



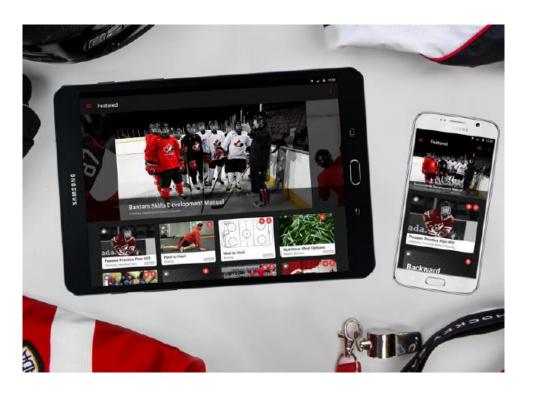


www.hockeycanadanetwork.com





Download to MULTIPLE DEVICES



The HC Network App can be downloaded to multiple devices using the same login credentials.

Android / iOS / English / French





SUBSCRIBE

The HC Network App is a free download from:







- Premium content is available through subscription.
- Anyone who has the subscription can share any article, drill, video with someone who has the free version without them having to buy the HC Network App.













Getting started is easy...

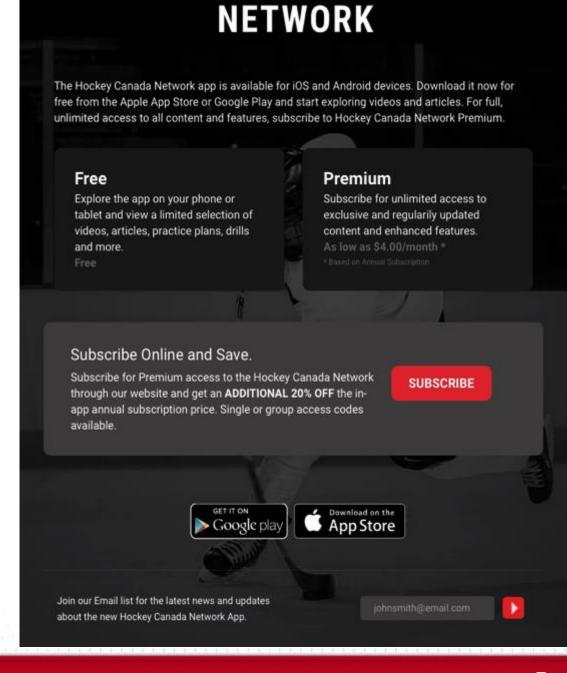
Download the app through the App Store or Google Play.

Subscribe in-app or online for immediate access, distribution and savings.

Purchase Hockey Canada Network **access codes** online for your team or local minor hockey organization.





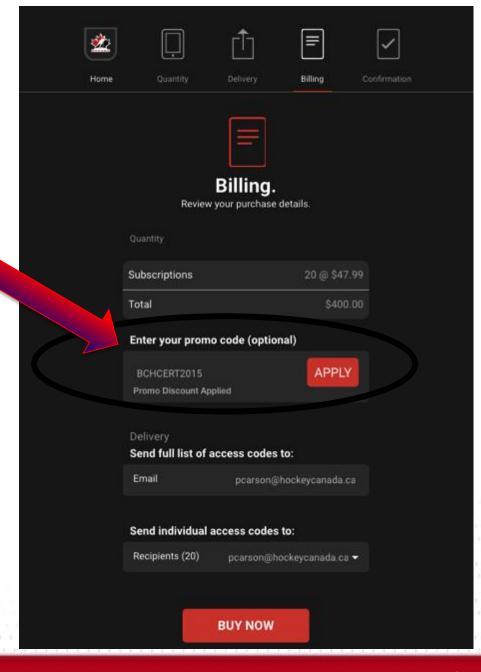






Promo Code Example: OHFCERT2015

- Enter the Branch Specific promo code
- Click the APPLY button
- The price per unit will change to \$20.00 per unit on the payment page

