IT’S ALL A MATTER OF TIME
“Not interested in being right ... Am interested in getting it right”

Dr. Colin Higgs
PARENTING 101...
&
AGE GROUP COACHING
PARTICIPATION

RECREATIONALLY COMPETITIVE

PERFORMANCE DEVPT

HP SPORT

BASE PHYSICAL LITERACY

CONTINUED PHYSICAL LITERACY & ACTIVE 4 LIFE
SPORT
RECREATION
HEALTH
EDUCATION
SCHOOL
PE
SCHOOL SPORT
IMMERSED ENVIRONMENT
ADULTS

CHILDREN & YOUTH
THE NO ASSHOLE RULE

Sutton, 2007
- VE EFFECTS

KAIZEN: NO
INNOVATION: NO
COOPERATION: NO
COHESION: NO
ATTRACT BEST: NO
1:400 TRILLION
Probability of being born
M: 80
F: 84
29,200
30,660
Art of Saying Goodbye
©Mount Pleasant Group, 2015
4,382.91
12 Years
GREATEST GIFT TO GIVE YOUR ATTENTION
BUILD CONFIDENCE
REINFORCE BELIEF
Active, Skilled, Imaginative, Resourceful, & Resilient
Me ... 24
8,760
2,920 / 110
REFUSE
TO BE AVERAGE
HIGH PERFORMANCE
WORLD LEADING
WORLD CLASS
HIGH PERFORMANCE
改善
KAIZEN
PERFORMANCE
BY DESIGN
NOT CHANCE
TIME
ON TASK
PERFORMANCE ON DEMAND
STREAMING
ENVELOPES & FUNNELS
Performance ‘Envelope’

Time (years)

Training Age?

World Level

KPI
Performance ‘Envelope’: **KINETICS also important**

NEW World Level

OLD World Level

KPI

Time (years)

Training Age?
Star Wars (Episode V, The Empire Strikes Back)
Gary Kurtz, George Lucas, Rick McCallum
©20th Century Fox, 1977
TRYING IS LYING
IF YOU ALWAYS DO WHAT YOU’VE ALWAYS DONE …
YOU’LL ALWAYS GET WHAT YOU’VE ALWAYS GOT
THANK YOU FOR LISTENING

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Stephen Norris