



INTERNATIONAL RUGBY SCHOLARSHIP PROGRAM



FOR ACADEMIC AND SPORTING EXCELLENCE





CONTENTS



- ABOUT THE ACADEMY
- NEWCASTLE FALCONS ENDORSEMENT
(RFU AVIVA PREMIERSHIP RUGBY TEAM)
- ACADEMY PROGRAMME AND STRUCTURE
- ELITE ATHLETE SCHOLARSHIP PROGRAM
- MEET THE TEAM
- PATHWAYS AND ALUMNI
- HOUSING AND LIFE AT THE ACADEMY
- HSFC AND FEES



ABOUT THE ACADEMY

Hartlepool Sixth Form College Rugby Academy caters for rugby development of talented players aged 16-19 years of age while providing the opportunity to gain educational qualifications or to complete their High School Diploma. The Academy has produced many players into varying levels of the professional game in the UK and overseas since its inception. It is now regarded as one of the best programmes in colleges in the UK. We are a Rugby Football Union (RFU) accredited college.

The college elite team are currently Association of Colleges Sport (AoC Sport) National Champions 2015-16, Northern Premier League Champions 2015-16 and reached the last 4 colleges in the country in the elite playoffs and elite national cup.



We are confident that if you have aspirations of playing professional rugby our program can really help you make progress toward your goals. We have a close working relationship with Newcastle Falcons of the Aviva Premiership, many other clubs at Colts (16-18 years of age) and RFU National League Level so we can ensure that your current ability is matched to the correct playing opportunities to maximise your development.

On completion of your program there are further options to continue your study in the UK within our Higher Education System, or return to the USA to play within the collegiate system. Our partners in the project are Scholarship Connect - who have a vast amount of experience in helping student-athletes pursue their sport and educational opportunities abroad.



For all applications and enquiries please contact our partner Scholarship Connect



ACADEMY HIGH PERFORMANCE EXPERIENCE WEEKS

Whilst we are fully confident that the programme we provide would allow International athletes' and students to excel, we also realise that experiencing what it would be like to be a student athlete at HSFC will help you make an informed decision and instil assurance in young players and parents that we provide an outstanding program both athletically and academically.

With the above in mind, we offer '7 Day Taster Experiences' for International Student-Athletes aged 15+ from various States and programs across the USA. Student-Athletes can sign up for 'Taster Experiences' on an individual basis although we also cater for club teams and High School programs interested in experiencing what we have to offer.



Our trips are designed to provide prospective Student-Athletes with the opportunity to experience what life is like at the Rugby Academy. In addition to rugby training, student-athletes will experience the academic side of our program and will have the opportunity to sit in classes as well as cultural opportunities including touring nearby Durham City, Newcastle and Edinburgh in Scotland.

As our program is strongly linked with AVIVA Premiership Newcastle Falcons (and training sessions led by Newcastle Falcons Academy coaches are included in our taster) there will also be an opportunity for a ground to tour of Kingston Park and to watch the AVIVA Premiership Falcons in action for a home fixture*.

Should you be interested in a taster trip we would welcome the opportunity to discuss this with you and also any further questions you may have regarding our program.

*Fixture list dependent



For all applications and enquiries please contact our partner Scholarship Connect



NEWCASTLE FALCONS ENDORSEMENT

MARK LAYCOCK,
ACADEMY MANAGER AT NEWCASTLE FALCONS RUGBY CLUB



Students at Hartlepool Sixth Form College not only get good academic support; they also get a very thorough and individualised rugby program. Over the past few seasons more and more players from the College have earned call-ups to the Newcastle Falcons Academy and it has now become one of our main feeder establishments. Josh Williams joined our Junior Academy last summer having played well for College, Club and County and has now gone on to represent England Under 18s and signed his first professional contract with us earlier this year.