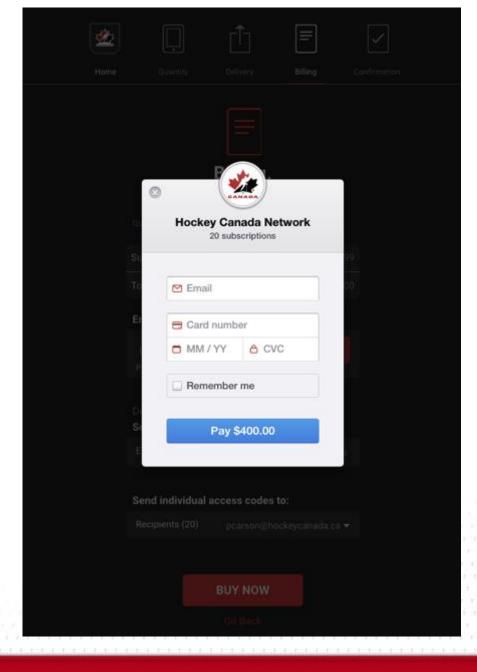






Code: OHFCERT2015

- The example to the right shows
 '20' access codes being purchased
 at \$20 per unit
- The total fee is \$400
- The purchaser can decide to distribute the codes directly from this platform when entering all the email addresses
- Or have all the codes directed to the purchaser





SUBSCRIBE



The HC Network App is a free download from:













Once the app is downloaded to your device, create your profile for the HC Network by filling in the appropriate fields using the e-mail and password of your choice.

Once your profile is saved,
you can use your login in
credentials to access the app
from any device that has it
downloaded







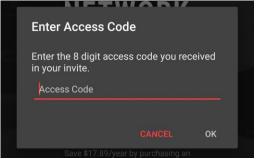




Enter the 8 digit access
code that was e-mailed to
you or on the card
provided to you



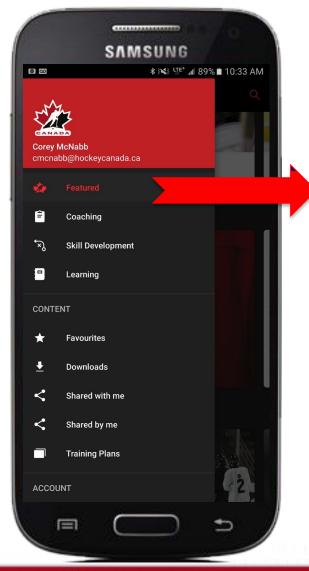








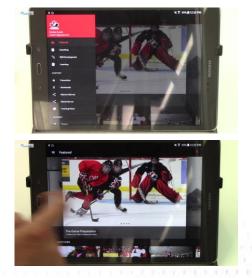
FEATURED

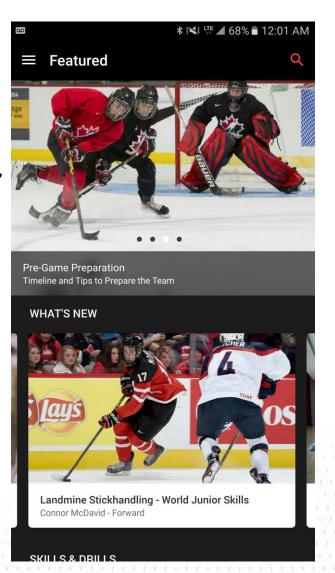


Swipe left or right to view featured content that is updated regularly

Swipe up to view "What's new" and "Popular content"

