: 16 ounce bats

47-50 inches: 16-17 ounce bats

49-52 inches: 16.5 to 17.5 ounce bats

51-54 inches: 17 to 18 ounce bats

53-56 inches: 17.5 to 18.5 ounce bats

55-58 inches 18 to 19 ounce bats

Over 58 inches: 18.5 to 21 ounce bats

Overlaps give you a chance to take your child's physical characteristics into account.

Youth 12-14

Little girls really grow during this time and boys begin to take off, too. Use this chart for a basic framework to meet your child's needs. Most experts switch to a weight-based scale here since children fill out as such different rates.

Up to 75 pounds: 17 to 19 ounces

Up to 100 pounds: 18.5 to 20 ounces

Up to 125 pounds: 19 to 21 ounces

Up to 140 pounds: 20-22 ounces

Up to 165 pounds: 21-23 ounces

Dealing With The Weight

The weight is more important than the length. Fastpitch softball bats are offered in lengths with the number of inches being 8-12 more than the number of ounces. For example, you'll find youth bats that weigh 20 ounces offered in lengths from 28 inches to 32 inches.

Ages 15 through Adult

Up to 135 pounds: 25-27 ounces

Up to 155 pounds: 26-28 ounces

Up to 185 pounds: 27-30 ounces

Over 185 pounds: 29-31 ounces

Keep in mind that these are maximum suggested weights. Many players like to swing a bat with a negative weight ratio of -9 to -12 for greater bat speed. This means that a 34 inch bat, the longest

32" 22oz.



Recent Articles

- [New Legal Fastpitch Softball Bats for 2012](#)
- [Cheap High Quality Fastpitch Bat](#)
- [Choosing the Right Accessories for Success](#)
- [Pre-Game Warm Up for Adults](#)
- [Cross Training for Fastpitch Softball](#)
- [New Fastpitch Bats for 2011](#)
- [Little League says play ball, but not with composite bats](#)
- [Choosing the Right Bat Length and Weight](#)
- [Softball stars not playing for US team](#)
- [Softball Playing Gals are Losing Weight While Having Fun](#)
- [Comparing Metal bats to Composite bats](#)
- [Who Makes the Best Girls Fastpitch Softball Bat](#)
- [Top Fastpitch Softball Bats of 2010](#)
- [Fastpitch Softball Bats | How to Buy the Best FastPitch Bats](#)
- [5 Fastpitch Softball Bats to Improve your Stats](#)

About the FastPitch Bat Guide

The [Fastpitch Softball Bat](#) website was setup as a place to learn and research Fastpitch Softball Bats for your own needs.

If you are shopping for a fastpitch bat, you will find plenty of deals! If you already own one of the bats on the site, please find your model, and leave a review for others!

Ads by Google

[Weight Chart](#)

[Child Weight](#)

[Weight Calculator](#)

Bat Reviews

Fastpitch Bats Reviews

- [Anderson](#)
- [DeMarini](#)
- [Easton](#)
- [Miken](#)
- [Worth](#)
- [Rawlings](#)
- [Mizuno](#)
- [New DeMarini CF4 ST Bats in 2011](#)
- [2011 Fastpitch Easton Bats](#)
- [2012 Louisville Slugger Fastpitch Bat Guide](#)

Article Learning Center

- [Buying Guides](#)
- [How To](#)
- [Hitters Box](#)
- [Softball Youth Center](#)

Warmup Exercise And Drills

- [Free Warm-up Exercise Videos](#)
- [Baseball and Softball Warm Up Exercises](#)



Find a Store Weekly Circular ORDER BY PHONE: 1-877-846-9997

Help My Account

Start your search here...



(0)

Team Sports Exercise Footwear Apparel Golf Outdoors Fan Shop Clearance

\$20 OFF YOUR PURCHASE OF \$100 OR MORE + FREE SHIPPING **GUARANTEED TO GET THERE ON OR BEFORE DECEMBER 24TH**
ONLINE ONLY. EXCLUSIONS APPLY. VALID THROUGH 12/16 11:59 PM ET. DETAILS ONLINE ONLY. EXCLUDES PING. DETAILS DETAILS

Home > How To

By Department

- Buyers Guides
- Sizing/Selection
- Owners Guides
- Sizing Charts by Brand
- By Sport**
- Sizing
- Glossary
- Apparel Sizing by Brand
- Footwear Sizing by Brand
- Equipment Sizing by Brand
- Spotlight
- Archery
- Baseball & Softball
- Basketball
- Camping
- Cycling
- Electronics
- Figure Skating
- Field Hockey
- Fishing
- Fitness
- Football
- Golf
- Hockey
- Hunting
- Indoor Games
- In-line Skating
- Lacrosse
- Licensed
- Paintball
- Scoters
- Skateboarding
- Snorkeling
- Snowboarding & Skiing
- Snowshoeing
- Soccer
- Surfing
- Swimming
- Tennis
- Water Sports

How To Buy A Softball Bat

No matter the softball league you play in, buying a bat is a personal decision. New technology has delivered bats that not only enhance performance but also are tailored to an individual player's strengths. It is essential that you select a bat that fits your unique body configuration and skill level--height, weight, and hitting strength.

Understanding Bat Materials

- Aluminum
- Graphite/Titanium lined

Determine What Bat Fits Your Body

- Age
- Height and weight

Determining the Right Bat Weight

Understanding Bat Technology

- Barrel size
- Bat taper
- Gap

Understanding Bat Materials

The world of bats now offers a large variety of choices in materials. These can be broken into two primary categories--*aluminum* and *Graphite/Titanium lined*. Virtually no softball bats are made of wood any longer. Each provides its own unique characteristics.