Academy students will have the opportunity to purchase a discounted season ticket for the Newcastle Falcons Premiership season 2016-17, including Heineken Cup and European Games. We feel that watching the highest level of professional rugby is important to developing players skills.



ACADEMY PROGRAM AND STRUCTURE

Academy players typically train every day of the week but the area of focus would be on different aspects of player development, including:

- Skills
- Speed and Agility
- Strength and Conditioning
- Analysis and Recovery

The college has two squads of players; the Elite Squad who play in the highest level of competition in colleges in the UK and the Development Team who play in regional leagues and competitions. All rugby in colleges is at under 18/19 level as designated by the RFU.

Our focus is on developing the individual player and you will get all the support required in order to maximise your potential. Many of our students pass through our Elite Scholarship Program.



A typical week in the life of an academy scholar may look like:

M	09:00 - 10:30 Study Block	10:45 - 11:45 Study Block	11:50 - 12:50 Gym Session	13:30 - 14:30 Rugby Field Based Training	14:30 - 15:00 Study Block	
O						
N						
T	09:00 - 10:30 Speed And Skill Training Session	10:45 - 11:45 Rugby Field Based Training	12:30 - 13:30 Study Block	13:35 - 15:05 Study Block	15:10 - 15:55 Study Block	
U						
E						
W	09:00 - 10:30 Study Block	10:45 - 11:45 Study Block	11:45 - 12:15 Study Block	13:00 - 15:30 Rugby Fixture		
E						
D						
T	09:00 - 10:30 Newcastle Falcons Training	10:45 - 11:45 Newcastle Falcons Training	11:50 - 12:35 Tutorial Group	13:20 - 14:50 Study Block	14:55 - 15:55 Study Block	16:00 - 17:00 Study Block
H						
U						
F	09:00 - 10:30 Gym Session	10:45 - 11:45 Study Block	11:50 - 12:50 Study Block	13:30 - 15:00 Study Block	15:05 - 16:35 Field Session, Speed and Skill Training	
R						
I						



ELITE ATHLETE SCHOLARSHIP PROGRAM

The Elite Scholarship has been introduced to streamline the scholarship process; our Gold and Silver Groups have been amalgamated to become the college's new Elite Scholarship Group. The system offers everything that a young aspiring athlete will require to progress in their sporting career while studying for an outstanding education.

The Elite Scholarship now offers support across a wide range of areas:

- Sports Nutrition - 3 one-to-one sessions a year and 12 group nutritional sessions with the Elite Group
- 5 sessions with an English Institute for Sport chartered sports psychologist
- One-to-one sessions with our onsite sports scientist
- Onsite unlimited physiotherapy
- Academy kit bundle supplied from Kitlocker

The system has become very inclusive for all of our students and young athletes; our aim is to provide the best support and most experienced coaching staff in the North East of England.

Many students from the Elite Athlete Scholarship group progress to the most high rated sporting universities in the UK.



MEET THE TEAM



Ben Robinson

Director Of Student Support And Guidance

ben.robinson@hpoolsc.ac.uk or (+44)7747 612720

Ben started in education as a PE teacher and has since held roles as Director of Sport and has been instrumental in developing the Elite Sport at HSFC brand and programme. As the lead for international recruitment from the USA he will be able to answer any questions you have about the programme, the academic credentials of the college and the dedicated team of people who provide support needs to our students. As an international student, you are entitled to the same exceptional package of support that our UK students receive along with the additional support of our international team of staff to help you settle and achieve overseas. Ben will ensure that you are made to feel welcome, are on track to achieve educationally and that you have all the support you need from the rest of the team to flourish in the UK.