Swipe left to view multiple articles in What's new

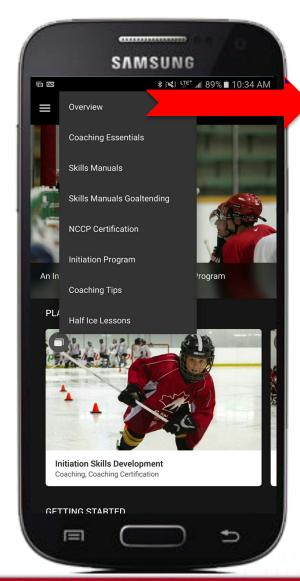






COACHING

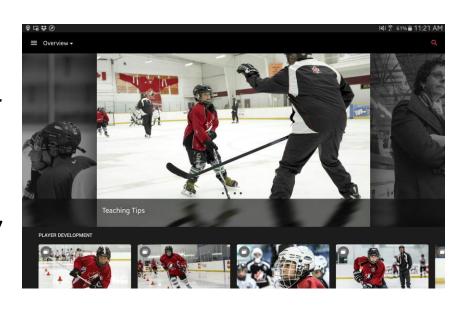
Overview



Swipe left or right to view featured content that is updated regularly

Swipe up to view
"What's new"
and "Popular
content"

Swipe left to view multiple articles in What's new

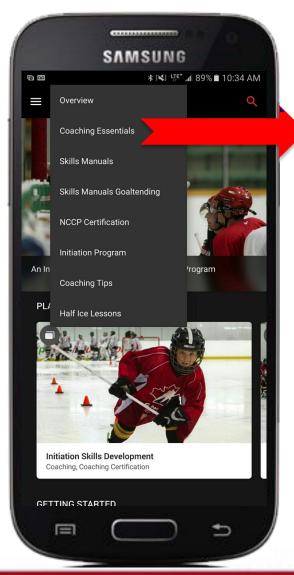




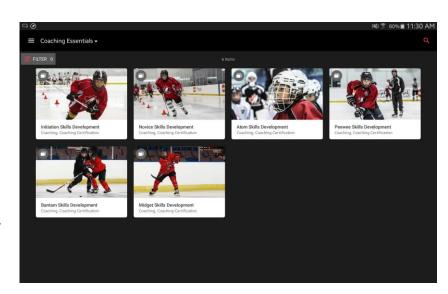


COACHING

Coaching Essentials



Click on a tile to view information on specific age groups such as seasonal breakdowns and skill inventories

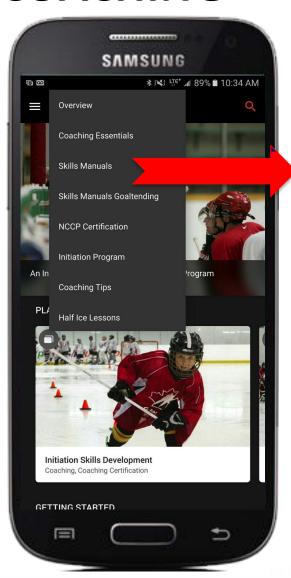






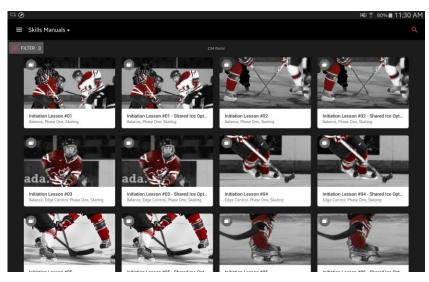
COACHING

Skills Manuals

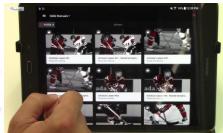


The entire series of
Hockey Canada
Skills Development
Manuals is located
here.

Each manual is broken up into 32 separate practice plans. Each individual drill can also be accessed. Favorite, download and share an entire practice plan or individual drill

