

## Player Information

- Mouth guards are mandatory. Athletic supporters encouraged.
- Parent waivers required for all participants to receive \_\_\_ issued wristbands which must be worn during all competitions, and to receive meals.
- All Participants are required to remain on site to ensure game schedule is maintained.
- **Players must be age eligible to play high school football in the upcoming school year.**
- Player individual participation fees cover meals on both days and event t-shirt.
- Teams responsible for taping all participants First aid stations provided.
- Shoes: Turf or tennis shoes for field turf games; football cleats for grass fields  
t-shirts, shorts, sweatshirts, sweatpants, windbreaks or raingear (weather dependent).
- Knee or elbow pads personal water bottles no gum, seeds or food allowed on fields.

## Coaches Information

- Complimentary lounge available for meals and meetings.
- Reserved parking spot for each participating head coach - carpooling suggested.
- Coaches/team check-in done the morning, plus coaches meeting/field assignments.
- Player waiver forms required to be signed/turned in by 8:30am for first practice group, and 9am for second practice group on the day of competition. Players will NOT be allowed to compete without the waiver form.
- Player fees may be remitted at coaches check in.
- On-line registration, team fees and player fee deposit must be remitted by deadlines. Estimated of number of players and coaches attending also required - final reconciliation will be done at check in.

Questions about registration? Contact: Jason Seng, 206-853-7733