

INVADERS

\$90 – 6 sessions



CAMPS



Available for all soccer players – not limited to IIFC players

Boys Technical Camp

Mondays 5:30-6:30 u11-14

November: 14, 21, 28, December 5, 12, & 19

*Improves individual skill, decision making, passing, first touch, 1v1-3v3

Girls Technical Camp

Wednesdays 6:00-7:00 u11-14

November: 9, 16, 30, December 7, 14, & 21

*Improves individual skill, decision making, passing, first touch, 1v1-3v3

Speed & Agility Camp

Tuesdays 5:30-6:30 u11 & Up

November 15, 22, 29, December 6, 13, & 20

Learn & Improve proper running form, increase speed & acceleration, improve deceleration & cutting mechanics under the direction of **certified trainer Ross Bauman**

High School Technical Camp

Thursdays 6:00-7:00

November: 10, 17, December 1, 8, 15, & 22

Focuses on individual skill, decision making, getting out of pressure, first touch, passing, attacking in 1v1-3v3

Goalkeeper Camp

Fridays 5:30-6:30 u11 & Up

November: 11, 18, December 2, 9, 16, & 23

Focuses on:

- Hand position & set position
- Footwork & lateral speed
- Diving & shot stopping

****ONLY 10 SPOTS AVAILABLE****

Payment (\$90) & Registration must be completed online at invadersfc.com prior to the start of camp. Any questions contact Aileen Clouse at aclouse20@outlook.com Interested u10s must get approval from DOCs before registering.