Andrew Muxworthy

Director – Scholarship Connect (Recruitment)

andrewmuxworthy@hotmail.co.uk or (+44)7712 430332

Scholarship Connect was set up by Andrew Muxworthy in 2011 after he spent 8 years researching the failures of UK based scholarship providers. Vastly experienced in the key skill areas of talent identification and recruitment, Scholarship Connect also specialise in sports marketing, liaison and student-athlete international placements. They are a leading supplier to the US states of Florida, Georgia, North and South Carolina, Arizona, Texas and California. Scholarship Connect are the initial point of contact for student-athletes wishing to apply to this program. The company screen and online interview prospective student-athletes. They also advise on UK Visa requirements. The company play a continuous role in integrating the International student-athletes to the program. Scholarship Connect network extensively across the USA and Canada on behalf of the program and they are also the point of contact for Agents and Recruiters interested in supplying the program.

MEET THE TEAM

Chris Hyndman Academy Manager / Head Coach (+44)7772 922852



Former England U18/20 and Northampton Saints Premiership Rugby Player, Chris is Academy Manager and Elite Athlete Mentor. Due to his elite level background Chris knows what it takes to reach the very top in rugby. His ability to motivate and pinpoint areas for improvement with athletes has helped guide many of the college's alumni to where they are now in their chosen sports. Chris is also the Head Coach of the college's rugby academy. His coaching philosophy for the academy and his players is that of free flowing rugby where athletes are encouraged to play within a structure but also express themselves and make their own decisions whilst on the pitch and during training.

Johan Olkers Forwards Coach

Johan grew up in South Africa and played professional rugby for Blue Bulls Rugby Union in Pretoria. He has also played professionally in Ireland as well as holding Head Coach positions in university and professional clubs in both South Africa and England. He has a wealth of experience in coaching forwards play and has spent a lot of time developing his coaching knowledge. Johan holds the prestigious position as forwards coach for Pumas Rugby Union who compete in the Premier Division of the Currie Cup in South Africa. His impact on the academy success has been key in our achievements last season.

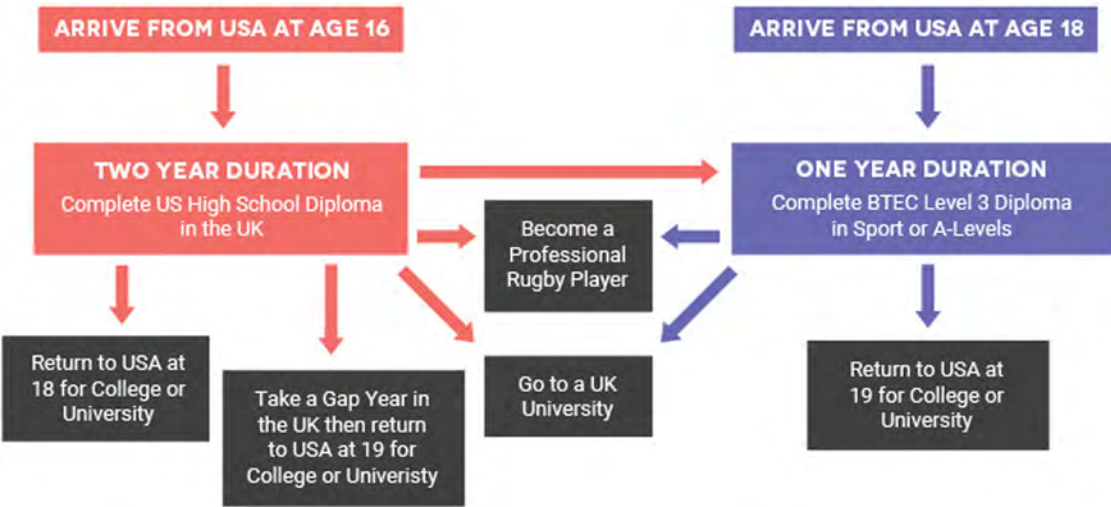


Anna Carruthers and Lesley Van Der Werff International Student Co-ordinators

Lesley and Anna's roles are pastoral support and liaison between international students and hosts. They will be able to help you with any Visa issues or applications and are the first point of contact for any issues and questions that you may have. They will provide you with transport from the airport on arrival, introduce you to your host family and monitor your welfare on a weekly basis. They will also ensure you have the chance to visit local and national places of interest to enrich your time in the UK.



