

North Branch Wrestling Lift - A - Thon

1 rep Max Bench Press

Thursday, December 22 2016

Wrestler's Name: _____

Dear Potential Sponsor,

I am participating in the **North Branch Wrestling Lift-A-thon**. All proceeds will help fund **the North Branch Wrestling team**. You can sponsor me for any amount per pound and can name a maximum amount that you are willing to contribute. You can also just give a flat donation. After the event, I will return to tell you how many pounds I bench pressed and collect your contribution. Make checks out to **North Branch Wrestling**.

Thank you!

Name of Sponsor	Pledge per pound (Example: \$0.50)	Maximum Pledge/ or flat donation	Amount Collected from Sponsor	Sponsor Phone/E-mail
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				

Wrestlers:

To reach our goal, we hope that each participant finds **at least ten sponsors.**

Please bring this form to your coach before the Lift-A-thon on **Friday, December 23 2016**

After the challenge, collected funds must be turned into your coach by Thursday, December 31 2015.

The amount of money you raise will go directly to your fees listed below.

Viking Wrestling Fight shorts: \$50

Grand Rapids overnight: \$50

Practice shorts \$10

Practice shirt \$20

If a wrestler does not fund raise \$130 he will be responsible for paying the difference.