



SPORTS RELATED SKIN INFECTIONS

Name: _____

Date of Exam: _____

Sport: _____

Diagnosis: _____

Location and number of lesions: _____

Medications used to treat: _____

Date treatment started: _____

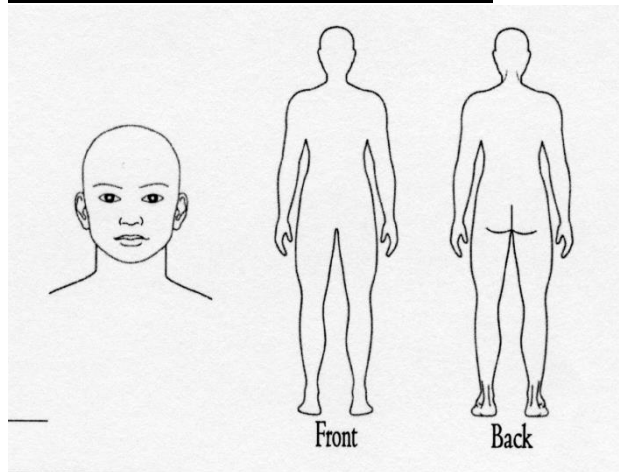
Earliest date may return to participation: _____

Provider Signature: _____

Provider Name: _____

Office Address: _____

Mark Location AND Number of Lesion (s):



Office Phone #: _____

<p>High Risk</p>	<p>Football, Ice Hockey, Boys' Lacrosse, Wrestling (See Wrestling Skin Sheet)</p> <ul style="list-style-type: none"> Ringworm, Tinea Corporis <ul style="list-style-type: none"> Must cover with prewrap, biocclusive and tape. If unable then needs 72 hrs of topical or oral antifungal medication. Cellulitis, Impetigo, Folliculitis, Carbuncle, Furuncle <ul style="list-style-type: none"> May return to competition after 72 hours of treatment (5 days for MRSA) provided the infection is resolving and not oozing. Scabs must be well adherent and have no signs of weeping fluid or material. Covering with Tegaderm, prewrap and tape only after 72 hours and when infection shows signs of resolving. Herpes, Cold Sores, Shingles <ul style="list-style-type: none"> If it involves areas of the skin that aren't naturally covered with equipment, i.e., forearms, shins and hands, then outbreaks require the player to be withdrawn from competition until properly treated and resolving. Oral antiviral medication for 10-14 days with primary and 120 hrs with recurrent outbreaks. May cover with Tegaderm, prewrap and tape when under equipment and allowed to play.
<p>Medium Risk</p>	<p>Baseball, Girls' Lacrosse, Gymnastics, Softball, Soccer, Basketball, Spirit Squad, Volleyball</p> <ul style="list-style-type: none"> Ringworm, Tinea Corporis <ul style="list-style-type: none"> No restrictions for competition provided the area can be covered with Tegaderm, prewrap and tape. If the area can't be covered, then the athlete may need to be removed from competition. In these situations, the athlete needs treatment with oral or topical antifungal medication for 72 hours before return to competition. Cellulitis, Impetigo, Folliculitis, Carbuncle, Furuncle <ul style="list-style-type: none"> No restrictions for competition, provided the area can be covered with Tegaderm, prewrap and tape. If the area can't be covered, may return to competition after 72 hours of treatment (5 days for MRSA) provided the infection is resolving and not oozing. Scabs must be well adherent and have no signs of weeping fluid or material. Herpes, Cold Sores, Shingles <ul style="list-style-type: none"> Covering the outbreak with biocclusive (Tegaderm), prewrap and tape may help reduce risk of transmission. Areas that can't be covered and are in a region of potential contact should prompt the withdrawal of the athlete until the infection has resolved. Oral antiviral medication for 10-14 days with primary and 120 hrs with recurrent outbreaks. Molluscum Contagiosum, Warts – No restrictions.
<p>Low Risk</p>	<p>Tennis, Cross Country, Skiing (Downhill/XC), Swimming & Diving, Golf, Riflery, Track & Field</p> <ul style="list-style-type: none"> Ringworm, Tinea Corporis <ul style="list-style-type: none"> No restrictions are necessary in these sports. Cellulitis, Impetigo, Folliculitis, Carbuncle, Furuncle <ul style="list-style-type: none"> Bacterial infections can be transmitted via fomites, i.e., inanimate objects like balls, batons and mats. No restrictions for competition, provided the area can be covered with Tegaderm, prewrap and tape. If the area can't be covered, may return to competition after 72 hours of treatment (5 days for MRSA) provided the infection is resolving and not oozing. Scabs must be well adherent and have no signs of weeping fluid or material. Herpes, Cold Sores, Shingles <ul style="list-style-type: none"> No restrictions are necessary in these sports. Molluscum Contagiosum, Warts – No restrictions.