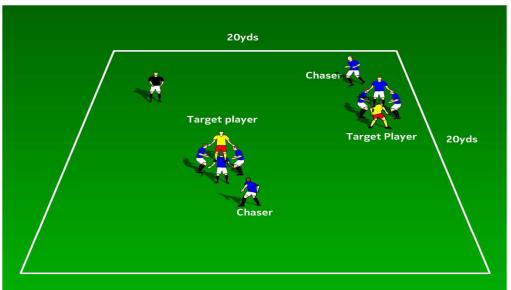


## Learn to Train The Huddle





Organization: -Players divided into groups of 6-7.

-1 Player is selected as a target (yellow) and another selected as a chaser.

-Target player tucks a pinnie into the back of his/her shorts

Procedure: -Players, excluding the chaser, join hands to form a circle -The circle must stay intact and the players must move together to prevent the chaser from catching the target player and stealing the pinnie. -Players work together for around 1 minute or until the chaser steals the pinnie. -Chaser can go under the legs or the arms, or around the group, but cannot go over the top. After 1 minute change the chaser and the target player. Competition can be created between groups.

## Time Frame. 12 minutes Emphasis

Safe environment
Positive reinforcement
Questions to the players
Decision making
FUN

Psychological Safety	<u>Technical</u>
Creative Confidence	N/A
Spatial Awareness FUN	
<u>Physical</u>	<u>Social</u>
<u>Physical</u> Agility	<u>Social</u> Communicating
Agility	Communicating

Ontario Soccer Association Player Development

© Copyright www.academysoccercoach.co.uk 2015