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DISCOVER • DEVELOP • EXCEL



The Problem with Talent

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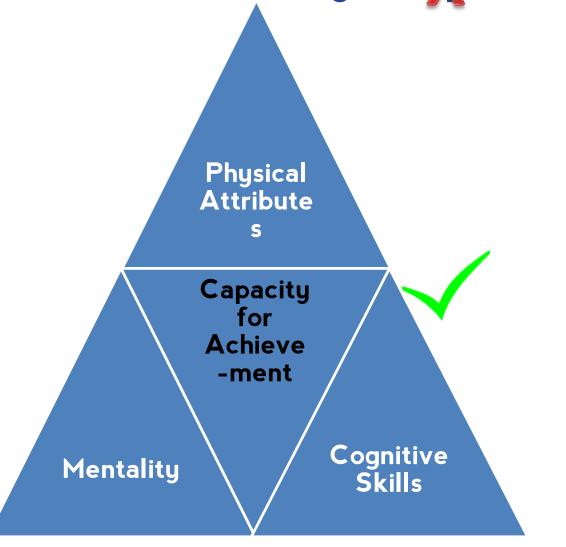


- What is Talent?
- Talent Selection
- Talent Identification
- Why is this new model important for player development?
- What are the benefits from this model?



What is Talent?

"A special natural ability of titude"





Elite Performers







- Access to expert training from entry7yo
- Escape from reality
- Hunger and desire

- Unknown 1960
 whilst performing in
 Europe
- 1962 average 8 hr/day
- 1964 performed at 1,200 concerts together

- College drop out to Billionaire
- Addicted to work
- Found access to computers throughout childhood



The German Violinist's

- Practice habits studied in childhood, adolescence and adulthood
- All participants began to play at roughly 5 years old – similar practice times
- Differences in practice time by 8 years old
- By adulthood elite performers had accumulated approx. 10,000 hours of practice

Q: "Over the course of your entire career, ever since you first picked up the violin, how many hours have you



No NATURALLY gifted performers emerged: no shortcuts!

Expert-level performance is the result of expert-level practice rather than natural talent!



Expert-level Practice

Expert Practice is different from work, play and simple repetition of a task. Goal is to improve performance over time and some aspects may be difficult to overcome.

You must be motivated to attend to the task and exert effort to improve your performance

Desire

Practice design

The design of the task should take into account your pre-existing knowledge

Deliberate Practice

You should repeatedly perform the same or similar tasks

Repetition

Access to immediate feedback

Participants must have access to quality feedback and knowledge of results of their performance.

Behavioural or Cognitive

Talent Selection is the roundup of players based on current ability to be successful in events taking place in the near future. Telds results today – The here and now!

- Coach centred: Easy & unskilled process
- Promotes elitism and doesn't allow for late developers
- Psychological and social implications
- Reduces Talent Pool



The Selection Process

Young Children put on Trial!



Who are the coaches making the decisions?



Bigger, stronger, faster!



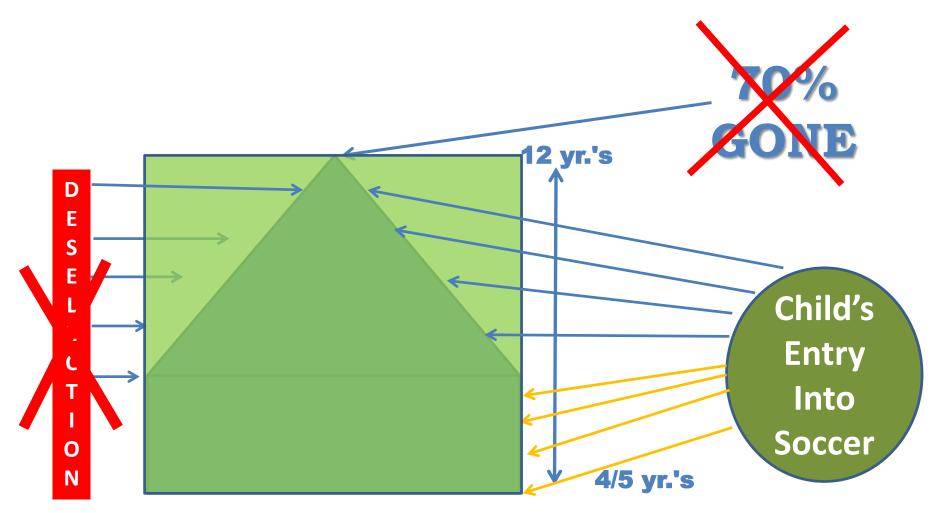
Exclusion of young children and the social implications.



