WOMEN *for* WOMEN

the Missouri Institute for Positive Coaching

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Start the Conversation…
Tweet Live!

@MUPositiveCoach

#WISTCAWomen4Women

#WISTCAPositiveCoaching

Women for Women

- Take this back to your school
- Develop an ongoing Women *for* Women network through WISTCA to strengthen female coaches and their connections

Positive Coaching Mission

To promote POSITIVE COACHING in sport at all levels, and to enhance lives and society by "Winning Kids with Sport!"

Foundations of Positive Coaching

Realizing that it **does matter that we win** …because it absolutely does matter that we win in the life of every athlete with whom we have the opportunity to serve as their coach!

I AM…

I AM…
STRONG.
POWERFUL.
EQUAL.
A THREAT.

I AM AN ATHLETE.

Women *for* Women Objective

Empowering female student-athletes to live their best life by specifically developing self-worth, identity, respect, body-image satisfaction, community, independence, and leadership.

Athletes

gla Loroupe
Distance Running
11" 82 lbs.
Tara Lipinski
Figure Skating
5'1" 95 lbs.
Lisa Leslie
Basketball
6'5" 170 lbs.
Cheryl Haworth
Weightlifting
5'9" 297 lbs.
Svetlana Khorkina
Gymnastics
5'5", 105 lbs.
Stacey Bowers
Triple Jump
5'6" 130 lbs.
Jennifer Parilla
Trampoline
5'1" 120 lbs.
Deena Drossin
Long Distance Running
5'4" 105 lbs.
LeShundra Nathan
Heptathlon
5'11" 175 lbs.
Tobey Gifford
Sport Aerobics
5'3" 118 lbs.
Tabitha Yim
Gymnastics
4'8" 85 lbs.
Amy Acuff
High Jump
6'2" 145 lbs.
Stacy Sykora
Volleyball
5'10", 135 lbs.
Jessica Howard
Rhythmic Gymnastics
5'7", 100 lbs.

Real Women

R	• Respect all people
E	• Especially yourself
A	• Always do the right thing
L	• Live a life that matters

Model It!

Panel of Greatness

WOMEN *for* WOMEN

Brainstorm Sustainability

How do we create a WOMEN *for* WOMEN *sustainable network through WISTCA?*

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