

Football

MINNESOTA

Minnesota High School Football Coaches Association



RECORDS & AWARDS · HALL OF FAME · STATE TOURNAMENT · CONFERENCE RECAPS

CAMBRIA Salutes the 2007



Minnesota High School Football Coaches Hall of Fame Inductees



Dave Brokke
Granite Falls



Dan Kostich
Moorhead



Con Natvig
Swanville



Robert Hage
Hector



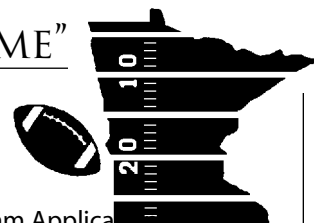
Keith Berstedt
Cromwell



Tom Witschen
WMIN/WDGY Radio



C A M B R I A[®]



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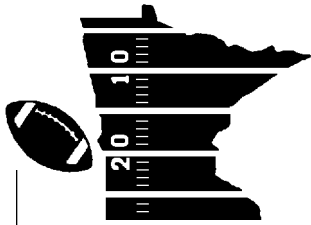
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COVER PHOTO: Totino Grace running back
Matt Griswold



"FOOTBALL IS MINNESOTA'S GAME"

Executive Director's Message

Fellow Coaches,



Ron Stolski
Executive Director

Fall is just around Summer's corner; soon the 100 hundred yards of green, the fields of Minnesota, will be filled again with the colors of the schools and communities they represent. The Friday night lights of Minnesota's game, its beacon, will summon players, parents, patrons, to the place where student-athletes compete; traditions renewed, dreams chased, memories made. Football, and all it brings, is in the air.

I cannot recall an autumn in my life when football was not a part of it. Like many of you, the game and its special rhythms is a part of the very fabric of my being. As a youngster growing up in Minneapolis playing Park Board football, I learned the game from men who volunteered their time to me and my friends. Coaches who taught us the game and much more. They taught us to play hard, play fair, respect our opponents. They taught us to care about our teammates, to be responsible for our actions. Taught us to love the game. As I grew older, I was fortunate to play for many fine coaches, but in many ways my first were the best coaches I ever had. My guess is you, as you jog your memory, can recall the very same kind of experience where and when you grew up. You will never forget your coach; the lessons he taught, the effort he inspired, the passion

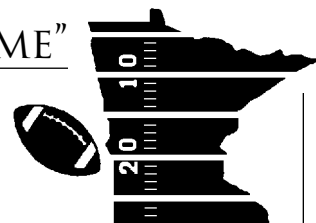
he modeled. And that is the point.

The game has changed since the time when we first experienced it. But it is still a beautiful game played by kids who come to us, and to our fields, heart in hand. They want to learn and play the game, just like we did. And us? We can teach them that. And more. My hope is that beyond the tech, beyond the strategies and schemes, beyond the camps, beyond the weight room, beyond the seedings and the playoffs, beyond the booster clubs, the parent meetings, beyond the wins and losses, we teach the beauty of the game to all of our players. That we teach the benefit of hard work, the value of teamwork, the need for sacrifice, the virtue of respect, the expectation for good sportsmanship, the fierce pride in doing your best, the loyalty to comrades, the giving of self, the love of team. That we model professionalism in all our relationships.

There is a special obligation we share for having the title 'Coach'. Coach is a title easily used by many. For most it is simply a form of identification; it is a surname used by others to identify us. For those of us who have chosen to coach it has many implications. It is more than a title. It is gesture of respect, a symbol of responsibility and authority, a term of endearment, an acknowledgement of trust, an assumption of competence an implication of leadership, a proud designation. We are 'Coach' to the skilled and gifted all-state player and to the player who plays sparse minutes. We earn the right to be called coach when we teach all the kids, when we respect those who coach with us and with whom we compete and meet. We earn the right to be called coach when we strive to learn and improve when we give as was given to us. We are a part of a marvelous fraternity; one that proudly shares a special designation; a common bond. And, daily, we must earn again, the title, Coach.

In this time, and other times, you shall always be Coach. I am honored to be among you.

Ron Stolski, Executive Director
MHSFCA



Presidents's Message

Greetings to all of you from central Minnesota!

First of all I would like to take this opportunity to congratulate the six new members inducted into the MHSFCA hall of fame. Tom Witshcen from WMIN/WDGY radio was inducted into the Citation Division. Robert Hage, Hector Public Schools; Conley Natvig, Swanville/Grey Eagle; Dan Kostich, Moorhead High School; Keith Bergstedt, Cromwell High School; Dave Brokke, Granite Falls/Yellow Medicine East were all inducted into the Hall of Fame on April 21st, 2007. I feel it is the highest honor we as coaches can obtain in our profession.

Second, for those of you that were able to attend or should I say brave the snow storm in March and made it to the Nike Coach of the year clinic that we the MSHSFCFA are now apart of in conjunction with University of Minnesota. I think it was a great clinic and will only get better as all of us make this the clinic to go to and be at. Our goal is to have every high school coach at this clinic. You can make it happen!

I would like to share with you all the programs that the Football Coaches Association provides for you as a member of the MSHSFCFA. You are affiliated with the Minnesota High School Association and all its benefits, Academic All-State Teams (Individual and Team), College Recruiting Fair, Coaches Recognition Programs, Mr. Football Award and Banquet, Hall of Fame Awards and Banquet, Minnesota High School All-Star Game, Summer Magazine, Coach to Coach retired coaches mentorship program, Camp outreach funding for camps and staff development, MHSFCA Scholarships for deserving student-athletes. If you have any questions on any of these programs look at our web site www.mnfootballcoaches.com or www.mshsca.org/football/index.htm . This is a great site to look up information on just about everything you need to know about Minnesota High School Football.

I am sure that all of you have all looked to see where you have been placed this year due to the new formula being used to determine the size of schools. If you have no done so our web site has a link that will get you to where your school has been placed. You can also see where all the schools in the state have been placed.

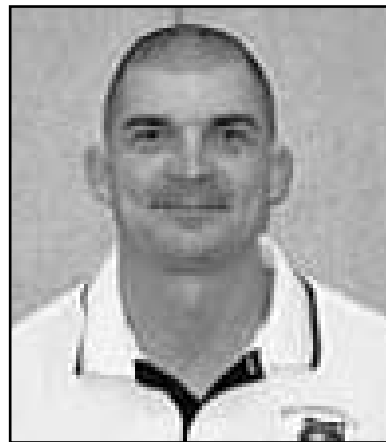
The Executive Committee has been meeting and we are all working very hard to make our association the very best it can be.

I am looking forward to serving you as President of Minnesota High School Football Coaches Association. If I can help you in any way feel free to contact me.

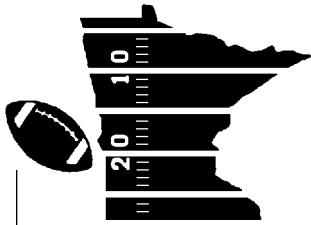
Remember as coaches we are “The Keepers of the Game”.

May you all have a successful season,

Wayne “Ribsy” Petermeier
Browerville Football
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ribsy@browerville.k12.mn.us
320-594-2204 (H)
320-594-8111 (W)

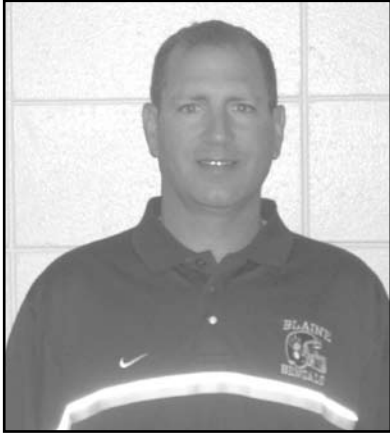


PRESIDENT
Wayne Petermeier
Browerville



"FOOTBALL IS MINNESOTA'S GAME"

Minnesota High School Football Coaches Association Organization Officers



1st VICE PRESIDENT
Shannon Gerrety
Blaine



2nd VICE PRESIDENT
Jeff Mumm
Thief River Falls



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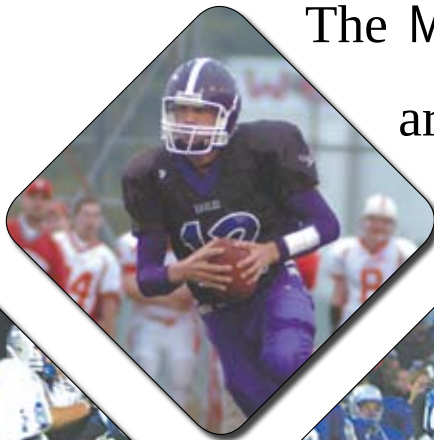


Minnesota High School Football Coaches Association

Coach of the Year Clinic

March 27-29, 2008

Co-Directors: Ron Stolski and Don Swanson



The MHSFCA proudly announces that we are sponsoring a clinic in conjunction with the University of Minnesota.

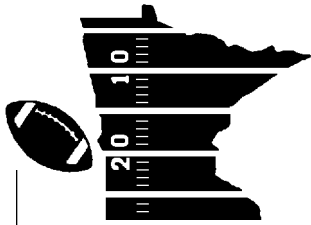
CIRCLE your calendar NOW... If you can only attend ONE CLINIC, this is the clinic FOR YOU and our Association.

We intend to make this the VERY BEST clinic in the upper mid-west.

Double Tree Park Place

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Sponsored by the MHSFCA and the University of Minnesota



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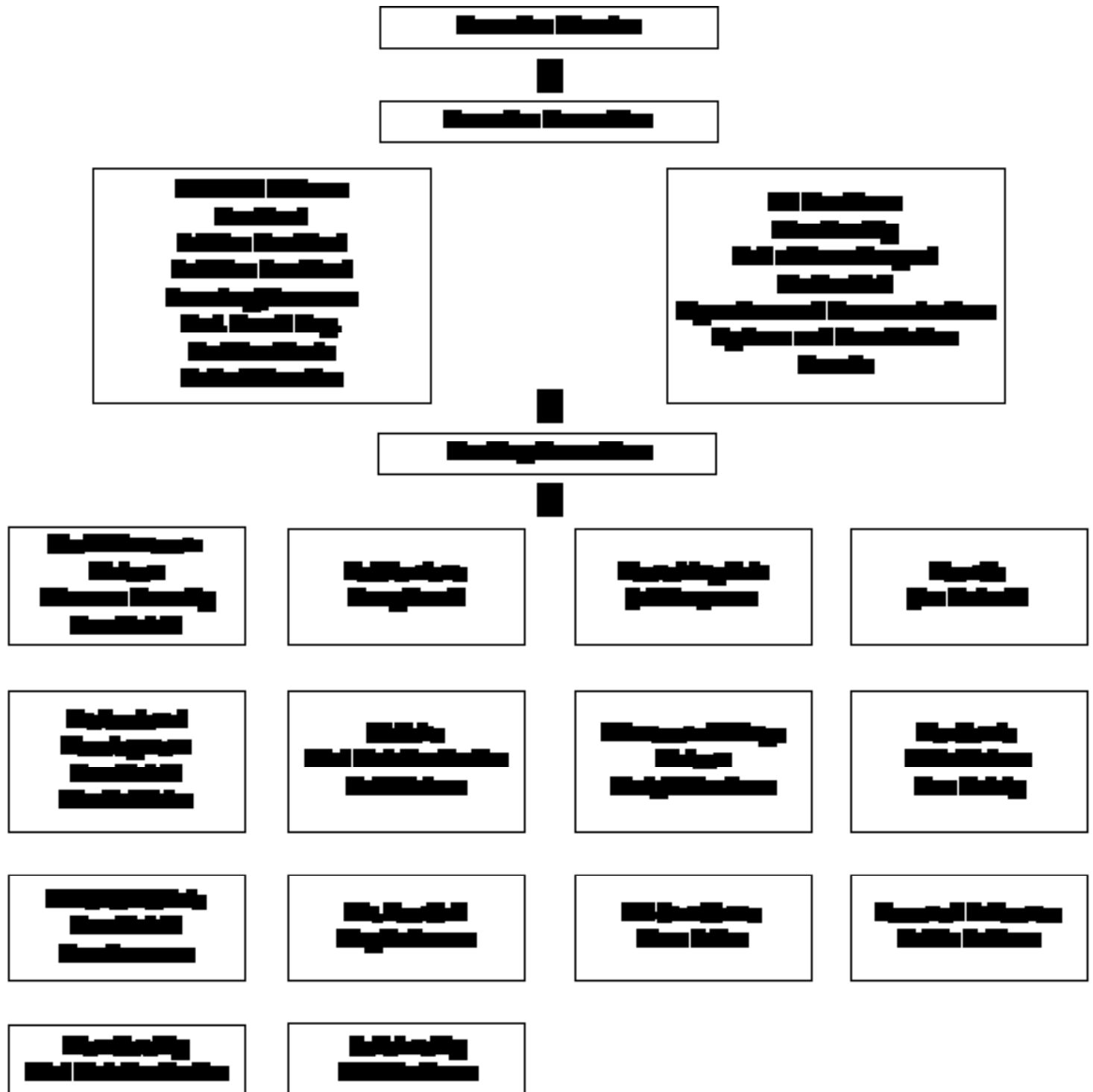
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2007 MINNESOTA FOOTBALL

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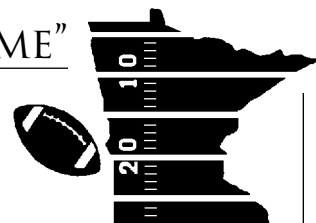
This publication is issued annually by the MHSFCA

PAST PRESIDENTS

1956-57	Harvey Shew - Brainerd	1982-83	Ron Stolski - Brainerd
1957-58	Lew Swearingen - Jackson	1983-84	Tony Thiel - Battle Lake
1958-59	Red Wilson - Bemidji	1984-86	Dick Walker - Richfield
1959-60	Loren Hagge - Rochester	1986-87	Jim Simser - New Richland - Hartland
1960-61	Frank Cleve - Minneapolis Henry	1987-88	Dave Nigon - Totino Grace
1961-62	Lew Barle - Greenway	1988-89	Keith Swanson - Hoffman-Kensington
1962-63	Tom Mahoney - Fairmont	1989-90	Jerry Peterson - Owatonna
1963-64	Steve Silianoff - So. St. Paul	1990-91	Dave Brokke - Granite Falls
1964-65	Dale School - Redwood Falls	1991-92	Con Natvig - Swanville
1965-66	Bill Hansen - Willmar	1992-93	George Larson - Cambridge
1966-67	Bob Roy - St. Louis Park	1993-94	Buz Rumrill - Silver Lake
1967-68	Marv Gunderson - Winona	1994-95	George Tuvey-Janesville-Waldorf-Pemberton
1968-69	Milt Osterberg - Worthington	1995-96	George Thole - Stillwater
1969-70	Dick Lagergren - Brainerd	1996-97	Ken Baumann - Mahnommen
1970-71	Les Dreschsel - Ada	1997-98	Dave Hylla - Proctor
1971-72	Don Varpness - New Ulm	1998-99	Neal Hofland - Chokio Alberta
1972-73	Ron Raveling - Columbia Heights	1999-00	Ken Belanger - Zumbrota-Mazeppa
1973-74	Rollie Bromberg - Cloquet	2000-01	Bubba Sullivan - Northfield
1974-75	Don Swanson - Minneapolis Henry	2001-02	Dick Strand - Southland
1975-76	Don Stueve - Fergus Falls	2002-03	Dave Nelson - Blaine
1976-77	Dean Brown - Winona	2003-04	Mike Mahlen-Verndale
1977-78	Gary Gustafson - North St. Paul	2004-05	Dwight Lundeen - Becker
1978-79	Grady Rostberg - Hutchinson	2005-06	Flint Motchenbacher - Detroit Lakes
1979-80	Dick Lawrence - Eveleth	2006-07	Clay Anderson - Albert Lea
1980-81	Ron Scott - Coon Rapids	2007-08	Wayne Petermeier - Browerville
1981-82	Jim Roforth - Lake City		

SECRETARY - TREASURER

1956-57	Frank Cleve - Minneapolis Henry	1974-83	Jerry Peterson - Owatonna
1957-61	Dwayne Hoberg - St. Louis Park	1983-87	Don Larson - Albert Lea
1961-64	Bob Roy - St. Louis Park	1987-00	Jim Simser - Fairmont
1964-74	Chuck Elias - Minneapolis Central	2000-	Terry Turek - LeSueur-Henderson



Minnesota High School Football Coaches: MHSFCA Members for 2007-08

Listed below are the dues-paying head coaches of the MHSFCA for the year 2007-08

These coaches are representative of the high school football teams in Minnesota. The association would like to remind all coaches to renew their membership for the upcoming year and to encourage their assistants to do the same.

The MHSFCA believes that it is realistic to have over 90% of all head coaches as members. Membership strengthens the association and

allows for better representation for all teams and their concerns.

Remember, the MHSFCA is not just a "head coaches only" group, several teams have taken advantage of having assistants take a more active role in association meetings and it has improved participation and representation a great deal.

Please note that some coaches names may have been inadvertently omitted.

Coach	School
Aker, Dave	East Grand Forks Sacred Heart HS
Anderson, Brad	Wayzata HS
Anderson, Clay	Albert Lea HS
Anderson, Lyle	Cook County HS
Andree, Tim	St Clair HS
Anselmo, Gregory	Bigfork HS
Arntson, Scott	Marshall School, Duluth
Austin, Clair	Goodhue HS
Austinson, John	Byron HS
Baartman, Darren	Breckenridge HS
Bachman, Marc	St Peter HS
Bahlmann, Terry	Marshall HS
Bakken, Jon	Waterville-Elysian-Morristown HS
Barnack, Anthony	Montgomery-Lonsdale HS
Battaglia, Daniel	East Central HS
Bauman, Earl	St Michael-Albertville HS
Baumgartner, Andrew	Glenville-Emmons HS
Beachy, Ryan	Staples-Motley HS
Beevers, Wally	Kingsland HS
Bengston, Steven	Warroad HS
Bennett, John	Prior Lake HS
Benson, Jon	Sauk Rapids/Rice HS
Berdan, Ronald	Sleepy Eye - St Mary's HS
Beuning, Paul	Belgrade-Brooten-Elrosa HS
Bockovich, Dale	Cook County HS
Bodeen, Terry	Braham Area HS
Borowicz, Douglas	Roseau HS
Bowlin, Patrick	Winona Cotter HS
Brokke, Dave	Yellow Medicine East HS

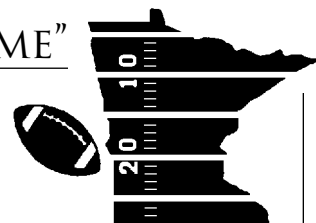
Coach	School
Brown, F. Michael	St Paul Academy & Summit School
Buboltz, James	Minnesota Valley Lutheran HS
Buerkle, Jeff	Anoka HS
Buntje, Mark	Lyle-Austin Pacelli HS
Buthe, Tony	New Prague HS
Byklum, Darrin	Fisher HS
Campbell, Charles	Nawhawuk-Keewatin HS
Christianson, Bill	Pine City HS
Clark, John	Waubun HS
Clark, John Jr	Mahnomen HS
Cody, Troy	Fairmont Area HS
Conway, Vince	Hill-Murray HS
Cortez, James	Kerkhoven-Murdock-Sundberg HS
Cross, Michael	Elk River Area HS
Dammann, Michael	MACCRAY HS
Davis, Eric	Mankato East HS
Dierks, Gary	Mankato East HS
Dose, David	Glencoe-Silver Lake HS
Drews, John	Rochester John Marshall HS
Dunn, Paul	Springfield HS
Eike, Michael	East Grand Forks Sacred Heart HS
Ekmark, Douglas	Park HS
Elder, Erin	Windom Area HS
Ellingson, Dan	Hills-Beaver Creek HS
Elston, Del	Fillmore Central HS
Engen, Gary	Mounds View HS
Erdmann, Jeff	Rosemount HS



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Minnesota High School Football Coaches: MHSFCA Members for 2007-08

Coach	School	Coach	School
Erickson, Richard	Virginia HS	Herzog, Paul	Woodbury HS
Essler, Dan	New London-Spicer HS	Hickey, Tim	Tartan HS
Ewald, Andrew	St Louis Park HS	Hietala, Joseph	Duluth East HS
Fabish, Mark	Cook HS	Hill, Steven	Minnewaska Area HS
Ferguson, Jeffrey	Totino-Grace HS	Hockinson, Randy	Kenyon-Wanamingo HS
Fideldy, Bryan	Hill City HS	Hofland, David	Chokio-Alberta HS
Fisher, Derek	Robbinsdale Armstrong HS	Homstad, Bradley	Lancaster HS
Foley, Patrick	Waconia HS	Honsa, James	North HS
Franz, Marc	Rogers HS	Hopkins, David	Holy Family Catholic HS
Fredlund, Frank		Hudspeth, William	Esko HS
Freed, Jason	Houston HS	Hurlburt, Nate	Nevis HS
Frisch, Mike	West Central Area HS	Hurley, Daniel	Chatfield HS
Fritze, Dave	Eagan HS	Hylla, David	Proctor HS
Froehling, Mark	Farmington HS	Ihrke, William	Plainview Community HS
Fruechte, Carl	Caledonia HS	Illikainen, Daryl	Hermantown HS
Galvin, Jim	Mounds View HS	Inforzato, Kyle	Richfield HS
George, Steve	Fridley HS	Jackson, Robert	White Bear Lake HS
Gerrety, Shannon	Blaine HS	Jansen, Roger	Ashby HS
Gimbel, Chad	Blooming Prairie HS	Jirik, John	Orr HS
Gonnerman, Scott	Benson HS	Johnson, Craig	Crosby-Ironton HS
Graham, Eric	St Francis HS	Johnson, DeWayne	Anoka HS
Grant, Mike	Eden Prairie HS	Johnson, Randy	Milaca HS
Gronner, Jeffrey	Cromwell-Wright HS	Johnston, Chad	Minneota HS
Guida, Travis	Blackduck HS	Jones, Randy	Simley HS
Gullikson, Tony	Warren-Alvarado-Oslo HS	Jorgensen, Dan	Norman County West HS
Gullingsrud, Mike	Ada-Borup HS	Kaczor, Ronald	St Cloud Tech HS
Guthmiller, Jim	Southland HS	Kallok, Rich	Cretin-Derham Hall HS
Hale, Dennis	Worthington HS	Kalpin, Dennis	Alexandria Jefferson HS
Hamlin, David	Zimmerman HS	Kapping, Ryan	Wadena-Deer Creek HS
Hanson, Michael	Cass Lake-Bena HS	Karlsgodt, Terry	Atwater-Cosmos-Grove City HS
Hanson, Scott	Bethlehem Academy HS	Keller, Scott	Winona HS
Harig, Fredrick	Bertha-Hewitt HS	Kinzer, Jamie	St Cloud Cathedral HS
Haugen, David	Pelican Rapids HS	Klawitter, Keith	Cedar Mountain-Morgan HS
Hayford, Joel	Waseca HS	Kleinschmidt, Michael	Albany Area HS
Heino, Mike	Sebek HS	Knight, Craig	LeRoy-Ostrander HS
Heitzman, Ken	Willmar HS	Knowles, Adam	DeLaSalle HS
Helland, Kenny	Le Center HS	Kostich, Wally	Mt Iron-Buhl HS
Henderson, Donald	Triton HS	Krenik, David	Cleveland HS
Hentges, Patrick	G-F-W HS	Kroulik, Ivan	Kasson-Mantorville HS
Herm, Larry	Foley HS	Kroulik, Mark	Stephen-Argyle Central HS
Hermann, Tim	Austin HS	Kuechenmeister, Randall	Blue Earth Area HS



Minnesota High School Football Coaches: MHSFCA Members for 2007-08

Coach School

Lamppa, Brian	Babbitt-Embarrass HS
Larkin, Jim	Chisholm HS
Larkin, Todd	Cambridge-Isanti HS
Larson, Cory	Dawson-Boyd HS
Larson, George	Cambridge-Isanti HS
Lemke, Carl	St Croix Lutheran HS
Lenarz, Thomas	Cloquet HS
Lepper, Jay	Jordan HS
Libbon, Nathan	Long Prairie-Grey Eagle HS
Lienemann, Philip	Dawson-Boyd HS
Lohmiller, Chip	Pequot Lakes HS
Longtin, Eric	Irondale HS
Lossow, Rodney	Minneapolis Roosevelt HS
Louis, Ned	Faribault HS
Louzek, David	Moose Lake-Willow River HS
Lundeen, Dwight E.	Becker HS
Lundeen, Matt	Redwood Valley HS
Lux, Denny	New Ulm Cathedral HS
Mader, James L	Albany Area HS
Magnuson, Bill	Sauk Rapids/Rice HS
Mahlen, Michael	Verndale HS
Majeski, Bob	Hastings HS
Malmstrom, Wally	Mahtomedi HS
Marmon, Jack	Little Falls HS
Martin, Jon	Brooklyn Center HS
Marty, Jeff	Albert Lea HS
McCabe, Maurice	Medford HS
McDonald, Ken	Hopkins HS
McIntire, Randy	Tracy Area HS
Merila, Steven	Rockford HS
Messman, Mark	Holdingford HS
Midtaune, Craig	Lincoln HI
Mikkelsen, Kent	Russell-Tyler-Ruthton HS
Miller, James	Rochester Mayo HS
Miller, Scott	Aitkin HS
Monson, Ronald	Minnehaha Academy HS
Mooers, David	Duluth Denfeld HS
Mortenson, Randy	Lac qui Parle Valley HS
Motchenbacher, Flint	Detroit Lakes HS
Mumm, Jeff	Thief River Falls Lincoln HS
Murphy, Thomas P.	Nicollet HS

Coach School

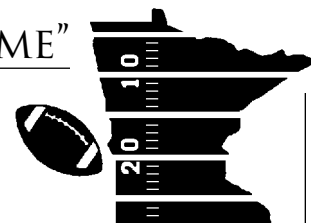
Naatz, Peder	Hawley HS
Naugle, Peter	Walker-Hackensack-Akeley HS
Nelson, Brian	Fertile-Beltrami HS
Nelson, Bruce	East Grand Forks HS
Nelson, David	Minnetonka HS
Nelson, Tom	Two Harbors HS
Neubarth, Bill	McLeod West HS
Neyers, Jim	Mankato Loyola HS
Nohner, Mark	Lake of the Woods
Norby, Erick	Robbinsdale Cooper HS
Nordquist, Stuart	International Falls HS
Odland, Brian	Monticello HS
Ogorek, Terrance	Kittson Central HS
Oja, Daryl	Melrose Area HS
Olson, Bryan	Sauk Centre HS
Olson, Randy	Maple River HS
Olson, Todd	Edina HS
Orth, Thomas	Henry Sibley HS
Ott, Steven	Deer River HS
Otterblad, Larry K	Silver Bay Wm Kelley HS
Oye, Todd	Luverne HS
Parker, Scott	Marshall County Central HS
Patnode, Douglas	Princeton HS
Pavlovich, Merrill	Delano HS
Pendino, Dmytri	Academy of Holy Angels HS
Perry, Jason	St Charles HS
Petermeier, Wayne	Browerville HS
Peters, Marv	Rochester Lourdes HS
Plaschko, Jeff	St Paul Johnson HS
Pohlkamp, Leo	Pierz-Healy HS
Qual Randy	Mora HS
Radniecki, Matthew	New York Mills HS
Rauen, Willie	Zumbrota-Mazeppa HS
Reinhardt, James	Rushford-Peterson HS
Remick, Brian	Red Lake Falls Lafayette HS
Reno, Anthony	Dilworth-Glyndon-Felton HS
Reynolds, Vincent	Hayfield HS
Risbrudt, Richard	Hillcrest Lutheran Academy
Roberts, Wayne	Eveleth-Gilbert HS
Ross, Carter	Westbrook-Walnut Grove HS
Ross, Chuck	Underwood HS



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Minnesota High School Football Coaches: MHSFCA Members for 2007-08

Coach	School	Coach	School
Ross, John Sartell HS		Tiedens, Scott	Shakopee HS
Rostberg, Andrew	Hutchinson HS	Tietje, Jefferson	Madelia HS
Rubbelke, James	St Paul Harding HS	Townsend, Matt	Columbia Heights HS
Sackett, Jim	Laporte HS	Traurig, David	Kimball Area HS
Scanlan, Mike	Cretin-Derham Hall HS	Trautman, Dave	Frazee-Vergas HS
Schimming, David	Montevideo HS	Tretter, Randy	Upsala HS
Schlieff, Jeff	Spring Lake Park HS	Tri, Ray	Eden Valley-Watkins HS
Schlieve, Derek	Pillager HS	Turek, Terry	LeSueur-Henderson HS
Schmaltz, Scott	Lewiston-Altura HS	Turnberg, Gary	Dawson-Boyd HS
Schmidt, Bradley	Big Lake HS	Urbaniak, Karl	Mabel-Canton HS
Schmidt, Eric	Crookston HS	Veach, Nathan	West Lutheran HS
Schroyer, Richard	Pipestone Area HS	Vik, Jon	Rochester Century HS
Schuller, Thomas	Jackson County Central HS	Visser, Darren	Ely Memorial HS
Schultz, Matthew	Cannon Falls HS	Vold, Chris	Duluth Central HS
Schwegel, Randy	Pine River-Backus HS	Walker, Brian	Red Rock Central HS
Scoblic, Joseph	Lester Prairie HS	Wallskog, Jerry A	Lake Crystal-Wellcome Memorial
Sedlock, Lenny	Minneapolis South HS	Walsh, Randal	Sibley East HS
Seipkes, Don	Henning HS	Walter, Matthew	Annandale HS
Sexauer, Chad	South St Paul HS	Watson, Michael J	Centennial HS
Sherwin, Kelly	Eastview HS	Weiland, Jeffrey	Orono HS
Sieling, John	Eagle Valley HS	Weiss, Bill	Chisago Lakes HS
Sloan, Gary	Grand Meadow HS	Wendorf, Gary	Rush City HS
Solem, Stephen	BOLD HS	Wilke, Rich	Andover HS
Staska, Bob	McGregor HS	Williams, Jeff	Owatonna HS
Steele, Ryan	Lewiston-Altura HS	Witt, Jerome	Morris Area HS
Stifter, John	Watertown-Mayer HS	Yell, Dennis	Clearbrook-Gonvick HS
Stolski, Ron	Brainerd HS	Yocum, Dean	Parkers Prairie HS
Strand, Randy	Adrian HS	Yost, Douglas	Dover-Eyota HS
Strand, Richard	Southland HS	Young, Mark	Chaska HS
Stritesky, Gene	Ogilvie HS	Zeitchick, David	St Paul Highland Park HS
Sullivan, Bob	Northfield HS	Ziebarth, David	St Thomas Academy HS
Sutton, Rick	Mankato West HS	Stork, Dan	New Richland-H-E-G HS
Swanson, Joel	North Branch HS		
Swenson, Erik	The Blake School		
Swenson, Joel	Royalton HS		
Tax, Steve	Osakis HS		
Theisen, Leo	Westbrook-Walnut Grove HS		
Theisen, Rick	ROCORI HS		
Thiel, John	Breck School		
Thiel, Tony	Wheaton Area HS		
Thompson, Larry	Lakeville HS		



MHSFCA Retired Life Membership

Do you want to stay active in the MHSFCA? Life membership in the MHSFCA for retired coaches is the answer. We now offer an opportunity for retired coaches to remain involved in association matters. Membership is open to all retired coaches (both assistant and head) who are life members of the State Coaches Association or who have been long-time football coaches. A one-time fee of \$25.00 brings all the benefits of association membership. PASS THE WORD! Contact Terry Turek, P.O. Box 81, Henderson MN 56044.

Coach	Coach	Coach
Anderson, Lyle	Hill, Ken O.	Roforth, Jim
Anderson, Robert P.	Holzer, Michael	Rohman, Dan
Barnett, Raymond	Idstrom, Thomas	Rossini, Reno
Baumann, Kenneth	Jacobson, Kenneth	Rostberg, Grady
Belanger, Kenneth	Jaeger, Rick	Roy, Bob
Belseth, Mike	Jerdee, Jerry	Rumrill, Buz
Bergloff, Clark	Johnson, DeWayne	Scanlan, Mal
Bjornaraa, Bud	Kallok, Richard	Schmitz, John
Bromberg, Roland	Knutson, James	Scott, Ron L
Canakes, Stav	Konrath, Fred	Siegle, Al
Claffy, Herb	Larson, George	Simser, Jim
Conzemius, John C.	Lawrence, Dick	Smith, George
Dahl, Mac	Lien, Ken	Stolski, Ron
Dotseth, Jim	Mader, James L	Strand, Dick
Draheim, Ed D	Mahoney, Tom	Stussy, Lloyd
Elias, Charles F	Martin, Bill	Sullivan, Bob
Foley, Jerome T	Marton, William	Swanson, Don L.
Fredlund, Frank	Nelson, Andy	Thiel, Anthony J.
Graham, Gary	Nigon, David	Thole, George
Gross, John	Nordquist, Stuart	Thompson, John
Gustafson, J. Gary	Nunnink, Stephen	Traurig, Leo
Halsted, Charles	Olson, Warren H.	Tuvey, George E
Hansen, John	O'Neill, Robert D.	Uhlir, David
Harding, Bruce	Peterick, John C	Vagle, Virg
Helleckson, Russ	Peterson, Bob D.	Walker, Richard
Henderson, Roy	Peterson, Jerry	Willhite, Jack M.
Herges, Peter	Peterson, Ralph J.	Wilson, Bill
Hiebert, Del	Rauen, Willie	Youso, Robert

Minnesota State High School Coaches Association, Inc.