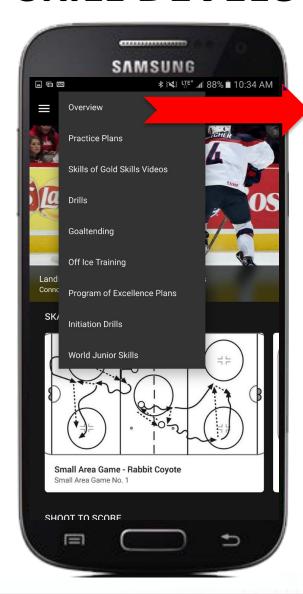








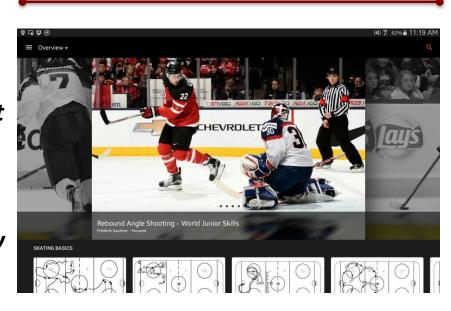
Overview



Swipe left or right to view featured content that is updated regularly

Swipe up to view
"Related
Content" and
"Popular
content"

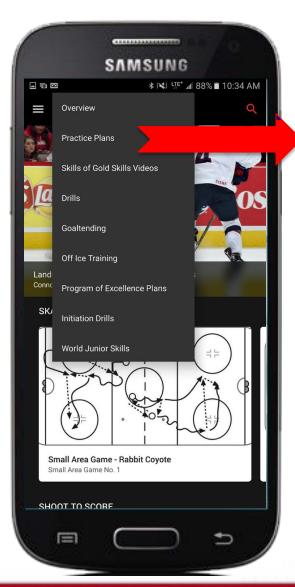
Swipe left to view multiple articles in "Related Content"







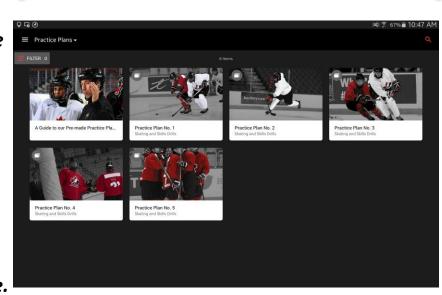
Practice Plans



Ready Made Practice
Plans for all levels
including video and
lesson instruction.

Each practice plan is designed as a skills insert for coaches to put into their practice.

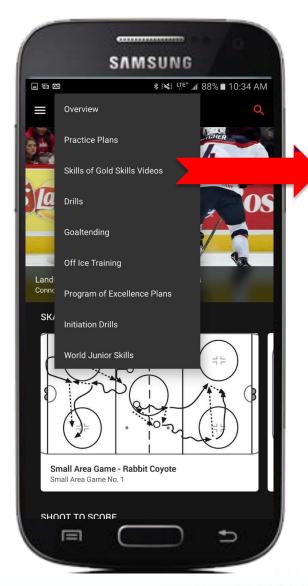
4 skill drills in each plan allow for the coach to put in a few of their own favorites while incorporating skills into every practice







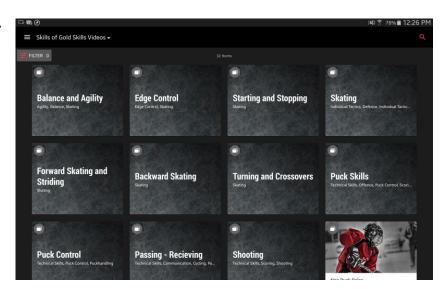
Skills of Gold Videos

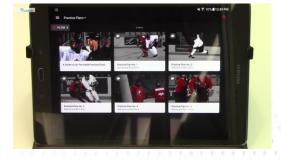


The entire Skills of Gold DVD Set has been included in this section.

Over 500 videos in progression.