Win at all cost youth sport culture pressure coaches to win.



Depletion of Talent Pool





Relative Age Effect

11 months advantage!

2013

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The Relative Age Effect



University

Age Effect, o alled the Age uth squads to rn in the earl



U12 District Players from YRSA (2012)

Born in 1st ¼ of year
Up to 11 month's
advantage
Entered sport earlier
Bigger, Faster, Stronger
Cognitive, social &
Psych



Born later in the year
Up to 11 month's
disadvantage
Entered sport later
Smaller, slower, weaker
Less Cognitive, social &
Psych



Knowledge
Qualified
Experienced
Ex Player
Educator
Resourceful



Less Experience
Never Played
Volunteer
Ltd' Resources

vledge

lified

Poor Practice
Poor/No
Information
Less/No Practice
Poor Competition
Poorer Facilities

Better Practice

Better Information

More Practice

Better Competition



Traditional Model:

- Players had to tryout
- Players selected on ability (usually bigger, stronger, and faster; born early in the year)
- Coach centred
- Result's based
- Clubs were being built within clubs



Affects on cutting young athletes

Quit sports – Reduced talent pool

Feel rejected & excluded

Promotes elitism

Does not allow players to bloom (late developers)

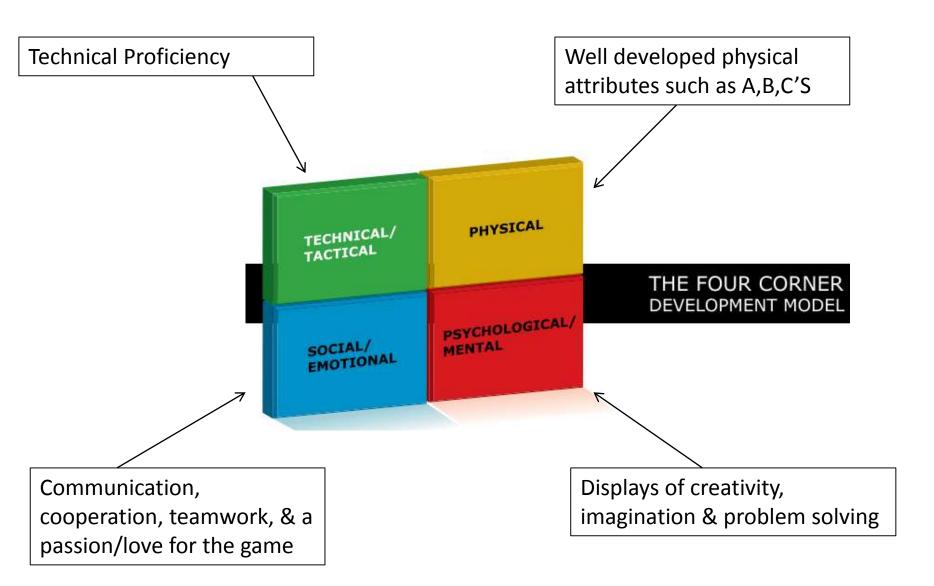


Talent Identification is the search for young players who may not be elite athletes yet, but possess the physical and psychological attributes to eventually become one.

- Talent Identification is not easy it is an art!
- Evaluate players on 4 corners of development
- Player Centred: allows for late developers and considers players new to the sport – LTAD
- Inclusive approach to programming maintains talent pool
- Development rather than performance goals



How do we identify talent?





Player Development Model



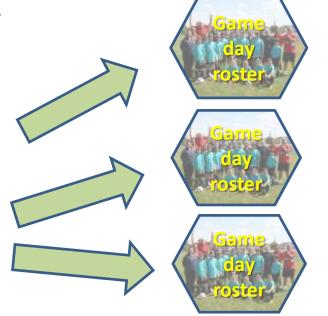
Club Age Group
Recreation Program
e.g. Girls u10
105 players





Age Group Open Roster 36 players









WHY the Player Development Model?

- More opportunity to realize a player's potential
- Promote an inclusive programs less disappointment
- Focus around a player centred approach
- Create appropriate competition at games open roster

Improve self confidence/self-esteem

- No tough decisions to make at tryouts
- More peer interaction
- Accountability of HC/TD
- Coach Education
- Less pressure from parents



99.9%

Of athletes do not become Professional athletes.

Talent Selection = Short-term success

- Talent Identification = Long-term success
- Talent is not a natural gift
- There are no short-cuts elite-practice leads to elite-performers

 All players afforded the opportunity to develop and reach their potential



"Our Biggest Mistake: Talent selection instead of talent identification"

Which way should we be heading???





THANK YOU



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Questions...

