

# NORCO

NORTHERN COLORADO  
VOLLEYBALL CLUB

December 23rd, 2016

## 3 vs 3 Winterfest - December 30th!!

Save the date for this year's Winterfest! Sweat off a few of those holiday pounds at our 3 vs 3 Winterfest Tournament, Friday, December 30th. We will have three fun divisions this year:

- 14 & Under
- 15 & Up
- Alumni/Volleyball Parents



A complete team of three alumni (graduates of NORCO) can play for free by contacting the office to receive a discount code. Youth team are allowed 1 adult or coach to play on their team! This is a fun, all day tournament with prizes!! The cost is \$75 per team - register your team today using the link below. Contact **Nichole Camp** for further details: [nicholecamp@outlook.com](mailto:nicholecamp@outlook.com)

[Register HERE!](#)

## A Note from the Club Director

Happy Holidays to all of the NORCO Families,

For some, your practices started back in October and now some of us have our first RMR Power in 16 days! Your coaches have worked very hard to train the players to compete on the court and to also be strong team mates for each other and for this club. Pushing players out of their comfort zones will only enhance their vb skills and hopefully also make them better adults in life. A coach's plate seems to get fuller every year with more and more responsibilities and players are expected to learn more and more while performing at the highest level. All of this takes patience, "balance" and most importantly, **support**. This is the 32nd year for NORCO Juniors, your club. Our reputation as a youth organization has always been viewed as ethical, strong and professional. Obviously, to maintain such high standards, we expect the entire club (players, coaches and parents) to make sure everyone in the Rocky Mountain Region/USAV knows when a NORCO team is on the court or off, they represent the very **BEST** in all of us and that is why we are such a strong family.



Each year as we all learn, grow and cheer our teams on, the same remains true no matter what. It's a huge commitment for everyone and the season at times can seem to last and last and last. Our players are already training hard, learning new ways to train and showing club support. With tournaments so near, I would suggest all team families get together prior to Jan 8th and discuss roles of their daughters, each other and make a plan to make this the very best year ever for all involved. I promise you, years from now the relationships you build will mean so much more than a shanked pass, a missed serve, PT, winning or losing. We ask our coaches and our players to be prepared for that first tournament of the new season but we should also ask you parents to be just as prepared. Helping these young adults work through the highs and lows of a "long" season can be just as valuable as a coach training a player to serve top spin or tip zone one. Challenge yourselves to be the best you can be as a parent and everyone around you will help spread that same belief- **kids come first**. As much as you may think or want to voice something during competition, it's probably more productive to just sit back, relax, cheer and enjoy the time you have as these shared moments pass so quickly.

We wish you all a very happy and safe holiday break. If the dinner table or the visiting relatives are beyond the point of no return; grab a warm blanket, maybe a hot cup of cocoa or "something" and enjoy yourself by reading a great and well written book---your NORCO handbook! ***Tis the season...***

Merry Christmas everyone,  
"Mahaf"



## Libero Clinic with Brook Coulter December 29th

NORCO will be hosting a Libero Clinic led by Brook Coulter on Thursday, December 29th from 6:30-8:30 p.m. Passing is a fundamental skill that helps every team and player achieve their potential. All positions are welcome - this 2-hour clinic will work on serve receive, dig transition, down ball, and free ball defense. Emphasis will be placed on developing Volleyball IQ and learning the vital skills of platform passing, overhead passing, and reading a hitter/server. The first 25 to sign up will receive a free t-shirt! Registration is available - reserve your spot, and a free t-shirt today. Cost is \$45 per player.

[Register HERE!!](#)

## Spring Clinics!!

Are you ready to get back in the gym!  
Here's a great opportunity to fine tune  
some skills after the Holiday rush:

### [Hitting Clinic](#) Saturday, February 4th 2-4 pm

Led By: Steve Colpus and Evan  
Sanders **Assisted By:** Erin Furness,

Maggie Kelly, Jayce Tappy, Nicole Pranger, and Laura Billington

[Passing/Defense Clinic](#) Saturday, February 11th 12-2 pm Led By: Michelle  
Buckner and Gavin Markovits **Assisted By:** Kendra Cunningham, Ryna Gray, Brittni Marr,  
Lexie Paul, and Sabrina Hornby

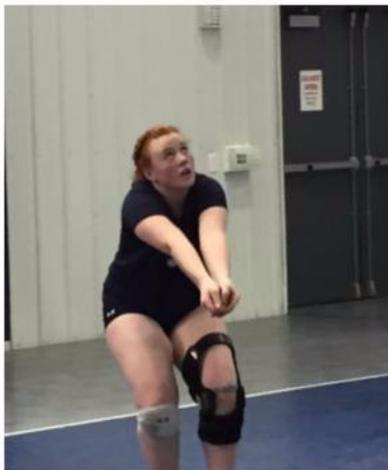
[Serve/Serve Receive Clinic](#) Saturday, February 25th 11 am-1 pm Led By:  
Kelly Allen and Glenn Sapp **Assisted By:** Lindsay Miller, Courtney Zimmerman, Jaime  
Colaizzi, Raleigh Lienemann, and Tami Bustamante

[Hitting Clinic](#) Saturday, March 18th 11 am - 1 pm Led By: Sam Miller and Bob  
Poulter **Assisted By:** Ashley Acuff, Tami Mikelson, Kylee Hoagland, Jenna Gibson, Aime  
Kiefer, and Juliana Tyo

[Serve/Jump Serve Clinic](#) Saturday, April 8th 1-3 pm Led By: Kate Hampson  
and Jared Rudiger **Assisted By:** Kelly Mundhenk, Clara Koeltzow, Arielle Boone, Melanie  
Weiss, and Hilda Taهران



## NORCO Holiday Tournament - 2016





**Team Bonding!**





# 14 Nichole



# 14 Black

Congratulations, Julie Ward!



Berthoud junior Julie Ward is the 2016 Reporter Herald all-area volleyball player of the year! Julie lead the area in both kills and digs this season as an outside hitter for Berthoud. Julie finished the season with 329 kills! Also named to the all-area team, senior Jessa Megehardt. Read the full Reporter Herald article [here](#).

## Around the Office

**Travel - Check the travel section on the web for your team's flight information, hotel, and how to book parent/family rooms!**



NORCO along with Subway will be offering a Fundraiser Card that players/parents may purchase for \$2 each from the office. The cards, which offer over \$50 in savings are then sold for \$10. Once all the cards you purchased are sold, you simply turn in your total sales to the office and the full \$10/card is applied to your daughter's account. The cards are a simple and easy way to help offset your fees while also enjoying a healthy meal! If you're interested in purchasing any of the cards please stop by the office and sign up for the number of cards you would like. **No cards will be ordered unless you sign the form agreeing to purchase them.** Any questions please stop by the office. We will be placing an order the first week of January so stop by soon.

## Did You Forget to Order Team Pictures?!

If you forgot to order, or want to order more, you can! Here is a link to the Westwind Photography [sports price list](#). There you can see what Westwind Photography provides, print a copy, and mail in your order. You can also place orders online, however, there is no online viewing of the actual team pictures. Here is the link to the Westwind Store: [store.westwindphotos.com](http://store.westwindphotos.com)