PO BOX 519, Detroit Lakes, MN 56502
 JOHN ERICKSON, EXECUTIVE DIRECTOR
 (218) 847-6796 (H) (218) 847-5493 (FAX)
 www.mshsca.org jomar@lakesnet.net



NAME (Print) _____
 (Last) (First) (Middle Initial)

SCHOOL _____

HOME MAILING ADDRESS _____

CITY _____ ZIP CODE _____

ADMINISTRATIVE REGION NO. _____ COMPETITIVE SECTION NO. _____

EMAIL ADDRESS _____ HOME PHONE # (____) _____

DUES PAYABLE: Check One

() ANNUAL DUES PAYING MEMBER - \$30.00

Eligible: MN Secondary, Jr. High,
 Elementary Coaches, & ADs

() ASSOCIATE MEMBERS - \$15.00

Eligible: Out of State Coaches and All
 College Coaches - MN Officials

() LIFE MEMBER (with insurance) - \$10.00

Eligible: Card holding, 25 year coaches

() RETIRED LIFE MEMBER

(without insurance) - \$5.00

NUMBER OF YEARS COACHING, INCLUDING 2007 - 08 SCHOOL YEAR _____

(This includes Minnesota and all states)

SPORT ASSOCIATION DUES

(Must join parent organization before you
 can join individual Sport Associations)

ADAPTED ATHLETICS\$10
 ATHLETIC DIRECTORS\$40
 BASEBALL(Mar. 7 Deadline\$10 (H) \$5 (A)
 BOYS BASKETBALL (Dec. 1 Deadline).....\$10 (H) \$5 (A)
 GIRLS BASKETBALL (Dec. 1 Deadline).....\$15 (H) \$5 (A)
 CROSS COUNTRY (Oct. 1 Deadline).. \$10(B) \$10(G) \$10(B/G)
 FOOTBALL (Oct. 1 Deadline).....\$20(H) \$10(A)
 Retired Life\$25
 GOLF (April 15 Deadline)..... \$10(B) \$10(G) \$10(B/G)
 HOCKEY (Jan. 7 Deadline)\$25(H) \$15(A)
 Retired Life\$15
 NORDIC SKIING (Dec. 15 Deadline)\$10
 ALPINE SKIING (Jan. 15 Deadline)\$10(H) \$6(A)
 BOYS SOCCER (Oct. 1 Deadline).....\$10(H) \$5(A)
 GIRLS SOCCER (Oct. 1 Deadline).....\$10(H) \$5(A)
 BOYS SWIMMING (Jan. 30 Deadline).....\$10(H) \$5(A)
 GIRLS SWIMMING (Oct. 1 Deadline).....\$10(H) \$5(A)
 BOYS TENNIS (Mar. 15 Deadline)\$10(H) \$5(A)
 GIRLS TENNIS (Oct. 1 Deadline).....\$10(H) \$5(A)
 TRACK & FIELD (Mar. 15 Deadline)\$15(H) \$5(A)
 BOYS LACROSSE \$10(H) \$5(A)

DIRECTORY INFORMATION

(Please Circle or list your coaching assignments, Head, Asst., Jr.
 High or Elementary)

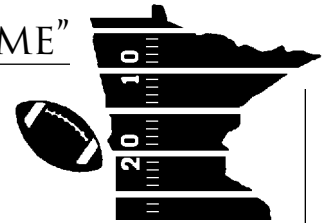
MSHSCA DUES..... \$30.00

(includes \$1,000,000 Liability Insurance)

LIFE MEMBERS, actively coaching..... \$10.00

SPORT ASS'N DUES..... \$_____

TOTAL \$_____



Reasons Why MSHSCA Membership is Beneficial

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$1,000,000 Liability Insurance for classroom and coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Offers a national clinician exchange for our qualified high school clinicians.
10. Opportunity to be recognized as Minnesota Coach of the Year.
11. Opportunity to be recognized as Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.

MSHSCA MEMBERSHIP PERKS

AS OF MARCH 1, 2007

- FOUR POINTS SHERATON HOTEL, MPLS - \$65 per night
- HOLIDAY INN - ALEXANDRIA -
Sunday - Thursday \$42/single; \$47/two or more
Friday & Saturday, \$55/single; \$60/two or more
For information call Jim Sterlkund at 612- 763-6577
- NORMANDY INN - MINNEAPOLIS - 1-800-373-3131
Corporate Rate -Parking included
- BEST BUY - Commercial Division
Commercial rate (store rate minus 15-25% - usually)
Call 1-800-373-3050. Identify yourself as a member of MSHSCA. They will give you a quote on any merchandise they carry. Quotes include freight. They will ship upon receipt of personal check or school purchase order. They will fax specs on different kinds of equipment.
- MINNESOTA ZOO - APPLE VALLEY
Corporate Rates - 20% OFF on all admissions.
Call Shirley Allsot for discount card at 612-431-9298
- MINNESOTA TIMBERWOLVES - \$3 discount on tickets - Team discount on tickets. Call John From at 612-673-1388
- SUPER 8 - SHAKOPEE Corporate Rate - 612-445-4221
- SUPER 8 - BLOOMINGTON - 10% discount 612-888-8800
- ALAMO RENT-A-CAR Discount on Car Rentals - 1-800-354-2322



“FOOTBALL IS MINNESOTA’S GAME”

Benefits of Membership

www.mshsca.org

The Minnesota High School Football Coaches Association is constantly updating their web pages and more and more information related to Minnesota high school is finding its way onto the site.

The football association’s parent group, the MSHSCA, sponsors the site. To gain access to the football pages, just get on the Internet and go to the MSHSCA site at www.mshsca.org. Then click on “Sports Associations”. And when you click on “Football”, you’re there. You can choose from numerous topics that are specifically designed for high school football coaches, with topics such as MHSFCA meetings, football clinics, Minnesota high school football records and much more. There are also other links related to Minnesota high school football. Some of the pages are “under construc-

tion” and will be updated as time allows.

Along with the site are many e-mail addresses of high school football coaches, which is something that the association’s executive officers would like to emphasize. As more and more coaches become better acquainted with the use of the Internet and e-mail communication among members becomes better and faster.

Rob Neilson and Flint Motschenbacher of Detroit Lakes deserve most of the credit for maintaining and updating the site. Both have done a great job of making the material accessible to coaches.

Remember, it’s “your site” and it has a wide range of uses. All coaches should feel free to contact MHSFCA executives with ideas or suggestions for the site and its uses.

Coach to Coach Program

The Coach to Coach program began with the 2006 football season. The program was developed by the MHSFCA Executive Committee and is designed to allow Minnesota high school football coaches to contact successful, retired coaches and get their insight on how to implement ideas on a variety of topics such as offense, defense, special teams, program building, and many more.

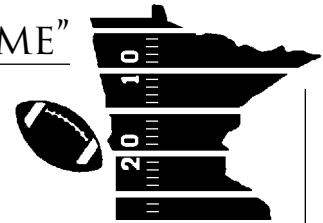
The Coach to Coach program lists some of the most successful and legendary coaches in Min-

nesota high school football history. Represented among these coaches are numerous state championship coaches, 200+ game winners, and many coaches who have thirty or more years of coaching football. The retired coaches listed are willing to give some of their best advice and information acquired over their long and successful careers. Member coaches are encouraged to utilize this program to improve their programs in any area.

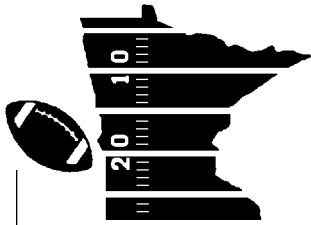
Coach To Coach Contact List

Coach	Address	City/State	Zip	Phone Number
Belanger, Ken	21875 Marek Road	Frederic, WI	54837	715-327-8726
Mike Belseth	1438 Andrews Avenue	Breckenridge	56520	218-643-2442
Canakes, Stav	1680 Windsor Drive South	Shakopee	55379	952-445-0978
Celt, Bob	1963 Cherry Street	Red Wing	55066	651-388-5980
Collison, Bob	7500 Cahill Road #215 C	Edina	55439	952-942-9055
Darnell, Doug	6825 Dupont Avenue North	Brooklyn Center	55430	763-560-1702
Davies, John	22439 Beach Road	Deerwood	56444	218-546-6460
DeRocher, Darien	7101 Brown’s Lane	Brainerd	56401	218-825-8466
Domschot, Ronald	105 Knut Street	Alexandria	56308	320-763-7140
Dotseth, Jim	4180 Trenton Lane	Plymouth	55441	763-544-2970
Elias, Charles	10362 Columbus Circle	Bloomington	55420	952-884-1013
Fox, Don	1809 3rd Avenue Southwest	Austin	55912	507-433-3016
Gasner, Paul	51 142nd Avenue Northwest	Andover	55304	763-757-2340

"KEEPERS OF THE GAME"



Graham, Gary	11825 Bluegill Drive	Sauk Centre	56378	
320-352-2881				
Gross, John	6745 3rd Avenue Southeast	Medford	55049	
507-451-9533				
Gustafson, Gary	2246 Thomas Lane	White Bear Lake	55110	
651-777-0286				
Heikkinen, Marv	2806 Solway Road	Menahga	55733	218-628-1663
Herges, Pete	PO Box 66	Albany	56307	320-845-2981
Hill, Ken	1031 3 1/2 Avenue North	Sauk Rapids	56379	320-252-4035
Hofland, Niel	201 2nd Street West	Chokio	56221	320-324-7363
Jacobson, Kenneth	517 Park Street	Chatfield	55923	507-867-4759
Konrath, Fred	2227 Foxtail Court	Lino Lakes	55110	651-426-0752
Kostich, Dan	109 37th Avenue South	Moorhead	56560	218-233-1079
Larson, George	444 Maple Dell Road	Cambridge	55008	763-689-2371
Lipelt, Roger	740 Quantico Lane North	Plymouth	55447	763-478-5549
Lubarski, Conrad	909 Bradford PO Box 1	Argyle	56713	218-437-6354
Mader, Jim	PO Box 330	Albany	56307	320-845-2814
Mahoney, Tom	802 South Orient	Fairmont	56031	507-235-9114
Manke, Rick,	18135 Willow Springs	Detroit Lakes	56501	218-847-7106
Martin, Bill	2785 Matilda Street	Roseville	55113	651-484-6416
Menage, Elmer	816 North Estey	Luverne	56156	507-283-2479
Mork, Paul	2166 Regent Drive	White Bear Lake	55110	651-429-6429
Nigon, David	2606 Rivers Bluff Lane	Anoka	55303	763-571-9116
Olson, Warren	569 Rice Creek Terrace	Fridley	55432	763-571-2297
Peterson, Bob	Box 262	Esko	55733	218-879-4908
Peterson, Lloyd	112 Ranch Avenue	Marshall	56258	507-532-5916
Quenette, William	3616 5th Street South	Moorhead	56560	218-233-7752
Robinson, Ron	415 South Range Road	Springfield	56087	507-723-4718
Roff, Dan	5470 Vinewood Lane	Plymouth	55441	763-550-1109
Roham, Dan	405 3rd Street	Belview	56214	507-938-4274
Scanlan, Mal	1938 Fairmont Avenue	St Paul	55105	651-699-7877
Schneider, Gregg	1391 Valley View Road	Chaska	55318	952-448-5667
Scott, Ron	12816 Jonquil Street NW	Coon Rapids	55448	612-546-3262
Siegle, Al	PO Box 273	Pelican Rapids	56572	218-863-5861
Simser, Jim	940 Liberty Lane	Fairmont	56031	507-235-8689
Strand, Richard	Box 316	Mayville, ND	58257	701-430-1562
Stoterau, Dennis	114 W Chestnut Street	Redwood Falls	56283	507-644-8063
Swanson, Don	4222 Chowen Avenue North	Robbinsdale	55422	763-533-9083
Swanson, Keith	114 Dakota Avenue	Hoffman	56339	320-986-2697
Taylor, Dean	32899 Apache Lane	St. Joseph	56374	320-253-2525
Thole, George	2114 Fair Meadows Road	Stillwater	55082	651-439-5991
Taurig, Leo	812 South Payne Street	New Ulm	56073	507-354-8376
Waldner, Pat Bruno	6408 Brook Lane	Savage	55378	952-447-3504
Walker, Richard	7420 Edinborough #6315	Edina	55435	952-806-9922
Wallskog, Jerry	331 N Montgomery Avenue	LeCenter	56057	507-357-6459
Wemeier, George	1624 Waterbury	Waconia	55387	952-442-5432



2007 NFHS Football Rules Changes

1-2-3d New: A 4-inch-wide broken restraining line shall be placed around the outside of the field, at least 2 yards from the sidelines and end lines, as an extension of the line limiting the team box area.

1-2-3k New: A line, 4 inches wide and a minimum of 24 inches in length, shall be centered in the field of play, three yards from each goal line.

1-5-1c4: Beginning in 2012, players of the visiting team shall wear white jerseys that have additional limitations as to how much color may be on its jerseys. Also, the home team has additional limitations as to how much white may be on its jerseys.

1-5-2c: Beginning in 2008, forearm pads must have a securely attached label or stamp (NFHS/ NCAA specifications) indicating compliance with test specifications on file with the Sporting Goods Manufacturers Association as of January 1, 1994.

2-16-2c New: A new definition has been added to define a flagrant foul.

2-20, 9-4-3i, 9-4-3; Note New: Helmet Contact -- Illegal: is an act of initiating contact with the helmet against an opponent. Three revisions dealing with illegal helmet contact are an attempt by the rules committee to reorganize the existing rules and definitions by bringing them under one heading.

2-32-11: A passer is a player who throws a legal forward pass. He continues to be a passer until the legal forward pass ends or until he moves to participate in the play.

3-5-2a: If the head coach has been disqualified, a “new” head coach may be designated for the purpose of requesting time-out(s).

8-2-2: When there is a foul by the opponent of the team scoring a touchdown, an enforcement option has been added. The offended team can accept the result of the play; choose to have the penalty enforced on the try; or choose to have the penalty enforcement on the free kick.

10-4-6; 10-4-7 New: A new basic spot has been defined for plays where a fumble goes from the end zone onto the playing field and then out of bounds.

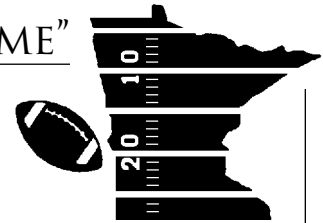
9-, 8-, and 6-player: The free blocking zone has been reduced to a zone that is a square area extending laterally 3 yards either side of the spot of the snap and 3 yards behind each line of scrimmage.

Editorial and Other Changes

1-3-5b, c; 1-5-1a NOTE; 1-5-1f1b; 1-5-2a, b; 1-5-3d; 1-5-3n; 1-6-2; 2-8; 2-12-1, 2; 2-27; 3-1 Table; 3-2-1, OVERTIME 3-2-1; 4-2-2h; 4-2-3 Note; 5-1-2a; 5-1-4, 6-1-5, 6; 6-2-3, 4, 5; 6-5-6a; 7-1-5; 7-5-8; 9-3-4a; 9-6-3; 9-6-4a, d; 9-9-3; 10-2-2, 3; Fundamentals II-2

Points of Emphasis

1. Blocking by Offense and Defense
 2. Heat and Hydration
 3. Player Equipment and Uniform Adornments
 4. Sportsmanship
- Courtesy of the National Federation of State High School Associations (nfhs.org)_Posted 6/25/07



RECRUITING FAIR 2007

The 5th annual MSHSFA Recruiting Fair was held on May 7th at the Double Tree Hotel.

34 colleges attended and met with coaches from over 30 Minnesota high schools. Over 700 Minnesota Juniors were represented in the booklet, the most ever.

This event raised approximately \$2000 for the MSHFCA.

The goal is to continue to increase the size and scope of this event, with more high school and college coaches attending every year. It is a great service that we can offer to our players to enhance their exposure, and the college coaches love it.

A special thank you to Rob Nielson and Flint Motschenbacher for inputting the data sent in by coaches and printing the booklets.

Jeff Ferguson, of Totino Grace, did a great job organizing and coordinating the event.

MHSFCA Local Mini-Clinics

The purpose of these mini-clinics is to establish local gatherings where two or three speakers present to an audience of coaches in a social setting. There will be no fee for attending these gatherings.

Mini-clinics will be set-up locally by coordinators who come forward and express interest in setting up a gathering at a location of their choice. The MHSFCA will publish a list of locations and dates in future publications as well as its website www.mnfootballcoaches.com

If interested in setting-up and coordinating a mini-clinic, Contact Claud Allaire at (651)552-1722 or claud.allaire@comcast.net

Changing Conferences

Several conferences are undergoing changes.

This will be the last year of the Rum River Conference, which has had a long, successful tradition in football, although it has seen its fair share of changes over the years, as teams have moved in and out of the Rum River on several occasions.

Having been a ten team conference only a couple of years ago, the Rum is now down to five members; Zimmerman, Pine City, Mora, Milaca, and Foley. The other five members had left for "bigger" school conferences such as the North Suburban and the new Mississippi Eight. And when Foley departs for the West Central Conference, that will leave the Rum with only four schools, which means, under MSHSL policy, it will disband.

That means that those four teams will be looking for a new conference to join. Zimmerman has applied to the Mississippi 8 and Wright County, while Milaca and Mora are also looking at either the West Central or Wright County. Pine City has applied to the Great River, though it is meeting resistance there, since Pine City's enrollment would make it the largest school in that conference.

That puts these schools in a "holding pattern" as they await their possible acceptance into the new conferences, or if that doesn't happen, they will wait to be placed into a conference by the MSHSL.



Changing Conferences

And the Wright County has recently undergone more changes. Orono will be joining it this season, while Mound-Westonka, who just recently joined, will be dropping out of the Wright’s football schedule.

The Tri-Metro Conference is adding two new members, with the addition of St. Anthony and Brooklyn Center. This puts their total membership at eleven teams. This larger number of teams has necessitated the creation of two divisions in the Tri-Metro.

The new East division will consist of Brooklyn Center, St. Agnes, St. Bernard’s, St. Croix Lutheran, St. Paul Academy/Mounds Park Academy. It might be noted here that there has been some speculation that St. Agnes high school may be closed due to decreased enrollment concerned, although at this time, St. Agnes still remains open.

The West division will be comprised of Breck, Concordia Academy, DeLaSalle, Minnehaha Academy and St. Anthony.

The Tri-Metro teams will play all teams in their respective divisions and have at least two “cross-over” games.

The Polar A, AA and Great River Conferences have joined forces beginning in 2007. The break down by division is as follows.

The GPFA shall be divided into Red, White and Blue Divisions as follows:

We’re excited about the chance at some equitable play that has been missing for a few years in our conferences.

The name of our conference is the Great Polar Football Alliance (GPFA).

RED

Barnum
Carlton
Chisholm
Cook County
East Central
Ely
Mesabi East
Nashwauk-Keewatin
Ogilviet
Onamia

WHITE

Deer River
Esko
Greenway
Marshall
Moose Lake/Willow River
Two Harbors

BLUE

Aitkin
Braham
Crosby-Ironton
Hinkley-Finlayson
Pine City
Rush City

The 2007 season will hold some changes in Northern Minnesota football...the Valley Plains and North Star Conferences will be joining to make the Northern Plains Football Conference... there will be two divisions A and AA.

Valley Plains and North Star are no longer, they are currently called the Northern Plains FB Conference with the addition of Frazee and Agassiz Valley from the HOL...

The Heart O’Lakes conference has disbanded after many years of existence. This leaves Breckenridge, Dilworth-Glyndon-Felton, Pelican Rapids and West Central looking for a conference and probably being placed into a conference by the MSHSL.



The Camp Outreach Program

Another new initiative of the MHSFCA Executive Committee is the Camp Outreach program, which began in the summer of 2005. The program is being coordinated by Wayne Petermeier, head football coach at Browerville high school. In this program, high school football coaches in Minnesota can contact another football coaching staff in order to coordinate a football coaching clinic for their own coaching staff. It is a great way for coaches to learn from other coaching staffs about offensive, defensive, special teams and get some excellent, firsthand knowledge from coaches who are currently using specific offensive, defensive, or other strategies successfully in Minnesota, at the high school level. It gives coaching staffs an opportunity to "pick the brain" of other coaches concerning techniques, program building, conditioning, or just about any topic they can think of regarding high school football.

The clinics presented through this program are free for the staff that makes the request, with the assistance of Coach Petermeier. The high school staff that presents the program is paid \$500 by the MHSFCA, with funding provided by the Minnesota Vikings. Two high school staffs have already taken advantage of the new initiative and there is currently funding for more.

Coaches who wish to utilize this worthwhile program, or would like further information, should contact Wayne Petermeier. Contact information for coach Petermeier is listed below.

Wayne Petermeier
PO Box 45
Browerville, MN 56438
Email: ribsy@browerville.k12.mn.us

Coaching Changes in Minnesota High School Football

Note: Below are just some of the coaching changes in the state, that were known at press time.

Deer River

Steve Ott retired after a very successful career. The new head coach is Paul Miller, who had previously been the head coach at Hamline, St. Olaf, Burnsville, South St. Paul, Apple Valley and Jordan.

Mahtomedi

Wally Malmstrom retired after a very successful career as the Zephyrs head coach. Mahtomedi had had only two head coaches since the 1950's as Malmstrom had taken over for George Smith, who had been the Mahtomedi head coach for over 40 years. The new coach for the Zephyrs will be Dave Maetzold.

Mayer Lutheran

Dean Aurich has been brought back to coach the Crusaders after a two year absence, when the previous coaching staff resigned. Aurich had been the Mayer Lutheran head coach for many years previously, before stepping down and being an assistant at Mound-Westonka.

Melrose

Daryl Oja retired as head football coach after 18 seasons.

Minneapolis North

Richard Wilson left the Polars to become the head coach at Arkansas Baptist College and the new coach for North will be former assistant coach Tony Patterson.

North St. Paul

The Polars are seeking to replace Eric Longtin as head coach

Park Center

Terry Westerman has stepped down as the Pirates head coach.

Red Wing

Red Wing's Paul Schmit has retired after 19 seasons as head football coach. Before that, he was a Wingers assistant for 14 years. Red Wing's new head coach will be Kevin Horvat, who had previously been an assistant coach for the Wingers.

St. Agnes

Jason Finne has been named the new head football coach for the Aggies.



“FOOTBALL IS MINNESOTA’S GAME”

MHSFCA Conference Representatives

Listed below are the names of the MHSFCA conference delegates who represent their respective conferences to the Association. Please note any misprints, mistakes, or errors and address them to the MSHFCA Secretary, Terry Turek.

These are the coaches who are responsible for carrying information to and from conferences on behalf of the Association and MSHSL matters. They are a vital link in the entire process and the

Association will only improve as these members are utilized to the fullest.

Conference representatives should have a “checklist”, created by Wayne Petermeier of Browerville, that will help organize MHSFCA duties. Please contact Coach Petermeier or visit the website to obtain a checklist <www.mshsca.org/football/index.htm>

Conference

Representative

CLASS 5A

Coach, School	
Big Nine	James Miller, Rochester Mayo
Central Lakes	John Ross- Sartell
Northwest Suburban	Shannon Gerrety, Blaine
Suburban East	Jim Galvin, Mounds View
St. Paul	Jeff Plaschko, St. Paul Johnson
Classic Lake	Dave Nelson, Minnetonka
Lake	Mike Fritze, Apple Valley

CLASS 4A

Classic Suburban	Tom Orth, Henry Sibley
North Suburban	Will Wackman, Spring Lake Pk.
Minneapolis	Peter Haugen- Washburn
Missota	Tony Buthe, New Prague/B. Sullivan, Northfield
Rum River	Larry Herm, Foley
Mississippi 8	Dwight Lundeen, Becker
North Country	Flint Motschenbacher, Detroit Lakes

CLASS 3A

Hiawatha Valley Blue	John Austinson, Byron
Sea Range	Dave Hylla-Proctor
Wright County	Paul Lemke, Glencoe-Silver Lake
West Central North	Jamie Kinzer, St. Cloud Cathedral
West Central South	Scott Gonnerman, Benson
Minnesota River	Tony Barnack, Montgomery-Lonsdale
Northern Lakes	Jeff Mumm, Thief River Falls
South Central	Marc Bachman St. Peter
Southwest	Erin Elder, Windom/Denny Hale, Worthington

CLASS 2A

Tri-Metro	Todd Niklaus, St. Anthony
Polar 2A	Dave Louzek, Moose Lake- WR
Polar 1A	Charlie Campbell, Nashwauk-Keewatin

Conference

Representative

Hiawatha Valley Gold	John Austinson-Byron
Heart-O-Lakes	Dave Haugen-Pelican Rapids
Three Rivers N/S	Bill Ihrke, Plainview-EM
Gopher/Valley 2A	Jon
Bakken-Waterville-Elysian-Morristown, Waterville	
Great River	
Northern Plains-2A	Randy Schwegel-Pine River-Backus,
Pine River	
Central Minnesota	Ray Tri Eden Valley-Watkins
	Kyle Inforzato, Kimball

CLASS 1A

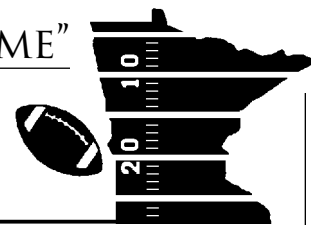
Prairie South	Wayne Petermeier-Browerville
Prairie North	Don Seipkes-Ottertail Central(Henning)
Gopher/Valley 1A	Ken Helland, LeCenter
Northern Plains- 1A	Peder Naatz, Hawley
Little Sioux/Red Rock	Kent Mikkelsen, RTR
Southern Minnesota	

CLASS 9 MAN

Great Northern	Wally Kostich, Mtn. Iron-Buhl
Pheasant North	Mike Mahlen-Verndale
Pheasant South	
Top-of-the-State	Parker, Scott, Marshall County Central HS
Southwest Ridge	Dan Ellingson-Hills Beaver Creek, Hills
North Tri-County	Darrin Byklum-Fisher/Climax
Southern Confederacy East	Jim Utermarck- Truman High School.
Southern Confederacy West	

INDEPENDENT	Flint Motschenbacher-Detroit Lakes
-------------	------------------------------------

Coaches Checklist



Things That Should be Discussed at Your Conference and Section Meetings

- Everyone should be part of the MHSFCA. That means that you must sign up for the MHSFCA as well as the MSHSCA. You must check off FOOTBALL and pay the extra money. You need this as a head coach for any player or coaching award!

- Who is our candidate for Coach of the Year?
- Do you have a candidate for Assistant Coach of the Year? This person would need to be a current or former Butch Nash Award winner.

- Do we feel we have anyone that is qualified to play in the All Star game?

- Do we feel we have anyone that is qualified for the Mr. Football Award?

- Make sure you send in your Academic All State team and find out who to send it to.

- Make sure you send in your Academic All State individual and find out who to send it to.

- Remember to update your email and your as-

sistants email with Flint Motschenbacher of Detroit Lakes.

- List any retired coaches in your area that may be interested in becoming a coaching mentor in the “Coach to Coach” program.

- Are there any teams interested in the MHSFCA football camp scholarship? Make sure to complete the proper form and send it to Wayne Petermeier of Browerville.

- It is the responsibility of the conference representative to attend the fall and spring meetings each year. If you are unable to attend please be sure to have someone from the conference attend the meeting.

- It is the responsibility of the conference representative to submit a conference summary to the MHSFCA Secretary, see page 118 for complete details.

IMPORTANT CONTACT NAMES FOR FORMS AND AWARDS

Individual Academic Selection Committee

Class	Name	School	Fax number
9 Man	Mike Mahlen	Verndale	218-455-5185
Class 1A	Wayne Petermeier	Browerville	320-594-8105
Class 2A	Steve Solom	BOLD	320-523-5410
Class 3A	Scott Tschimperle	Glencoe-Svr Lk	320-864-6475
Class 4A	Rick Sutton	Eagan	651-683-6910
Class 5A	Todd Olson	Richfield	612-798-6129
Chairman	Mike Watson	Centennial	763-792-5039

Team Academic Selection Committee

Class	Name	School	Fax number
9 Man	Dave Krenik	Cleveland	507-931-9088
Class 1A	Wayne Petermeier	Browerville	320-594-8105
Class 2A	Tony Barnack	Montgomery	507-364-8103
Class 3A	Dave Hylla	Proctor	218/628-4937
Class 4A	Bubba Sullivan	Northfield	507-645-3455
Class 5A	Dave Nelson	Minnetonka	952-401-5905
Chairman	Con Natvig	Browerville	(320) 547-2902

Butch Nash
Jim Dotseth
4180 Trenton Ln. N.
Plymouth, MN 55441

Hall of Fame
Scott Tschimperle
stschimperle@gsl.k12.mn.us
Paul Lemke
plemke@gsl.k12.mn.us

Mr. Football
Clay Anderson
Albert Lea High School
canderson@albertlea.k12.mn.us

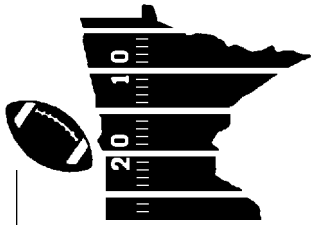
Summer Camp Information

Wayne Petermeier, Browerville ribsy@browerville.k12.mn.us 320-594-8111

ALL THE FORMS NEEDED ARE AVAILABLE ON THE MHSFCA WEBSITE:

www.mshsca.org/football/index.htm

www.mnfootballcoaches.com



“FOOTBALL IS MINNESOTA’S GAME”

Mr. Football Award

An annual award recognizing Minnesota’s
best high school football player.

Sponsored by:

Minnesota High School Football Coaches Association, Coach of the Year Clinic, Minnesota Vikings

National Football Foundation Hall of Fame

Nomination Form

Award Criteria

- Recipient must be a graduating senior.
- The head coach of all nominees must be a current member of the MHSFCA.
- Nominees cannot have any MSHSL eligibility violations.
- Each player must be nominated by their conference/MHSFCA representative.
- Conference Nominations
 - Class 5A and 4A conferences will be allowed to nominate two players, if need be.
 - Class 3A, 2A, 1A, and 9 Man conferences will nominate one player.
 - Independent schools will be classified as “one conference”.

Selection Process

- Conference Representatives submit nominees by November 5th.
- Selection Committee evaluates nominees and chooses 10 finalists by December 15th.
- The ten finalists will be required to submit one complete game tape to the committee.
- Banquet is held in conjunction with Coach of the Year clinic.

Player’s Name _____

School _____ Conference _____

Head Coach _____ Current MHSFCA member ? Yes No

Position(s) Played _____

Copy this page and use the back of the form to include statistics, recommendations, and any other information regarding the nominee(s).

Coaches are to mail, fax, or email the form(s) to the Committee chairman.

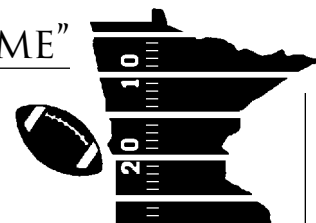
Clay Anderson

Albert Lea High School

Email: canderson@albertleal.k12.mn.us

Mr. Football Committee

Chairman Clay Anderson, Albert Lea, Mike Fritze, Apple Valley
Dwight Lundeen, Becker, Don Swanson Retired Coaches Representative, Ron Stolski Brainerd,
Terry Turek, Le Sueur-Henderson, Kevin Ryherd, National Football Foundation Hall Of Fame,
Scott Gonnerman, Benson, Jeff Weiland, Orono, Rick Sutton, Eagan



Mr. Football 2006

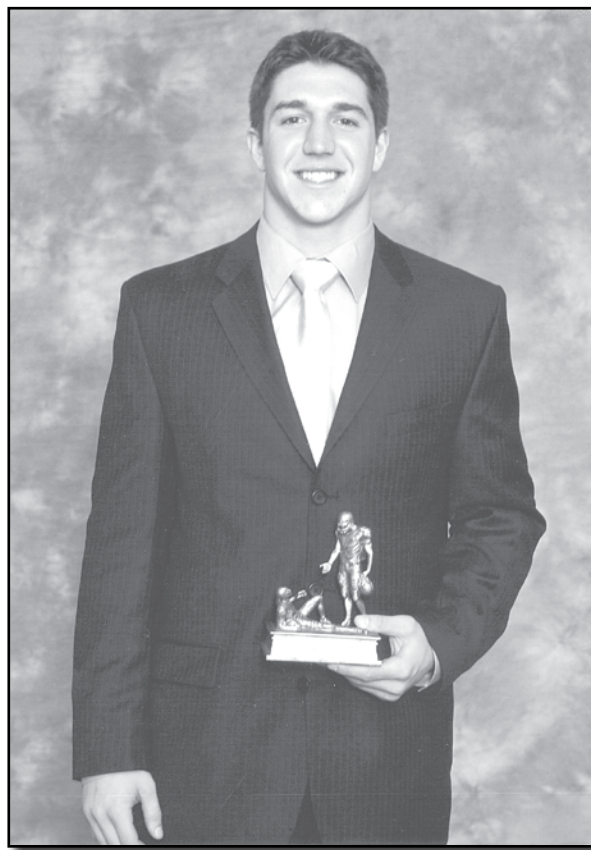
Blake Sorenson

Eden Prairie

Eden Prairie linebacker and running back Blake Sorenson was chosen as Mr. Football for 2006. A leading tackler for the Eagles', the 6-foot-1, 215-pound senior also helped Eden Prairie win the Class 5A state title. Sorenson's head coach is Mike Grant.

The other finalists were Dan Dobson of Mankato West, Spencer Ohm of Blooming Prairie and Joe Springer of Cretin-Derham Hall, running backs/defensive backs Tony Kubes of New Prague and Bryan Virnig of Pierz, tight end/defensive end Matt Veldman of Becker, and linemen Trey Davis of Farmington, Steve Herold of Sartell and Scott Horvath of Eastview.

The award is presented to a senior football player and is chosen by a committee chaired by Clay Anderson, head football coach at Albert Lea. The Mr. Football banquet was held on Dec. 9th, 2006 at the Double Tree Hotel.