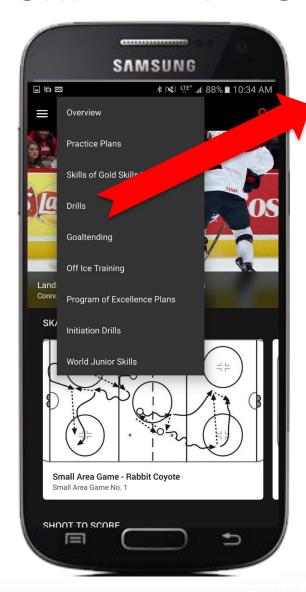
Favorite, download and share





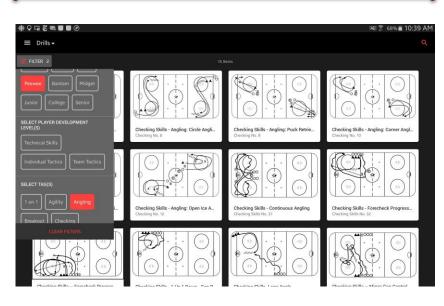






Search and Filter
1000's of Drills.
Every drill includes
a drill diagram,
explanation and
video instruction.

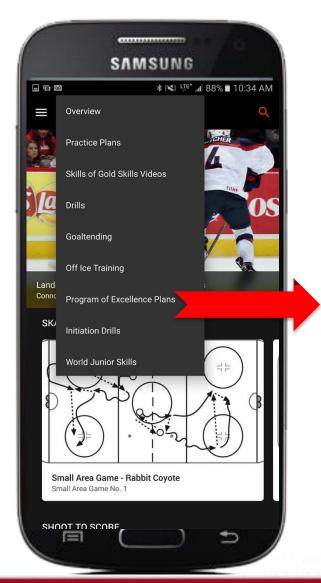
Also watch for Skills videos that have Team Canada Game clips attached





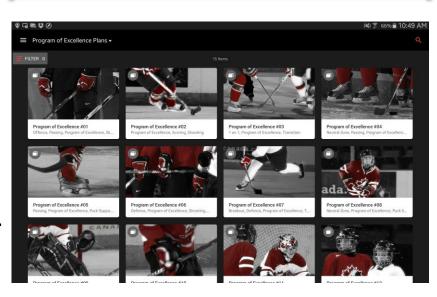


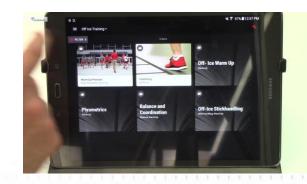
SKILL DEVELOPMENT Program of Excellence



15 set practice
plans put
together by
former Team
Canada
Coaches.
Combinations of
skills, tactics
and team play
in ready made
practice plans.

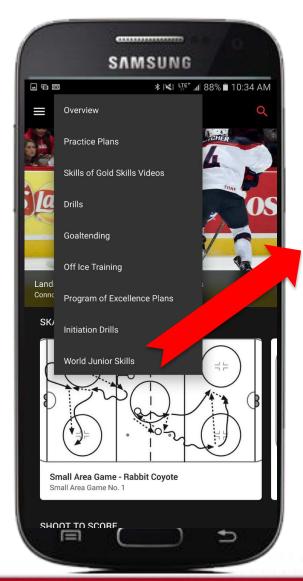
Favorite, download and share





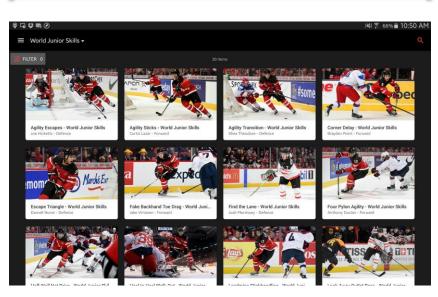


World Junior Skills



Click on the tiles to see the Team Canada World Jr players explaining and performing skills and drills.

Favorite, download and share





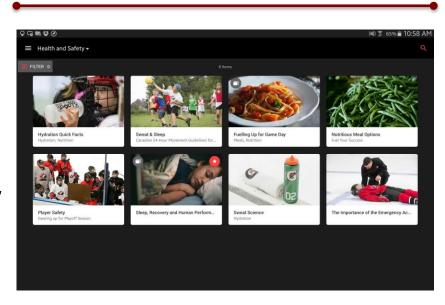


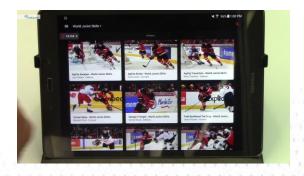
LEARNING

Overview



Regularly
updated
learning
resources from
health to safety.







