

# 2017 NYWAY LONG ISLAND REGIONAL

- When:** Sunday, February 26, 2017 - **SPLIT SESSIONS**
- Session 1: D1, D2, D3 - Arrive at 7:30am, Brackets Done by 8:30am, Wrestling begins at 9:00am
  - Session 2: D4, D5, D6 - Arrive at 10:30am, Brackets Done by 11:30am, Wrestling begins at Noon
- Where:** Eastport-South Manor HS, 543 Moriches-Middle Island Rd., Manorville, NY 11949
- Weigh-ins:** Friday, February 24, 2017 from 6pm - 8pm at:  
ESM HS, Massapequa HS, Hauppauge HS, and John Glenn HS
- Registration:** \$25 and limited to current NYWAY Members. No day passes available.  
**Online Registration only** - closes 11:59 pm on Thursday, February 23, 2017.  
**NYWAY Memberships can be purchased @ [www.NYWAY.org](http://www.NYWAY.org)**
- Admission:** \$3 for Adults, \$1 for children over the age of 6. 5 & under and Sr Citizens are **FREE**.

## NYWAY Regional Divisions & Weights on 6 full mats:

- D1 (2010 & Under):** 37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90)
- D2 (2009/2008):** 43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120)
- D3 (2007/2006):** 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145)
- D4 (2005/2004):** 60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175)
- D5 (2003/2002):** 81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220)
- D6 (2001 - 1998):** Wrestlers will be paired using the Madison Style Pairing System at the Regional Tournament, but HS weight classes will be used at the State Tournament.



## **Tournament Director: Henry Ford. Contact via email- [henryford14@hotmail.com](mailto:henryford14@hotmail.com)**

**EXEMPTIONS** - Exemptions - All D6 (2001- 1998) varsity wrestlers automatically qualify for the NYWAY State Championships but are highly encouraged to participate in the Regionals. D5 (2003 - 2002), and D4 (2005 - 2004) varsity wrestlers are also exempt from the regionals **IF** they place top 6 at NYS PHSA High School State Championships, otherwise will need to compete at the Regional and in their age group to qualify for the NYWAY State Championships. A D4/D5 wrestler who meets the said exceptions is also allowed to bump up a division. This is an aged based tournament and at NUWAY Nationals wrestlers will only be allowed to complete in their respective age group/division.

## **2017 Regional Rules: Follow live at [www.trackwrestling.com](http://www.trackwrestling.com)**

- ✓ All divisions are determined by birth year.
- ✓ NYS Modified High School Rules with NYS Certified Referees.
- ✓ NFHS overtime rules apply. Headgear is highly encouraged.
- ✓ Period lengths - Divisions 1, 2, & 3 (1-1-1) Divisions 4, 5, & 6 (1:30, 1:30, 1:30)
- ✓ Top 4 in each weight class qualify for the NYWAY Championships on March 12th and 13th at SRC Arena @ Onondaga Community College and **MUST** compete at same weight class at the NYWAY States. 6 full mats will be utilized.
- ✓ Welcome to all wrestlers residing within Regional boundaries:
- ✓ Weight classes with 5 or fewer wrestlers will wrestle in a round robin format. Weight classes' will not be combined. This is a NYWAY State Championship qualifier.
- ✓ **No weight allowance** and must weigh in a singlet.
- ✓ If wrestlers do not make the weight they are registered in, they will be moved to the next weight class up, and **must** compete at the same weight in the NYWAY State Championships.