Mr. Football Award Committee

Coach	School		
Anderson, Clay	Albert Lea	Weiland, Jeff	Orono
Lundeen, Dwight	Becker	Sutton, Rick	Eagan
Swanson, Don	Retired	Fritze, Mike	Apple Valley
Stolski, Ron	Brainerd		
Turek, Terry	Le Sueur-Henderson		
Rynerd, Kevin	National Football Foundation Hall Of Fame		
Gonnerman, Scott	Benson		



"FOOTBALL IS MINNESOTA'S GAME"

Competitive Section Assignments for 2007-08

Section and classes were affected by the MSHSL's new enrollment calculation. School's enrollments in grades 9-12 are totaled, rather than grades 9-11, as had been done in the past. Additionally, 40% of the free/reduced lunch program students are subtracted from a school's enrollment figure. And another change was allowing schools that had 50% or more of their student enrollment to "opt down" a class.

This change in the process caused more "movement" by teams between sections and classes.

CLASS 9MAN

Section: 1

Glenville-Emmons High School
Grand Meadow High School
Houston High School
Lanesboro High School
LeRoy-Ostrander High School
Mabel-Canton High School
Spring Grove High School
Coop: 834
Austin Pacelli High School
Lyle High School

Section 2

Alden-Conger High School
Elmore Academy
Great River School
Holy Trinity High School
Janesville-Waldorf-Pemberton H.S.
Madelia High School
Minnesota State Academy for the Deaf
Nicollet High School
Truman High School

Section: 3

Edgerton High School
Hancock High School
Westbrook-Walnut Grove High School
Wheaton High School
Coop: 283
Ellsworth High School
Hills-Beaver Creek High School
Coop: 715
Chokio-Alberta High School

Herman-Norcross High School
Coop: 935
Lake Benton High School
Lincoln H I High School

Section: 4

AlBrook High School
Cotton High School
Cromwell High School
Floodwood High School
Hill City High School
Isle High School
McGregor High School
Northland High School
Silver Bay (Wm. Kelley) High School
Wrenshall High School

Section: 5

Bertha-Hewitt High School
Eagle Valley High School
Hillcrest Lutheran Academy
Underwood High School
Verndale High School
Coop: 125
Brandon High School
Evansville High School
Coop: 149
Campbell-Tintah High School
Coop: 658
Ashby High School
Country Bible Christian

Section: 6

Ada-Borup High School
Laporte High School
Nevis High School
Norman County East High School
Norman County West High School
Ulen-Hitterdal High School
Waubun High School

Win-E-Mac High School
Coop: 991
Park Christian High School

Section: 7

Babbitt-Embarrass High School
Bigfork High School
Cherry High School
Cook High School
Littlefork-Big Falls High School
Mesabi Academy School
Mountain Iron-Buhl High School
Orr High School
Tower-Soudan High School

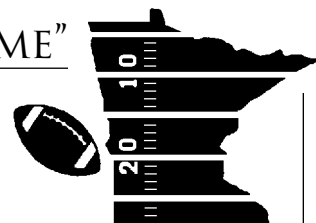
Section: 8

Clearbrook-Gonvick High School
Red Lake County Central
Sacred Heart High School
Stephen-Argyle Central High School
Coop: 210
Climax High School
Fisher High School
Coop: 315
Goodridge High School
Grygla-Gatzke High School
Coop: 331
Kittson Central High School
Lancaster High School
Coop: 375
Kelliher High School
Northome High School
Coop: 420
Marshall County Central H. S.
Tri-County High School

CLASS A

Section: 1
Blooming Prairie High School

“KEEPERS OF THE GAME”



Fillmore Central High School
Goodhue High School
Lewiston-Altura High School
Rushford-Peterson High School
Randolph High School
Wabasha-Kellogg High School
Coop: 852

El Shaddai School
Medford High School
Coop: 890
Bethlehem Academy
Discovery Public School of Faribault

Section: 2
Buffalo Lake-Hector High School
Le Center High School
Mankato Loyola High School
Mc Leod West High School
New Ulm Cathedral High School
Saint Clair High School
Sleepy Eye High School
Sleepy Eye Saint Mary's High School
Coop: 319
Granada-Huntley-East Chain H.S.
Martin Luther High School

Section: 3
Adrian High School
Fulda High School
Murray County Central High School
Red Rock Central High School
Springfield High School
Wabasso High School
Coop: 137
Butterfield-Odin High School
Mountain Lake High School
Coop: 163
Cedar Mountain High School
Comfrey High School
Coop: 919
Round Lake-Brewster
Southwest Star Concept H.S.

Section: 4
Lester Prairie High School
Ogilvie High School
PACT Charter School
Royalton High School
Saint Agnes High School
Saint Bernard's School
West Lutheran High School
Coop: 506
Swanville High School
Upsala High School

Section: 5
Belgrade-Brooklyn-Elrosa H.S.
Canby High School
Dawson-Boyd High School

Kerkhoven-Murdock-Sunburg H.S.
Lakeview High School
Minneota High School
Ortonville High School
Renville County West High School
Russell-Tyler-Ruthton High School

Section: 6
Browerville High School
Cass Lake-Bena High School
Lake Park-Audubon
Mahnomen High School
New York Mills High School
Osakis High School
Parkers Prairie High School
Pillager High School

Section: 7
Barnum High School
Carlton High School
Chisholm High School
Cook County High School
East Central High School
Ely High School
Nashwauk-Keewatin High School
Onamia High School

Section: 8
Blackduck High School
Fertile-Beltrami High School
Fosston High School
Lake of the Woods H.S.
Red Lake Falls High School
Red Lake High School
Warren-Alvarado-Oslo High School
Coop: 56
Badger High School
Greenbush-Middle River High School

CLASS AA

Section: 1
Caledonia High School
Chatfield High School
Dover-Eyota High School
Kingsland High School
Pine Island High School
Saint Charles High School
Winona Cotter High School
Zumbrota-Mazeppa High School

Section: 2
Hayfield High School
Kenyon-Wanamingo High School
Montgomery-Lonsdale High School
New Richland-H-E-G H.S.
Southland High School
Triton High School
United South Central High School

Coop: 816
Cannon
Valley
Lutheran
Waterville-
Elysian-Morristown H.S.

Section: 3
Jackson County Central High School
Lake Crystal-Wellcome Memorial
Luverne High School
Martin County West High School
Minnesota Valley Lutheran
Pipestone Area High School
Saint James High School
Tracy-Milroy-Balaton High School
Windom Area High School

Section: 4
G-F-W High School
Howard Lake-Waverly-Winsted H.S.
Kimball Area High School
Maple Lake High School
Mayer Lutheran High School
Norwood-Young America High School
Coop: 926
Concordia Academy-Bloomington
New Life Academy of Woodbury
Coop: 996
Heritage Christian Academy
Providence Academy

Section: 5
Atwater-Cosmos-Grove City H.S.
B O L D High School
Benson High School
Eden Valley-Watkins High School
Lac qui Parle Valley High School
MACCRAY High School
Paynesville Area High School
Yellow Medicine East H.S.

Section: 6
Breckenridge High School
Holdingford High School
Long Prairie-Grey Eagle H.S.
Morris Area School
Pierz High School
Saint John's Prep(will not compete in section)
Wadena-Deer Creek High School
West Central Area School
Coop: 74
Battle Lake High School
Henning High School

Section: 7
Deer River High School



"FOOTBALL IS MINNESOTA'S GAME"

Greenway
High School
Hinckley-
Finlayson
High School

Marshall School, Duluth
Mesabi East High School
Rush City High School
Coop: 61

Moose Lake High School
Willow River High School

Coop: 642
Braham High School
Grace Christian School/Grasston

Section: 8
Dilworth-Glyndon-Felton H.S.
Frazee High School
Hawley High School
Pelican Rapids High School
Pine River-Backus High School
Walker-Hackensack-Akeley H.S.

Coop: 62
Barnesville High School
Rothsay High School

Coop: 430
Menahga High School
Sebeka High School

Coop: 1019
Bagley High School

CLASS AAA

Section: 1
Byron High School
Cannon Falls High School
Kasson-Mantorville High School
La Crescent High School
Lake City High School
Plainview-Elgin Millville High School
Rochester Lourdes High School
Stewartville High School

Section: 2
Blue Earth Area High School
Fairmont High School
Jordan High School
LeSueur-Henderson High School
Maple River High School
Saint Peter High School
Waseca High School
Coop: 693
Belle Plaine High School
Holy Family Academy

Section: 3
Annandale High School

Glencoe-Silver Lake High School
Litchfield High School
Montevideo High School
Redwood Valley High School
Sibley East High School
Watertown-Mayer High School
Worthington High School
Coop: 1084
Dassel-Cokato High School
Rokala Home School

Section: 4
Blake School (The)
Concordia Academy-Roseville
DeLaSalle High School
Minneapolis Edison High School
Minneapolis Roosevelt High School
Minnehaha Academy
Saint Anthony Village High School
Saint Croix Lutheran High School
Saint Paul Humboldt High School

Section: 5
Breck School
Holy Family Catholic High School
Minneapolis Patrick Henry H. S.
Mora High School
Pine City High School
Rockford High School
Zimmerman High School
Coop: 1141
Ascension Academy
Brooklyn Center High School

Section: 6
Albany High School
Foley High School
Melrose Area High School
Milaca High School
Minnewaska Area H.S.
New London-Spicer High School
Saint Cloud Cathedral High School
Sauk Centre High School
Staples-Motley High School

Section: 7
Aitkin High School
Crosby-Ironton High School
Esko High School
Eveleth-Gilbert High School
International Falls H.S.
Proctor High School
Two Harbors High School
Virginia High School

Section: 8
Crookston High School
East Grand Forks High School

Park Rapids Area High School
Pequot Lakes High School
Perham High School
Roseau High School
Thief River Falls High School
Warroad High School

CLASS AAAA

Section: 1
Albert Lea High School
Austin High School
Faribault High School
New Prague High School
Northfield High School
Red Wing High School
Winona High School

Section: 2
Mankato East High School
Mankato West High School
Marshall High School
Mound-Westonka High School
New Ulm High School
Waconia High School
Willmar High School
Coop: 896
Hutchinson High School
New Century Charter School

Section: 3
Academy of Holy Angels
Minneapolis Washburn High School
Richfield High School
Saint Paul Highland Park
Saint Thomas Academy
Simley High School
South Saint Paul High School
Coop: 804
Mounds Park Academy
St. Paul Academy and Summit
School

Section: 4
Chisago Lakes Area High School
Hill-Murray School
Mahtomedi High School
North Branch High School
Saint Paul Arlington High School
Saint Paul Como Park H.S.
Saint Paul Harding High School
Coop: 681
City Academy
Saint Paul Johnson High School

Section: 5
Becker High School
Big Lake High School



HIGH SCHOOL FOOTBALL COMBINES

Wednesday, July 18, St. Cloud State University
Thursday, July 19, St. Mary's University (Winona)

** Individual Profile for Every Athlete*

** Results Sent To Every
College Football Program In
The Country, All Divisions*

** All Electronic Times*

** Open to Grades 9-12*

** Cost: \$75*

Register Online:

www.xcelsportstraining.net

For more information: 608-279-6960

***Guaranteed
National
Exposure!***



“FOOTBALL IS MINNESOTA’S GAME”

Delano High School
Monticello High School
Princeton High

School
Rogers High School
Saint Michael-Albertville H.S.

Section: 6
Columbia Heights High School
Fridley High School
Minneapolis North Community H.S.
Orono High School
Spring Lake Park High School
Totino-Grace High School
Coop: 95
Benilde-St. Margaret’s School
Groves Academy

Section: 7
Cloquet High School
Duluth Central High School
Duluth Denfeld High School
Duluth East High School
Grand Rapids High School
Hermantown High School
Hibbing High School

Section: 8
Detroit Lakes High School
Fergus Falls High School
Little Falls High School
Rocori High School
Saint Cloud Apollo High School
Sartell-Saint Stephen High School
Sauk Rapids-Rice High School

CLASS AAAAA

Section: 1
Farmington High School
Lakeville North High School
Lakeville South High School
Owatonna High School
Rochester Century High School
Rochester John Marshall
Rochester Mayo High School

Section: 2
Centennial High School
Irondale High School
Mounds View High School
North High School
Roseville Area High School
Stillwater Area High School
White Bear Lake Area High School

Section: 3

Apple Valley High School
Bloomington Jefferson High School
Bloomington Kennedy High School
Burnsville High School
Eagan High School
Eastview High School
Rosemount High School
Coop: 1080
Prior Lake Christian School
Prior Lake High School

Section: 4
Cretin-Derham Hall High School
Hastings High School
Henry Sibley High School
Park High School
Tartan High School
Woodbury High School
Coop: 1013
Minneapolis South High School
Minnesota Transitions Charter School
Coop: 1088
Saint Paul Central High School
Saint Paul Open School

Section: 5
Champlin Park High School
Maple Grove High School
Park Center High School
Robbinsdale Armstrong High School
Robbinsdale Cooper High School
Wayzata High School
Coop: 944
Maranatha Christian Academy
Osseo High School

Section: 6
Chaska High School
Eden Prairie High School
Edina High School
Hopkins High School
Minneapolis Southwest High School
Minnetonka High School
Saint Louis Park High School
Shakopee High School

Section: 7
Andover High School
Blaine High School
Cambridge-Isanti High School
Coon Rapids High School
Forest Lake High School
Saint Francis High School
Coop: 956
Anoka High School
Meadow Creek Christian School

Section: 8
Alexandria High School
Bemidji High School
Brainerd High School
Buffalo High School
Moorhead High School
Saint Cloud Tech High School
Coop: 1140
Elk River High School
Spectrum High School

MINNESOTA

HIGH SCHOOL FOOTBALL COACHES ASSOCIATION

The Minnesota High School Football Coaches Association will award four \$500 scholarships to students who are currently enrolled in a Minnesota High School and are members of their high school football team.

Eligibility

- Applicant must plan to be enrolled in college for the 2008-09 academic year.
- A minimum grade point average of 3.0 (B) is required. The student's high school transcript must accompany the application.
- Student must write a 250word essay that describes how the sport of football has impacted their life.
- Essay must be typed.
- Application must be accompanied by two letters of recommendation from high school faculty members familiar with the student's academic and extra-curricular achievements.
- Head Football Coach must be a member of the MHSFCA.

Submission of Application

Submit the application and all other material required to:

MHSFCA Football Scholarship
Attn: Will Wackman
8001 Able St.
Spring Lake Park, MN 55432

Applications must be postmarked by February 1, 2008

Application will be judged on the following criteria

1. Academics
2. School/Community Involvement
3. Essay
4. Athletic Achievement
5. Letters of Recommendation

Notification and payment

The scholarship winner will be chosen by a committee of MHSFCA members and will be announced by May 15, 2008. The check will be mailed to the college during the summer of 2008 following verification of enrollment.

For Additional Information:

Contact Will Wackman
8001 Able St., Spring Lake Park, MN 55432
Tel. (763) 786-5571 x 5126
wwackm@district16.org

MINNESOTA

HIGH SCHOOL FOOTBALL COACHES ASSOCIATION

Name: _____ School: _____

Permanent Address: _____

City/State/Zip: _____ Telephone: _____

School Address: _____

City/State/Zip: _____ Telephone: _____

SSN#: _____ Head Coach's Name: _____

Grade Point Average: _____ (on a 4.0 scale) ACT Composite Score: _____

Anticipated date of Graduation: _____ College Choice: _____

Verification of Application

By signing below, the student confirms that the information provided is accurate and that the essay was written by that same student. The student also asserts to his/her intent to attend a university or college in the fall of 2008. The school official confirms that all the information above is accurate and up-to-date.

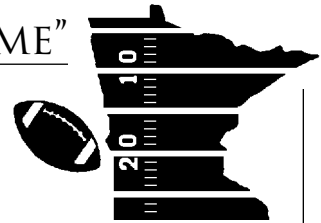
Student Signature: _____

School Official: _____ Signature: _____

Title: _____ Phone: _____

NOTE THESE ITEMS MUST BE RECEIVED WITH APPLICATION FORM:

- Official High School Transcript
- 250 Word Essay
- Two letters of Recommendation
- Activities Resume (including Athletic Achievement and School/Community Involvement)



Taking the parental fear out of coaching and the things that make our program successful



Left to Right: Charlie Cornell, Head Coach Jeff Mumm, Tim Olson, David Jobe, Carter Rogalla

Prowler Coaching Experience

Charlie Cornell - Assistant Coach (Defensive Coordinator, Linebackers) - 40 Years

Jeff Mumm, Head Coach (Quarterbacks, Specialty Teams) - 23 Years

Tim Olson, Assistant Coach (Offensive Coordinator, Offensive Backs, Defensive Ends) - 31 Years

David Jobe, Assistant Coach (Offensive & Defensive Line Coach) - 14 Years

Carter Rogalla, Assistant Coach (Defensive Backs, Receivers) - 12 Years

by Jeff Mumm

Head Football Coach, Thief River Falls

I Graduated from the University of Wisconsin-Superior, with a Bachelor of Science degree in Physical Education and Health, and later obtained my Masters Degree from Mankato State University. Participated in both football and baseball in college and played for a wonderful man “Mertz” Mortorelli.

I am currently employed by the Thief River Falls School District as a Physical Education Teacher and our Strength Training Coordinator. I’ve been the Head Football Coach for 22 years.

I also serve as the Assistant Track Coach and

Girls Varsity Assistant Basketball Coach and am currently coaching my daughters 6th grade traveling basketball team!

North Country Conference Champions - We were an independent from 1972-2000.

2001, 2003, 2004 & 2006,

Section 8AAA Champions: 2005 & 2006

Section 8A Runner-ups: 1992, 1994, 1995 & 1996

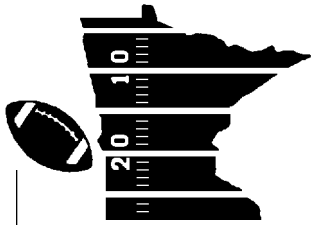
Academic State Champions: 1994, 1995, 1996, & 2003

High School - Clayton Wisconsin

On behalf of the Prowler Football program I’d like to thank the Minnesota High School Football Coaches Association for requesting an article from me for the MHSFCA’s annual summer magazine. We feel that our program is one of the finest in the state of Minnesota and we are truly honored to

share what we do best.

Over the years I’ve been asked to speak at many football clinics and the topic I feel most comfortable discussing is “Taking The Parental Fear Out Of Coaching And The Things That Make Our Program Successful.” We’ve always prided ourselves in



“FOOTBALL IS MINNESOTA’S GAME”

specialty teams and have made it a priority to run something unique and different on offense than who we play in our conference. We run the Straight “T”, Wing “T”, but it’s not your typical play selection and after running what we call the Shotgun “T” last year we will be adding the Spin this fall. When you watch us play for the first time we want you to leave thinking that we do an incredible job with our ball fakes and you had a hard time knowing who had the ball.

As football coaches we truly have the greatest jobs in the world! I feel like I need to give something back every single day to the kids, parents, school, community, and to the wonderful fraternity of football coaches. There’s no doubt that we (FB Coaches) do it better than anyone else and obviously have the strongest Association in the state of Minnesota. If we all give a little back we’ll continue to do what’s right for kids, set the tone for others to follow, and keep improving the great game of football.

I owe so much to so many people that if I started to list them I’d be sure to miss some. I need to thank so many coaches for their support, guidance, and taking the time to share ideas. As we become older football coaches we know it’s not always about winning and losing so remember to take the time and go out of

what we do
offensively,
defensively
(Split 4),

your way to make sure we’re letting the younger coaches know that they’re doing a great job. Football will be here long after we’re done, so let’s leave it a little better when we leave.

Coach Mumm

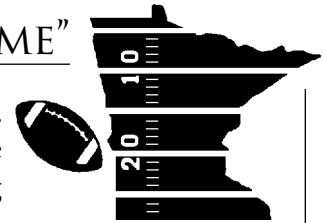
As the Head Football Coach here in Thief River Falls, I want to thank all the wonderful parents that I have had the opportunity to work with since 1985. You have helped mold our Football Program into one of the finest in the State of Minnesota and have given our program direction, meaning, and an identity.

When I was offered the job in Thief River Falls, I had no idea that I was taking over a program that needed a lot of direction and more importantly an identity. It was my first full time teaching job and my first head coaching opportunity. I put a lot of faith in Larry Hoff’s (Former Superior Senior high Football Coach - Superior, Wisconsin) remark when he said, “take the job, heck, you’ve got nowhere to go but up.” He was right in that comment, but I didn’t know it and would take almost 5 years to get this program going in the right direction. It resulted in (many sleepless nights), many set backs, loss of self-confidence, long hard hours, and financing that our district couldn’t afford. I could tell you a hundred horror stories that we went through, but I don’t have enough room to print all of them. However, I always like to tell the story about when 140 varsity game jerseys showed up

in our Athletic Directors office and he had no idea who ordered them, but more importantly who was going to pay for them. Russ Smith, our former Athletic Director at the time and a wonderful man who is no longer with us, let me have it. I can tell you one thing, if you knew Russ, he didn’t beat around the bush when he had something to say. I just said, “Don’t worry, I’ll find the money to pay for them along with the travel bags that will be coming in shortly!” I found the money (not our school district’s money, but my own) and the rest is history. My philosophy was “Don’t Tell Me What I Can’t Do.”

Thief River Falls has had some outstanding football coaches and some very successful seasons in its history, but with a constant turnover in coaches and specialization in the late 70’s and into the mid 80’s, the program was losing numbers due to (specialization), continuity, and that ever important, identity. With a losing football program, our student athletes didn’t want to be a part of it and the ones who did play didn’t try and better themselves because they were expected to lose.

My first season in 1985 always brings back many great memories. Going 0-8 and scoring 9 total points the entire season were some of my highlights that first season. Sitting in the auditorium during homecoming and listening to how our student body reacted to our captains being introduced was another great memory.



The student body clapped, laughed, and made some pretty rude comments about our football program. The thing that hurt me the most was it didn't seem to bother any of our football players. It was expected that they lose and not do things with CLASS. Even though things looked pretty dim, we didn't quit and our staff went to work, "Don't Tell Me What I Can't Do." Not on formations, plays, or blocking schemes, (we could x's and o's with the best of them, but we needed players to execute them) but on how we were going to develop a sound football program. The commitment was there from our coaching staff. We knew that all we needed was a commitment from our administration, student athletes, community, and the loving parents. That's right, THE LOVING PARENTS.

I think all of you will agree that if the parents understand what you are doing, they'll support you 100%. If you don't have the support of the parents, they'll kill you and your program. You can't make all parents happy, but my goal was to make the majority of them happy. When the ones who didn't support us spoke up, they were shut down by the majority who did support us and believed in what we were doing. Sounds pretty simple doesn't it? You have all had to deal with a handful of parents who don't like anything you do, I think all of us as coaches have been down that road before. My answer to that is this: DON'T GIVE THEM THE

CHANCE!!

If you really want to stay in this profession, which I think is the greatest job and fraternity that any professional can be associated with, don't ever let the parents:

#1. Question your time and commitment to the overall development of your football program. I know coaching is "extra-curricular" but if that's the way you approach it you won't be coaching very long! Your players deserve a full-time teacher (coach) just like they receive each and every day in the classroom. They don't want to play the game at half speed, they want to be well educated and knowledgeable of the game of football. Educate yourself and commit yourself to your program. It's not a part time job, it's a full time job. That's why football coaches (all coaches) are special. Besides being full time teachers, we are all full time coaches. Your co-workers should be amazed that you can operate a phenomenal classroom and football program. Don't forget about the classroom. This is where it all begins.

#2. Question your concern for their son's well being.

#3. Question your love and enthusiasm for your sport.

#4. Question your own desire for winning. Don't ever apologize for trying to win. Think about it this way: You have worked long and hard; you have sacrificed. Why should you let the other team win?

#5. Remind your players and parents that competition

is healthy.

They'll be competing all their life,

not just in football; in school, in the business world, and in nearly every other aspect of life.

#6. Don't let parents, or others, tell you that winning is not that important. Ones who try to convince you of that are those who can't win or be successful themselves. People like this don't want to win either.

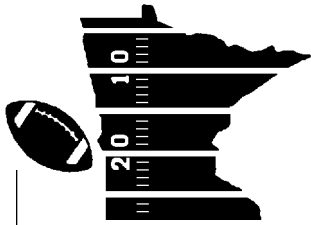
*If you really love your sport, you'll be able to maintain your desire to succeed. Don't fake enthusiasm. Some coaches do for a short time, but they can't keep it up. The practices become too long and too hard. When that happens, your lack of love for your sport will force you to leave. In other words, the parents will force you to leave.

*Many coaches start out with a love for their sport, but soon lose their enthusiasm when they don't achieve immediate success. It's important to always maintain enthusiasm for your sport. Each victory brings renewed enthusiasm, which makes you work even harder.

#7. Surround yourself with quality people who love their jobs as football coaches. Everyone will pick up on each other's enthusiasm, it's very contagious.

#8. Let the parents know what you expect from their sons. Don't have a hidden agenda and stay consistent.

If you can stay away from this type of criticism, your coaching tenure will be



“FOOTBALL IS MINNESOTA’S GAME”

long and prosperous.

When we talk about

Prowler Football, we truly believe that if you participate in our program you’ll have A LIFE-TIME OF MEMORIES. This message is printed on all of our t-shirts that our football players receive. Our t-shirts also have the “word for the year” that our Seniors choose.

The things that make our program successful

Instill pride

1. Show CLASS on and off the football field. Even though academics is the most important reason as to why kids attend high school, athletics remains the most visible. The way in which schools are viewed, (right or wrong) is based on how the public views us from the bleachers. Like Dr. David Hoch stated in his article in Coach & Athletic Director, “It is probably the taxpayers only first hand observation of the school’s effectiveness.” YOUR EFFECTIVENESS AS A COACH.

2. No individuality. Our program is not any more important than any other activity at LHS.

3. Our school district does not purchase any of our uniforms. The kids fund raise for them. Why? It gives them a sense of ownership, plus our school district can’t afford what we want anyway. The term uniform says it all. Everyone is dressed the same; it DOES make a statement.

4. Hair is neat.

5. Burger Dinners at the Black Cat to do the following:

*We meet with the Juniors in the spring prior to their senior season to pick the word for the season, design their t-shirts, and set team rules. I also invite someone from the community to talk about the values of athletics in Thief River Falls.

*This is where the Juniors read their individual goals for the off-season to their peers. This is written up prior to the meeting and is given to one of their teammates after it is read. This person will be responsible for making sure they reach their goals.

*All the Seniors and I will gather one last time to say “good bye.” I can’t make it to all of their graduation parties so we do this instead. I also invite a former TRF graduate who has gone above and beyond to speak to the graduating Seniors. .

6. T-shirts given to every football player in our program in grades 9-12.

7. Setting team goals.

8. Our Seniors go on a weekend trip to spend time at the Mall of America and attend a Gopher game. We’ve done this for 22 years!

9. Our Seniors and coaching staff spend an afternoon playing paint ball.

10. Players who want to be Captains have to nominate themselves.

11. The Captains and I go out for dinner every Wednesday night during the season.

12. We have our adopt-a-

freshmen pizza night with the Seniors. They also attend a UND game together.

13. We take one Saturday afternoon at Pennington Main and pump gas, wash windows, cook brats, vacuum vehicles, etc.

14. Our varsity football players coach our 4th & 5th grade flag football league. 15.

Nine summer leadership assignments that have to be completed by the Seniors.

16. A message to the Prowlers, how we show emotion and etiquette.

17. Every Friday in school we draw a name and the winner receives a football t-shirt.

18. We all dress the same on game days. Prowler Fleece Pull-over.

19. Prowler Trademark. After every home and away game our players clean, scrub, wash the floors, etc. the locker room. It’s become a trademark our ours!

20. Take the time to visit, serve desert, and spend quality time with the residents at Valley Home, Sky Light, etc.

Special awards at our banquet give everyone a chance

1. All Juniors letter.

2. Summer Strength Training Award (t-shirt). 85% or better attendance.

3. We do not give out any Individual Awards.

4. Every Senior leaves our banquet with a miniature Prowler football helmet and a Prowler Card for their wallet.

5. All letter winners receive a

"KEEPERS OF THE GAME"



scrap book and highlight DVD.

Instill a work ethic

1. Weight room - No one does it better than we do.

2. Strength training - We make it a part of our practice schedule. In all grades.

3. Conditioning. No one conditions harder than we do! We do our 8 station plyometric, agility, speed, and power program before we go to the weight room. This takes approximately 30 minutes to complete.

4. Summer football practice.

5. Personal Trainers. Older athletes and alumni being Personal Trainers for our younger kids.

6. The "Ringing Of The Bell" - We have a big bell hanging in our weight room and every time someone makes an increase we "Ring The Bell!"

7. We condition at 7:00 am every day during 2-a-days at the track.

Win the parents

1. Their son's help decide on team rules.

2. Parents as coaches. Junior parents only.

3. Picture night. Our Seniors can have a family picture taken for free.

4. Players / Parents picnic after pictures.

5. Mandatory parent meeting for grades (9-12) and (6-8).

6. Mothers-only meeting.

7. Senior parents night. The parents are invited to our locker room for our pre-game talk and walk to game field with their son's.

Note: Senior / Player / Coaches Dinner. The Senior players and parents will have a dinner the week of Senior Parents Night. At that time DJ Donlin reads the story about the Blue Ribbon Day and each player gives their parent a letter that they wrote.

9. Parent manual and calendars.

10. Preseason goals and objectives.

11. End of the year evaluations.

12. Parent film sessions every Wednesday night.

13. After game parties.

Develop the staff

1. Staff meetings. Every Sunday evening for all of our coaches in grades 6-12.

2. All coaches must attend at least one clinic per year.

3. Monthly newsletter updates.

4. Weekly drills and technique newsletter.

5. Video and book library. (To study in their free time)

6. A set day-to-day practice schedule.

7. A three-day camp for all 6th, 7th, and 8th graders that is run by the varsity coaching staff.

8. Annual fishing and trips.

9. All coaches are invited to our annual Gopher game and to our paint ball outing.

10. Game day responsibilities. Give them something to do.

Highlight tape

1. All letter winners receive a highlight tape.

Season scrapbook

1. Season memories are put in a great looking scrapbook.

Newsletter

1. I send out a football newsletter four times a year to every football player in grades 6-12, all football alumni, businesses who support education and athletics, and to all administrators and teachers.

Place mats

1. People in Thief River Falls will be able to read about the Senior football players, Prowler past, current schedules, team success, individual success, and play fun Prowler Football games while waiting for their meal at the restaurants in Thief River Falls.

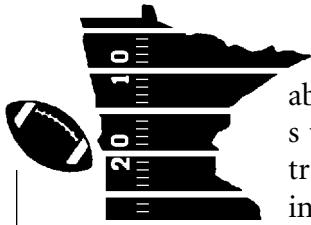
Game day press release

1. People in Thief River Falls during work breaks, lunch, and dinner will be able to keep track of what's going on within our football program. This Press Release is done weekly and is put in every coffee shop, business, and eating establishment in town. We also pass these out at our home games.

Accountability

1. At our Burger Dinner next years Seniors & Juniors stand up and read their off-season goals to their peers. These goals are exchanged to a teammate and it's their responsibility to make sure they accomplish these goals.

2. All players are account-



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able for their strength training during the winter, spring, and summer.

3. Truth Time. During the season our players will address their teammates and coaches twice by answering the following questions:

- *Their name
- *Positions
- *Where do I fit in on the teams depth chart?
- *Do I deserve to be in this position? Why?
- *What do I do to make our team better?

4. Game by game individual grading.

Spread The Enthusiasm

1. We have a lot of great people, businesses, and organizations that need to be thanked after our season has ended. Without these people, our program wouldn't be regarded as one of the best around.

2. Honorary Coach Night: I pick a game where we honor someone very special. This year it was my mom!

3. Honorary Team Night: We bring back a team from the past and have them part of our locker room pre-game and they walk out to the game field with us. At half-time we introduce them then we get together at the Black Cat after the game for food, sharing memories, and a lot of laughs.

4. Tailgating Contest: Our TD Club along with Universal Screen Print award the winning

tailgaters with \$150.00 worth of Prowler merchandise. The judges will select a winner by judging in the following areas:

- *Set up - Creativity
- *Food selection and taste
- 5. I take the time to send money to the Buildings & Grounds, Department of Transportation, our Secretary, and the Touchdown Club President. I also let them know how important they really are to me, and to our program.

6. Junior High Night: We invite all of junior high football players (grades 6-8) to be a part of our pre-game locker room talk, our walk to the game field, they stand on the 10 yard line behind our varsity players who are on the goal line for the National Anthem, and they form the introduction line.

7. During the season kids will line by the sidewalk that leads to game field with their hands held out hoping to touch the hand of one of the varsity players. When we walk out at half-time all the varsity players have either have a t-shirts, miniature footballs, and team pictures that they will give to one of these kids.

8. Send football brochure to everyone in grades 6-12.

Don't be afraid to put yourself on the line

1. The Good, The Bad Game Evaluations.

2. End of the year evaluations. This evaluation is done for grades 6-12. The last question I ask is should Coach Mumm continue to be the head football coach in Thief River Falls. Yes - No -

Why? It still makes me nervous when I receive our evaluations in the mail, but it's been a tremendous positive reflection and I'm still coaching after 22 years!

3. Teacher/Player Contract.

Develop traditions and create a lifetime of memories

1. Take care of your Seniors.
2. Bring Back The Past,
3. Prowler Football Past Book.
4. Honorary Coaches Night.
5. Prowler Football Greatest Games Board.
6. Straight T , Shot Gun T, Wing "T" misdirection football. Ball fakes!
7. "Lead, Follow, Or Get The Heck Out Of The Way"
8. Our final "good byes"

Other ideas and thoughts

1. Recognition Assembly...A Time To Inform & A Time To Recognize. We do this 4 times during the school year to recognize any student who have been

2. Keep track of what happens during your coaching tenure. The Good, The Bad, The Ugly, and The Most Memorable Moments. It'll never happen again!