LEARNING

Long Term Player Development



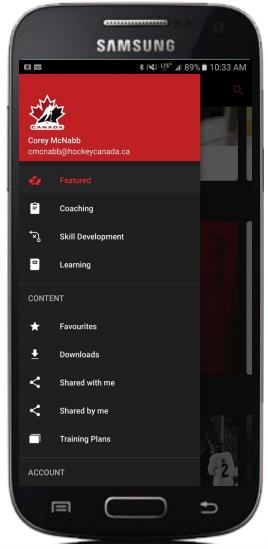
Regularly updated articles from industry experts.



EXPERTS.







A Closer Look

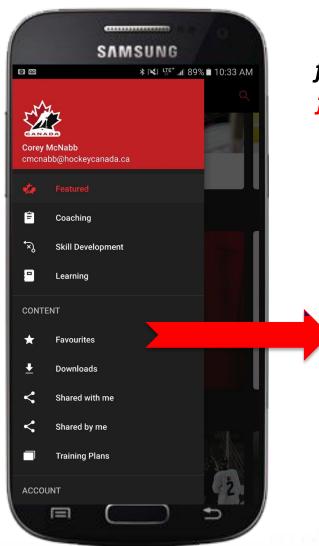
- 1. Favorites
- 2. Downloads
- 3. Sharing
- 4. Training Plans
- 1. Teams
- 2. My Account
- 3. Settings



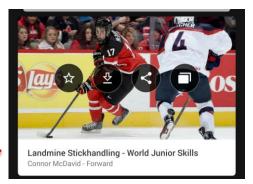


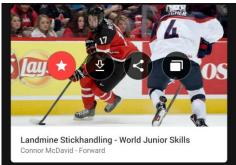


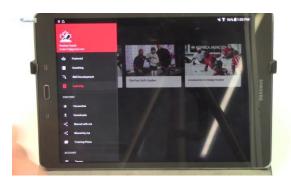
Favourites



Touch a tile – Hold your finger on it and touch the favorites icon to save the article / drill / video to your favorites folder

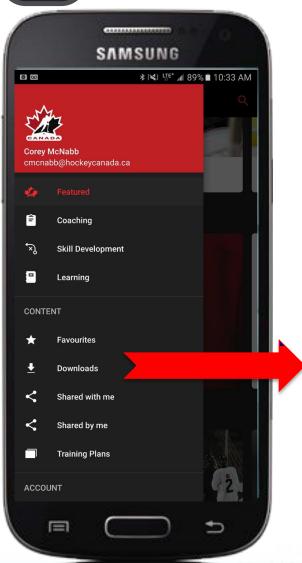




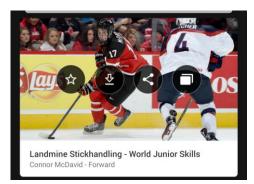


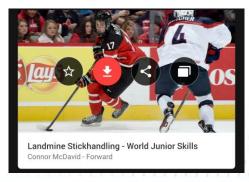


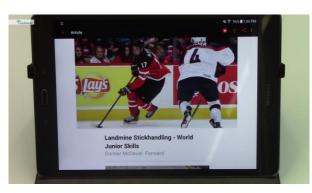




Touch a tile – Hold your finger on it and touch the download icon to save it to your device for use without a wifi connection