You will also have the support of our on-site Sports Scientist and Physiotherapist on a weekly basis.



There are 2 distinct pathways for entry and progression shown above. On both pathways, rugby scholars will have the opportunity to study Level 3 UK qualifications that will allow progression into colleges and Universities in the USA and abroad. Although the above pathways are the most common routes that you would take as a student, all learners will follow an Individualised learning programme that suits their specific needs and aspirations. This may include enhancement of the academic curriculum with leadership and coaching modules and certificates, along with relevant volunteering opportunities and work experience. Our Rugby Program has strong links with some very high profile Universities in the UK and our students regularly receive scholarships based on previous levels of attainment and achievement.

Josh Williams

Josh came to Hartlepool Sixth Form College in 2014 from Billingham Rugby Club and St Michael's school; he was fairly new to playing rugby and only started at the age of 14. Josh played some under 16s rugby at County level but has progressed dramatically in his time at Hartlepool Sixth Form College. In his first year he caught the eye of Newcastle Falcons; his second year saw him play A team rugby at Newcastle as well as being picked for the England under 18s squad. Josh has worked hard while at HSFC and has proven that hard work and dedication to a goal always sets you on the right path. Josh's focus has seen him offered a professional contract with Newcastle Falcons for the 2016-17 season.



“ The College has provided the solid foundation and expertise for me to achieve my dream of playing professional rugby. I never thought this possible when I started in the academy but the coaches and staff gave me the belief in my ability that I needed and I am extremely grateful for the help and guidance. It's a great programme, and if you have the chance you should really go for it



Josh Bragman

Josh was a college Rugby Academy Student who achieved a prestigious scholarship on graduating from the academy at Natal Sharks in South Africa. He represented English Colleges and Newcastle Falcons A team during his time with us and he is now playing professionally in the English RFU National Leagues.

“ I would like to thank the college for helping me develop so much as a player; it's an exceptional program and I would recommend it to any aspiring young athlete





Adam Radwan

Adam decided to attend the college from a distance based on his rugby ambitions. Being blessed with blistering pace and athleticism he developed from raw talent into an accomplished rugby player, scoring tries regularly in the RFU National Leagues and leading the college to the National 7's title. Adam scored the most tries in the entire tournament. He was integrated into the Newcastle Falcons Academy set-up during his second year and was selected to represent England 7s internationally and has been offered a professional contract with falcons from 2017-18 season. He is progressing to playing full-time on the 7s circuit with Northern Wailers Rugby whilst chasing his professional rugby and England 7s ambitions..

“ The guidance and support I received was fantastic. I have loved my time in the academy and I now have the chance to tour the world on the 7s circuit; including visits to Kenya, Dubai and Las Vegas. I can't wait - although I will be sad to leave such a great college and rugby academy

Eldon Myers

Eldon started the Academy in 2011. During his time with the college Eldon represented English Colleges, North of England Under 18s and was identified through Newcastle Falcons scouting to play for their under 18 team.

Having come from a very strong family of rugby players, Eldon was always one of the stand out performers for the college's squad; he helped the college in the quest to become the North East Representatives at the British Colleges National Championships for the 5th and 6th year running and was always a tremendous athlete. On gaining his entry and successful training as a Royal Navy Marine he was picked to represent the Navy rugby squad, playing twice at the home of English Rugby at Twickenham in front of 80,000 fans, in the annual Army v Navy match.



I always wanted to be in the armed services; the rugby academy development I received not only enhanced my life skills and helped with my application to the Navy, but also gave me memories I will never forget - from playing against the best teams in the country at National Championships to representing England Colleges in Portugal. The coaches are top class.