3. Where are they know plaques. Every student athlete who is playing college athletes has a pictured plaque hanging in our Where Are They Know? case.

4. Write a book. My favorite memories!

5. The Last Day



How we get our sports...



First,
it was radio



Then,
network television



More recently,
cable or dish

What's next?



WEBCASTS!

from

CRYSTAL CLEAR
Sports
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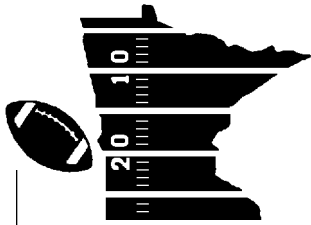
"What a thrill it is for me to work with Crystal Clear Sports. Young people, big energy, great content. All the stuff you always wanted to see and never got the chance. Top line high school football, hockey, basketball, baseball, wrestling, volleyball and more. Crystal Clear is the total package."



Dark Star - Radio Personality
830 WCCO Radio, Minneapolis, MN



www.CrystalClearWebcast.com



Cromwell Football

I would like to thank the football coaches association for asking me to write in this publication. It truly is an honor. I am going to write about how I took over a successful football program and kept it going by keeping some things the same and changing others.

Three years ago I became head coach and inherited a great program in Cromwell from the hands of recent Hall of Fame inductee Keith Bergstedt (Bergie). I had been his defensive coordinator for 6 years. During that time we won 5 section titles with 1 state title and 1 runner-up. When I got the head job I knew I had a lot of work to do to continue the success. My first challenge was to keep the program at a high level by not changing alot, but also putting my own stamp on the program as well. I think that has been accomplished so far, with a state runner-up and semi-final appearance in the last two seasons.

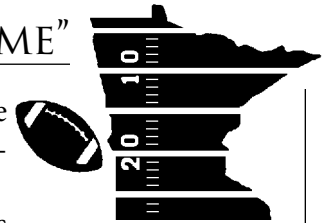
Here are some things that have not changed since I became head coach: Cromwell Football prides itself on putting a good quality team on the field year in and year despite usually having a lack of numbers. We are one of the smaller 9-man schools in the state with a 10-12 enrollment of around 70-75 on average. We are always going to be lacking numbers, but we also take pride in knowing that we can beat up on schools twice our size. Our football team numbers have been anywhere from 21 to 38 boys in grades 9-12 since I have been here.

One of the things that Cromwell teams are known for is being very quick. Year in and year out, we are usually the smaller team on the field so we have to be quick. It is a mentality we try to teach our players. One of the big things that helps this is our quickness drills. Every day in pre-season practice we do the drills twice a day. Once game weeks start, we do them once a day. The coaches watch the drills intently and let the kids know if they are getting quicker or not. Bags, cones, speed ladders, ropes, choppy feet, seat rolls,

and figure 8Ös are just some of the drills that we do. We feel these quickness drills really help. We also stress to our lineman over and over to be the first guy off the ball and our backs to hit the hole as quick as possible. Our coaches tell the lineman to donÖt be overly worried about technique, but get in to your man first. If we have a lineman who is getting off the ball quick, we can then work on perfecting his technique. Big, strong oxen type of lineman donÖt have a chance on our quick hitting plays if our small lineman get into them first and our backs hit the hole quick.

Our practice routine has also not changed. A typical practice would start with specialty work, stretch/form run, then quickness drills, sled & chute work by the entire team, position breakdown, tackling stations, skele or two-minute, 9 on 9, and then conditioning. The only thing new to this routine since I have been head coach is the two minute drill.

Giving plenty of responsibility to my coaching staff is also something Bergie did and I continue to do. I feel this is very important, especially with a small staff. Dave Foster is our defensive coordinator and kicking coach and does a great job with that. Al French is our 7/8th grade coach, helps out with the JV team, and does most of our scouting. This is our whole staff! This is a problem most 9-man schools have. All three of us wear many hats during the season to keep practices running smoothly. I am glad I have two very capable coaches. I would love to have 1 or two more, but we adapt with what we have. One of the biggest problems we have is coaching the JV team on Monday. Usually two of our three coaches will coach the JV team after a short varsity practice and/or film session. It is important for the 9th and 10th graders to get their playing time, but many of those players are needed to prepare the varsity for Friday night as well. This has been an ongoing problem for our staff since I began coaching here.



Here as some things that have changed at Cromwell in the last couple years:

The first step was for me to take over the offense. Bergie influenced me to take over the play calling duties. My offensive philosophy has taken some of the best things of Bergie's quick hitting wing-T offense and brought them to our new multiple formation split veer offense. I like running option for two main reasons. 1) The defense needs to play assignment football and spend more time in practice drilling this. I know being a former d-coordinator. 2) No one in our conference or section runs option, so it is something new for a defense. Our veer option is slightly different than a normal veer option. Our mesh and QB read happens fast because our backs are taught to hit the hole hard.

Our defense has also changed. We used to be a predominantly 4-3 team. Now, we like to switch up our fronts depending on the offense of the opposing team. We might switch from a 3-3 defense to a 4-3 to a 5-2, depending on the formations and the tendencies of the opposing team. We like to play zone, either cover 2 or cover 3, but will also mix in man. Coach Foster does a great job of getting all 9 guys swarming to the ball looking to cause turnovers. Our defense has been very underrated the last three years, giving up over 20 points only 4 times.

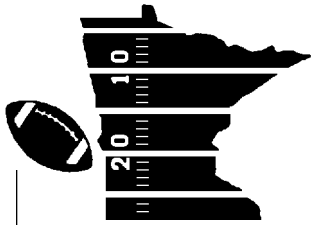
Our weight program I believe has also helped us be successful. We have a very nice weight room for a school our size, and it is in use regularly during and after the football season. During the season, we lift 2 times a week, usually on Mondays and Wednesdays after practice. We have the team do three lifts: bench press, squat, and power clean. They do bench and squat 2 reps of 10 and cleans 2 reps of 6. Just enough weight to maintain strength, not build. For our off-season lifting program, we want the players to lift 4 times a week using a 3 phase weight program that lasts 9 weeks and then starts over. If in another sport, we want them to get in the weight room as much as possible. The summer lift is where the major changes in our program have taken place. I put the players on weightlifting teams of 5-6 guys. They are competing against other teams for rewards such as shirts, hats,

sweatshirts, and probably the biggest perk of all is less conditioning during pre-season

practice. Any team that has over 75% attendance record will receive football apparel that they design. Which ever team has the best attendance will win a shirt or hat and get to sit out of some of the conditioning (example being 3 less 40's or 1 less Pittsburg) during pre-season practice. This is a big motivator. Having the players on weightlifting teams gets some kids excited to lift weights that might not be otherwise. Also, there is some positive pressure to get in the weight-room. Players not showing up are not just letting down themselves by not lifting, but the other guys on their weight team as well.

There are other small things I have done to change the program and make it fit my philosophy. Not enough time to mention them all. I tried hard to balance the old traditions and expectations at Cromwell with some of my new ideas and expectations. When you have a program as successful as Cromwell has been, changing everything with a new coach is not necessarily a good thing.

If anyone has any more specific questions on our offense, defense, quickness drills, or weight program, feel free to email me at jgronner@cromwellwright.k12.mn.us.



“FOOTBALL IS MINNESOTA’S GAME”

“Concussions: Age Old Problem, New Sense of Urgency”

Dean Wennerberg
MS ATR CSCS
Athletic Trainer/Marketing Associate
Concussion Clinic at Bethesda Hospital

It is not difficult at all to pick up a sports magazine or the sports page of the newspaper and find a new article on the lingering effects of concussions on current and former professional and amateur athletes. Whether the problem is growing or awareness is heightening is hard to decipher. Many schools are fortunate to have an Athletic Trainer or other advanced medical staff at athletic events, but for many schools, it falls upon the coaches to deal with this issue.

The word ‘concussion’ is really only a description of what is happening to the brain during a traumatic event. The injury is actually a mild or moderate brain injury. The difficulty in the medical profession is that the injury rarely shows up on any radiological scans (x-ray, MRI, CAT SCAN) as a clearly identifiable condition. Yet there are signs and symptoms that need to be recognized.

What you as a coach observe and what the athlete reports following a head injury is very important. We all know that most athletes will under-report their symptoms in order to continue to play. They may not tell you they have a headache, are nauseated, or are feeling sluggish. You, then, need to recognize other signs such as confusion, clumsy movements, or behavior changes. The Center for Disease Control has excellent resources for coaches and parents related to concussions, including a list of signs and symptoms on their website at www.cdc.gov/ncipc/tbi/Coaches_Tool_Kit.htm

Return to play decisions can be very difficult. An athletic trainer, team physician, or family physician are the best resources for these decisions, as most are trained in this area. Care should be taken, as not all medical professionals on the sidelines have been trained specifically in return to play criteria. Emergency Medical Technicians (EMT), most

RN’s, and even some MD’s have had little training to help make these decisions. The Minnesota State High School League has published a guide for help in this area, “Concussion Management Recommendations for MSHSL Athletes” Find the complete document at www.mshsl.org/mshsl/publications.asp, in the list of Medical/Physical forms.

The more that is learned about these types of mild brain injuries, the more we see the importance of prevention. While football helmet manufacturers will never create a “concussion proof” design, recent research has shown that some of the newer helmets do have an effect in limiting the number of concussions. Interestingly, the severity of concussions was not seen to decrease. (Journal of Neurosurgery, February 2006, Micheal Collins et al.)

Another area of interest is baseline pre-season testing. Basically, this is testing an athlete’s ability to perform memory and reaction-time skills in an uninjured condition. The data is saved and can be used to compare to the same test performed while in an injured state. This is not the only criteria to be used for return to play, as signs and symptoms present after the injury are the primary concern. Some of the products out there for baseline testing are Headminders, IMPACT, CogSport, and ANAM.

Finally, improving techniques in tackling, blocking, and other contact events in football can be one of the most significant ways to prevent concussive head injuries. Similar to spinal cord injuries, correctly taught football tackling skills can decrease your injury rates in measurable ways.

Concussions will probably always follow contact and collision sports but it will be possible to lessen the severity and decrease return to play time by heightened awareness and recognition of the signs and symptoms. A little rest in the short term can save a season.



R e i n v e n t i n g L i v e s

A concussion can
leave you feeling
out of

focus.

At Bethesda
Hospital's
Concussion Clinic
we can help.

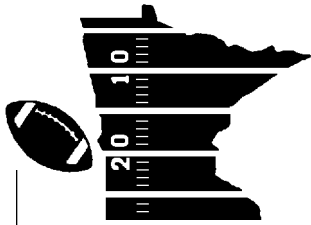
A blow or jolt to the head can cause a type of mild brain injury called a concussion. Concussions can occur from a sports injury, car accident, fall, collision or any blow to the head.

If you are experiencing irritability, headaches, depression, insomnia, poor concentration, getting lost or becoming easily confused, or a loss of sense of taste or smell you could be suffering from effects of a concussion.

At the Bethesda Concussion Clinic you'll be seen by our specialized physicians, neuropsychologists and therapists who will create an individual treatment plan for you... If you want help putting your life back in focus call us at **651-326-4323** or visit **www.bethesdahospital.org/concussion**.

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“FOOTBALL IS MINNESOTA’S GAME”

Rich Kallok of Minnesota’s
Cretin-derham Hall Named

2006 NFL High School Football Coach Of The Year

Nominated by Two Current NFL Players

New York, NY (January 18, 2007) – RICH KALLOK, former head football coach at Cretin-Derham Hall in St. Paul, MN, is the 2006 NFL HIGH SCHOOL FOOTBALL COACH OF THE YEAR, the NFL announced today.

Kallok, now retired from coaching football at Cretin-Derham Hall, was nominated by two of his former players – Minnesota Vikings center MATT BIRK, and Carolina Panthers quarterback CHRIS WEINKE.

As the 2006 NFL HIGH SCHOOL FOOTBALL COACH OF THE YEAR, Kallok and a guest will be invited to attend Super Bowl XLI in South Florida next month as the NFL’s guest. Kallok will also receive a check for \$5,000 as part of the NFL High School Football Coach of the Year Award. A \$10,000 grant will be awarded to the football program at Cretin-Derham Hall High School.

Current NFL players shared their admiration and respect for their former coach through the nomination applications they completed during the regular season.

“Coach Kallok definitely taught me the importance of hard work,” said Birk. “He was a great role model for me growing up by showing me how to work hard, set goals and be a good person.”

“Coach Kallok had the ability to get the best out of every one of his players,” said Weinke. “He earned the respect of each player that had the pleasure of being coached by him, not only as a coach but also as a person.”

“There are 10 fundamental principles that have played an integral part of my life as a teacher and coach,” said Coach KALLOK. “Teach and coach

with respect;
set your goals
high; study the
game; don’t be
out-worked;
coach your
coaches; de-
velop or carry
on traditions;
get to the ‘ex-
pect to win’
level; treat each
player with the

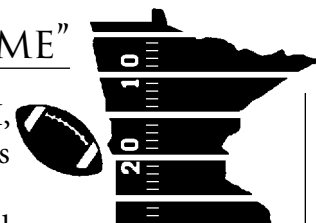
same level of importance and value; teach accountability; and make the game fun for everyone.”

In his 39 years of coaching football, Kallok registered an overall record of 200-65. Kallok also served as a teacher, track and basketball coach, athletic director, assistant principal and principal. In his 16 seasons as head football coach at Cretin-Derham Hall, his overall record was 166-27 and included various playoff and championship game appearances. Kallok also was inducted into the Andean High School Hall of Fame in 2002, the Minnesota High School Football Hall of Fame in 2006 and the Minnesota Football Old Timers’ Hall of Fame in 2006.

The NFL High School Football Coach of the Year Award was created in 1995 by the NFL and its teams to honor coaches who profoundly impacted the athletic and personal development of NFL players.

“Our players come from various backgrounds, regions and life experiences,” said NFL Commissioner ROGER GOODELL. “The one thing they





all have in common is that they received guidance and learned important life lessons from their high school coaches. We commend Coach Kallok and the 2006 nominees for dedicating their lives to teaching young players how to become leaders both on and off the field.”

A blue-ribbon committee of sports leaders appointed by the NFL selects the Coach of the Year finalists and overall winner. The panel is comprised of JON BUTLER, executive director, Pop Warner Little Scholars, Inc.; TONY DEMATTEO, former NFL High School Football Coach of the Year winner; JACK FLEISCHER, veteran sportswriter; SCOTT HALLENBECK, executive director, USA Football; WILLIAM MCGREGOR II, former NFL High School Football Coach of the Year winner; GRANT TEAFF, executive director of the American Football Coaches Association; ED THOMAS, former NFL High School Football Coach of the Year

winner; and BILL WALSH, former San Francisco 49ers coach.

The NFL High School Football Coach of the Year Award is funded by the NFL Youth Football Fund (YFF), a non-profit organization established by the NFL and NFL Players Association in 1998 to support the game at the youth level and promote positive youth development. Through the YFF, hundreds of thousands of youngsters have been given the opportunity to learn the game of football, get physically fit, and stay involved in productive after-school activities with adult mentors. The YFF also provides youth football participants with safe and accessible places to play, as well as programs and initiatives that address the importance of proper coaching, academics, health and safety, and life skills development.

One Way to Connect with the Community

By Jeff Erdman

In 1999 Rosemount High School football began a program that we call the Irish Way as a tool for setting expectations for player behavior within the football program. This program was originally based off lessons from the Coaching to Change Lives curriculum that became well known to football coaches in Minnesota after Woodbury’s Royal Pride program led them to a state title. We refer to our program as the Irish Way. Our Irish Way Creed embodies the expectations we have for our participants.

We like to make emphasize that the Irish Way of doing things is to be a hard worker, to be unselfish, etc.

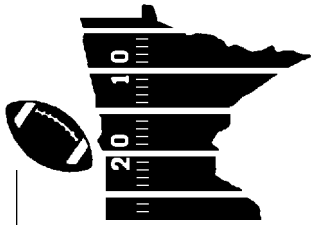
Three years into the execution of the Irish Way program, we looked at trying to expand our program to include more sports and the elementary schools that feed into RHS. One of the best things about Rosemount is that we still have a small town feel and closeness within the community. We thought that promoting this program to the elementary schools would be a great way of providing

The Irish Way Creed

I am Honest.
I am Kind.
I am Unselfish.
I am a Hard Worker.
I am Responsible.
I am a bulldog. (reference to a story from Coaching to Change Lives)
I am Proud.
I am Strong.
I am a man.

Rosemount
Football

quality growth opportunities for our participants while introducing character traits that we would like future Irish athletes to develop. What we came up with is called the Irish Way Kid’s Club. This program has been in effect for 5 years and has been extremely well received by the elementary schools, RHS student-athletes and the community.



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Below are descriptions of the various components of the Kid's Club.

Irish Way Kid's Club

This program was created to use the positive concepts of the Irish Way to create a strong tie between the elementary schools and our athletic programs.

KICK-OFFS We begin the year at each school (Rosemount Elementary, Shannon Park, Red Pine, & Parkview) with a 20 minute presentation that explains the program. We take athletes from our football, volleyball, soccer and swimming teams to lead this presentation.

WEEKLY WORKSHEETS Each week the students receive an Irish Way Kid's Club Worksheet in their Friday folder that highlights the creed concept of the week. Teachers are encouraged to incorporate the WS items into lessons or discussions. This worksheet also includes a badge to get into home volleyball, soccer and football games for free with an adult. It also allows them to participate in a pre-game fan tunnel and to receive a free pop later in the night

LUNCHROOM VISITS On Thursdays our athletes visit the recesses of each school and hand out Irish Way Kid's Club Bookmarks or pencil bags to students for sharing a story of how they demonstrated one of the creed items. Our athletes often end up playing soccer, basketball or participating in other activities as well.

CLASSROOM VISITS There have also been times where classroom teachers requested our athletes to come in and work with specific lessons they had prepared regarding the creed concept of the week.

Kid's Club Reading Contest

We also sponsor a reading contest to promote reading in the fall. Each school sets criteria for students to achieve to work at becoming better readers. All students that reach that criteria have their names entered for a drawing to win an Irish Football Jersey, Volleyball t-shirt, Soccer Shirts and Girls Swimming Shirts. The winners receive their

The Irish Way Kid's Club Creed

I am Honest.
I am Kind.
I am Unselfish.
I am a Hard Worker.
I am Responsible.
I am Proud.
I am Strong.
I am a Good Kid.
Rosemount Athletics

IRISH PRIDE

THE IRISH WAY KIDS CLUB

"I AM Kind"

Kindness

To act in good will towards another.



See you at the game!



Senior Captains
Brandon Dugy & Joel Graham

"Being kind to others is very important. When you are kind you are making a Winning decision. Make a Winning decision by being kind every day of your life."

Are you being kind when you...

- ♣ help a new student?
- ♣ use please, thank you & you're welcome?
- ♣ say words that hurt someone's feelings?
- ♣ cut in front of people in line?
- ♣ take turns?

Irish Way Kids Club

Sept. 20-24

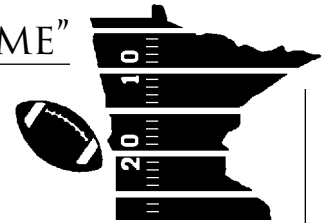
Tuesday, September 21
Volleyball vs Eagan - 7:00pm

Thursday, September 23
Football vs Kennedy - 7:00pm


I AM Kind.

prize at half-time of our last home game in front of several thousand people.

I would welcome any specific questions coaches might have about this program and the implementation of it. My email is jeff.erdmann@district196.org. We believe that the more our participants can demonstrate the Irish Way traits, the more successful we will be as an athletic program, school, community, and nation.



“The Spread Coast Philosophy”

By Mike Dunbar, University of Minnesota Gophers

First off, I just want to thank the Minnesota High School Coaches Association for allowing us to write this article. We are very excited to be here at the University of Minnesota representing this proud state. Our Head Coach Tim Brewster has assembled a great staff and brings a lot of enthusiasm to the Gopher Nation.

Our offense is a mixture of many philosophies and schemes learned throughout the years. Each season, players will dictate more than anything what type of offense a team runs. Coming into this situation Coach Brewster knew that he wanted to run the spread and our staff as well as myself have much experience in this system along with others. Throughout the course of spring football and as we got more acquainted with our personnel, one thing that became apparent was that our system is going to be unlike any other. We have coined a new term for our offensive philosophy: “The Spread Coast.” We are combining a lot of the traditional Spread offense with some principles from the West Coast system and others. We decided early on that this system best fits our philosophy as a staff and the type of players that we have.

Before we begin discussing one of our base plays, let’s first look at some basic factors that need to be considered when running the “Spread Coast” system. As with any spread offense, formations are crucial to keeping the defense off balance and not allowing them to out number you. Defenses these days are just as diverse as offenses. They are blitzing people from everywhere and doing great things to disguise their coverages. Many of the schemes in this system have built in answers to allow us as an offense to be able to adjust to any looks that a defense can give us. What we try to do is figure out the best plays to run versus certain looks and to package those plays.

Broken down in its simplest form, a defense can only do so much. Versus a balanced formation 2 x 2 with a Tight End into the boundary: They can

choose to take away the boundary run by putting an extra man in the box or they can overload the coverage to the field to take away the pass. The third option for the defense is to be balanced with one safety high and one in the flat. This is to our advantage because we have forced the defense to defend the run, thus opening up holes both down the field and in the flat for the passing game.

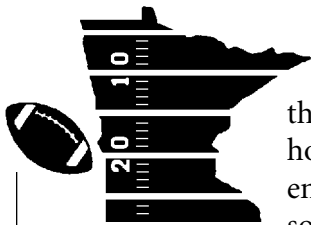
The play that we are going to illustrate is the Zone Read. It is one of the base plays for our system. It allows us the flexibility to do several things at the line of scrimmage both before and after the snap. Depending on the formation that we choose to run this play from, we will have a few different options on how to attack the defense. One thing that must be realized when running this play or any play in the “Spread Coast” is that it must go through the eyes (and brain) of the quarterback. He is the field general and makes all the decisions at the line of scrimmage. We hope that we have done a great job of teaching him during the week to make sound decisions on game day.

In the example below, we are in a 2 x 2 set facing a base 2 high defense. In this picture we can illustrate and explain the different choices that the offense has versus a look like this. There are three basic options for the QB:

First: We can simply run the zone play to the left. We have a body for every defender in the box, and the leverage of the overhang players allows us to block them with our receivers. We leave the back-side defensive end unblocked and allow the QB to “block” him with his eyes.

Second: The next choice for us is to have the QB read the defensive end. Based on his reaction to the zone play, the QB can decide to either give it, or keep it.

A base rule for the QB is to read the shoulders of that defensive end. If his shoulders are square and facing up field, the QB will give it. If the end crashes hard and is chasing the hip of the running back,



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the QB will pull it and hit the hole vacated by the defensive end. The pull/keep exchange is something that must be worked

on everyday to ensure a certain level of confidence between the QB and RB.

Third: The last option versus this type of look is to bubble adjust with the H receiver. The H will bubble based on the reaction of the Will linebacker. If he is cheating into the box and is in a position where a block would be too difficult, he can bubble out and put his eyes to the QB looking for a throw. The read for the QB is in the same field of vision as the defensive end. Pre-snap the QB can get a good idea that the WLB is posturing to take away any keep read. Based on this read, the QB receives the snap and he quickly throws the bubble.

As you can see there are a few different options for our offense with this play alone. The drawing shows the zone read against a basic look, but defenses can change and we have to be prepared for that as well.

A great way to maximize our personnel is to use simple motion. In the example above, we can motion the Z across the formation and become 3 x

1. This usually bumps the linebackers wider and opens up the boundary run and creates better blocking angles for the offensive line. If the defense does not adjust with the motion, our answer is to simply throw the bubble to the field.

Hopefully you can take some of the ideas in this article and put them to good use for your team this fall. I thank you for spending some time with the Gophers and the "Spread Coast" offense and we look forward to seeing you at some of our games next season.



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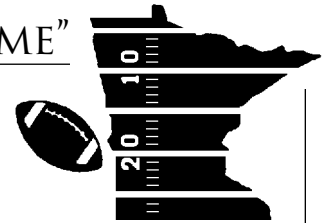


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Ron Ernat
Head Coach at Ripon College



St. Cloud Tech's 3-5 Defense

Head Coach Gregg Martig, Defensive Coordinator Mark Heysse

We feel fortunate to have been asked to write an article for the Minnesota State High School Football Coaches Association. Our staff attends as many association events as possible in an effort to increase our own knowledge. Like many of you, we attended the Nike Coach of the Year Clinic in March and the Hall of Fame Banquet at the Doubletree in April. The MN Football Coaches Association continues to do an outstanding job providing opportunities for coaches to improve their knowledge of the game through clinics and publications as well as recognizing the achievements of its members.

The football program here at St. Cloud Tech (1917) is one of the oldest in Minnesota and has a strong tradition and proud history. Our kids attained a milestone for the school and community last fall securing the programs 500th victory. This was achieved despite the fact that our players faced a tremendous challenge a year ago dealing with the death of our head coach, Ron Kaczor. During the 2006 Playoffs, Ron learned he had a very aggressive form of cancer and lost his fight with the disease only six months after his diagnosis. Needless to say, our community, school and football family was in a state of disbelief. Ron's ability to build on Tech's tradition of excellence by surrounding himself with quality assistants throughout the program made my first year as a head coach far easier than most. Our seniors also played a key role in the transition by epitomizing what Ron called being "championship people" serving as tremendous role models for our younger players during a very difficult time. With the leadership provided by our upperclassmen, we were fortunate enough to be able to advance to the Class 5A State Semi-Finals last fall at the Metrodome.

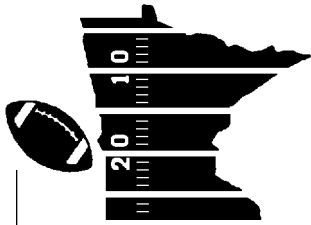
Obviously, there are many factors that lead to success in the game of football. Our staff believes that our ability to adjust schemes to fit our personnel is critical to Tech's continued success. Since 1996, we have run the Wing-T, "I" and Spread offenses. Our

defense, has transitioned from a 4-3 to 5-3 and finally to a 3-5 defensive front. In this article, we will discuss how moving to the 3-5 Defense two years ago helped lead to an 18-5 record, Central Lakes Conference Championship, Section 8-5A Title and a trip to the State Class 5A Semi-Finals. As always, the decision to make a change was predicated on utilizing the strengths of our players in order to maximize their talents.

Traditionally, we have been a program that possesses tremendous size and physical strength. Over the past three years, however, we have seen a drop in the overall size of our kids while gaining players with greater speed, quickness and ability to run and hit in the open field. Because only three down lineman need to be identified in the 3-5, it made logical sense for us to make the move. The success at the remaining eight positions at the second and third level of the defense requires the ability to move in the open field. These are the kind of kids we have right now and the 3-5 allows us to put them in positions on the field where they can be successful.

Finding the right person for each position is critical to utilizing the strengths of the 3-5. More than anything else, you need a nose guard who has the ability to be a two-gap player. The remaining down linemen need to be mobile and be able to effectively fight pressure along the line of scrimmage. The outside backers have to move well on their feet and be tough enough to effectively take on a trap block. The Buck linebacker needs to be a run stopper and have a nose for the ball. Finally, the Mike backer must be a tough, gritty player who can lead the defense and is a student of the game. Once you have determined your personnel, teaching the players their basic responsibilities becomes the focus.

One of the 3-5's strongest attributes is its adaptability to multiple offensive sets. We see a wide variety of offenses in our league ranging from the Wishbone to the Wing-T as well as variations of the Spread offense



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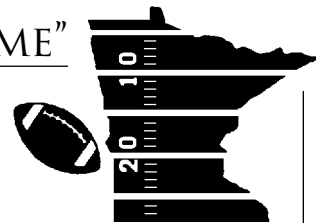
including the shotgun. The 3-5 easily aligns to multiple formations keeping the game simple for our down lineman. Play-

ers at the second and third level can quickly adjust to mirror the offense and we never face a situation where we have to move a down man to an upright position where he has to play on his feet and cover a back or receiver in space. The 3-5’s ability to keep basic alignments consistent and assignments simplistic allows our kids to be aggressive on the defensive side of the ball.

The wide variety of blitz packages is another benefit of the 3-5. These looks are easily disguised regardless of the offensive set because we are in the same basic alignment at the snap of the ball. The key to the deceptiveness of the 3-5 is its ability to bring varying combinations of five second-level players in a coordinated blitz package. Like most high school teams, we consistently place seven men “in the box” to help stop the run. Obviously our blitz packages change slightly from week to week depending on our opponent. With the trend of more pass-oriented offenses, the 3-5 also allows us more flexibility stopping the pass. The 3-5 allows a wider variety of coverage options due to the number of second and third level players. We design our pass defense from the secondary forward to the line and is predicated on the fact that we are going to take away the offenses strength in the passing game. We then design our blitz package and line stunts to match the secondary call.

Like all of you, we religiously break down film to identify as many tendencies as possible on our upcoming opponent. We believe a team’s offensive tendencies can be exploited more by the 3-5 than traditional defenses because it allows us to put players in a position to impact the game as the ball is being snapped. For example, if an opponent is an outside run oriented team, we will develop a blitz package that sends extra defenders to that zone. Likewise, if we face a passing team, we identify their primary protection scheme and develop a blitz package that overloads a zone allowing one player to come free. Because there are five players at the second level, the number of different blitz packages that we can employ is almost limitless. All in all, the 3-5 is an attack-

ing defense that our kids love to play and our staff loves to coach. Thanks again to the Minnesota Football Coaches Association for the opportunity to share some of our ideas with you and good luck next fall.



Jim Reinhart Coach of the Year

Jim Reinhart was selected as the 2006 MHSFCA State Coach of the Year. Reinhart has been turning out successful football teams at Rushford and then Rushford-Peterson for over 20 years. He has compiled an overall coaching record of 180-61. His 2006 team won the Class 1A state championship and he has led the Trojans to seven consecutive appearances in the state playoffs and won previous state titles in 2002 and 2004.

A graduate of Owatonna high school, Reinhardt played high school football for Hall of Fame coach Jerry Peterson. Reinhardt began coaching football at Rushford in 1973. He was an assistant coach for Rushford before assuming the head coaching duties in the 1980's. Rushford consolidated with Peterson in 1990 and Reinhardt continued as the

head coach. Rushford-Peterson competes in the very competitive Three Rivers conference, which has been sending teams to the state playoffs in three different classes for several years and has produced a number of state champion teams, including 2002, when three different Three Rivers teams captured state titles.



Dick Johnson - Assistant Coach of the Year

Dick Johnson of Lakeville has been a key assistant for the high school football teams for four decades. He has seen the program grow from a rural community to a sizable suburban district large enough to split into two separate high schools. And coaching under head coach Larry Thompson, Johnson has helped Lakeville maintain its success and achieve one of the more enviable records in Minnesota high school football.

Coach Johnson started his athletic career at Robbinsdale High School, playing football under Irv Nerdahl. At Gustavus Adolphus College he played on the 1958-59 MIAC championship teams under the coaching of Lloyd Hollingsworth.

He started his coaching career at North Platte, NE in 1961. In Minnesota he coached at St. Peter and at Lakeville, where he has been involved with several conference, section and state championship teams. His career at Lakeville started in 1971 and

continues to the present. For three years during that time, he coached at St. Olaf College under head coach Paul Miller.

In 1989, he was awarded the Butch Nash Award.

In 1992 he received a Friends of Education Award from Lakeville for his contributions to athletics. His greatest enjoyment has come from the camaraderie of the coaching staff who have been together for over twenty five years.