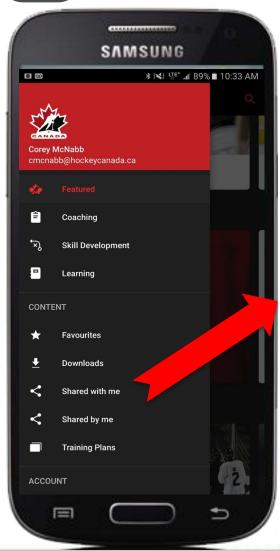








Shared with me Shared with me

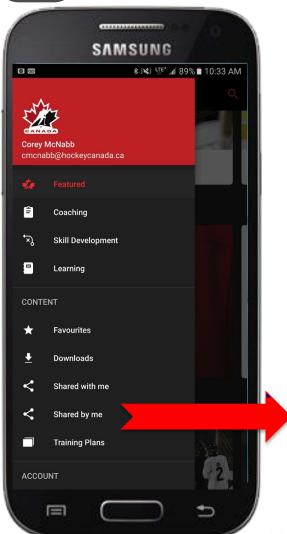


Hold your finger on **Shared** with Me icon to see the training plans / articles / drills or videos that other people have shared with you

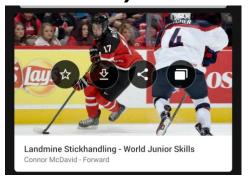


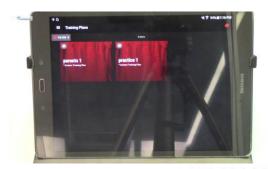






Hold your finger on Shared By
Me icon to see the training
plans / articles / drills or
videos that you shared











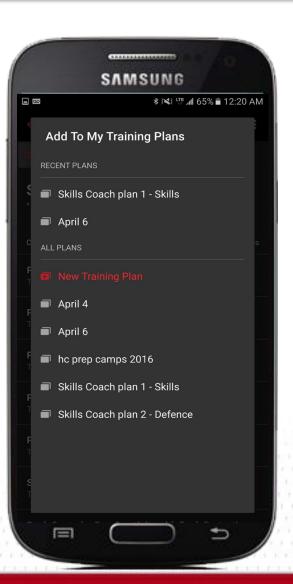




Tap your finger on the Training Plans icon then Red Folder with + to create a new training plan

| 6 8 | \$ LE W | 77% 1 2:20 PM |
|-------------------|---------|----------------------|
| \equiv Training | Plans | = |
| ₹ FILTER 0 | 5 Items | |
| 0 | | |

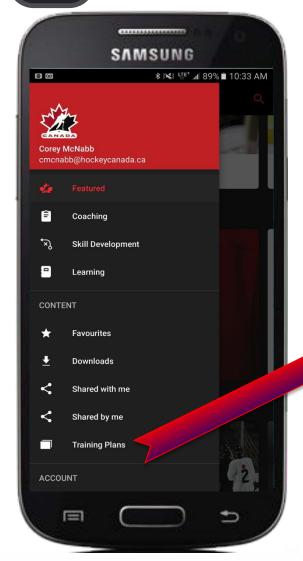
| hc prep cam *Custom Training Plan | ıps 2016 | | |
|-----------------------------------|----------|--|--|
| Create New Training Plan | | | |
| Name | | | |
| | | | |
| | CANCEL | | |



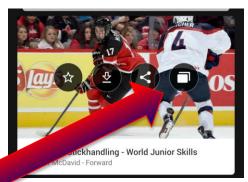




Training Plans Training Plans



Touch a tile – Hold your finger on it and touch the **Training Plan** icon to add the article / drill / video to an existing training plan









