

**ATTENTION! ATTENTION! ATTENTION! ATTENTION!**

# NIKE TEAM APPAREL WASH & CARE INSTRUCTIONS

1. **INSTRUCTIONS ARE PERMANENTLY AFFIXED TO THE INSIDE OF EACH GARMENT.** Follow the recommended care at labeled in each garment. The special fibers used to achieve performance characteristics in some of Nike Team Uniform and fundamental garments require **COLD WATER WASH** to avoid colorfastness issues.
2. **SOME GARMENTS REQUIRE WASHING BEFORE WEARING.** See care instructions in each garment for specific recommended care.
3. **DO NOT DRY CLEAN OR PRESS GARMENTS.** Dry cleaning and ironing can discolor athletic uniform fabrics and can damage imprinting.
4. **UNIFORMS SHOULD BE LAUNDERED IMMEDIATELY AFTER THEY HAVE BEEN WORN.** Do not allow to lay on itself when wet.
5. **FASTEN HOOK & LOOP TAPES:** (i.e. velcro® or similar) to avoid snagging garments in the wash.
6. **REMOVE BELTS & PADS FROM GARMENT BEFORE LAUNDERING** (if applicable / appropriate). Launder belts & pads separately from garments.
7. **DO NOT SOAK NYLON OR SPANDEX GARMENTS.**
- \* **8. WASH WHITE GARMENTS SEPARATELY FROM COLORED GARMENTS.**
9. **DO NOT OVERLOAD MACHINE.** Make sure water level in machine is higher than garment level.
10. **USE MILD DETERGENT.** Detergent with pH under 10 are recommended for athletic uniforms.
- \* **11. REMOVE GARMENTS FROM MACHINE IMMEDIATELY AFTER WASHING.** This will help avoid color bleeding particularly on color blocked garments.
- \* **12. DO NOT USE CHLORINE BLEACH.**
- \* **13. DO NOT USE FABRIC SOFTENERS.** Fabric softeners deteriorate garments with spandex, and they also restrict the effectiveness of Dri-FIT technology.
- \* **14. LINE DRY TECHNICAL FABRICS.**
- \* **15. BE SURE GARMENTS ARE COMPLETELY DRY BEFORE STORING.** Store in cool, dry place, away from direct sunlight & fluorescent light to prevent mildew or yellowing.

**IF DRYER IS REQUIRED - LOW OR NO HEAT**

**COMMUNICATE THE ABOVE CARE INSTRUCTIONS TO ALL OUTSIDE PARTIES THAT HANDLE OR LAUNDRY YOUR UNIFORMS.**

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