“FOOTBALL IS MINNESOTA’S GAME”

Previous State Coach of the Year Award Winners

1965

Bill Severin
Grand Meadow, Region I

1966

Stav Canakes
Edina, Region V

1967

Tom Mahoney
Fairmont, Region II

1968

Jerry Sullivan
Minneapolis Roosevelt, Region V

1969

Art Haas
Austin, Region I

1970

Gary Gustafson
North St. Paul, Region IV

1971

George Larson
Cambridge, Region IV

1972

George Wemeier
Minneapolis Washburn, Region V

1973

Dick Lawrence
Eveleth, Region VII

1974

John Drews
Rochester John Marshall, Region I

1975

Bob Swanson
Mountain Iron, Region VII

1976

Lyle Eidsness
St. Peter, Region II

1977

Paul Benson
Granite Falls, Region III

1978

Jim Simser
New Richland-Hartland, Region I

1979

Ron Raveling
Columbia Heights, Class AA

1980

Les E. Drechsel
Crookston, Class A

1981

Gary Roebuck
Holdingford, Class B

1982

George Thole
Stillwater, Class AA

1983

Ron Scott
Coon Rapids, Class AA

1984

Grady Rostberg
Hutchinson, Class

1985

Norm Johnson
Minneapolis Roosevelt, Class AA

1986

George Larson
Cambridge, Class A

1987

Dave Brokke
Granite Falls, Class B

1988

Gerhard Meidt
Minneota, Class C

1989

Jim Mader
Albany, Class A

1990

Ken Baumann
Mahnomon, Class C

1991

Neal Hofland
Chokio-Alberta, 9 Man

1992

Larry Thompson
Lakeville, Class AA

1993

Rick Manke
Detroit Lakes, Class A

1994

DeWayne Johnson
Anoka, AA

1995

Ken Jacobson
Chatfield, Class C

1996

Clark Bergloff
Mora, Class A

1997

Bob “Bubba” Sullivan
Northfield, Class 4A

1998

Keith Bergstedt
Cromwell, 9 Man

1999

Lyle Anderson
Cook County, 1A

2000

Mike Grant
Eden Prairie, 5A

2001

Flint Motschenbacher
Detroit Lakes, 4A

2002

Mike Mahlen
Verndale, 9 Man

2003

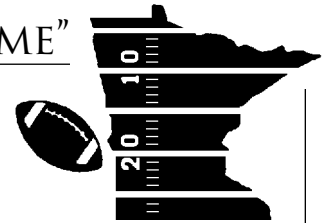
Dave Dose
Glencoe-Silver Lake, 3A

2004

Dave Nelson
Minnetonka, 5A

2005

Mark Kroulik
Stephen-Argyle, 9M



2007 Hall of Fame Inductees Football Hall of Fame Annual Banquet

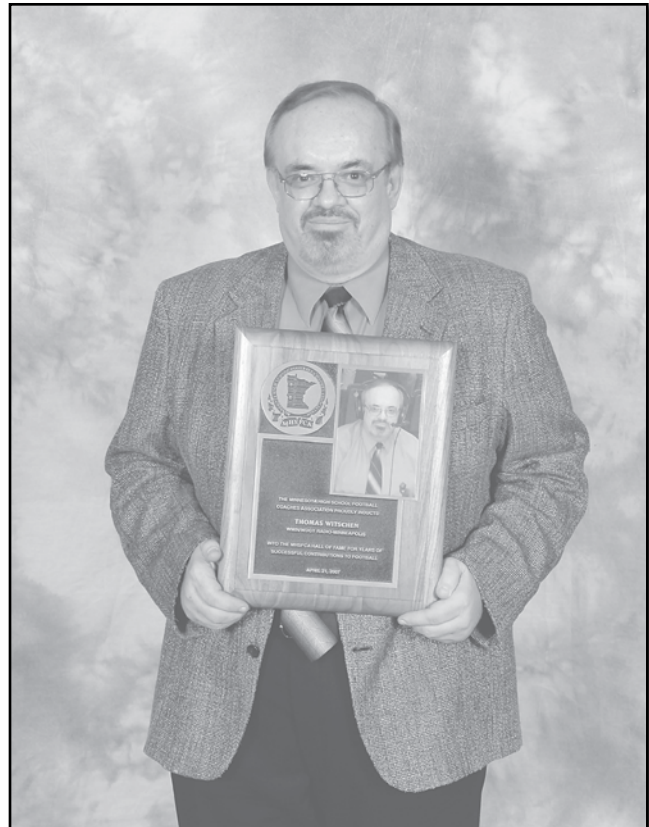
Tom Witschen ~ WMIN/WDGY Radio

Tom Witschen graduated from Park High School in Cottage Grove, MN. While at Park he was involved in hockey and baseball. Tom attended the University of Wisconsin-River Falls. While there he found his calling of radio sports broadcasting.

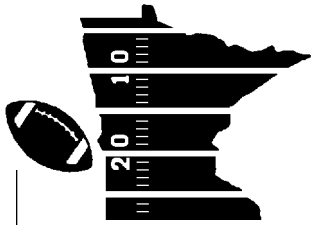
Tom has spent the past 32 years broadcasting high school and college sports. He has been the voice of teams in football, men's and women's hockey, men's and women's basketball, volleyball, and baseball. He has broadcasted over 3,300 sporting events for more than 20 different radio stations and on the Internet.

Tom has been the Operations Manager and Program and Sports Director for Borgen Broadcasting, Inc. since 1989, including stations WDGY, WMIN and WRPX Radio. Currently Tom is the play-by-play voice of St. Cloud State football and men's and women's basketball. He was the Twin Cities Radio voice of the state high school football, hockey, and basketball tournaments from 1988-2002. Tom has been the voice of Augsburg Athletics on various stations and the Internet since the fall of 1997. He is also the current voice of Gopher volleyball, women's basketball and hockey, as well as Gopher baseball.

Tom's football work is extensive. He has broadcasted for more than a dozen conferences in three states during the past 30 years. He has been the voice of four college teams as well: University of Wisconsin-River Falls, University of St. Thomas, Augsburg, and currently at St. Cloud State University.



Tom's down time includes golfing, golfing, and more golfing. He has enjoyed the opportunities to travel with the teams he has broadcasted for over the years. His travels have taken him across the upper Midwest and Alaska. He has also enjoyed his travels to Myrtle Beach, Florida, Branson, Nashville, and Alabama.



"FOOTBALL IS MINNESOTA'S GAME"

2007 Hall of Fame Inductees

Football Hall of Fame Annual Banquet

Robert Hage ~ Hector Public Schools

Robert (Bob) Hage graduated in 1946 from Roosevelt High School in Minneapolis, MN where he earned letters in football, hockey and baseball. He played halfback on Roosevelt's Twin Cities Championship team in 1945. Bob enlisted in the military following high school and served General MacArthur as an Honor Guard for one year in Japan. When he returned, Bob attended Augsburg College and participated in football, hockey and baseball while completing his physical education, health and science degree in 1952.

Bob was hired at Alden Public Schools in 1952 and taught physical education, health, and science while coaching football and track. In two years at Alden, his football record was 10-4. He also played amateur town team hockey as well as baseball for Albert Lea.

In 1954, Bob was hired at Butterfield to teach biology, general science and physical education. He also coached football and baseball.

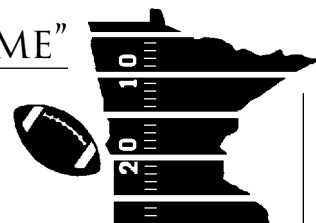
Bob went on to Hector Public Schools 1956 where he taught physical education, health, and driver's education. He was the head varsity football and baseball coach. His record at Hector was 126-34-3 and his career record was 136-38-3. His teams won the conference championship five times: 1957, '59, '63, '66, and 1968. They were co-champions in 1961, 1965 and 1967. This was all before the classes of football were established. In 1957, Bob's football team was ranked 25th by the Minneapolis Tribune. In 1963, they were ranked 13th in the state. Also in 1963, the Augsburg Alumni "A" Club honored Bob for his achievements. In 1957, his team was selected the "Football Team of the Year" by the New Ulm Journal. In 1967, Bob was selected Region III Coach of the Year by the High



School Football Coaches Association.

Bob was also successful in coaching baseball and golf. No matter what sport Bob coached, he won conference titles. He has always been proud of his players and their accomplishments, and that of his coaches and their commitment. Bob coached all three of his sons in football, baseball, or golf.

Bob retired from teaching and coaching in 1975. He has been supported throughout his career by Donna, his wife of 56 years, and his family. Bob's family includes his sons Steve, Rich and his wife Bridget, and grandsons Connor and Matthew, and Bob, Jr. Bob has enjoyed playing golf, hunting, and fishing throughout his retirement. He is still often referred to as the "Colonel" or "Coach" in Hector.



2007 Hall of Fame Inductees Football Hall of Fame Annual Banquet

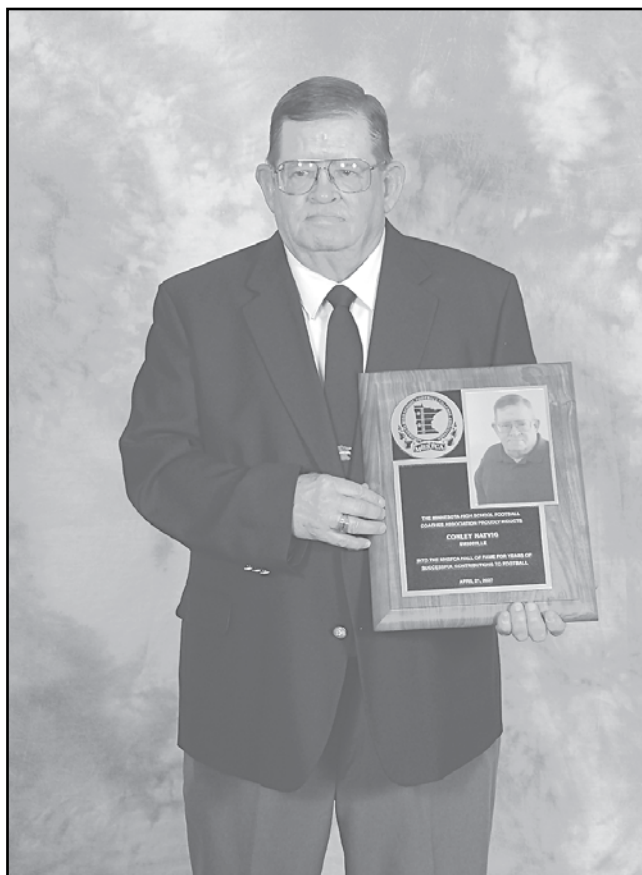
Conley “Con” Natvig ~ Swanville High School

Conley “Con” Natvig graduated from Ada High School in 1960. He earned letters in football, baseball, and tennis. Upon graduation, Con went to the University of North Dakota in Grand Forks. He graduated in 1966 with a Bachelor of Science in Physical Education and Health and earned letters in tennis.

In 1966, Con was hired as a physical education and health teacher at Swanville High School. He taught there for 33 years and in addition, he was the Activities Director from 1992-1999. Con was the head baseball coach for 26 years, basketball coach for 30 years, and wrestling coach while at Swanville. He was head football coach for 34 seasons spanning Swanville, Swanville/Grey Eagle and Upsalla/Swanville Area. As head coach, he amassed a career record of 202-120-2. Con led his teams to eight conference titles, three section championships, and four state tournament appearances, reaching the semi-finals in 1987. As a head baseball coach, he won six conference championships.

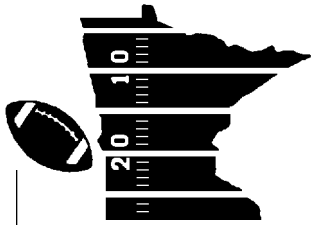
Con was the summer recreation coordinator from 1966 to 2006. He was named conference Coach of the Year nine times and section Coach of the Year three times. He is a lifetime member of the MHSFCA and received the 35 and 40-years-of-service awards. He was an assistant coach for the Outstate All-Star Team in 1984. He was president of the MHSFCA in 1991-92. Con is also the chairman of the MHSFCA Academic All-State Teams. He is currently an assistant coach at Browerville where he has been the offensive coordinator the last four seasons.

Con is involved in the Swanville area in the Lions Club, Jaycees, and Community Education



Advisory Committee. Highlights for Con include being able to coach every Friday night in the fall for the past 41 years and “being able to coach hundreds of young men and watch them grow up and become successful and good citizens.” Con has enjoyed attending more than 175 football clinics. Concerning clinics, Con says, “I can learn football and get to meet and associate with other football coaches.”

Con has been supported in his coaching endeavors by his wife, Kathy, and their three children, Paula, 32, Cory, 28, and Kristin, 24. When Con isn’t coaching, he enjoys going to clinics, hunting and fishing.



"FOOTBALL IS MINNESOTA'S GAME"

2007 Hall of Fame Inductees

Football Hall of Fame Annual Banquet

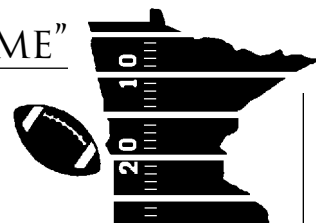
Dan Kostich ~ Moorhead High School

Dan Kostich graduated from Martin Hughes High School in Buhl, Minnesota in 1969. He earned 11 letters in high school in four sports: football, track, basketball, and baseball. After high school, he attended Mesabi Junior College in Virginia, Minnesota. He then transferred to Moorhead State University in Moorhead, Minnesota. Dan graduated with majors in Industrial Education, Drivers Education, Coaching, and Vocational Education Coordinator. Later, he also completed his master's degree in Physical Education from MSU. While at Mesabi, he was an All-State selection as a sophomore, and at MSU he was a two-time All-Conference and All-District selection.

Dan has spent the last 33 years at Moorhead High School as the Work Experience Coordinator and weight training supervisor. He spent his first seven years as an assistant at different levels in the Moorhead program. He then became the head football coach for 15 seasons. His career record is 120-49. Dan won eight section titles, one state championship (1987), and was a runner-up in 1981, his first year as Moorhead head coach. He was also an assistant track coach and weight room supervisor for 22 years. His professional awards include being named the Class AA Coach of the Year in 1987 and Toyota Coach of the Year in 1988. Dan coached in the All-Star game as an assistant for the Outstate team in 1986. He was inducted into the Moorhead State Athletic Hall of Fame in 1989. The past eleven seasons, Dan has been the offensive line coach at Concordia College in Moorhead. While there, he won an MIAC championship and reached the Division III playoffs in 2004 and 2005.



In his free time, Dan enjoys spending time with his family and biking. He is married to Linda, and they have two children, Shawn and Blake. Linda works as a Human Resource Specialist at Border States Electric in Fargo. Shawn is a junior at the University of Minnesota majoring in Kinesiology. Blake is a sophomore at Moorhead High and plays football and hockey.



2007 Hall of Fame Inductees

Football Hall of Fame Annual Banquet

Keith Bergstedt ~ Cromwell High School

Keith Bergstedt graduated from Lincoln High School in Esko, MN in 1971. He earned twelve letters in four sports: football, track, basketball, and cross-country. He continued his education at Vermillion Community College in Ely. He earned one letter in football while working on his education degree. He transferred to the University of MN-Duluth in 1973. After two years, he entered the U.S. Army, serving until 1977 when he returned to UMD to finish his double major in social studies and history. He also minored in physical education, health, and coaching.

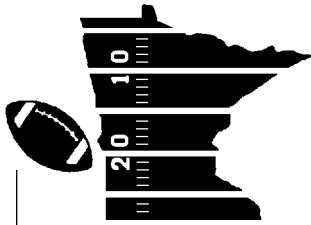
Keith's first teaching job was in Cloquet, MN. He taught social studies and physical education. He was the head volleyball coach, a ski coach, and track coach. In 1986 he moved on to Cromwell High School where he currently teaches social studies. He was the head track coach from 1986-1988 and head football coach from 1987-2003. His career record is 156-34. While amassing this record he won three state Nine-Man championships (1995, 1996, 1998). His team was runner-up three times (1992, 1997, and 2000). Keith's teams also qualified for the state tournament five more times during his tenure. His 11 section titles go with 10 conference titles.

Keith is a three-time MHSFCA Nine-Man Coach of the Year (1995, 1996, 1998). In 1998, he was named MHSFCA State Coach of the Year. He was twice named Nine-Man All-State Coach of the Year, 11 times named Section Coach of the Year, and 10 times named Conference Coach of the Year.

Keith attributes his success to his great assistants and to the kids who, in his words, “bought into the program, did their job, and it was always a ‘we’ thing on our team. We never talked wins or championships, we just talked technique, blocking, and tackling while getting better every day. The wins took care of themselves.”



Keith and his sons are avid hunters and fishermen. The main reason Keith quit coaching was to hunt more! Deer, grouse, duck, geese, you name it, they pursue it! He now spends a lot of time fixing up hunting Forties and reselling them. Keith and Cynthia, an RN and his wife of 24 years this May, have two boys, both Eagle Scouts, (thanks to Mom). Buck, 21, was a multiple sport athlete at Cromwell. He played four years for his father as a tight end and cornerback, gathering all-conference honors his senior year. He now has his own lawn mowing and landscaping business. Orrie, 19, started for Coach Gronner his senior year as a cornerback and halfback. He played basketball and was in the one-act play. Orrie is currently pursuing a nursing degree.



"FOOTBALL IS MINNESOTA'S GAME"

2007 Hall of Fame Inductees

Football Hall of Fame Annual Banquet

Dave Brokke ~ Granite Falls/Yellow Medicine East High School

Dave Brokke graduated from Climax, MN High School. He competed in football, baseball, and basketball. He earned five letters in both football and baseball with four more in basketball. Dave went to Concordia College in Moorhead, MN where he played football for four years while earning his degree in biology and physical education. He later earned his master's degree in Educational Administration at Mankato. Later, he completed a 6th year degree in Educational Administration.

Dave's first job was in Sleepy Eye, MN. He was there from 1972-1978. He was head track coach for four years, head football coach for three years, a junior high basketball coach and football coach three years and athletic director for three years. His record at Sleepy Eye was 19-9 with one conference championship.

In the fall of 1978, Dave went to Granite Falls and became the head football coach, a position he held for 28 seasons. Following his coaching career, Dave became the Director of Community Education. In addition, he has been the Activities Director for the past seven years. Dave's career record at GF/YME is an amazing 202-88. His overall career record in football is 221-97. During his tenure at GF/YME he won two state championships (1984 and 1987) and was runner-up in 1986. Dave's teams collected 11 conference championships and two section titles during his tenure. He was named Conference Coach of the Year 11 times and Section Coach of the Year twice. He was Class B Coach of the Year in 1984 and 1987. He was the head coach of the Outstate All-Star Team in 1985. In 1987 he was named Minnesota High School Football



Coaches Association State Coach of the Year. Dave served as President of the MHSFCA in 1990.

Dave and his wife, Sue, have been married for 33 years. They have three children: Jennifer, 28, who lives in Avon with her husband Darn and son Tayte, Steve, 25, who lives in Granite Falls and Jill, 21, a student at North Dakota State University. He enjoys spending time with his family and friends, fishing, and traveling.

"Hall of Fame"

Sponsored by the Minnesota High School Football Coaches Association



1965

Bernie Bierman
Frank Cleve
Bernie Cole
Jake Christiansen
Vein Morrison
Bronko Nagurski
Ted Peterson
Lew Swearingen

1966

Bert Batson
Lester S. Barnard
Red Hastings
John Gagliardi
Lefty Ranweiler

1967

Francis "Pug" Lund
Louis Todnem
Paul Giel
Cliff Morlan
Joe Markley

1968

Lee Brockmeyer
Sid Hartman
Charles "Bud" Wilkinson
Elmer Wigen

1969

C.P. Blakeslee
Dick Bradley
Ray Christenson
Jim Byrne
Lloyd Hollingsworth
Pete Guzy

1970

Ed Widseth
Adrian Christenson
Jake Christiansen
Walter Hertz
Frank O'Rourke
Les Knuti
Bud Grant
Wendell Vlasin

1971

Manny Marget
Butzie Maetzold
George "Butch" Nash
Harold M.
"Snooks" Sullivan

1972

Dick Wildung
Jim Lee
Jerry Krueger
William F. Broekmeier
Fred Vant Hull

1973

Earl Teas

Chuck Elias
Ralph Anderson
Jerry Dahlberg
Bruce Smith
Mary Helling

1974

Oats LeGrand
Jerry Ekstein
Kenneth "Red" Wilson
Edor Nelson
Doc Watson

1975

Art Haas
Les Neil
Bob Collison
Russ Helleckson
Dick Mahar
Bernie Lusk

1976

Kermit Anderson
Will Gullickson
Dwayne Hoberg
Jack Malevich
Jim Pederson
George Roscoe
Murray Warmath

1977

Frank "Butch" Larson
Herschel H. Lysaker
Art Avis
Jim Carrington
Lee Krough
Jim McLaughlin
Leo Sebastian

1978

Chuck Dixon
Chauncey Martin
Ted Meinhover
Roy "Chip" Rasmussen
George Reedy
Marti Rossini
John Vucinovich

1979

Bruce Bakke
Herman Frickey
Bill Hanson
LeRoy McMahon
Dick Mulkern
Harry Newby
Milt Osterberg
Bob Schrank
Steve Silianoff
Lloyd Stein

1980

Bruce Bennett
Neal Davis

James Gustafson
James Molnar
Norm Wagner
Jim Wallace

1981

Lou Barle
Irv Nerdahl
Glenn Redmann
Clayton Tonnemaker

1982

Bob Gove
Wally Hitt
Gary Olson
Don Nyland
Dale Scholl

1983

Stan Nelson
Joe Mrkonich
Jim Gotta

1984

Dick Lawrence
Tom Briere
Jim Henkes

1985

Don Swanson
Bob Roy
Bruce Frank
Don Riley
Giffy O'Dell

1986

Chuck Halsted
Ralph Hagberg
Pete Herges
Ike Pesonen
Cliff Senne

1987

Terry Egerdahl
Lauren "Huns" Hagge
Donald "Bill" McMoore
Jerry Sullivan
Angelo Taddie

1988

Herbert Claffy
Mac Dahl
Art Fredrickson
Ralph Peterson
Ron Raveling
Cal Stoll

1989

John Drugg
Don Fox
Jim Griffin
Bill Severin
Harvey Shew
Tony Thiel

1990

Roland Bromberg
Gary Gustafson
Tom Mahoney
Bob O'Neil
Dick Rezanka
Al Siegle

1991

Morgan Brandrup
John Davies
Earl Gramling
Roy Hokkanen
Ron Scott
Bob Youso

1992

Stay Canakes
Dan Devine
John Hansen
Joe Mayer
Warren Olson
George Wemeier

1993

Les Dreschel
Ken Mauer
Tom Porter
Dana Powers
Dick Walker

1994

Dick Bakke
George Larson
Jim Malosky
Andy Nelson
Marsh Nelson
George Smith

1995

Gerry Brown
Bruce Frank
Norman Johnson
Bob Peterson
Pat "Bruno" Waldner

1996

Jim Christopherson
Mary Gunderson
Mike Morrissey
Lloyd Peterson

1997

Bill Beck
John Drews
Ross Fortier
Andy Lia
Jerry Peterson

1998

John Conzemius
Frank Fredlund
Bob Sullivan
Jerry Wallskog

Wes Wistrom

1999

Bill Martin
Gerhard Meidt
Grady Rostberg
Buz Rumrill
Mal Scanlan
Omer Sieben

2000

Jerry Hegna
Andy McCarty
Elmer Menage
Ed Mettner
Jim Simser
George Thole

2001

Ken Belanger
John Gross
Don Bertek
Roger Lipelt
Keith Swanson
Stuart Nordquist

2002

Pepper Lysaker
Ken Baumann
Rick Manke
Paul Mork
Willie Rauen
Jim Roforth

2003

Lyle Anderson
Clark Bergloff
Jim Mader
David Main
Dave Nigon
Dick Strand

2004

Dean Taylor
Stan Olson
Gary Graham
Deryl Ramey
Randy Shaver

2005

Ken Jacobson
Jerry Sonnek
Terry McLean
Neal Hofland
Dick Jonckowski
Donovan Larson

2006

Charles Kavanagh
Ken Hill
Rich Kallok
Stan Skjei
Richard Tressel
Gordon Hinck

NOMINATION FORM

FOOTBALL COACHES "HALL OF FAME"

Contact:

Scott Tschimperle: tschis@gsl.k12.mn.us

Paul Lemke: lemkep@gsl.k12.mn.us

DIRECTIONS:

1. Please have nominee (if possible) complete this nomination form completely.
2. Please type or print neatly.
3. Please answer questions in all categories of the nomination form that are applicable.
4. Please include a picture (black and white preferred) of the nominee to be used for press purposes.
5. Nominations must be received by Jan. 1st, 2003

NAME: _____ DATE: _____

PRESENT ADDRESS: _____

TELEPHONE (HOME): _____ (city) _____ (state) _____ (zip)
(WORK): _____

BIRTHDATE: _____ MARRIED: _____ SINGLE: _____

SPOUSES NAME: _____ CHILDREN AND AGES: _____

PRESENT EMPLOYMENT POSITION: _____

NOMINATED BY: _____

ADDRESS OF NOMINATOR: _____ (city) _____ (state) _____ (zip)

NOMINATOR'S TELEPHONE (HOME): _____ (WORK) _____

Induction into the Football Coaches "Hall of Fame" is gained through one of three divisions. These divisions are:

- A. The high school division (Coaches)
- B. The college division (Coaches)
- C. The citation division (Writers, Announcers, Athletic Directors, Fans, etc.)

IN WHICH DIVISION IS THE INDIVIDUAL NAMED ABOVE NOMINATED? _____

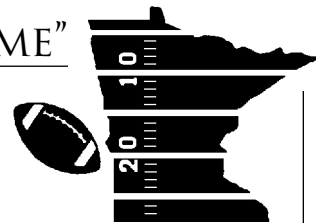
NOMINEES HOBBIES: _____

NOMINEES TRAVELS: _____

EDUCATION

High School:

School	City/State	Years	Degree Received
--------	------------	-------	-----------------



2006 Coaches of the Year ...



*Mark Kroulik - Stephen-Argyle
9-Man Coach of the Year*



*Jim Reinhardt - Rushford - Peterson
Class 1A Coach of the Year*



*Mike Grant - Eden Prairie
Class 5A Coach of the Year*



*Dave Dose - Glenco-Silver Lake
Class 3A Coach of the Year*



*Jeff Ferguson - Totino Grace
Class 4A Coach of the Year*



*Don Henderson - Triton
Class 2A Coach of the Year*

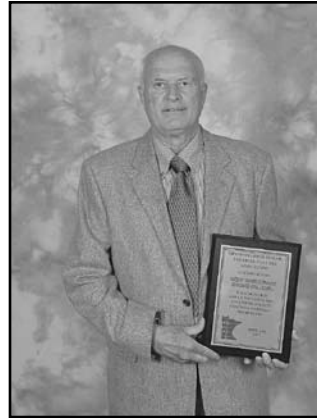


"FOOTBALL IS MINNESOTA'S GAME"

Service Awards



*Ron Stolski
45 Years Service*



*Gary Gustafson
40 Years Service*



*Jim Knutson
40 Years Service*



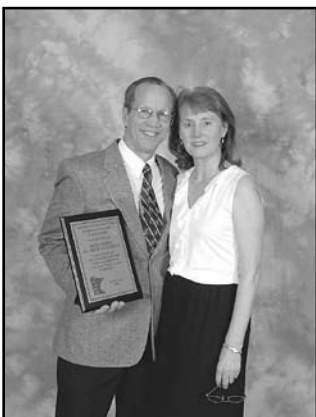
*Dave Faust
35 Years Service*



*Dave Hylla
35 Years Service*



*Larry Thompson
200 Wins*



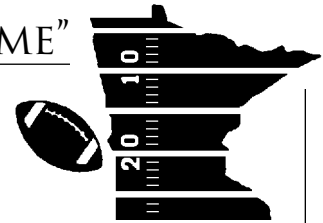
*Carl Lemke
200 Wins*



*Mike Grant
200 Wins*

Not Pictured: Mike Watson 40 Years Service; Paul Schmit 30 Years Service

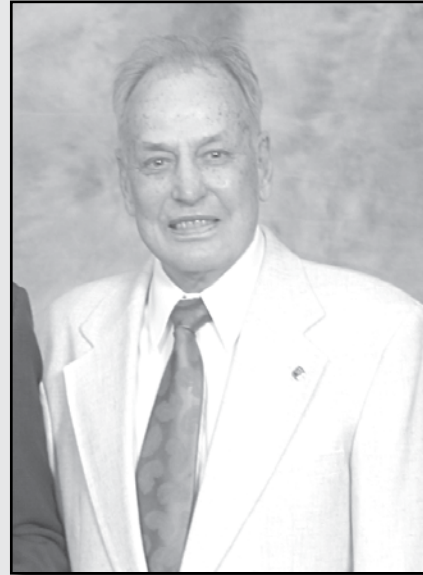
2006 Butch Nash Award



The Minnesota High School Football Coaches Association feels that Butch Nash is the epitome of the ideal assistant coach.

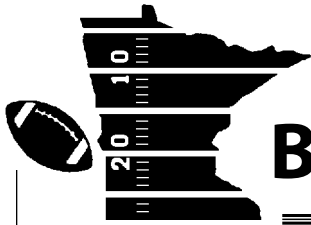
Total loyalty, coaching competency, outstanding rapport with players and fellow coaches, integrity beyond reproach, and many years of dedicated service to a worthy profession are the qualities that describe Butch.

These are the qualities exemplified by the assistant coaches who have been chosen to receive this year's Butch Nash Award.



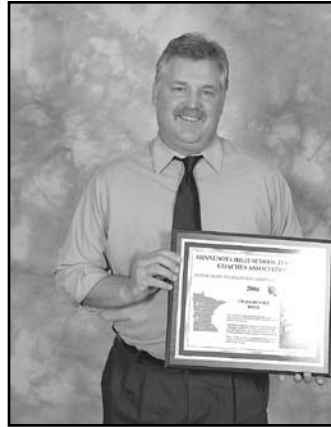
Butch Nash Award Requirements

- An active assistant football coach at the high school level.
- Although not strictly limited to varsity level coaches, the Executive Committee sets a requirement of being an assistant who is a “front liner” – in the limelight, under the gun, recipient of praise and/or criticism approaching the level of the head coach.
- Certainly, a few younger coaches can meet these requirements, BUT, in all candor, years of service to a program will influence the selection committee's choices. 15 or more years in the same program is the general “rule of thumb”.
- Both the head coach and the nominee must be members of the MHSFCA.
- No more than one assistant from a high school program will be honored in a given year.
- The award will be limited to eight recipients in a given year.



"FOOTBALL IS MINNESOTA'S GAME"

Butch Nash Award Winners



Butch Nash Recipients (Random Order): Craig Benner, BOLD; Bruce Huber, Triton; Dave Comer, Lakeville South; Lyle Rambow, Morris Area; Dan Hennen, Eden Prairie; Mitchell Thompson, Rushford-Peterson; Gregory Hills, Rush City; Mark Woitalla, Northfield



Questionnaire For Butch Nash Award



Candidates name in full _____
First middle last

Address _____ City/Zip Code _____

E-mail _____ Home phone () _____ Work phone () _____

Birthdate _____ College attended _____ Year graduated _____

Candidate: Member MSHSCA? _____ Yes; _____ No. Member MHSFCA? _____ Yes; _____ No.

Head Coach: Member MSHSCA? _____ Yes; _____ No. Member MHSFCA? _____ Yes; _____ No.

Class: 9M; A; 2A; 3A; 4A; 5A; Conference _____ School _____

School Address _____ City/Zip Code _____

Current football coaching assignment _____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

Total number of years as an assistant coach _____

List other background information that would help the committee in their selection (previous championships, awards, etc.

Submitted by: _____
Head Football Coach

Return to: **Jim Dotseth, 4180 Trenton Lane No, Plymouth, MN 55441**

Varsity Gold



Varsity Gold, Inc.



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Academic All-State Football Team Application

School _____ Class _____

Address _____ Section _____

Head Coach _____ Phone (_____) _____

Players Name	G.P.A.	Players Name	G.P.A.
1) _____		26) _____	
2) _____		27) _____	
3) _____		28) _____	
4) _____		29) _____	
5) _____		30) _____	
6) _____		31) _____	
7) _____		32) _____	
8) _____		33) _____	
9) _____		34) _____	
10) _____		35) _____	
11) _____		36) _____	
12) _____		37) _____	
13) _____		38) _____	
14) _____		39) _____	
15) _____		40) _____	
16) _____		41) _____	
17) _____		42) _____	
18) _____		43) _____	
19) _____		44) _____	
20) _____		45) _____	
21) _____		46) _____	
22) _____		47) _____	
23) _____		48) _____	
24) _____		49) _____	
25) _____		50) _____	

Send Team Application to (Fax Numbers):

9 Man: Dave Krenik, Cleveland 507-931-9088
 Class 1A: Wayne Petermeier, Browerville 320-594-8105
 Class 2A: Tony Barnack, Montgomery 507-364-8103
 Class 3A: Dave Hylla, Proctor 218-628-4937
 Class 4A: Bubba Sullivan, Northfield 507-645-3455
 Class 5A: Dave Nelson, Minnetonka 952-401-5905
 Chairman: Con Natvig, Bowerville

 Composite

 (Signature of verifying school official)

 Title

Class 5A, 4A and 3A make copy of page for additional names.



Academic All-State Football Team Concept

Purpose of Awards – To promote and recognize academic achievement by Minnesota high school football teams in each classification.

Proposal – Team academic recognitions in each class will be awarded based on the following standards and procedures.

STANDARDS

Gold Awards – Top teams from each class regardless of section will win Gold award plaques. The standard will likely be established using the top eight team GPA's from each class until a standard is set.

Silver Awards – The Silver awards are the second level recognitions for the next 10 to 12 teams after the Gold teams. Once again, future GPA standards will be determined based on the top 18 to 20 teams in both gold and silver categories. Silver plaques will be awarded.

Bronze Awards – The next 12 to 16 teams in each class will receive certificates.

GUIDELINES AND PROCEDURES

* The teams and awards from each class will be chosen by the Academic All-State Team Committee.

* A team must use all members on their official home roster in determining the team GPA. (may include Grades 10-12, no freshmen for small schools.)

* Each player's name and GPA must be recorded and sent to the class representative.

* A 4.00 system will be used and 4.00 will be the highest grade possible. No weighted grades.

* Grades will be rounded to two decimal points.

* Grades will be from the past full school year. No summer school or current fall grades should be included.

* Individual GPA's will be added together and divided by the number of team members to determine the team GPA. The team GPA must be included on the entry form.

* A school official (principal, councilor, etc.) must sign the form.

* To be eligible for the team academic awards, the head coach must be a current member of the MHSFCA.

* Forms must be submitted to the class representatives by November 1st and award winners must be submitted to the committee by November 8th.

TEAM ACADEMIC ALL STATE REPRESENTATIVES

Class	Name	School	Fax Number
9 Man	Dave Krenik	Cleveland	507-931-9088
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Tony Barnack	Montgomery	507-364-8103
3A	Dave Hylla	Proctor	218-628-4937
4A	Bubba Sullivan	Northfield	507-645-3455
5A	Dave Nelson	Minnetonka	952-401-5905
Chairman	Con Natvig	Browerville	320-594-8105

Applications need to be submitted by November 1

INDIVIDUAL

Academic All-State Football - Player Guidelines and Procedures

A review of the Minnesota State Football Coaches Association's basic requirement for the team are:

1) Must be a senior varsity letterman for the current season who is a starter on either offense, defense or kicker.

2) The player must have outstanding football and leadership ability plus academic excellence.