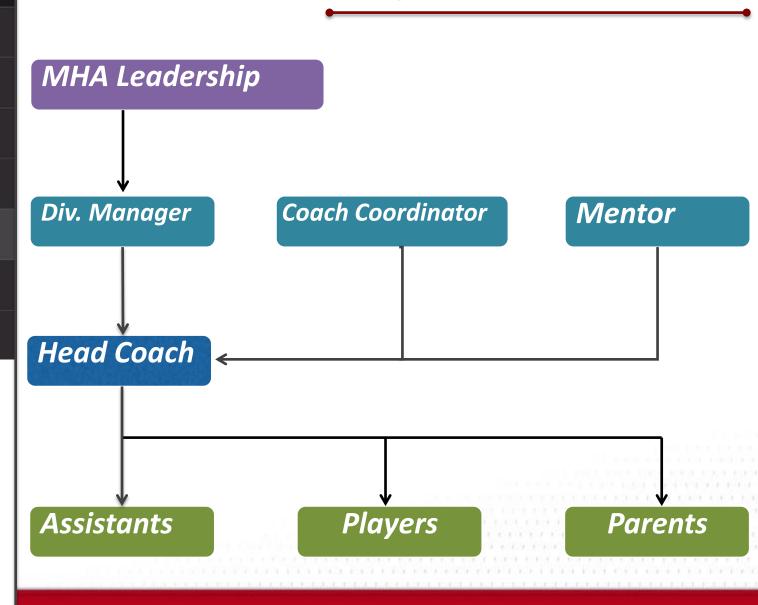


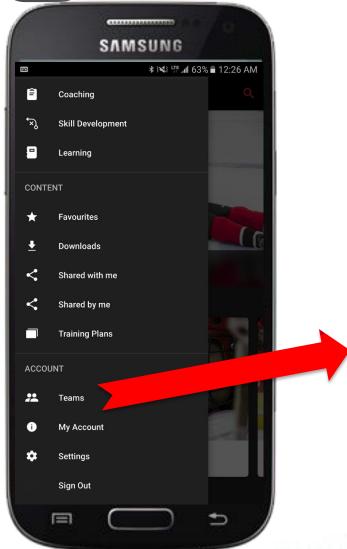
My Account

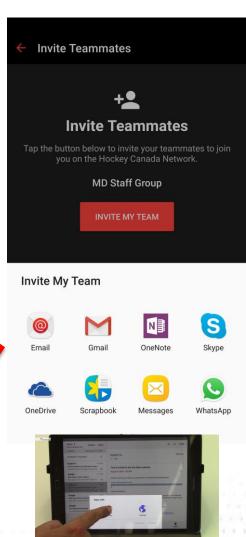
- ☆ Favourites
- Downloads
- 「¹ Shared
- My Training Plans
- Teams
- (i) Account Information
- (§) Settings

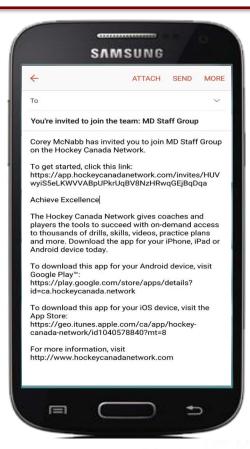


Creating Team Networks







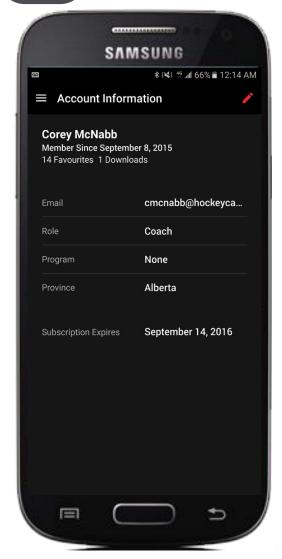






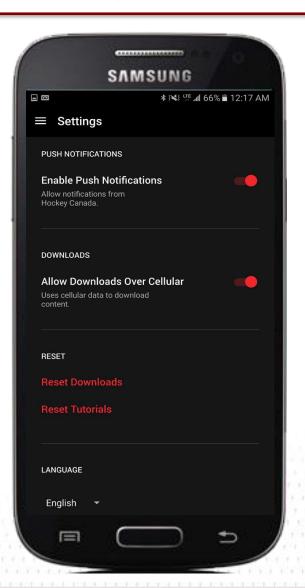


My Account



Touch on Account to review or change your account settings, allow notifications and downloads.

You can also edit your account info of change the language between English and French





Hockey Canada Coaching Program





