



**Lower Hudson
Volleyball
Association** is a
non-profit
organization

designed to provide athletes with a competitive volleyball experience. Our goal is that each player performs to their peak level of ability, as well as learn important life lessons. Through hard work, determination and teamwork, each player will gain self-confidence in the sport of volleyball on and off the court. Our coaching staff consists of experienced coaches from around the area and LHVA alumni who are ready to share their knowledge of the game.

2016-2017 Teams

17/16s Travel Team
16s Regional Team
15s Regional Team
14s Regional Team
13s Regional Team
Developmental Program (Grades 1-8)

Need More Information?

Website

www.lhvavolleyball.com

Contact Us

Email: info@lhvavolleyball.com

Directors

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LOWER HUDSON VOLLEYBALL ASSOCIATION

2016-2017

***AN ALL GIRLS CLUB
VOLLEYBALL
PROGRAM DESIGNED
TO IMPROVE
AND ENHANCE
A YOUNG ATHLETE'S
SKILLS AND ABILITIES!***



Travel and Local Teams

Information Meeting

Wednesday, November 2nd @ 7pm
Pelham Middle School Gym

New and returning parents and players are encouraged to attend to learn more about our program and to meet the 2016-2017 coaches.

Tryouts

Date: November 15th & 16th
(must attend both days)

Place: Hooperstown (Mount Vernon, NY)

Fee: \$75 non-refundable (does not include GEVA Player Registration)
***Register w/ LHVA Online before 11/6 to save \$15.**

Tryout Times for New Players

Age: 14 and under **6:00-7:30pm**

Age: 15 and up **7:30-9:00pm**

Tryout Times for Returning Players

Go to your age group (see above for times) unless you played up on a LHVA team in the 2015-2016 Season.

(Ex: A player is 14 years old but played on the 15 Regional LHVA Team in the 2015-2016 season. This player would go to the 15 and up tryout time.)

Registration for Tryouts

Players must be registered with GEVA and LHVA online prior to tryouts.

Website: www.geva.org

Website: www.lhvavolleyball.com

Tryout Registration is OPEN NOW!

Place: Hooperstown

Date: November 15th

Time: 14 and under 5:30-6:00pm
 15 and up 7:00-7:30pm

Cost of Season **Same as last year!*

18/17s Travel: \$2,500

17/16s Regional- \$1,600

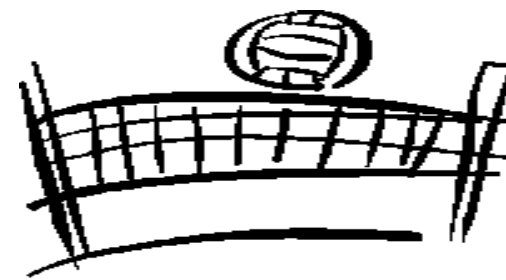
15s Regional- \$1,500

14s Regional- \$1,500

13s Regional- \$1,300

What's Included:

- * Uniform Package
- * Qualified Impact Certified Coaches
- * Two practices a week (17s-14s)
- * Six practices a month (13s)
- * Additional Positional Practices on Saturdays
- * Local and Travel Tournament Entry Fees
- * Hotel Accommodations for Travel Teams



Developmental Program

This program is designed for players in grades 1-8 who are looking to learn and build basic volleyball skills. Players will be divided by grades, but can be moved depending on their ability. There are no tryouts and no experience is needed!

Cost: \$300

Place: Pelham High School

Time: 1:00-2:30pm

Dates:

December 3rd & 10th

January 7th, 14th, 21st & 28th

February 4th & 11th

March 4th & 11th

Snow Make-Up Date: March 18th

Registration:

Register online starting November 1st @ www.lhvavolleyball.com.

Pay by credit card online or bring cash or a check made payable to LHVA for \$300 to the first practice on 12/3.