3) Player must carry a 3.0 (4.0 scale) grade-point average in an academic core curriculum in his sophomore, junior and first quarter of the senior year.

4) Player shall not have any Minnesota State League eligibility penalties or infractions during his high school career.

5) Each class will select a team consisting of the number stated below:

9-Man=11	3A=14
1A=12	4A=15
2A=13	5A=16

6) The teams will not be selected by position, but the committee will select the top football players of each class who meet the criteria stated above.

7) The Coach submitting the player application must be a member of the Minnesota State Football Coaches Association.

Guidelines & Procedures:

1) All applications should be typed or printed with correct names and data.

2) The selection committee must have a good summary of

not only the player's academic record, but the player's football accomplishments.

3) If the first quarter grades are not out for the applicant's senior year, his first quarter senior subjects must be listed.

4) All applications must be sent to your class academic team representative. If you have any problems, contact your class representative first. Please check the time deadlines on the application form.

Remember: This is your state's FOOTBALL COACHES ASSOCIATION'S endeavor.

Individual All-State Player Committee

Class	Name	School	Fax Number
9 Man	Mike Mahlen	Verndale	218-445-5185
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Steve Solem	BOLD	320-523-1031
3A	Scott Tschimperle	GSL	320-864-6475
4A	Rick Sutton	Eagan	651-683-6910
5A	Todd Olson	Richfield	612-798-6129
Chairman:	Mike Watson	Centennial	763-792-5039

Applications need to be submitted by November 1

INDIVIDUAL APPLICATION

Academic All-State Player

Name of Applicant _____ Grade _____

Birthday: Month _____ Day _____ Year _____ Height _____ Weight _____

School _____ Coach _____

Football position played as a Starter Offense: _____ Defense: _____

Circle Class: 9-Man 1A 2A 3A 4A 5A Kicking Game: _____

Accumulative High School G.P.A. _____ Attach a Transcript or list subjects completed or enrolled in.

Grade 10 Subjects	Grade 11 Subjects	1st Quarter Senior Subjects
1. _____	1. _____	1. _____
2. _____	2. _____	2. _____
3. _____	3. _____	3. _____
4. _____	4. _____	4. _____
5. _____	5. _____	5. _____
6. _____	6. _____	6. _____
7. _____	7. _____	7. _____

Use a 4.00 Scale for G.P.A.

Pursuant to the provision of PL 93-380 (Family Educational Rights and Privacy Act of 1974), I hereby grant permission to release a copy of my academic record and G.P.A. average for use by the Minnesota Football Coaches Association in selecting the Academic All-State Team.

Signature of Parent or Student Applicant if 18 years or older

PLAYER INFORMATION

Coaches: Please use the following format to submit data for your applicant.

School Background Information:

- 1) List academic honors.
- 2) List other school activities and leadership role in school.
- 3) List other sports with varsity participation.

Football Information:

- 1) Football position: List in order of which player has best demonstrated ability (offense, defense, kicking game).
- 2) List all football honors - previous and this season.
- 3) Statistics (list stats from this season and career totals). Mention any school or conference records. Mention if a lineman has any team stats that may be pertinent to the team's success.
- 4) Coaches comment: Please submit a short letter to the academic team selection committee describing your player in terms of ability, performance, potential character and what makes this football player special.

Time Deadlines:

- 1) All applications must be in the hands of the class representatives by Nov. 1.
- 2) Class selection committees must have teams picked by Nov. 1 and sent to the academic chairman.
- 3) Class representatives must notify all team selections by Nov. 1.

Send Individual Application to (Fax Numbers):

9 Man	Mike Mahlen	Verndale	218-445-5185
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Steve Solem	BOLD	320-523-1031
3A	Scott Tschimperle	GSL	320-864-6475
4A	Rick Sutton	Eagan	651-683-6910
5A	Todd Olson	Richfield	612-798-6129

Chairman: Mike Watson, Centennial, 763-792-5039



"FOOTBALL IS MINNESOTA'S GAME"

Varsity Gold 2006 Academic All State Teams (Champion in bold)

9-MAN

Sect.	Team/Coach	GPA
1	Grand Meadow - Gary Sloon	3.33
2	Westbrook-Walnut Grove Leo Thiesen/Carter Ross	3.68
3	Wheaton - Tony Thiel	3.56
4	Underwood - Chuck Ross	3.65
5	NA	
6	NA	
7	NA	
8	Stephen-Argyle Central Mark Krovlik	3.65

Class 1A

Sect.	Team/Coach	GPA
1	Bethlehem Academy - Scot Hanson	3.49
2	LeCenter - Ken Helland	3.61
3	Canby - Scott Snobl	3.5
4	Goodhue - Clair Austin	3.2
5	Kerhoven - Murdock-Sunburg James Cortez	3.32
6	New York Mills - Matt Radniecki	3.33
7	NA	
8	Fertile-Beltrami - Brian Nelson	3.36

Class 2A

Sect.	Team/Coach	GPA
1	Caledonia - Carl Fruechte	3.38
2	NRHEG - Dan Stork	3.51
3	Minnesota Valley Lutheran Jim Buboltz	3.66
4	Pierz - Leo Pohlkamp	3.44
5	Eden Valley-Watkins - Ray Tri	3.74
6	Benson - Scott Gonnerman	3.42
7	NA	
8	Pelican Rapids - David Haugen	3.68

Class 3A

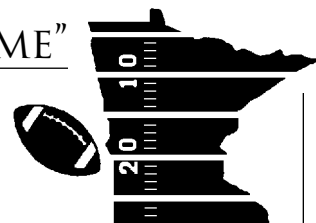
Sect.	Team/Coach	GPA
1	Plainview-Elgin-Melville - Bill Ihrke	3.44
2	Holy Family Catholic - Dave Hopkins	3.52
3	New London-Spicer - Dan Essler	3.54
4	NA	
5	Foley - Larry Herm	3.63
6	Albany - Mike Kleinschmidt	3.68
7	Proctor - Dave Hylla	3.33
8	East Grand Forks Todd Schumacher	3.117

Class 4A

Sect.	Team/Coach	GPA
1	Northfield - Bubba Sullivan	3.42
2	Willmar - Ken Heitzman	3.48
3	Hill Murray - Vince Conway	3.23
4	Chisago Lakes- Bill Weiss	3.51
5	St.Michael-Albertville-Earl Bauman	3.43
6	New Prague - Tony Buthe	3.52
7	Princeton - Scott Walquist	3.24
8	Alexandria - Dennis Kalpin	3.65

Class 5A

Sect.	Team/Coach	GPA
1	Eastview - Kelly Sherwin	3.6
2	Eden Prairie - Mike Grant	3.77
3	North St. Paul - Jim Honsa	3.7
4	White Bear Lake - Bob Jackson	3.66
5	Cretin-Durham Hall - Mike Scanlon	3.64
6	NA	
7	Andover - Rich Wilke	3.61
8	Brainerd - Ron Stolski	3.51



Varsity Gold 2006 Academic All State Individuals

CLASS 9 MAN

Matt Johnson – Cleveland
Brian Theisen – Westbrook-Walnut Grove
Trent Frisch – Wheaton
Lucas Armstrong – Wheaton
Skyler Graff – Underwood
Carl Stenoien – Underwood
Patrick DeCrans – Nevis
Justin Scharpen – Stephen/Argyle Central
Nickolas Mickelson – Goodridge
Josh Kern – Verndale
Spencer Moyer – Verndale

CLASS 1A

Seth Schmitz – Red Lake Falls
Jordan Warren – Goodhue
Trevor Kjos – Rushford-Peterson
Erik Helland – LeCenter
Jacob Kieper – Springfield
Sam Kavanagh – Kerkhoven-Murdock-Sunburg
Drew Schultz – New York Mills
Cody Kontz – Adrian
Paul Reese II – Fertile-Beltrami
Phil Tews – Springfield
Ryan Hoelscher – Browerville
Brandon Havemeier – Sleepy Eye

CLASS 2A

Kyle Gaffaney – Yellow Medicine East
Avery Becker – Caledonia
Bryan Virnig – Pierz
Luke Matzek – Pine Island
Aaron Field – Pelican Rapids
Paul Stommes – Eden Valley-Watkins
Larry Martini – United North Central
Daniel Fragodt – Benson
Dannyl Huju – Deer river
Alex Bendickson – Braham Area
Kyle Larson – Mahnomen
Greg Holzhueter – Minnesota Valley Lutheran.
Matthew Theis – Eden Valley-Watkins

CLASS 3A

Quentin Dudley – Worthington
Nick Dahlke – Holy Family Catholic
Dustin Hansen – St. Cloud Cathedral
Justin Filzen – Proctor

Jared Shouts – Maple River
Joseph Shearer – New London-Spicer
Joshua Hiltner – Albany Area
Dan Bigaouette – Sibley East
Paul Larson – Maple River
Tyler Kaczmarek – Glencoe-Silver Lake
Kent Johnson – Litchfield
Garret Magsam – Foley
Matt Detloff – DeLaSalle

CLASS 4A

Jack Ehrke – Mankato West
Daren Geyen – New Prague
Connor Glynn – St. Thomas Academy
Garret Gmach – Totino Grace
Noah Hadro – Northfield
Steve Herold – Sartell
Taylor Ignaszewski – Albert Lea
Brian Jennison – Chisago Lakes
Kyle Mackedanz – ROCORI
Matt Manion – Totino Grace
Justin Moehle – Sauk Rapids-Rice
Justin Schweiger – Willmar
Zach Sill – Chisago Lakes
Jake Sundberg – Spring Lake Park
Ryan Witty – New Prague

CLASS 5A

Benjamin Nelson – Rochester Mayo
Benjamin Wartman – Prior Lake
Sean Rogers – Farmington
Benjamin Miller – Edina
Drew Penz – Rochester Mayo
Robert Zulegar – Andover
Patrick Lenertz – Eastview
Corey Hermanson – Brainerd
Dylan Bothun – Rosemount
Matt McQuillan – Cretin-Derham Hall
Benjamin Froehling – Farmington
Andrew Rotschafer – Eden Prairie
Brandon Kelly – Cretin-Derham Hall
Matt Hanson – Eagan
Zachary Armstrong – Eden Prairie
Sam Gallu – Brainerd

2006 Playoff Results

2006 CLASS 5A PLAYOFFS

SECTION CHAMPIONS

Eden Prairie H.S. (11-0) 48

Rosevill Area H.S. (H) 21

Hopkins H.S. (6-5)

Score 41-14

St. Cloud Tech H.S. (8-3) (H)

Rosemount H.S. (8-3) 33

Stillwater H.S. (8-3) (H) 10

Lakeville South H.S. (11-10) 34

Anoka H.S. (10-1) (H) 6

Eden Prairie H.S. 49

Saint Cloud Tech H.S. (H) 7

Rosemount H.S. 14

Lakeville South H.S. (H) 17

Eden Prairie H.S. 21

Eden Prairie H.S.

AAAAA State Champion

Lakeville South H.S. (H) 14

2006 CLASS 4A PLAYOFFS

SECTION CHAMPIONS

Mankato West H.S. (8-2) 13

Totino-Grace H.S. (11-0) (H) 21

New Prague H.S. (8-2) 24

Sartell-Sait Stephen H.S. 6

Northfield H.S. (8-3)

Saint Thomas Academy (10-1) (H)

Benilde-St. Margaret's School (8-3) 19

Grand Rapids H.S. (7-4) (H) 7

Totino-Grace H.S. 20

New Prague H.S. (H) 16

Saint Thomas Academy 36

Benilde-St. Margaret's School (H) 16

Totino-Grace H.S. 40

Saint Thomas Academy (H) 25

Totino-Grace H.S.

AAAA State Champion

2006 CLASS 3A PLAYOFFS

SECTION CHAMPIONS

Glencoe-Silver Lake H.S. (10-1) 48

Delano H.S. (5-6) (H) 20

Litchfield H.S. (10-1) 36

Thief River Falls H.S. (10-1) (H) 18

Rochester Lourdes H.S. (9-2) 36

Blue Earth Area H.S. (9-2) (H) 29

Becker H.S. (10-1) 41

Proctor H.S. (11-0) (H) 14

Glencoe-Silver Lake H.S. 27

Litchfield H.S. (H) 20

Rochester Lourdes H.S. 14

Becker H.S. (H) 42

Glenco-Silver Lake H.S. 42

Becker H.S. (H) 20

Glencoe-Silver Lake H.S.

Class AAA State Champion

2006 Playoff Results

2006 CLASS 2A PLAYOFFS

SECTION CHAMPIONS

Triton H.S. (10-1)	40
Saint Croix Lutheran H.S. (11-0) (H)	14
MACCRAY H.S. (10-1)	43
Hawley H.S. (9-2) (H)	58
Winona Cotter H.S. (10-1)	27
Luverne H.S. (8-3) (H)	33
Eden Valley-Watkins (10-1)	6
Moose Lake/Willow River (10-1) (H)	16

Triton H.S.	41
Hawley H.S. (H)	0
Luverne H.S.	33
Moose Lake/Willow River (H)	27

Triton H.S.	70
Luverne H.S. (H)	21

Triton H.S.
AA State Champion

2006 CLASS 1A PLAYOFFS

SECTION CHAMPIONS

New Ulm Cathedral H.S. (9-2)	19
Goodhue H.S. (9-1) (H)	14
New York Mills H.S. (8-2)	16
Fertile-Beltrami H.S. (10-1) (H)	29
Rushford-Peterson H.S. (10-1)	10
Springfield H.S. (10-1) (H)	6
Wabasso H.S. (9-2)	36
Barnum H.S. (9-2) (H)	0

New Ulm Cathedral H.S.	14
Fertile-Beltrami H.S. (H)	7
Rushford-Peterson H.S.	21
Wabasso H.S.	6

New Ulm Cathedral H.S.	7
Rushford-Peterson H.S. (H)	20

Rushford-Peterson H.S.
A State Champion

2006 CLASS 9-MAN PLAYOFFS

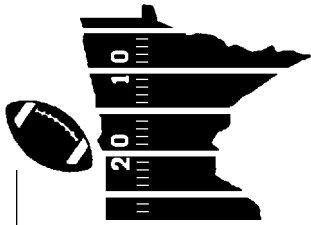
SECTION CHAMPIONS

Edgerton H.S. (10-1)	40
Underwood H.S. (9-1) (H)	46
Ulen-Hitterdal H.S. (10-1)	22
Stephen-Argyle Central H.S. (11-0) (H)	29
Lanesboro H.S. (11-0)	7
Wheaton H.S. (10-1) (H)	26
Cromwell H.S. (11-0)	22
Mountain Iron-Buhl H.S. (11-0) (H)	20

Underwood H.S.	0
Stephen-Argyle Central H.S. (H)	43
Wheaton H.S.	22
Cromwell H.S. (H)	7

Stephen-Argyle Central H.S.	42
Wheaton H.S. (H)	15

Stephen-Argyle Central H.S.
9-Man State Champion



2006 State Football Tournament

Class 9-Man

Stephen-Argyle Central, coached by Mark Kroulik, won its 54th straight game and fourth consecutive Class 9-Man state title with a 42-15 win over Wheaton. The Storm used a dominating ground game to control the game as they attempted just one pass in the game. Wheaton, coached by Tony Thiel, moved the ball well at times were unable to sustain drives due to turnovers.

Class A

Jim Reinhardt's Rushford-Peterson Trojans took took and early lead and held on for a 20-6 victory over New Ulm Cathedral and the Class A title. The Trojans used a ball control offense and kept the Greyhounds, coached by Denny Lux, in check with a solid defensive game. The state title was the Trojans third in the last eight seasons.

Class AA

The Triton Cobras, coached by Don Henderson, scored four touchdowns early in the game on the way to a 70-21 victory over Luverne, coached by Todd Oye, and the Class AA championship. Triton piled up over 500 rushing yards and set several Prep Bowl records on their way to the title.

Class AAA

Glencoe-Silver Lake fell behind early but staged a solid comeback in capturing the Class 3A championship with a 42-20 over the Becker Bulldogs, coached by Dwight Lundeen. Glencoe-Silver Lake, coached by Dave Dose, forced six Becker turnovers to thwart several Bulldog possessions.

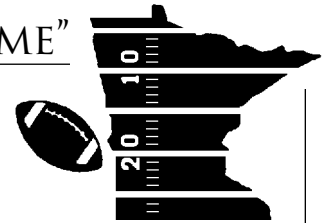
Class AAAA

In one of the tournaments most entertaining games, Totino-Grace jumped out to a 17-0 lead

early in the second quarter, but then St. Thomas Academy scored the next 25 points to take the lead. The Eagles, under the leadership of Jeff Ferguson, the scored the next 23 points to take the Class 4A title with a 40-25 win. The Cadets, led by coach Dave Ziebarth, battled throughout the game before yielding the lead in late in the game.

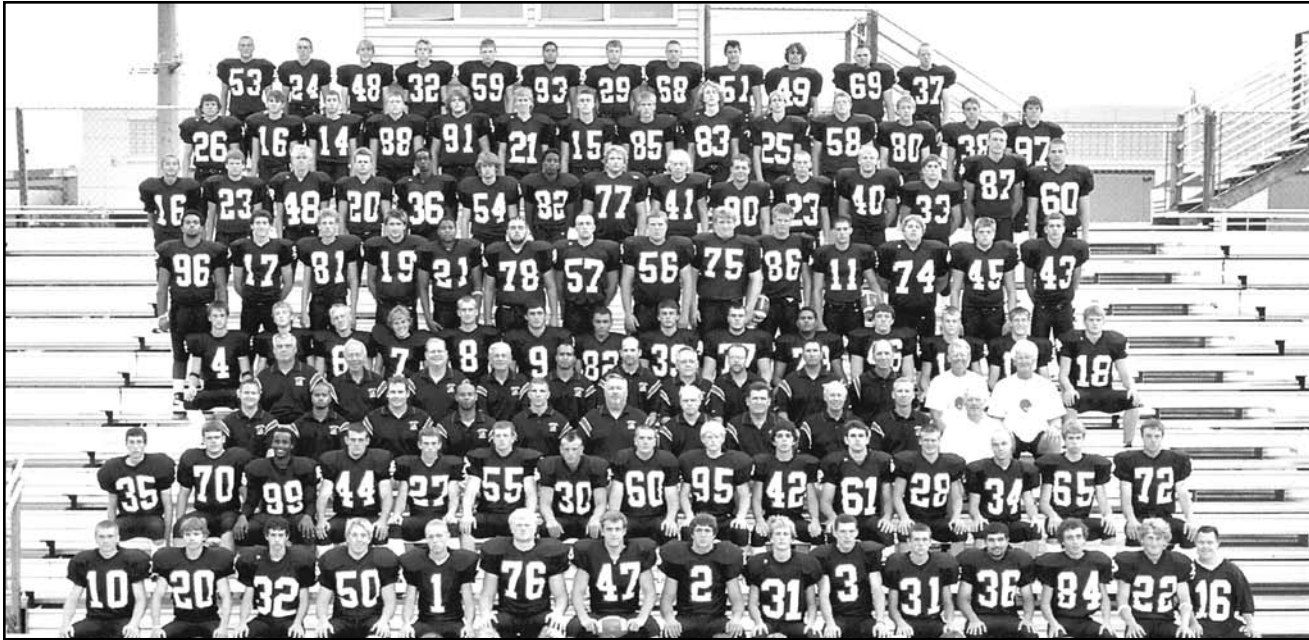
Class AAAAA

The Lake Conference was well represented in the 5A title game as their conference champions, while not meeting during the regular season, went undefeated and met in the season finale. Neither team was a stranger to state title games as both coaches, Mike Grant of Eden Prairie and Larry Thompson of Lakeville South have been to, and won, several state championships. The game opened with some good offensive efforts before the Eden Prairie defense began to take control and sealed the Eagles 21-14 victory.

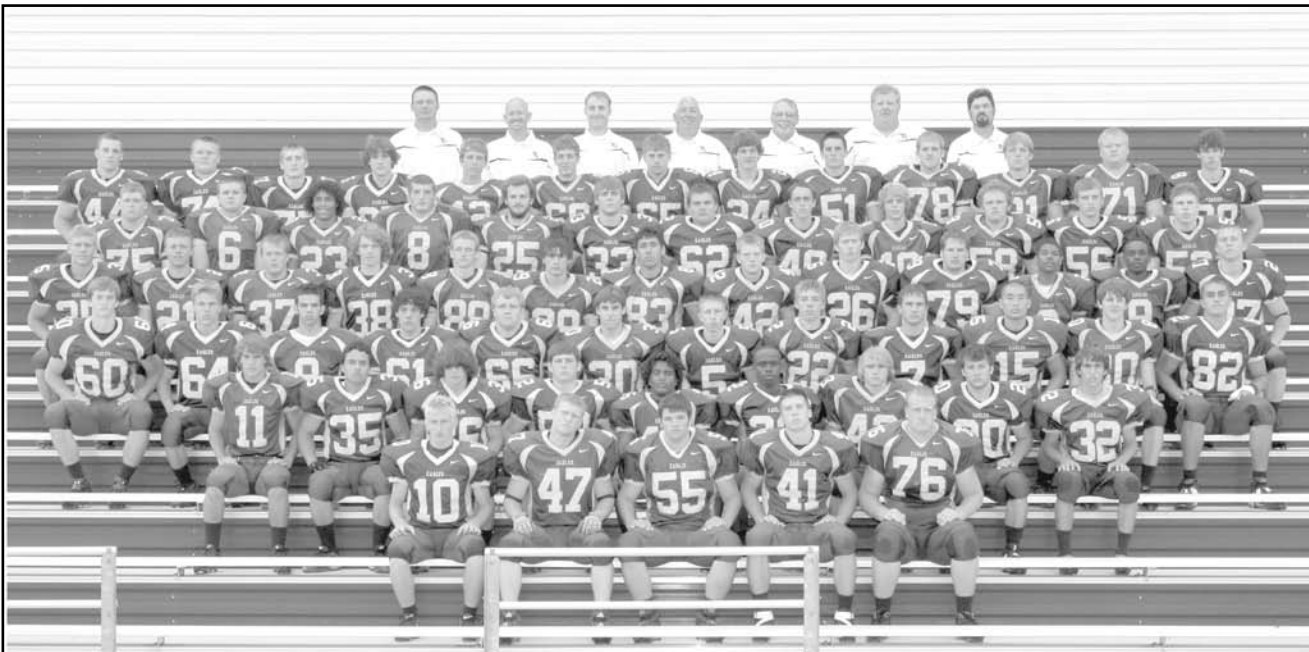


2006 State Champions

Eden Prairie - Section 6 Champion - Class 5A



Totino Grace - Section 6 Champion - Class 4A

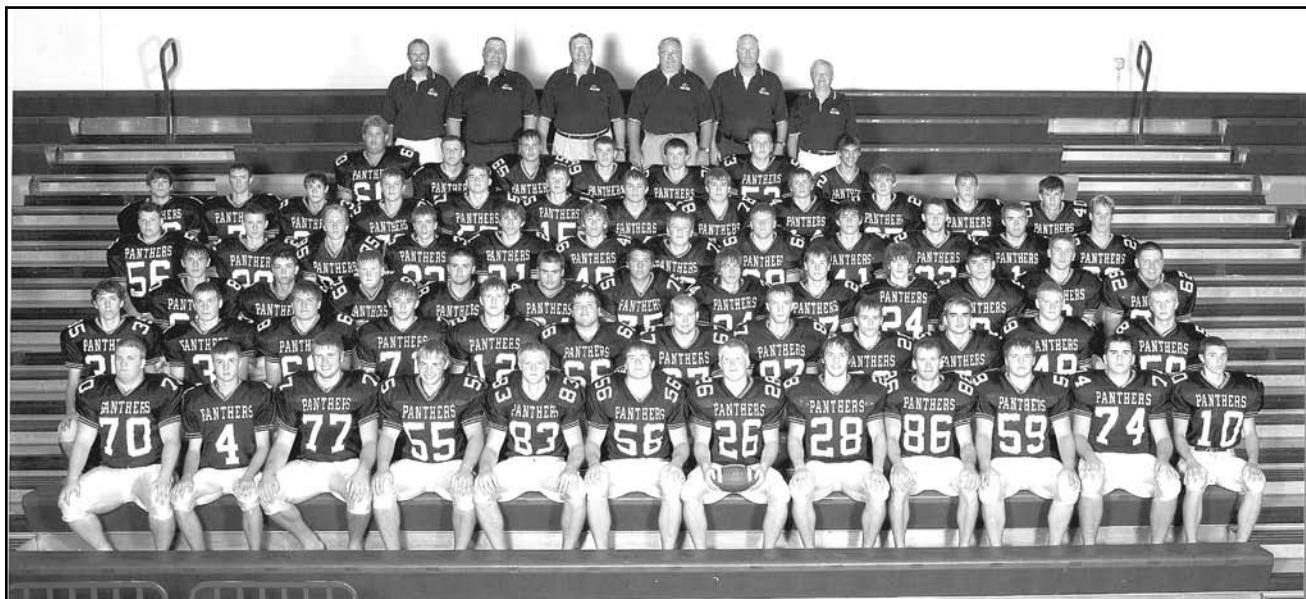




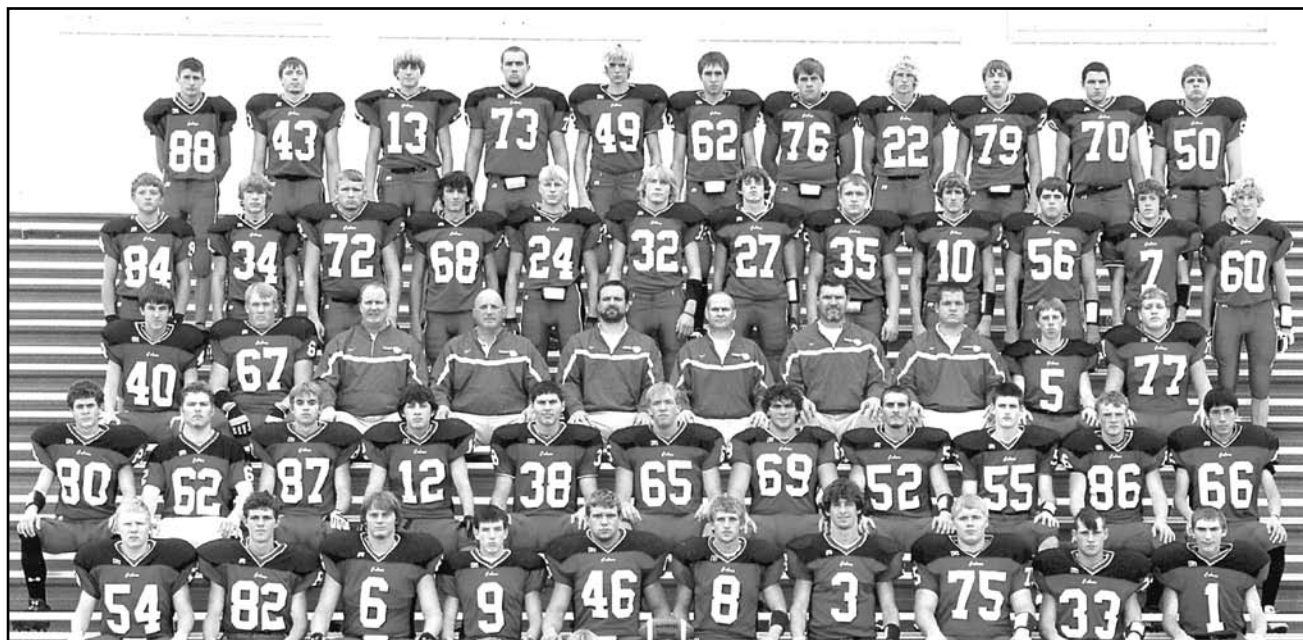
"FOOTBALL IS MINNESOTA'S GAME"

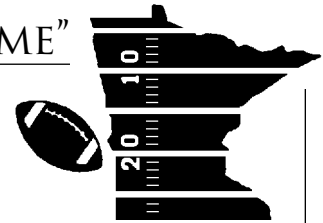
2006 State Champions

Glencoe-Silver Lake - Section 2 Champion - Class 3A



Triton - Section 2 Champion - Class 2A





2006 State Champions

Rushford-Peterson - Section 1 Champion - Class 1A



Stephen-Argyle - Section 7or8 Champion - Class 9-Man



34th Annual Minnesota High School **ALL STAR FOOTBALL GAME**

7:00 P.M. SATURDAY, JUNE 29, 2007 • ST. CLOUD STATE UNIVERSITY

OUTSTATE

HEAD COACHS:

Terry Bahlman

HONORARY COACHS:

Buzz Rumrill

METRO

Mike Fritze

Roger French

OUTSTATE

ASSISTANTS:

Randy Kuechenmeister

Wayne Petermeier

Rob Nielsen

Wally Kostich

Randy Schwegel

METRO

Kim Nelson

Dave Frisell

Dave Enge

Pat Foley

Rick Swanson

Game Recap

METRO: 14 OUTSTATE: 27

Glencoe-Silver Lake's Jon Hoese led the Outstate team to a 27-14 victory over the Metro in the 2007 Minnesota High School All-Star Football Game played at St. Cloud State University.

Hoese scored two rushing TD's and one receiving TD and was named the Outstate Offensive MVP as he also helped the Outstate team with kick returns and punting.

Terry Bahlman of Marshall was the head coach for the Outstate team and

Mike Fritze of Apple Valley was the Metro head coach. Fritze had the "dual role" of coaching in the game and continuing his duties as assistant All Star game director with Dave Fritze. Jim Becker also assisted in managing the game.

Honorary coaches for the game were Buzz Rumrill for the Outstate team and Roger French for the Metro team.

The Outstate team now leads the series 15-13.

Co-sponsored by the
Minnesota High School Football
Coaches Association,
Varsity Gold, and American Express

Your support helps benefit
the MHSFCA
Award Activities.
Thanks for helping!