HOUSING AND LIFE AT THE ACADEMY

International students studying at Hartlepool Sixth Form College have homestay housing from a host family. The accommodation is provided for 45 weeks per year and specifically includes:

- 24 hour support and advice is provided by College support team
- Half-board accommodation during the week and full-board at weekends
- Your own bed room
- Laundry and cleaning services
- An opportunity for a unique cultural exchange
- A chance to make lifelong friendships



All our host families are subject to strict vetting requirements and all housing must meet our strict set of standards as governed by law in the UK. The cost is £150 per week and all housing is within a walking distance of the college main site. You will be placed in housing with other Rugby selects or International students.

During the year there will be many opportunities for our Rugby Scholars to visit historical cities such as Durham and London, along with regular attendance at professional rugby matches including Newcastle Falcons, basketball games at Newcastle Eagles and various other sporting fixtures. All international students will be encouraged to fully integrate into the life of a student; the Student Union at college will help you make the most of your time here by providing a purposeful, fulfilling and prosperous experience.



HOUSING AND LIFE AT THE ACADEMY

NEWCASTLE – 30 MILES FROM YOU

Newcastle is the most populous city in the North East and forms the urban core of Tyneside, the eighth most populous conurbation in the United Kingdom. Newcastle is also just a forty minute drive or train away from where you will be staying.



Newcastle was in the top ten of the country's top night spots, and The Rough Guide to Britain placed Newcastle upon Tyne's nightlife as Great Britain's no. 1 tourist attraction.

In the Tripadvisor Travellers' Choice Destination Awards for European Nightlife destinations, four of the UK's nightspots finished in the top 10; Newcastle was awarded 3rd Place behind London, and Berlin. Newcastle also came in seventh for the World category.



The city has a strong sporting tradition. Football club Newcastle United has been based at St James' Park since the club was established in 1892, although any traces of the original structure are now long gone as the stadium now holds more than 52,000 seated spectators, being England's fourth largest football stadium.

The Newcastle Falcons are the only rugby team in north-east England to have played in the Aviva Premiership rugby union. They play at Kingston Park Stadium in the northern suburb of Kingston Park.

Newcastle Thunder are a professional rugby league club based in the city who now also play at Kingston Park Stadium. They currently play in the Kingstone Press League 1.

YORK MINSTER – 55 MILES FROM YOU

York offers a wealth of historic attractions, of which York Minster is the most prominent, and a variety of cultural and sporting activities making it a popular tourist destination for millions.. York is also just an hour drive or train away from where you will be staying.



York has a vibrant nightlife of bars, pubs, clubs, restaurants and other friendly venues. Whether you're out with the friends, relatives or having birthday celebrations, York is the capital of Yorkshire in more ways than one! The premier city for a good time, locals and tourists all love its diversity. It's not just the wine bars, restaurants, theatres, shows, opera house, cinemas and clubs that York has to offer, there are also Ghost Walks and guided tours, street performers, comedy clubs, folk nights, and romantic scenic walks - York is rich in culture.

The brightly lit York Minster is proud to be York's night time centre piece, so you'll never get lost or wander too far from the entertainment and activity in the bustling streets, hosting festivals, carnivals and light shows.



York Racecourse was established in 1731 and from 1990 has been awarded Northern Racecourse of the Year for 17 years running. This major horseracing venue is located on the Knavesmire and sees thousands flocking to the city every year for the 15 race meetings. A great day out for birthdays and special occasions.

DURHAM – 17 MILES FROM YOU

Durham is a historic city and the county town of County Durham in North East England. The city lies on the River Wear, to the west of Sunderland, south of Newcastle upon Tyne. Durham is also just a thirty minute drive or train away from where you will be staying.



Like all major towns and cities, Durham has a lively and kaleidoscopic bar scene. New fashionable and trendy bars are opening all the time, while the more traditional and quintessential British drinking house, the pubs, remain ever popular with locals, students and tourists.