Aluminum

- This has been a player favorite for several years now.
- Aluminum bats provide a lighter weight for increased control and bat speed.
- Aluminum and the other metals also offer durability.
- Despite generally higher costs, players can save money since the bats are extremely difficult to crack or break.
- Aluminum bats come in a variety of alloys, each with a different weight. Generally, lighter aluminum alloys are thinner and more durable. These lighter weights also increase the "sweet spot," the hitting zone on the bat's barrel that gives the maximum place to put metal to bed.
- Aluminum bats, and those enhanced with other alloys, also come in single-layer or double-layer construction.
- Double-layer bats offer more durability and power, since the ball rebounds off the bat with more authority.

Graphite/Titanium lined

- Technology has enabled bat makers to use lighter, stronger materials. Graphite and titanium are just two of these.
- Both are usually added to thinner-wall aluminum bats, enabling bats to be lighter and increasing a player's swing speed.
- These materials also increase durability and the batter's sweet spot.
- Graphite and titanium also help reduce vibration and the sting of ball shock, the tingling feeling sent to the hands usually when you miss hitting the ball in the bat's sweet spot.

Return To Top

Determine What Bat Fits Your Body

There are some standard rules of thumb in selecting the appropriate bat length. The charts below offer some guidelines based on age and weight and height:

Age

Using your age as a guide, use the chart below to determine the bat length that fits your body.

Determine Your Bat Length by Age

Age	Bat length
5-7 years old	24"-26"
8-9 years old	26"-28"
10 years old	28"-29"
11-12 years old	30"-31"
13-14 years old	31"-32"
15-16 years old	32"-33"
17+ years old	34"

Height and weight

Height and weight are usually better ways to determine what bat length may work best for you. Once again, use the height and weight chart to give you a general idea of the length of bat that fits your body.

Determine Your Bat Length by Weight and Height

Your weight (pounds)	Your height (inches)									
	36-40	41-44	45-48	49-52	53-56	57-60	61-64	65-68	69-72	73+
less than 60	26"	27"	28"	29"	29"					
61-70	27"	27"	28"	29"	30"	30"				
71-80		28"	28"	29"	30"	30"	31"			
81-90		28"	29"	29"	30"	30"	31"	32"		
91-100		28"	29"	30"	30"	31"	31"	32"		
101-110		29"	29"	30"	30"	31"	31"	32"		
111-120		29"	29"	30"	30"	31"	31"	32"		
121-130		29"	29"	30"	30"	31"	32"	33"	33"	
131-140		29"	30"	30"	31"	31"	32"	33"	33"	
141-150			30"	30"	31"	31"	32"	33"	33"	
151-160			30"	31"	31"	32"	32"	33"	33"	33"
161-170				31"	31"	32"	32"	33"	33"	34"
171-180						32"	33"	33"	34"	34"
180+							33"	33"	34"	34"

[Return To Top](#)

Determining the Right Bat Weight

- Most bats are weighted in ounces
- Manufacturers have done a great job in balancing the bat's weight to its length
- Many bats have a weight-to-length ratio, often thrown as "4, 6", etc.
- The "4" basically means a 34-inch bat with a "4" ratio weighs 76 ounces
- Selecting weight really depends on two critical factors: your strength and your hitting style
- It also depends a lot on your personal preference in weight and length, so the following are simply guidelines to follow:

- Bigger, stronger players prefer a heavier bat since they get the benefits of both the belt and swing power
- Smaller players with less strength should consider a lighter bat to generate a quicker swing
- Younger players, too, should consider that a lighter bat increases control, great for singles hitters, while also reducing the risk of injury

[Return To Top](#)

Understanding Bat Technology

Bat technology may seem a little confusing but it's not rocket-science. There are three essential elements to a bat: *barrel size, bat taper and grip.*

Barrel size

- This includes both the length of the barrel - top part of the bat - and its diameter
- The longer the barrel, generally, the larger the sweet spot for hitting the ball
- The standard softball bat diameter is 2 1/2 inches
- Fast pitch softball barrel standard is 2 3/4 inches
- Many players prefer a smaller barrel that lightens weight and provides more swing speed

Bat taper

- This is the diameter of the bat's handle
- Standard bats are tapered 31/32 of an inch but can be slightly larger or smaller depending on whether you want a lighter or heavier bat
- Some players like a narrower taper for the lighter weight and to rotate their wrists faster when hitting

Grip

- The grip is simply the covering that bat manufacturers use on the handle of aluminum bats
- Leather or synthetic leather gives a tackier feel for a sure grip
- Rubber grips absorb more of the shock
- Some bats come with a cushioned grip to decrease the shock even more

[Return To Top](#)

- Get to Know Us
- About Us
- Careers
- Press Room
- Promo Exclusions
- Privacy Policy
- Terms of Use
- California Disclosures
- Site Map

- We are Here to Help
- Contact Customer Service
- ScoreCard®
- Product Availability and Price
- Recalls
- Return Policy
- Shipping Rates
- Track Your Order
- Buying Guides

- More Ways to Shop
- Find a Store
- Gift Cards
- Group Sales
- Order by Phone: 1-877-846-9997
- Sign Up for Our Emails
- Weekly Circular
- Mobile Website
- Top Brands

SIGN UP & GET 10% OFF!

Email address

You'll be the first to hear about exclusive offers, events and new product arrivals!

FOLLOW US ON:

©2012 DICK'S Sporting Goods *List price is for reference only. No sales may have occurred at this price.