Dave Fritze
Game Manager



2007 OUTSTATE ALL-STAR FOOTBALL

Offense

- QB: Dan Dobson, Mankato West
Spencer Ohm, Blooming Prairie
- RB: Tony Awoleye, Marshall
Alex Bendickson, Braham
Jon Hoese, Glencoe-Silver Lake
Zach Lundquist, Pelican Rapids
Chris Moritz, Springfield
Nick Paur, Hawley
- WR: Aaron Fruth, St. Cloud Tech
Noah Pauley, Duluth Central
Tim Peterson, Minnesota Valley Lutheran
- TE: Sam Kavanagh, Kerkhoven-Murdock-Sunburg
Matt Veldman, Becker
- OL: Andrew Blacklance, Thief River Falls, T
Aaron Field, Pelican Rapids, G
Tom Grossell, Deer River, C
Major Hopp, Milaca, G
Richard Polley, Albert Lea, T
Craig Rogers, Luverne, C
Drew Schultz, New York Mills, G
Matt Theis, Eden Valley-Watkins, T

Defense

- DE: Dusty Drager, Maple River
Will Lutmer, Adrian
Matt Reger, Jordan
Adam Wheeler, St. Cloud Tech
- DL: Steve Herold, Sartell
Kevin Hughes, Mankato East
Nick Nadeau, Aitkin
Drew Penz, Rochester Mayo
Matt Ulrich, Rushord-Peterson
- LB: Dean Bauers, Duluth Central
Hans Carlson, Northfield
Jake Harmon, Triton
Erik Helland, Le Center
Tyler Wekseth, Barnum
- DB: Lucas Armstrong, Wheaton
Mike Bonyng, New London-Spicer
Kolby Gullickson, Fertile-Beltrami
Ryan Hoelscher, Browerville
Kent Johnson, Litchfield
Anthony Rutjes, Mankato East
Zach Rudolph, Sauk Rapids-Rice
Cody Sukalski, Blue Earth Area

OUTSTATE STAFF

Head Coach: Terry Bahlman
Honorary Coach: Buzz Rumrill

Assistants: Randy Kuechenmeister
Wayne Petermeier
Rob Nielsen
Wally Kostich
Randy Schwegel

2007 METRO ALL-STAR FOOTBALL

Offense

- QB: Muneer Al-Hameed, Minneapolis Washburn
Joe Springer, Cretin-Derham Hall
- RB: Josh Thurston, Concordia (Roseville)
Tim Saxon Jr., Mpls. Henry
Ben Wartman, Prior Lake
Jon Walsh, Rosemount
Nick Vignalo, Stillwater
- WR: Dennis Carter, Spring Lake Park
Delano Saporu, Blaine
- TE: Danny Kane, Hopkins
Collin McGarry, Stillwater
- OL: Zach Buchner, Coon Rapids
Mike Dralle, Apple Valley
Jason Haugen, New Prague
Scott Horvath, Eastview
Andrew Kerstan, Mpls. Washburn
Matt Manion, Totino-Grace
Matthew Schwartz, Forest Lake
Ryan Wynn, Maple Grove

Defense

- DL: Nick Baumann, Mahtomedi
Broderick Binns, Cretin-Derham Hall
Brett Borowske, White Bear Lake
Paul Cornick, Orono
Garrett Johnson, Chaska
Ross Kees, Eagan
Dirk Wilkens, Lakeville South
Matt Detloff, DeLaSalle
Jake Dralle, Apple Valley
- LB: Max Dennis, Apple Valley
Danny Fehlberg, Champlin Park
Adam Gemuenden, Chisago Lakes
Jason Goebel, Minnetonka
Curtis Herzberg, St. Agnes
Brad Kelly, Coon Rapids
Sean Matti, Roseville
- DB: Zach Debeltz, Anoka
Matt Griswold, Totino-Grace
Matt Hansmann, Forest Lake
Takari Hill, Minneapolis South
Tony Kubes, New Prague
Brody Scheff, Waconia
Joe Stormont, Roseville
Eric Zingleman, Andover

METRO STAFF

Head Coach: Mike Fritze

Honorary Coach: Roger French

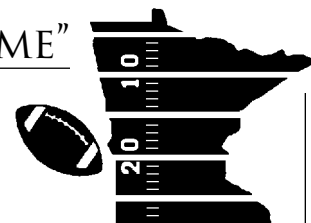
Assistants: Kim Nelson

Dave Frisell

Dave Enge

Pat Foley

Rick Swanson



2006 Minnesota High School Football Conference Coaches of the Year

CONFERENCE

Big Nine
Central Lakes
Central MN
Classic Lake
Classic Suburban
Gopher Valley 1A
Gopher Valley 2A
Great Northern North
Great Northern South
Great River
Heart O'Lakes
Hiawatha Valley Gold
Hiawatha Valley Blue
Lake
Little Sioux
Little Sioux
Minneapolis
Minnesota River
Missota
North Country
North Star
North Suburban
North Suburban
North Tri-County
Northern Lakes
Mississippi Eight
Northwest Suburban
Pheasant North
Pheasant South
Pheasant South

COACH

Mark Esch
John Ross
George Montgomery
Brad Anderson
Vince Conway
Chad Gimbel
Brian Schoneck
Wally Kostich
Jeff Gronner
Gary Wendorf
Michael Frisch
Don Henderson
Mike Kesler
Mike Fritze
Mike Dammann
Randy Strand
Roger French
Jay Lepper
Mark Froehling
Jeff Mumm
Randy Schwegel
Jeff Ferguson
Jeff Schlieff
Darrin Byklum
Chris Trostad
Dwight Lundeen
Jeff Buerkle
Chuck Ross
Matt Radniecki
Tony Thiel

SCHOOL

Mankato West
Sartell
Howard Lake-Waverly
Wayzata
Hill-Murray
Blooming Prairie
Maple River
Mountain Iron-Buhl
Cromwell
Rush City
West Central Area
Triton
Rochester Lourdes
Apple Valley
MACCRAY
Adrian
Minneapolis Henry
Jordan
Farmington
Thief River Falls
Pine River-Backus
Totino-Grace
Spring Lake Park
Fisher-Climax
Crookston
Becker
Anoka
Underwood
New York Mills
Wheaton



"FOOTBALL IS MINNESOTA'S GAME"

2006 Minnesota High School Football Conference Coaches of the Year

CONFERENCE

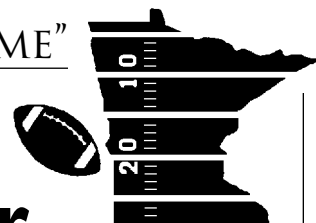
Polar 1A
Polar 2A
Prairie North
Prairie South
Prairie North
Rum River
Sea Range
South Central
Southern Alliance
Southern Confederacy East
Southern Confederacy West
Southern Minnesota
Southwest Ridge
St. Paul City
Suburban East
Three Rivers North
Three Rivers South
Top of State
Top of State
Tri-Metro East
Tri-Metro West
Valley Plains
West Central North
West Central South
West Central South
Wright County

COACH

Kevin Haley
Steve Ott
Don Seipkes
Wayne Petermeier
Steve Tax
Larry Herm
Dave Hylla
Troy Cody
Terry Bahlmann
James Semmen
Chad Mattison
Bill Neubarth
Jeff Drent
Kirby Scull
Mike Scanlan
Kirk Thompson
Jim Reinhardt
Terry Ogorek
Cory Waling
Carl Lemke
Todd Niklaus
John Clark, Jr.
Dan Essler
Mike Gaffaney
Jerry Witt
Pat Foley

SCHOOL

Barnum
Deer River
Ottertail Central
Browerville
Osakis
Foley
Proctor
Fairmont
Marshall
Lanesboro
Alden-Conger
McLeod West
Southwest United
St. Paul Como Park
Cretin-Derham Hall
Plainview/Elgin-Millville
Rushford-Peterson
Kittson Central
Tri County
St. Croix Lutheran
St. Anthony Village
Mahnomen
New London-Spicer
Yellow Medicine East
Morris
Waconia



2006 Minnesota Section Coaches of the Year

CLASS: 9 MAN – SECTION COACH

- 1 James Semmer, Lanesboro
- 2 Andrew Fleischman, Edgerton
- 3 Tony Thiel, Wheaton
- 4 Chuck Ross, Underwood
- 5 Jeff Gronner, Cromwell
- 6 Travis Christensen, Ulen-Hitterdal
- 7 Wally Kostich, Mountain Iron-Buhl
- 8 Mark Kroulik, Stephen-Argyle

CLASS: 1A – SECTION COACH

- 1 Jim Reinhardt, Rushford-Peterson
- 2 Denny Lux, New Ulm Cathedral
- 3 Paul Dunn, Springfield
- 4 Clair Austin, Goodhue
- 5 Joe Kemp, Wabasso
- 6 Matt Radniecki, New York Mills
- 7 Kevin Haley, Barnum
- 8 Brian Nelson, Fertile-Beltrami

CLASS: 2A – SECTION COACH

- 1 Pat Bowlin, Winona Cotter
- 2 Don Henderson, Triton
- 3 Todd Dye, Luverne
- 4 Carl Lemke, St. Croix Lutheran
- 5 Ray Tri, Eden Valley-Watkins
- 6 Mike Dammann, MACCRAY
- 7 Dave Louzek, Moose Lake
Willow River
- 8 Peder Naatz, Hawley

CLASS: 3A – SECTION COACH

- 1 Mike Kesler, Rochester Lourdes
- 2 Dave Dose, Glencoe-Silver Lake
- 3 Todd Oye, Luverne
- 4 Merrill Pavlovich, Delano
- 5 Dwight Lundeen, Becker

- 6 Jon Johnson, Litchfield
- 7 Dave Hylla, Proctor
- 8 Jeff Mumm, Thief River Falls

CLASS: 4A – SECTION COACH

- 1 Bob "Bubba" Sullivan, Northfield
- 2 Mark Esch, Mankato West
- 3 Dave Ziebarth, St. Thomas Academy
- 4 Jeff Ferguson, Totino-Grace
- 5 Jon Hanka and Patrick Krieger
Benilde-St. Margaret
- 6 Tony Buthe, New Prague
- 7 Tim Botsford, Grand Rapids
- 8 John Ross, Sartell

CLASS: 5A – SECTION COACH

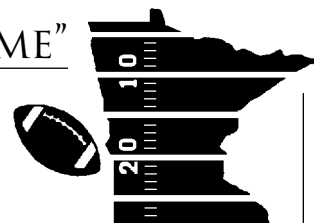
- 1 Jeff Erdmann, Rosemount
- 2 Mike Grant, Eden Prairie
- 3 Scott Hoffman, Stillwater
- 4 Chris Simdorn, Roseville
- 5 Larry Thompson, Lakeville South
- 6 John Den Hartog, Hopkins
- 7 Jeff Buerkle, Anoka
- 8 Gregg Martig, St. Cloud Tech



“FOOTBALL IS MINNESOTA’S GAME”

Winningest All Time High School Coaches 200 or more wins

Wins	Losses	Ties	Coach	School	Years
307	66	6	George Larson	Cambridge	40
294	92	3	Mike Mahlen	Verndale	38
293	138	5	Ron Stolski	Brainerd	45
287	65	2	Ken Baumann	Mahnomen	32
285	69	2	George Thole	Stillwater	31
277	89	2	Grady Rostberg	Hutchinson	34
269	119	2	Stuart Nordquist	International Falls	39
267	111	3	Jim Roforth	Osakis	41
265	122	11	George Smith	Mahtomedi	43
264	80	2	Neal Hofland	Chokio-Alberta	35
264	123	3	Dwight Lundeen	Becker	36
259	105	13	John Hansen	Osseo	40
259	102	9	Les Dreschel	Red Lake Falls/Crookston	40
256	94	8	Tom Mahoney	Fairmont	38
247	119	3	Buz Rumrill	Glencoe/Silver Lake	33
241	91	0	Dave Nigon	Totino Grace	31
236	79	0	Gerhard Meidt	Rothsay/Minneota/Big Lake	32
230	65	0	Jim Mader	Albany	26
229	98	0	Merrill Pavlovich	Delano	31
223	91	1	Jim Simser	Fairmont/New Richland-H	31
222	91	0	Stan Olson	LeRoy-Ostrander	30
221	98	0	Dave Brokke	Granite Falls/YME	29
221	113	1	Jerry Wallskog	LeCenter/BDRSH/Monty	35
220	74	0	Clark Bergloff	Mora	29
217	121	1	Don Stueve	Fergus Falls	37
216	130	6	Billy Beck	Lac Qui Parle Valley	39
215	108	0	Carl Lemke	St. Croix Lutheran	34
212	121	2	DeWayne Johnson	Anoka	33
212	83	8	Kenneth “Red” Wilson	Bemidji	34
212	64	0	Gary Graham	Browerville	25
211	121	1	Roger Lipelt	Wayzata/Providence	36
207	109	2	Andy Nelson	Lake Benton/Verdi	34
206	89	0	Ron Johnson	Clearbrook/Gonvick Tr.	31
205	97	1	Larry Thompson	Lakeville	26
205	59	0	Mike Grant	Eden Prairie	28
203	66	1	Stav Canakes	Edina	27
202	106	13	Bruce Frank	Le Sueur	37
200	65	0	Rich Kallok	Cretin-DH	22
200	89	0	Ken Mauer	St. Paul Harding	32
200	120	2	Con Natvig	Swanville	33
200	77	3	Bob Youso	Moose Lake/Willow River	30



Active High School Coaches with 100 wins or more

Wins	Losses	Ties	Coach	School	Years
294	92	3	Mike Mahlen	Verndale	38
293	138	5	Ron Stolski	Brainerd	45
269	119	2	Stuart Nordquist	International Falls	39
264	123	3	Dwight Lundeen	Becker	36
229	98	0	Merrill Pavlovich	Delano	31
215	108	0	Carl Lemke	St. Croix Lutheran	34
211	121	1	Roger Lipelt	Wayzata/Providence	36
205	97	1	Larry Thompson	Lakeville	26
205	59	0	Mike Grant	Eden Prairie	28
193	139	0	Don Seipkes	Henning/Ottertail Central	34
193	111	0	Terry Karlsgodt	Atwater-G C- C	30
192	64	0	Dave Nelson	Blaine/Minnetonka	23
192	52	0	Steve Ott	Deer River	22
190	60	0	John Bakken	Waterville-Elysian-Morris.	21
185	80	0	Dave Hylla	Proctor	26
181	58	0	Steve Solem	BOLD	20
180	61	0	Jim Reinhardt	Rushford-Peteson	22
179	87	0	Terry Ogorek	Kittson Central	27
178	113	0	Richard Risbrudt	Fergus Falls	29
175	69	0	Bob Majeski	Hastings	21
175	121	0	Gene Stritesky	Ogilvie	29
175	139	0	Dennis Hale	Worthington	32
174	128	0	Jim Brown	Winsted Holy Trinity	31
168	78	0	Paul Miller	Apple Valley/SSP	24
163	54	0	Don Henderson	Triton	19
162	113	0	Earl Bauman	St. Michael-Albertville	27
160	110	2	Dennis Kalpin	Alexandria	28
155	64	0	Leo Pohlkamp	Pierz	21
155	101	0	Brad Homstad	Northstar(Kittson C)	28
152	77	0	Dave Dose	Glencoe-Silver Lake	22
152	71	0	Randy Strand	Adrian	22
144	119	0	Steve Radniecki	Norman County East	26
144	155	1	Mike Watson	Centennial	31
143	51	0	Ivan Kroulik	Kasson-Mantorville	18
143	75	0	Terry Turek	Le Sueur-Henderson	22
134	10	0	Mark Kroulik	Stephen-Argyle	11
133	57	0	Dean Aurich	Mayer Lutheran	19
132	68	0	Bubba Sullivan	Northfield	17
131	50	0	Bill Hudspith	Esko	17
127	98	0	Ray Tri	Eden Valley-Watkins	23
126	136	0	John Sieling	Eagle Valley	30
123	49	0	Mark Messman	Holdingford	16
113	66	0	Dan Ellingson	Hills Beaver Creek	18
106	140	0	Ken Helland	LeCenter	25
105	73	0	Larry Herm	Foley	18



"FOOTBALL IS MINNESOTA'S GAME"

Minnesota High School Football Conferences: 2006-2007

Please note that there may have been changes to certain conferences.
There may be mistakes due to "typos"/lack of information.
Teams are listed in order of conference finish with regular season, and final season records.

Big 9 Conference Standings

	W	L	W	L
Rochester Mayo	7	1	8	2
Rochester Century	7	1	7	2
Mankato West	6	2	8	3
Mankato East	6	2	7	3
Faribault	5	3	6	4
Owatonna	4	4	4	5
Rochester John Marshall	3	5	3	6
Albert Lea	1	7	1	8
Austin	1	7	1	8
Winona	0	8	0	9

Central Lakes Conference Standings

	W	L	W	L
Sartell-St. Stephen	6	1	10	2
Alexandria	5	1	8	3
St. Cloud Tech	4	2	9	4
Brainerd	4	2	6	3
Rocori	4	3	6	4
Sauk Rapids-Rice	4	3	5	4
Willmar	4	3	4	5
St. Cloud Apollo	1	6	1	8
Little Falls	1	6	1	8
Fergus Falls	0	6	0	9

Central Minnesota Conference Standings

	W	L	W	L
Pierz	7	0	10	1
Eden Valley-Watkins	6	1	10	2
Howard Lake-Waverly-Winsted	5	2	7	3
Maple Lake	4	3	5	5
Holdingford	2	5	2	6
Kimball Area	2	5	2	7
Belgrade-Brooten-Elrosa	1	6	3	7
Rockford	1	6	1	7

Classic Lake Conference Standings

	W	L	W	L
Minnetonka	3	1	7	3
Wayzata	3	1	5	5

Edina	2	2	5	4
Hopkins	1	3	6	6
Robbinsdale Armstrong	1	3	2	7

Classic Suburban Conference Standings

	W	L	W	L
St. Thomas Academy	7	0	12	2
Hill-Murray	7	1	8	1
Mahtomedi	6	2	7	4
Tartan	5	2	7	4
Simley	4	4	4	5
Henry Sibley	2	5	3	7
Richfield	1	6	2	7
South St. Paul	1	6	1	8
North St. Paul	0	7	2	8

Gopher Valley A Conference Standings

	W	L	W	L
Blooming Prairie	8	0	9	1
Lester Prairie	7	1	9	2
Mankato Loyola	7	1	9	2
Le Center	6	2	7	3
New Life Acad/				
C.A.-Bloomington	4	4	4	5
West Lutheran	4	4	4	5
St. Clair	4	4	4	5
Bethlehem Academy	2	6	2	7
Janesville-Waldorf-				
Pemberton	2	6	2	7
Lake Crystal-				
Wellcome Memorial	2	6	2	7
Providence Acad./				
Heritage Christian	1	7	1	7
Randolph	1	7	1	8

Gopher Valley AA Conference Standings

	W	L	W	L
Maple River	7	0	9	1
Gibbon-Fairfax-Winthrop	5	2	8	3
Minnesota Valley Lutheran	5	2	7	3
Martin County West	4	3	5	4
New Richland-H-E-G	3	4	6	5

Medford/El Shaddai	2	5	5	6
Waterville-Elysian-Morristown	2	5	4	6
United South Central	0	7	0	9

Great Northern North Conference Standings

	W	L	W	L
Mountain Iron-Buhl	8	0	11	1
Littlefork-Big Falls	6	2	8	3
Cook	6	2	7	3
Cherry	4	3	6	4
Orr	4	4	4	5
Tower-Soudan	1	6	1	8
Babbitt-Embarrass	0	7	1	8

Great Northern South Conference Standings

	W	L	W	L
Cromwell	8	0	12	1
McGregor	6	1	9	2
Wrenshall	5	3	6	4
Floodwood	4	3	6	4
AlBrook	3	5	3	6
Isle	2	5	3	6
Cotton	0	7	0	9

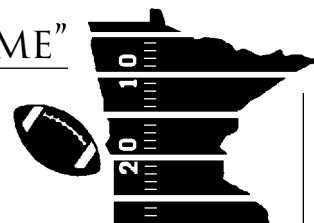
Great Northern West Conference Standings

	W	L	W	L
Northland	6	2	7	3
Bigfork	6	2	6	3
Hill City	4	4	4	5
Nevis	4	4	4	5
Kelliher/Northome	2	6	2	7
Mesabi Academy	1	6	1	7
Laporte	0	8	0	9

Great River Conference Standings

	W	L	W	L
Braham	6	0	9	1
Rush City	5	1	8	2
Aitkin	4	2	5	4
East Central	3	3	3	6
Ogilvie	1	5	3	7

"KEEPERS OF THE GAME"



Onamia	1	5	2	7
Hinckley-Finlayson	1	5	1	8

Heart O'Lakes Conference Standings

	W	L	W	L
Pelican Rapids	6	1	9	2
West Central Area	6	1	8	2
Perham	5	2	8	3
Breckenridge	5	2	5	4
Roseau	2	5	3	6
Dilworth-Glyndon-Felton	2	5	2	7
Agassiz Valley	1	6	2	7
Frazee	1	6	2	7

Hiawatha Valley League - Blue Standings

	W	L	W	L
Kasson-Mantorville	5	0	9	2
Rochester Lourdes	5	1	10	3
Lake City	3	2	5	4
Byron	2	4	5	5
Stewartville	1	4	3	6
Cannon Falls	0	5	1	8

Hiawatha Valley League - Gold Standings

	W	L	W	L
Triton	5	0	13	0
Winona Cotter	4	1	10	2
Zumbrota-Mazeppa	3	2	3	6
Kenyon-Wanamingo	2	3	2	7
Pine Island	1	4	1	8
Hayfield	0	5	1	8

Independents Standings

	W	L	W	L
MN Academy for the Deaf	1	0	7	1
Moorhead	1	0	7	4
La Crescent	0	0	6	3
Silver Bay	0	0	3	6
Bemidji	0	1	3	6
St. John's Prep	0	1	2	4
Crosby-Ironton	0	0	0	9
Mound Westonka	0	0	0	9

Lake Conference Standings

	W	L	W	L
Eden Prairie	7	0	14	0
Lakeville South	7	0	13	1
Apple Valley	6	1	8	2
Burnsville	5	2	8	3
Rosemount	4	3	9	4
Eastview	3	4	5	5
Bloomington Kennedy	2	5	3	7
Eagan	2	5	2	7

Chaska	2	6	2	7
Lakeville North	1	6	1	8
Bloomington Jefferson	0	7	0	9

Little Sioux Conference Standings

	W	L	W	L
Adrian	8	0	9	1
MACCRAY	7	1	10	2
Minneota	7	1	8	2
Tracy-Milroy-Balaton	5	3	5	4
Murray County Central	4	4	6	5
Dawson-Boyd	3	5	4	6
Russell-Tyler-Ruthton	3	5	3	6
Ortonville	2	6	2	7
Canby	1	7	1	8
Fulda	0	8	0	8

Minneapolis City Conference Standings

	W	L	W	L
Minneapolis Washburn	6	0	8	2
Minneapolis Henry	4	2	6	4
Minneapolis South	4	2	5	5
Minneapolis Southwest	3	3	5	4
Minneapolis North	3	3	4	5
Minneapolis Roosevelt	1	5	2	7
Minneapolis Edison	0	6	1	8

Minnesota River Conference Standings

	W	L	W	L
Jordan	7	0	10	1
Holy Family Catholic	5	2	6	4
LeSueur-Henderson	4	3	5	5
Belle Plaine	3	4	4	5
Sibley East	3	4	3	6
Norwood-Young America	3	4	3	6
Mayer Lutheran	2	5	3	6
Montgomery-Lonsdale	1	6	2	8

Mississippi 8 Conference Standings

	W	L	W	L
Becker	7	0	12	2
Cambridge-Isanti	5	2	7	3
Monticello	4	3	5	5
Big Lake	4	3	4	5
St. Michael-Albertville	3	4	3	6
Buffalo	3	4	3	6
Rogers	2	5	3	6
Princeton	0	7	1	9

Missota Conference Standings

	W	L	W	L
--	---	---	---	---

Farmington	7	0	10	1
New Prague	5	2	9	3
Northfield	4	3	8	4
Prior Lake	4	3	5	4
Hutchinson	4	3	6	5
Holy Angels Academy	3	4	6	5
Shakopee	1	6	1	8
Red Wing	0	7	2	8

North Country Conference Standings

	W	L	W	L
Thief River Falls	6	0	10	2
Duluth Central	4	2	7	3
Detroit Lakes	4	2	7	3
Grand Rapids	3	3	7	5
Duluth East	3	3	4	6
Duluth Denfeld	1	5	2	7
Hibbing	0	6	1	8

North Suburban Conference Standings

	W	L	W	L
Totino-Grace	7	0	14	0
Spring Lake Park	7	0	9	1
Chisago Lakes Area	6	1	8	3
Benilde-St. Margaret's	5	3	9	4
Robbinsdale Cooper	4	4	4	5
Fridley	3	4	4	5
Irondale	3	5	3	6
St. Louis Park	2	5	3	7
North Branch	2	5	2	7
St. Francis	1	6	2	7
Columbia Heights	0	7	1	8

North Tri-County Standings

	W	L	W	L
Hillcrest Lutheran Academy	8	1	9	2
Ulen-Hitterdal	7	1	10	2
Waubun	5	2	7	3
Ada-Borup	4	3	5	5
Climax/Fisher	3	5	5	5
Norman County West	1	6	1	8
Win-E-Mac	1	6	1	8
Norman County East	1	6	1	8

Northern Lakes Conference Standings

	W	L	W	L
Crookston	4	1	4	5
East Grand Forks	3	1	3	5



"FOOTBALL IS MINNESOTA'S GAME"

Pequot Lakes	3	2	6	4
Park Rapids Area	3	2	5	5
Warroad	1	4	1	7
Wadena-Deer Creek	0	4	1	7

Northstar Conference Standings

	W	L	W	L
Pine River-Backus	4	1	7	3
Lake of the Woods	4	1	6	3
Bagley	4	1	6	4
Walker-Hackensack-Akeley	2	3	3	6
Blackduck	2	4	2	6
Cass Lake-Bena	0	6	0	9

Northwest Suburban Conference Standings

	W	L	W	L
Anoka	7	1	10	2
Champlin Park	7	1	8	2
Osseo	6	2	6	3
Blaine	5	3	6	4
Maple Grove	5	3	5	4
Andover	5	3	5	4
Park Center	2	6	4	7
Coon Rapids	1	7	2	8
Centennial	1	7	1	8
Elk River	1	7	1	8

Pheasant Conference North Standings

	W	L	W	L
Underwood	9	1	11	2
Verndale	6	3	8	3
Ashby	5	4	7	4
Eagle Valley	3	6	4	6
Bertha-Hewitt	1	7	2	8

Pheasant Conference South Standings

	W	L	W	L
Wheaton	9	0	12	1
Clinton-Graceville-Beardsley	5	3	5	4
Chokio-Alberta/				
Herman-Norcross	3	5	4	6
Brandon-Evansville	2	6	2	7
Hancock	0	8	0	9
Polar League A Standings				

	W	L	W	L
Barnum	6	2	9	3
Cook County	5	3	7	4
Carlton	2	6	3	7
Chisholm	2	6	2	7
Ely	1	7	1	8
Nashwauk-Keewatin	1	7	1	8

Polar League AA Standings

	W	L	W	L
Deer River	8	0	10	1
Moose Lake-Willow River	7	1	11	2
Greenway	6	2	7	3
Esko	5	3	5	4
Two Harbors	3	5	3	6
Duluth Marshall	2	6	2	7

Prairie Conference - North Standings

	W	L	W	L
New York Mills	6	2	8	3
Ottertail Central	6	2	6	3
United North Central	5	3	5	4
Parkers Prairie	2	6	2	7
Pillager	2	6	2	7

Prairie Conference - South Standings

	W	L	W	L
Kerkhoven-Murdock-Sunburg	6	2	8	3
Browerville	6	2	8	3
Osakis	4	4	5	5
Royalton	2	6	2	7
Upsala/Swanville Area	1	7	1	8

Rum River Conference Standings

	W	L	W	L
Foley	4	0	9	2
Zimmerman	3	1	6	3
Milaca	2	2	5	4
Pine City	1	3	2	7
Mora	0	5	3	6

Sea Range Conference Standings

	W	L	W	L
Proctor	6	0	11	1
Ashland	5	1	5	1
International Falls	4	2	7	4
Hermantown	3	3	5	5
Cloquet	2	4	2	7
Eveleth-Gilbert/Mesabi East	1	5	3	7
Virginia	0	6	0	9

Southern Confederacy

Conference - East Standings

	W	L	W	L
Lanesboro	6	0	11	1
Mabel-Canton	5	1	8	2
Grand Meadow	3	3	7	4
Houston	3	3	6	4
LeRoy-Ostrander	3	3	5	4
Spring Grove	1	5	3	6
Lyle/Austin Pacelli	0	6	2	7

Southern Confederacy Conference - West Standings

	W	L	W	L
Alden-Conger	6	0	7	3
Cleveland	5	1	6	4
Madelia	4	2	4	5
Granada-Huntley-EC/M.L.	3	3	3	6
Truman	2	4	2	7
Glenville-Emmons	1	5	1	8
Nicollet	0	6	0	8

Southern Minnesota Alliance Conference Standings

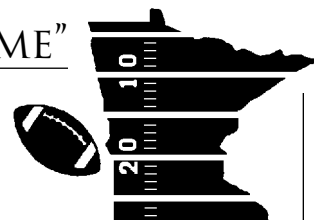
	W	L	W	L
Marshall	7	0	8	1
Jackson County Central	7	1	9	2
Blue Earth Area	6	2	9	3
Waseca	6	2	7	3
Fairmont	5	3	6	4
Luverne	4	3	10	4
Pipestone Area	3	4	4	5
Windom Area	2	5	2	5
St. James	2	5	2	6
Redwood Valley	2	5	2	6
New Ulm	2	5	2	7
Worthington	2	6	2	7
St. Peter	0	7	0	9

Southern Minnesota Conference Standings

	W	L	W	L
Springfield	7	1	10	2
McLeod West	7	1	8	2
New Ulm Cathedral	6	2	11	3
Wabasso	6	2	10	3
Sleepy Eye	4	4	5	5
Red Rock Central	4	4	4	5
Buffalo Lake-Hector	3	5	4	6
Sleepy Eye Saint Mary's	1	7	1	7
Mt. Lake/Butterfield-Odin	1	7	1	8
Renville County West	1	7	1	8

Southwest Ridge Conference

"KEEPERS OF THE GAME"



Standings

	W	L	W	L
Southwestern United	7	0	9	1
Edgerton	6	1	10	2
Westbrook-Walnut Grove	5	3	7	4
Hills-Beaver Creek/Ellsworth	4	3	4	5
Lakeview	4	4	5	5
Cedar Mountain/Comfrey	3	5	3	6
Lincoln H I/Lake Benton	1	6	1	8
Holy Trinity	0	8	0	9

St. Paul City Conference Standings

	W	L	W	L
St. Paul Johnson	6	0	7	2
St. Paul Como Park	5	1	8	2
St. Paul Harding	4	2	5	4
St. Paul Central	3	3	3	6
St. Paul Highland Park	2	4	2	7
St. Paul Arlington	1	5	2	7
St. Paul Humboldt	0	6	0	9

Suburban East Conference Standings

	W	L	W	L
Cretin-Derham Hall	7	0	10	1
White Bear Lake	5	2	8	3
Roseville	5	2	8	4
Stillwater Area	5	3	8	4
Forest Lake	4	3	4	5
Hastings	4	4	4	5
Mounds View	3	4	5	5
Park of Cottage Grove	0	8	2	8
Woodbury	0	7	1	8

Three Rivers Conference - North Standings

	W	L	W	L
Goodhue	5	0	10	2
Plainview/Elgin-Millville	4	1	7	3
Lewiston-Altura	2	3	3	7
St. Charles	2	3	3	7
Wabasha-Kellogg	1	4	1	8
Dover-Eyota	1	4	1	8

Three Rivers Conference - South Standings

	W	L	W	L
Rushford-Peterson	5	0	13	1
Caledonia	3	2	8	3
Kingsland	3	2	6	4
Southland	2	3	5	4
Chatfield	2	3	4	5
Fillmore Central	0	5	2	7

Top of the State Conference

Standings

	W	L	W	L
Stephen-Argyle	7	0	13	0
Clearbrook-Gonvick	5	2	7	3
Kittson Central	5	2	6	3
Sacred Heart	4	4	4	4
North Star	3	4	4	5
Grygla-Gatzke/Goodridge	2	6	2	6
Marshall County Central	2	6	2	6
Red Lake County Central	0	7	0	7

Tri-Metro Conference Standings

	W	L	W	L
St. Croix Lutheran	7	0	11	1
St. Anthony Village	7	0	9	2
DeLaSalle	6	2	7	3
Minnehaha Academy	4	3	5	4
St. Agnes	4	3	5	4
Breck	4	4	4	5
St. Paul Acad./Mounds Park Acad.	3	4	4	5
Concordia Academy	3	4	4	5
Brooklyn Center	2	5	2	7
St. Bernard's	0	7	1	8
Blake	0	8	0	8

Valley Plains Conference Standings

	W	L	W	L
Mahnomen	7	1	8	2
Fertile-Beltrami	6	1	11	2
Hawley	6	2	10	3
Badger/Greenbush-Middle River	4	3	4	5
Red Lake Falls	3	4	4	5
Lake Park-Audubon	2	5	4	6
Warren-Alvarado-Oslo	1	6	4	7
Fosston	0	7	2	8

West Central Conference - North Standings

	W	L	W	L
New London-Spicer	6	1	8	3
Staples-Motley	5	2	6	4
St. Cloud Cathedral	4	3	6	4
Sauk Centre	4	3	5	4
Albany	3	4	5	5
Minnewaska Area	3	4	4	5
Melrose	2	5	2	7
Long Prairie-Grey Eagle	1	6	1	8

West Central Conference - South Standings

	W	L	W	L
Morris Area	6	1	8	3

Yellow Medicine East	6	1	7	3
Atwater-Cosmos-Grove City	4	3	7	4
BOLD	4	3	4	5
Montevideo	3	4	3	6
Paynesville Area	2	5	3	6
Benson	2	5	2	7
Lac qui Parle Valley	1	6	2	7

Wright County Conference Standings

	W	L	W	L
Waconia	7	1	8	2
Glencoe-Silver Lake	6	1	13	1
Litchfield	6	1	11	2
Orono	4	4	6	4
Dassel-Cokato	3	4	5	5
Delano	2	5	5	7
Watertown-Mayer	1	6	2	7
Annandale	0	7	1	7



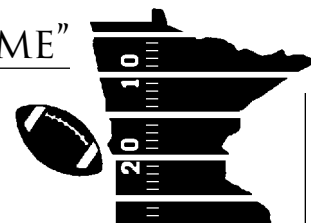
Coaches with the Most State Championships

While numerous coaches have coached state championship teams and several have coached teams to two state titles a select few have been able to guide their teams to three or more state championships.

The coaches listed below won at least three state titles at one or more schools.

If any coaches have been omitted, reader should contact the Secretary-Treasurer.

StateTitles	Coach	School(s)	Years
6	Ken Baumann	Mahnomen	1980, 90, 91, 92, 93, 98
5	Dick Hanson	Burnsville	1972, 80, 85, 89, 91
5	Mike Grant	Eden Prairie	1996, 97, 2000, 02, 06
4	Mark Kroulik	Stephen-Argyle	2003, 04, 05, 06
4	Rick Manke	Glyndon-Felton	1985
		Detroit Lakes	1992, 93, 95
4	Gerhard Meidt	Rothsay	1972
		Minneota	1986, 87, 88
4	George Thole	Stillwater	1975, 82, 84, 95
3	Lyle Anderson	Cook County	1997, 98, 99
3	Keith Bergstadt	Cromwell	1995, 96, 98
3	Jeff Ferguson	Totino Grace	2003, 04, 06
3	Don Henderson	Triton	1994, 2000, 06
3	Ken Jacobsen	Chatfield	1994, 95, 96
3	George Larson	Cambridge	1986, 87, 2000
3	Dave Main	Gaylord	1973, 75, 79
3	Jim Reinhart	Rushford-Peterson	2002, 04, 06
3	Grady Rostberg	Hutchinson	1983, 84, 98
3	Larry Thompson	Lakeville	1988, 92, 2003
3	Dave Dose	Glencoe-Silver Lake	2000, 2004, 2006



Sartell and Alexandria Share Central Lakes Conference Title

The Sartell Sabres and the Alexandria Cardinals finished the conference schedule with one loss each to tie for top honors in the Central Lakes Conference. The conference season showed incredible balance among the schools with seven schools finishing with a winning record in conference play.

Sartell finished the season at 10-2 overall and 6-1 in conference play. Their only regular season loss was to Brainerd 15-19 on the final regular season game. Sartell advanced to the State AAAA Playoffs but were beaten by New Prague in the Quarterfinals. Head coach John Ross was named conference coach of the year. Senior lineman Steve Herold was selected as a Mr. Football finalist.

Alexandria, under the direction of Dennis Kalpin, finished 5-1 in the conference and 8-3 overall. Alexandria's only conference loss was to Sartell in week 3 of the season. Senior Quarterback Eric Hartman led the Cardinals to a second place finish in the Section 8AAAA playoffs.

Ron Stolski and the Brainerd Warriors finished the conference season 4-2 and 6-3 overall. The season provided plenty of drama as Brainerd played in many close games including a close loss to St. Cloud Tech in the Section 8AAAA Semifinal.

St. Cloud Tech enjoyed a fantastic season advancing to the State AAAAA semifinals before falling to Eden Prairie. The Tigers were led by All-State receiver Aaron Fruth and defensive lineman Adam Wheeler. They finished with a conference record of 4-2 and an overall record of 9-4 for rookie Head Coach Gregg Martig.