With its cobbles, centuries of spiritual heritage and old-world feel, Durham is perhaps not normally associated with a lively up to the minute nocturnal scene. However, the nightclubs do what they do very well, particularly those around the North Road district of the city.



Durham City Cricket Club plays on its own ground near the River Wear. Formed in 1829, Durham City was one of the founder members of the Durham Senior Cricket League upon its creation in 1903 and the First XI have been crowned champions on thirteen occasions.

Enjoy a day at the races at Sedgefield Racecourse. Plus, there are great family days out to be had across the county too, with with a range of family attractions including Hall Hill Farm and Adventure Valley. Enjoy a little retail therapy, relax on a spa break or enjoy a guided tour. You'll never be short of things to do in Durham.



HOUSING AND LIFE AT THE ACADEMY

HARTLEPOOL

Hartlepool is situated in North East England, close to Durham, Newcastle and York. Hartlepool is served by excellent transport links, linking the town with the rest of the UK and Europe, including a direct train to London.



The unique attractions of the stunning multi-million pound Hartlepool Marina complex, an old town steeped in 1,000 years of history and mile after mile of golden sands at Seaton Carew. There's much more to discover and enjoy in Hartlepool.

The Marina has been developed over the past few years and is now home to many restaurants, shops, cafes and bars. The selection of restaurants is immense and there are many retail outlets.



Hartlepool United is the town's professional soccer club and they play at Victoria Park, Hartlepool. Supporters of the club bear the nickname of Monkey Hangers. This is based upon a legend that during the Napoleonic wars a monkey, which had been a ship's mascot, was taken for a French spy and hanged. The rock star Meat Loaf, Janick Gers of the metal band Iron Maiden and film director Ridley Scott are also fans of the club.

West Hartlepool R.F.C. are more commonly known as "West" play in National League 3 North which is the 5th tier of the national league structure. In the mid-1990s, West played in what is now the Guinness Premiership.



HSFC AND FEES

Why HSFC?

As a Sixth Form College, Hartlepool has a strong academic reputation (currently in the Top 20% of Sixth Form Colleges in the UK) with excellent teaching staff and first rate facilities that are tailored to meet the needs of 16-19 year old students. In the most recent Government Inspection (Feb 2016), the OFSTED grade that we received was 'Good with Outstanding Features' and the inspectors specifically made the comments below

Throughout their study programme learners improve their self-confidence and raise their expectations; as a result, they are well prepared for higher education or employment.

The students who leave us have a very good record of finding places at all the major UK universities. The atmosphere, with approximately 1000 students, is friendly, hardworking, fun and supportive. You will benefit from working with well-motivated students and staff who work in a collaborative way to ensure that each individual achieves his/her potential. We find that English students benefit as much from the experience of meeting international students as you do from meeting them. The college specialises in A Level courses but there are a wide range of other courses, at different levels, that you can study to give you a varied and appropriate programme of study to fit your needs.



Courses on offer

Annual Tuition Fees

The following information sets out the annual fees for being an International Rugby Academy Student at Hartlepool Sixth Form College. The fee includes all tuition, assessment, examination entry and support that our current UK students enjoy.

Annual Tuition : £9000*

The Scholarship system is determined by the relative ability levels of the young player at the start of the academic year. This will then be re-assessed on an annual basis by our coaches via watching live games or provision of filmed evidence. Based on this a scholarship offer will be made dependent on the evidence provided. This is at the discretion of the Head of Programme and Head Rugby Coach at the college and can be considerable.

If you think that you have the drive, determination and capability to be part of one of the best college programmes in the UK, whilst gaining a fantastic educational and cultural experience we would love to hear from you so please get in touch via our partner scholarship connect on the website link below.

In addition, if you would like any more information please feel free to get in touch with Ben Robinson via telephone or email.

*if you need to complete your High School Diploma with us there will be an additional monthly fee paid to the online school for the service they provide