

Welcome to the 2017 Boys High School Lacrosse Family







Agenda

- Introduction of Boys Executive Committee and PCLO
- ➤ Introduction to Coaching Staff
- Head Coach's Vision

Players and coaches will move to another room after this portion of the meeting

- ➤ The New Culture of PC Boys Lacrosse
- Cost of Running the Club HS Lacrosse Program
- Player & Parent Involvement
- > Fees for 2017
- Registration Process Overview
- > Q&A
- Registration and Volunteer Sign Up





Our Mission

Deliver a superior Player, Parent and Coach experience in such a way that we develop the premiere High School Lacrosse program in the state.

Boys Executive Committee

Voting Members

Jennifer Hales
Uniforms &
Student
Involvement

Jay Burke Website & Sponsorships Sarah Elbert Secretary & Registrations

Jerry French Committee Chair Rhonda Hollison Volunteer Coordination

Chip Pederson Treasurer Bret Christensen Fundraising & Stats

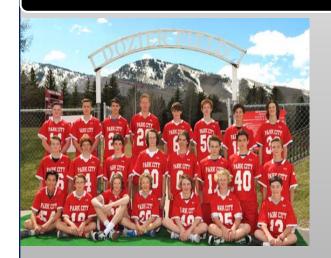
Non Voting Members

James Meyer Head Coach & Parent Liason

- ➤ We are organized under a nonprofit group called Park City Lacrosse Organization ("PCLO").
- The PCLO has a 100% volunteer Board of Trustees responsible for managing all activities related to the Park City High School Boys lacrosse Program.
- We are dependent upon all of you to help us to meet our Mission



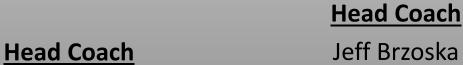
Coaching Staff



Freshman/Sophomore



Junior Varsity



Julian Coffman Asst. Coach

Andy Langendorf



Varsity

Head Coach

James Meyer

Offensive Coord.

Phil Dobson

Defensive Coord.

Brian Bilzi



Coaches Perspective

Highlights

- > We want the Multi- Sport Athletes
- Varsity selection process
- Practice Regimen
- Importance of a New Culture

Player Schedule

January 2017 - Captain's Practices begin

February 1st - Official Practices begin

February 18th - Rosters certified

February 24th – Fresh/Soph Game Schedule released

March 4th & 5th – Varsity - Northern California Trip

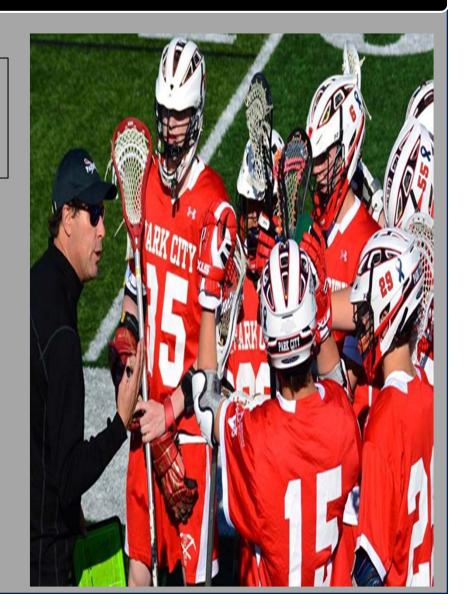
March 10th- League games start

March 24th & 25th – Varsity - Boise Invitational

Winter Break - XXXX

Spring Break - XXXXX

PLAYER AND COACHES DEPART MEETING





Expectations of Players

New Culture - "SPRINT"

S ervice to others - Always looking for opportunities to help others

P ersistence - Willingness to keep moving forward regardless of previous

failures or degree of difficulty

Respect of the game, your parents, your coaches and your

teammates

ntegrity - Exhibit honesty and high moral principles in everything you do

KN owledgable - Take actions to become more knowledgeable.

T eam Focused- Make certain you understand that every action or inaction has

a positive/negative impact on our team



Costs of Running our Club

Expenses of the Club

- \$80k a year to run the Club
 - Coaches
 - Uniforms
 - Game Film
 - Transportation
 - Field Space
 - Team Equipment
 - League & Tournament Fees
 - Officiating
 - Strength & Conditioning
 - Team Building Events





Keith Wilford Team Building

Funding of the Club

- 100 % self supporting
- Player Fees only cover 47%
 - Substantially lower than many of our Salt Lake competitors.
- Sponsorship and Fundraising cover the rest.
- Dependent upon Volunteers or fees go up to hire people to do the work



Parent and Player Involvement



Parental Suggestions

- Be supportive but hold your children accountable to upholding the "SPRINT" Expectations
- 24 hour Rule for dealing with Coaching Issues
 - Parent Liaisons Chip Pederson and Jerry French
- Remember that your actions in stands represent
 Park City Lacrosse as much as your kids on the field.

Requirements

- All Fees paid by deadline
- All paper work and registrations (USL , UHSLL and Park City) completed by deadline
- Minimum of 10 hours of volunteer work per family
- Players fully participate in all fundraisers





Policies



Academic

- We follow the PCHS athletic club guidelines
- Must maintain GPA of 2.0 (preceding quarter)
- Attendance at class is required to participate in Practice or games.
- Early dismissal for games is a privilege and absences/ tardiness jeopardize that approval, (3 absences per qtr.)

Drug/Alcohol Policy

- ZERO Tolerance Policy
- All Issues will be dealt with according to UHSAA and PCLO Policies
 - 1st Offense -2 Game suspensions, Reporting to School officials
 - 2nd 3 week suspension, Counseling
 - 3rd Expelled from team for Season





2017 Fees

Fees

Park City Registration Fee \$550

Mandatory Player Apparel \$150
 Socks, Shorts, Shooter & Sweats

• US Lacrosse (Insurance) \$ 35

• UHSLL Fees \$100

Varsity - Additional Fees

Northern California Trip \$ 300

Boise Invitational Trip \$ 290



What This Includes

- Transportation to All JV & Varsity Away Games
- All Fresh/Soph League and Tournament Fees
- Keith Wilford Team Building Events
- Players
- Uniform and Bag Rental
- Admission to Year End Lacrosse Banquet





Volunteer Opportunities

Volunteers needed



To sign up, go to parkcitylacrosse.org on boys page under volunteer tab and click on link to site.. For questions contact::

Rhonda Hollison
rhondahollison@yahoo.com
435-901-9899

For each team: Freshman / Sophomore, Jv and Varsity

- Statistics recorder, spotter, helper and time keeper
- Clean-up help after games with field and stands
- Team Photographer
- Snack Coordinator
- End of Year Banquet Coordinator plus assistants
- Senior Night Coordinator plus assistants

Varsity only

- Travel Coordinator
- Travel Chaperones
- Lunch Runner



GO MINERS!

