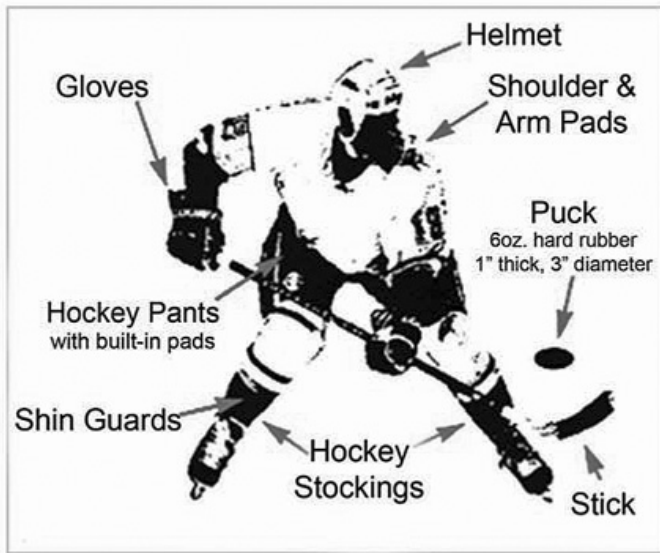




Time to Play Hockey!





You must wear all of this equipment to play hockey. Pack all your equipment in your bag. Don't forget your stick and a water bottle!



We will play hockey at many different arenas. We might play close to home, or we might have a long drive.



The arenas are cold. The lights might be bright. It will be noisy. People will probably be skating when you arrive.



You need to put on your hockey equipment and uniform in the locker room. It will be loud. It might smell. Hockey stuff will be everywhere.



At practice, when you get on the ice, you must listen to your coaches. They will blow their whistle to get your attention.



When you play a game, you must listen to the referee. The referee will blow a whistle like your coach does. Your coach will call to you from the bench



During a game, you will wait on the bench until your coach tells you it is your turn to go out on the ice. Watch your teammates play while you are waiting on the bench.



During a practice or a game, you might bump into another player. Bumping or checking is not allowed, but it does happen. Players will try to take the puck away from you. This is part of the game.



After our game, we shake hands with the players and coaches from the other team. Tell everyone it was a good game and you had fun!



After the practice or game, you will head back to locker room to take off your equipment.

Pack all of your equipment into your hockey bag. Don't forget your stick!

See you next time!