The Rocori Spartans and head coach Rick Thiesen finished with an overall record of 6-4 and a conference mark of 4-3. They were led by sophomore running back Nick Schnieder and will be a contender for the title next year.

Bill Magnuson and the Sauk Rapids/Rice Storm finished with a 4-3 conference record and 5-4 overall. The Storm got off to a fast start, but were

sidelined by an injury to senior quarterback Nate Rudolph.

The Willmar Cardinals finished 4-3 in the conference and 4-5 overall. Under the direction of Ken Heitzman, the Cardinals played a wide-open offensive style featuring their skilled perimeter players. Defensive Coordinator Bob Bezdicek was named the Steve Nunnink Assistant Coach of the Year for the Central Lakes Conference.

The Little Falls Flyers and the Apollo Eagles finished with identical 1-6 conference records and 1-8 records overall. Jack Marmon's flyers defeated Jon Benson's eagles in their conference matchup.

The Fergus Falls Otters entered the CLC for their first season of football under head coach Richard Risbrudt. The Otters finished 0-6 in the conference and 0-9 overall.

	Con.	Overall
Sartell	6-1	10-2
Alexandria	5-1	8-3
Brainerd	4-2	6-3
Tech	4-2	9-4
Rocori	4-3	6-4
SR/R	4-3	5-4
Willmar	4-3	4-5
Little Falls	1-6	1-8
Apollo	1-6	1-8
Fergus Falls	0-6	0-9



Gopher Valley "A" Conference

Gopher Valley "A" Conference Standings

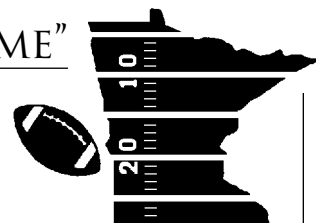
	Record	Scored	Allowed	Coach
Blooming Prairie	8 – 0	352	83	Chad Gimbel
Mankato Loyola	7 – 1	253	90	Dan Rotchadl
Lester Prairie	7 – 1	258	98	Joe Scoblic
Le Center	6 – 2	264	61	Ken Helland
Concordia Academy / New Life Academy	4 – 4	130	206	Mitch Jensen
St. Clair	4 – 4	95	158	Jeff Tietje
West Lutheran	4 – 4	121	159	Nathan Veach
Faribault Bethlehem Academy	2 – 6	122	183	Scott Hanson
Janesville – Waldorf – Pemberton	2 – 6	106	194	Merle Sveen
Lake Crystal – Welcome Memorial	2 – 6	88	189	Dewey Escher
Providence Academy / Heritage Christian Academy	1 – 7	69	236	Roger Lipelt
Randolph	1 – 7	62	265	Chris Buck

Coach Chad Gimbel and his Blooming Prairie Awesome Blossoms won the Gopher Valley "A" Conference Championship with a perfect 8-0 record. Coach Dan Rotchadl's Mankato Loyola Crusaders and Coach Joe Scoblic's Lester Prairie Bulldogs finished in a tie for second place with 7-1 records. Both team's only conference loss was to Blooming Prairie.

Blooming Prairie featured a high powered offense in winning the Conference Championship. They led the conference by averaging 44.0 points per game and 435 yards of total offense per game. The Le Center Wildcats led the conference in defense giving up 7.6 points per game and allowing 140 total yards of offense per game. Blooming Prairie's coach Chad Gimbel was named the Conference Coach of the Year.

Blooming Prairie's outstanding quarterback Spencer Ohm led the conference in passing, completing 68% (118 of 174) of his passes for 2080 yards 24 TD's and only had 4 interceptions in eight conference games. No other QB in the conference passed for over 1000 yards. Ohm's favorite target,

Elliot Herdina was the conference leader in receiving, catching 35 passes for 891 yards and 14 touchdowns. The conference had two 1000 yard rushers in the eight conference games. Concordia Academy / New Life Academy's Joey Graybill rushed for 1012 yards and 13 touchdowns on 157 attempts. Le Center's Erik Helland led the conference with 1116 yards and 18 touchdowns on 169 rushing attempts. Lester Prairie's Joe Kley was the top kick return man, returning 2 punts and 1 kickoff for touchdowns. Wyatt Wheelock from Janesville/Waldorf/Pemberton led the conference with 154 total tackles. Travis Dorn from St. Clair had 9 QB sacks and Alex Williams from Lester Prairie had 6 interceptions.



Gopher-Valley Conference AA

Maple River wins Gopher Valley Conference AA Championship

Maple River outlasted seven other teams to claim the Gopher Valley Conference AA Football Championship this past fall.

The Eagles, coached by first year head coach Brian Schoneck, were led by the conference's top defense featuring Mike Felber and Dusty Drager. Both of these players finished in the top seven in the conference in tackles. Drager is a 3-time All-Gopher Valley Conference selection and Felber a two-time.

Maple River allowed only 2.46 yards per carry and just 158 yards per game, six less than the second best defensive team from Minnesota Valley Lutheran.

Other top players for the Eagles included quarterback Paul Larson who completed 53 percent of his passes, running back Ethan Anderson, who led the conference in rushing with 580 yards and kicker Aaron Annis who averaged 35 yards per punt and kicked three field goals.

Minnesota Valley Lutheran, coached by Jim Buboltz and Gibbon-Fairfax-Winthrop, coached by Pat Hentges, tied for second in the conference with 5-2 records.

MVL was led by two-time All-Gopher Valley Conference picks Jake Unke and Greg Holzhueter.

Unke rushed for nearly six yards per carry, was third in the conference with 25 catches for 453 yards and seven touchdowns and led the conference in scoring with 74 points including nine touchdowns, 20 extra points and three field goals.

Holzhueter was the top quarterback in the conference, completing 111 of 196 passes for 1450 yards, 16 touchdowns and seven interceptions.

MVL finished the season as the second best offensive and defensive team. They gained 295 yards per game, one less than NRHEG. They limited teams to 217 yards per game. Opponents com-

pleted only 53 passes and the MVL intercepted 12 passes, five by Tyler Lange, which tied for the top mark in the conference.

GFW was the third best passing team in the conference, with quarterback Sam Van Hon throwing for 1017 yards and 13 touchdowns. He completed 69 of 126 passes.

Two-time All-Gopher Valley running back Ryan Panning rushed for 459 yards and six touchdowns, averaging more than four yards a carry. Jason Berger and Cody Jackson combined to catch 46 passes for 723 yards and eight touchdowns. Both were among the conference's top 10 in receiving yardage and catches. Jackson also intercepted four passes and Van Hon three.

Martin County West, coached by Larry Skogerboe, finished in fourth place in the conference with a 4-3 record. This will be Skogerboe's last year as head coach of the Mavericks.

Martin County West was the top rushing team in the conference, gaining 1424 yards and 17 touchdowns. Tate Anderson, a two-time All-Gopher Valley selection, was fourth in the conference in rushing with 474 yards and five touchdowns. Alex Carpenter, another two-time All-Gopher Valley player, gained 401 yards rushing.

Guy Rudolph, Tim Mulso and Anderson, all two-time All Gopher Valley picks, were among the top 10 tacklers in the conference. Rudolph and Anderson tied for the conference lead in tackles with 96 each. Mulso had 72.

NRHEG, coached by Dan Stork, finished in fifth place in the conference with a 3-4 record. They were the top offensive team in the league, gaining more than 1000 yards both rushing and passing. They averaged 296 yards per game.

Quarterback Dakota Tracy was the second best signal caller in the conference, completing 64 of 140 passes for 1055 yards. Running back Blake Kerkhoff was the third leading rusher in the



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league, gaining 485 yards on just 69 carries, an average of seven yards per rush. Gaven Schlaak added 436 yards rushing.

Two-time All-Gopher Valley Conference picks Mitch Brekke and Taylor Holland, led the defense, Holland was fourth in tackles with 86 and second in sacks with eight. Brekke led the conference in sacks with nine and was sixth in tackles with 81.

Holland and Justin Stieglbauer were among the top receivers in the league. Holland caught 28 passes for 518 yards and Stieglbauer caught 11 passes for 277 yards and six touchdowns. His 25 yard per catch average led the conference.

WEM and Medford/El Shaddai tied for sixth in the conference with 2-5 records.

The Buccaneers, coached by Jon Bakken, were led by three-time All-Gopher Valley Conference back/ lineman Tyler Velzke, two-time All-Gopher Valley Conference lineman Jeremy Morsching and receiver Ken Wollin.

Velzke rushed for 234 yards and three touchdowns, had 52 tackles and five sacks. Morsching had 66 tackles, two sacks and two fumble recoveries. Wollin averaged 25 yards per catch, grabbing 16 passes for 400 yards and five touchdowns. He also tied for the league lead with five interceptions.

Jon Roemhildt and Nick Fischer were the top tacklers for WEM, with 78 and 73, respectively.

Medford, coached by Maurice McCabe, finished with the second best rushing defense, allowing only 941 yards rushing. Shane Kaplan and David Schroht were the team's top tacklers with 60 and 56 tackles, respectively.

Nate Heil was the second leading rusher in the conference with 489 yards on 120 carries. Ty Svenby gained 385 yards and five touchdowns on just 68 carries, an average of 5.7 yards per carry. He also caught 24 passes for 386 yards. Bobo Boyd caught 18 passes for 220 yards and three TDs.

USC, coached by Brent Schimek, finished the season without a win. Jordan Stenzel, the team's quarterback, completed 45 passes for 629 yards and he lead his team with 364 yards rushing and three touchdowns. Dan Sandt added 251 yards rushing

and three scores. Chris Yost was among the top receivers in the conference, grabbing 23 passes for 372 yards and three scores.

2006 Gopher Valley Conference Football FINAL Standings

TEAM	Conf	Overall
1. Maple River	7-0	9-1
2. Gibbon-Fairfax Winthrop	5-2	8-3
2. Minnesota Valley Lutheran	5-2	7-3
4. Martin County West	4-3	5-4
5. NRHEG	3-4	6-5
6. Medford/El Shaddai	2-5	5-6
6. WEM	2-5	4-6
8. United South Central	0-7	0-9

* Maple River lost to Blue Earth Area, 14-0, in Section 3AAA Semifinals

* GFW lost to Luverne, 27-6, in Section 3AA Championship

* MVL lost to GFW, 21-20 in OT, in Section 3AA Semifinals

* MCW lost to Southwestern United, 23-22 in OT in Section 3AA Quarters

* NRHEG lost 40-0 to Triton in the Section 2AA Championship

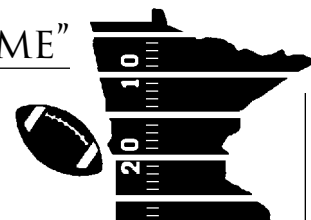
* Medford lost to Rushford-Peterson, 30-6 in Section 1A Championship

* WEM lost to NRHEG, 50-7, in Section 2AA Semifinals

* USC lost to NRHEG, 22-14, in Section 2AA Quarterfinals

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Jay Schneider



Heart O' Lakes Conference

The 2006 Heart O' Lakes Conference was again very competitive in what will prove to be the final year of HOL football. Going into the final weekend of the season there were three teams in the running for the conference title, or at least a share of it. Coming out on top in a two way tie were West Central Area and Pelican Rapids.

The WCA Knights, led by HOL Coach of the Year Mike Frisch, put up some great offensive numbers. They led the league in scoring at 34.6 points/game and passing with over 200 yards per game. They possessed some excellent skill players and their coaches utilized them very well with the schemes they used.

Pelican Rapids got to the top behind an excellent running game averaging 267 yards per game to lead the conference in that category and their total offense of 372 yards per game was also best in the conference. The Vikings, coached by David Haugen, had the top ranked defense in yards allowed and were number two in scoring defense.

The top scoring defense was Breckenridge coached by Darren Baartman giving up an average of 12 points per game.

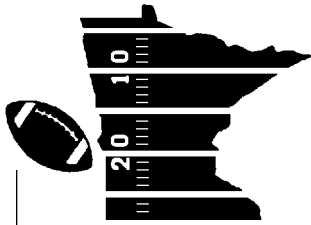
In post-season play both Pelican Rapids and Perham, coached by Howie Kangas, advanced to section championship games. Neither team was able to come out on top in their respective contests.

Dilworth-Glyndon-Felton had a new coach this past season in Jon Martin. Jon took over for Tony Reno who accepted a coaching position with Concordia College, Moorhead. Jon had previous experience in coaching at other schools and will do well with the Rebels. The other coaches in the conference were Bryan Strand, Agassiz-Valley; Doug Borowicz, Roseau; and Steve Carlson, Frazee.

Beginning in the fall of 2007 the HOL will not exist in football as Perham, Roseau, Frazee and Agassiz-Valley have accepted membership into different conferences. Breckenridge, Dilworth-Glyn-

don-Felton, Pelican Rapids and West Central Area will play the season as an independent and hope to gain conference affiliation for the 2008 season.

Standings	Conf.	Overall
Pelican Rapids	6-1	7-1
West Central Area	6-1	7-1
Perham	5-2	6-2
Breckenridge	5-2	5-3
Roseau	2-5	3-5
Dilworth-Glyndon-Felton	2-5	2-6
Agassiz Valley	1-6	2-6
Frazee	1-6	2-6



“FOOTBALL IS MINNESOTA’S GAME”

Little Sioux Conference Summary

By Kevin Nowotny - Adrian Asst. Football Coach

Week one of the 2006 had defending conference champion RTR Knights hosting the Adrian Dragons with Adrian pulling the upset winning 21 to 0 behind Cody Kontz’s two TD runs. MCC at Fulda and conference favorite MCC throttled Fulda 46 to 2 with Storm and Falk combining for 345 yards rushing for the Rebels. Ortonville at Dawson Boyd and Ortonville won late by a score of 20 to 14. TMB at Canby and TMB won 15 to 14 as Seth Swan ran for two TD’s for TMB. MACCRAY at Minneota and Minneota pulled an upset over conference favorite MACCRAY by a score of 35 to 14.

Week two had MCC at RTR and MCC won 46 to 12. Ortonville at Adrian and Adrian won 50 to 6 as Glen Kruger rumbled for 100 yards on 9 carries for the Dragons.. MACCRAY at TMB and MACCRAY won a close one 15 to 14 as Koenen scored on runs of 28 and 11 yards for MACCRAY. Canby at Dawson Boyd and Dawson Boyd pulled the upset 14 to 6. Minneota at Fulda and Minneota won 42 to 21 as Matt Buysse threw for 3 touchdown passes for the Vikings.

Week three of the season had Adrian down Fulda 40 to 0 with Cody Kontz throwing for 3 touchdown passes for Adrian. MCC moved to 3 & 0 with a come from behind victory over Dawson Boy 18 to 14 as Tony Falk rush for 255 on 20 carries. Minneota moved to 3 & 0 with a 27 to 14 win over the Ortonville Trojans. TMB moved to 2 & 1 with a 26 to 14 win over RTR as Seth Swan rushed for 3 touchdowns for the Panthers. MACCRAY moved to 2 & 1 with a victory over the Canby Lancers 44 to 14.

Week four had TMB upset MCC 37 to 22 as Isaac Dolan ran for 112 yards and threw for 112. Adrian downed Canby 28 to 6 as Glen Kruger had 115 yards on 25 carries and 2 TD’s for the Dragons. MACCRAY downed Ortonville 56 to 14 to move to 3 & 1. Minneota stayed undefeated downing Dawson Boyd 35 to 24 as Mike Buysse was 13 for

17 passing for 249 yards. RTR downed Fulda on a Saturday make up game 14 to 6.

Week five had Minneota keep on their winning ways moving 5 & 0 with a 42 to 16 victory over the Canby Lancers as Trent Hennen rushed 279 yards and 4 touchdowns. Adrian trying to keep pace with Minneota also moved to 5 & 0 with a 28 to 0 win over the MCC Rebels as Jesse Brake rushed for 115 for the Dragons. Ortonville defeated Fulda 16 to 6. MACCRAY remained in 2nd with a 56 to 21 win over RTR. Dawson Boyd upset Tracy-Milroy-Balaton with a 32 to 8 win as Josh Aakre threw for 4 first half touchdowns for the Blackjacks.

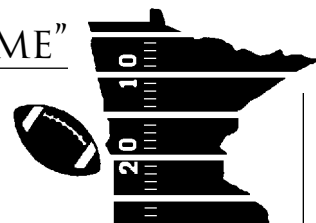
Week six had two undefeated teams square off and the Adrian Dragons downed the Minneota Vikings 26 to 23 in a wild shootout. Adam Diekmann Adrian’s Freshmen had a 85 yard kickoff return and a game winning interception for the Dragons. TMB downed Fulda 44 to 13 as Issac Dolan TMB’s Sophomore quarterback rushed for two and threw for one TD. RTR downed Ortonville 27 to 0. MACCRAY downed Dawson Boyd. MCC downed Canby 44 to 14.

Week seven had Adrian stayed on top moving to 7 & 0 with a 23 to 20 win over Tracy-Milroy-Balaton. Minneota 6 & 1 downed RTR 2 & 5 38 to 7. MACCRAY 6 & 1 ran over MCC 4 & 3 42 to 28. Canby 1 & 6 defeated Ortonville 2 & 5 30 to 13. Dawson Boyd 3 & 4 over Fulda) & 7 28 to 0.

Week eight crowned the Adrian Dragons Little Sioux Conference Champions as they downed Dawson Boyd 14 to 0. Adrian’s defense led by Will Lutmer & Glen Kruger held the Blackjacks to 72 yards of total offense. MACCRAY downed Fulda 56 to 6 to earn 2nd place honors with a 7 & 1 record. Minneota also earned 2nd place honors with a 7 & 1 record downing MCC 21 to 6. TMB got 3rd with a 5 & 3 record downing Ortonville 28 to 0. RTR downed Canby 14 to 0 to earn 5th place.

In the 1st round of the playoffs Adrian defeated

“KEEPERS OF THE GAME”



MLBO 47 to 6, Minneota defeated Canby 50 to 16, MACCRAY defeated Breckenridge 46 to 6, MCC defeated RRC 50 to 44, Luverne defeated Tracy-Milroy Balaton 34 to 6, Dawson Boyd defeated Royalton 22 to 0, Ortonville was defeated by Belgrade-Brooten-Elrosa 53 to 19, and RTR was defeated by Springfield 27 to 9.

In the 2nd round of the playoffs MCC knocked off unbeaten Adrian 22 to 14 behind Tony Faulk's 200 yards of rushing. Springfield defeated Minneota 29 to 12 to move on to the Section 3A championship vs MCC. Wabasso defeated Dawson Boyd 65 to 12 to end the Blackjacks year. MACCRAY defeated West Central Area 25 to 0 to move onto the Section Finals vs Morris Area.

In the 3rd round of playoffs MACCRAY defeated Morris Area 41 to 13 to claim the Section Championship. In the State Quarterfinals MACCRAY was defeated by Hawley in a wild shootout 58 to 43. With MACCRAY's loss in the State Quarters that ended the story for the Little Sioux Conference in 2006.

2006 Little Sioux Conference Standings

Adrian	8-0	Little Sioux Champions
Minneota	7-1	2nd Place
MACCRAY	7-1	2nd Place
TMB	5-3	3rd Place
MCC	4-4	4th Place
Dawson Boyd	3-5	5th Place
RTR	3-5	5th Place
Ortonville	2-6	6th Place
Canby	1-7	7th Place
Fulda	0-8	8th Place





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Minnesota River Conference

After back to back titles by the LeSueur-Henderson Giants, 2006 was dominated by Jordan and their defense as head coach Jay Lepper lead his team to a perfect 7-0 record. Holy Family Catholic finished second in the conference and was eliminated by Glencoe-Silver Lake in the second round of section play. After getting off to a slow start the Giants of LeSueur-Henderson finished strong and alone in third place.

Norwood Young America, Belle Plaine and Sibley East each finished with identical records. In head to head competition Norwood Young America finished fourth with wins over both Belle Plaine and Sibley East. The Tigers of Belle Plaine finishing fifth with a win over Sibley East. After getting off to a 0-3 start the Wolverines won three of their final five games to finish sixth in conference play.

After beating the Giants for the first time in their conference opener, a injury riddled Mayer Lutheran team finished 2-5. For the second year in a row the Redbirds, plagued with turnovers, finished with one conference win.

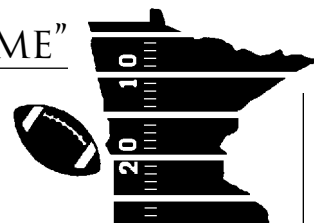
After a tough 2005 post season that saw only one MRC team advance past the first round, the 2006 post season witnessed Jordan, Holy Family Catholic, LeSueur-Henderson and Montgomery-Lonsdale advancing to the second round. The Giants were eliminated in the second round by conference champion Jordan. While the Fire and Jordan were both knocked out by eventual 3A state champions Glencoe-Silver Lake. The Redbirds season ended with a loss to eventual 2A state champions Triton.

2006 M.R.C. Team Records

Team	MRC	Season	Coach
Jordan	7-0	10-1	Jay Lepper
Holy Family Catholic	5-2	6-4	Dave Hopkins
LeSueur-Henderson	4-3	5-5	Terry Turek
Norwood Young America	3-4	3-6	Paul Henn
Belle Plaine	3-4	4-5	Justin Johnston
Sibley East	3-4	3-6	Randy Walsh
Mayer Lutheran	2-5	3-6	Ron Ketcher
Montgomery-Lonsdale	1-6	2-8	Tony Barnack

2006 M.R.C. Season Awards:

Offensive Back of the Year:	Greg Klingelhutz/ Holy Family Catholic
Offensive Lineman of the Year:	Matt Reger/ Jordan
Defensive Back of the Year:	Derek Boumeester/ Jordan
Defensive Lineman of the Year:	Matt Reger / Jordan
Special Team Player of the Year:	Andy Tewes/ Mayer Lutheran
Head Coach of the Year:	Jay Lepper/ Jordan



Missota Conference 2006

Final League Standings:

	Conf.	Overall
Farmington	7-0	10-1
New Prague	5-2	10-3
Northfield	4-3	8-4
Prior Lake	4-3	5-4
Hutchinson	4-3	6-5
Holy Angels	3-4	6-5
Shakopee	1-6	1-8
Red Wing	1-6	2-8

Each week in the rugged Missota Conference top football teams in class 5A and 4A collide in well-played and hard fought games. The 2006 season was no exception as five of the eight teams played in section championship games. Farmington was tested a bit this year, but still ran away with the league title and competed extremely well in the 5A playoff. Two other teams, New Prague and Northfield, qualified for the State Tournament in class AAAA.

Mark Froehling's Farmington Tigers went undefeated in league play for the second straight season. The Tigers then knocked off a very solid Eastview team to gain a chance to play in the section 1AAAAA finals against a hot Rosemount team who ended Farmington's season. Mark Froehling was selected as conference coach of the year for his and his coaching staff's outstanding performance this year.

New Prague earned a second straight state tournament bid and trip to the Metrodome in 06. The Trojans explosive offense and stingy defense helped the joined forces to knock off a very good Waconia team for the section championship. Then, in the State Quarterfinals, the Trojans handled perennial strong Sartell. The Trojans then gave Totino-Grace

all they could handle before eventually succumbing to the eventual state champs 16-20.

The Northfield Raiders returned to the state tournament for the 8th time in the last 14 seasons. The senior dominated Raiders got hot in the playoffs and won an epic battle with Faribault 48-31. In the State Quarterfinals, Bubba Sullivan's team played tremendous defense in a season ending 12-15 loss to offensive juggernaut St. Thomas Academy.

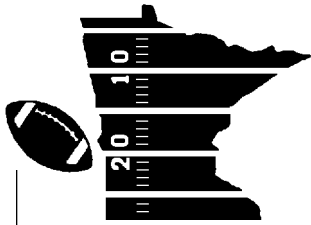
The Hutchinson Tigers, coached by Andy Rostberg, played their best football at playoff time. The Tigers knocked off the Section favorite Marshall in the second round before falling in an great game with Mankato West 28-35. Quarterfinals. Hutch's run ended in the Dome at the hands of conference foe Holy Angels in the State Semi-Finals.

Prior Lake, under first year head coach Matt Gegenheimer, had a very competitive season as well. The Lakers gave conference champion Farmington their closest game during the conference season falling 24-27. The Lakers had a quality victory over Northfield in week 8. The Lakers then showed that they can compete in 5A football by giving Burnsville all they could handle in their first round playoff match-up.

The Academy of Holy Angels regular season was highlighted by a by a big victory over Hutchinson in week 6 and a near miss against Farmington in week 8. Coach Mike Smalley's Stars then made a dash through the section before falling to arch-rival Benilde-St. Margaret's in the Section Finals.

The Shakopee Sabers started a new era with first year coach Jody Stone taking the helm. The Sabers season was highlighted by a dramatic one point victory over Red Wing in week 6.

After starting the season with a resounding 54-13 victory over Harding, the Red Wing Wingers struggled through a tough conference schedule. However, the playoffs brought new hope and en-



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thusiasm to the Wingers as they knocked off Austin in the first round and gave Faribault a 26-28 scare in round two of the section.

Coach Schmit Hangs Up The Whistle After 33 Years at Red Wing

The 2006 campaign marks the end of Paul Schmit’s successful career at Red Wing after 33 years of coaching, 19 as the head football coach and 14 years as an assistant. Coach Schmit’s teams were on the cutting edge offensively and were characteristically well-coached, hard-nosed, and tough to beat. His talented teams were always champion-

ship contenders and his less talented teams had a knack for pulling off the upset. Coach mentioned the 1975 Big Nine championship game victory over Albert Lea in front of a packed house at Red Wing, the small in stature, but big hearted 83 state tournament team, and his Dome teams as a few highlights out of many during his career at Red Wing. Coach Schmit says of his years of coaching, “I enjoyed the game, the kids, and the different people I was able to coach with and against. As I reflect on my 33 years of coaching, my mind is filled with positive memories of the players and teams here at Red Wing.”

Kevin Horvat has been named the new head football coach at Red Wing

North Country Conference

Thief River Falls Grabs Another Title in 2006

Once again the Thief River Falls Prowlers prevailed as champions of the North Country Conference. The Prowlers, led by Coach Jeff Mumm, finished 6-0 in conference play to take the conference title. They then went on to win the 8AAA section for the second year in a row. Coach Mumm’s Prowlers have turned into a traditional power in the conference, and the road to next year’s championship most likely goes through Thief River Falls.

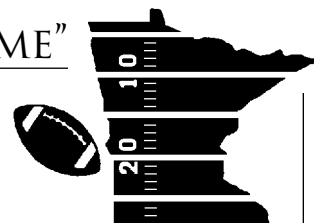
The Detroit Lakes Lakers and Coach Flint Motschenbacher were new members in the conference this year. The Lakers, a perennial power, gave the teams in the league another quality opponent to have to try and game-plan for each week. The Laker’s warm welcome to the league was short-lived as the Grand Rapids Thunderhawks surprised them week two with a 20-19 defeat. D.L. went on to finish 4-2 in the conference dropping their other league game to eventual champion Thief River Falls.

Chris Vold and this year’s Duluth Central Trojans continued the turn-around of the once struggling program, also finishing 4-2 in the conference. Leading the way for the Trojans were eventual All-

Staters Noah Pauley and Dean Bauers. Central dropped close games to Detroit Lakes and Thief River Falls before ending up in the Section 7AAAA championship for the second year in a row. Conference rival Grand Rapids abruptly ended the Trojan’s season by snatching the section championship away from the favorites by a score of 23-20.

Joe Hietala’s Duluth East Greyhounds got off to a slow start at 0-3, but 3 straight conference wins at mid-season gave them hope as play-offs approached. A first round play-off win over Denfeld provided the Hounds an opportunity to avenge an earlier conference loss to Central as the two teams met again in the section semi-finals. However, the Trojans had other ideas and defeated the Greyhounds 47-13. Duluth East finished with a 3-3 conference record.

The Dean of the North Country Conference, Tim Botsford, and his Grand Rapids Thunderhawks had a great run the second half of the season. A 1 and 4 start to the season was followed by 6 straight wins and a victory over Duluth Central for the Section 7AAAA championship. Benilde St.



Margaret's knocked the Thunderhawks out of the state tournament by defeating them in Grand Rapids 19-7. Rapids finished 3-3 in the conference.

Second year coach Frank Huie and the Duluth Denfeld Hunters finished 1 and 5 in the conference. The Hunters battled and had their chances at times, but just couldn't find a way to come out on top as often as they would have liked. The Hunters will surely look to this past season as motivation to make a run next fall.

The Hibbing Bluejackets started the season off with a non-conference victory, but head coach Dan Moberg and his team were unable to pick up another win after that. Hibbing finished with a 0-6 conference record. The 'jackets threw a scare into several teams during the season and will look to be improved next year.

North Suburban Conference

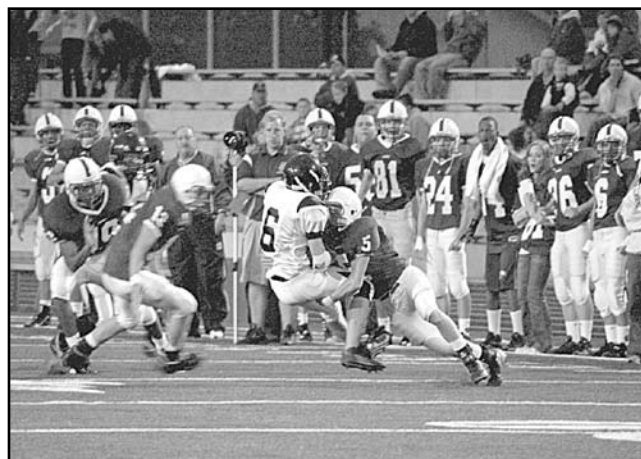
The 2006 football season was a highly competitive and successful year for the North Suburban Conference. This year also brought about another change to the NSC with Columbia Heights entering the conference. The NSC, consisting of Benilde St. Margaret, Chisago Lakes, Columbia Heights, Cooper, Fridley, Irondale, North Branch, Saint Francis, Saint Louis Park, Spring Lake Park, and Totino-Grace, was one of the most competitive in the state of Minnesota.

Totino-Grace, led by co-conference coach of the year Jeff Ferguson, went 8-0 in conference play to claim a tie for the conference title. This was the seventh consecutive year the Eagles have won or tied for the conference title. Ferguson and his staff guided a team that was outstanding on defense and led the conference in scoring with a 38.6 points per game average.

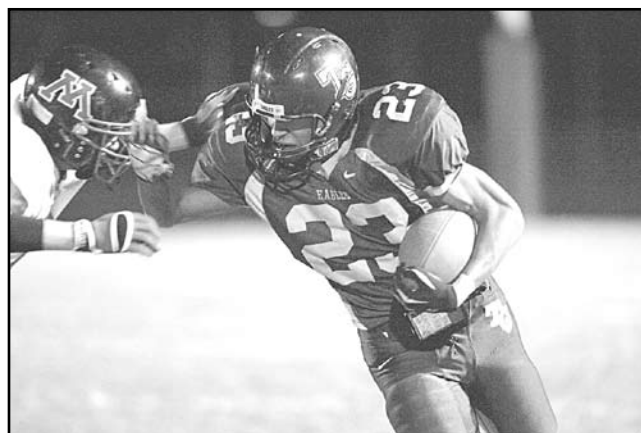
The Spring Lake Park Panthers were the other co-champions in the NSC. Coach Jeff Schlieff's defense led the conference giving up 8.3 points per game and along with a potent rushing attack; the Panthers secured a share of their second conference championship in as many years.

Coaches Bill Weiss of Chisago Lakes and co head coaches Jon Hanks and Patrick Krieger of Benilde-St. Margaret's relied on run dominated offenses and solid defenses to bring winning records to their respective schools. Both of these schools look to continue this success in 2007.

After the top four teams, the conference became



Chris Norgaard of Spring Lake Park makes the big hit.



NSC MVP Matt Griswold of Totino-Grace

very bunched up. It seemed like every game was up for grabs and many of the games came down to the final minutes. Cooper and Fridley, led by Erick



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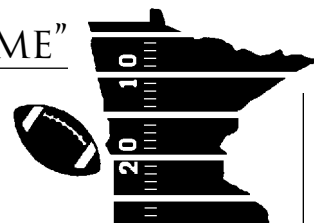
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Norby and first year coach Kelly Kalina respectively, used balanced attacks as their method for success. Meanwhile, Ben Geisler of Irondale and Andy Ewald of St. Louis Park used multiple set offenses to spotlight many of their very talented athletes.

Coach Dave Eyre's North Branch Vikings fielded a highly competitive team that was sure to have gained valuable experience for the future. Saint Francis' Marc Klatt, in his first season at the helm, had a challenging 2006 season. With a solid core of returning players, the Saints will look to rebound in 2006. Columbia Heights, led by Matt Townsend, fielded a very young team, but made steady improvement throughout the year.

The 2006 season also featured many outstanding individual performances in the North Suburban Conference. All-State Cornerback Matt Griswold of Totino-Grace was voted the Most Valuable Player in the NSC. Junior All -State Defensive End Jordan Waiwai of Spring Lake Park was named the Defensive Player of the year. Junior quarterback Blake Cook of Fridley, after rushing and passing for over 1000 yards for the second year in a row was named the Offensive Player of the Year. Totino-Grace's Matt Manion received the

Conference's Lineman of the Year Award and DE/K/P Bobby Lahr, Spring Lake Park, was awarded the Special Teams Player of the Year award.

The 2006 Football Season ended on a high note for the NSC, both Totino-Grace and Benilde-St. Margaret's played in the Dome as semi-finalists in Class 4A. Totino-Grace continued their success in the State playoffs capturing their third state title in four years. Congrats to both of these staffs for representing the North Suburban Conference so well.

2006 North Suburban Conference Final Standings

	Conference	Overall
Totino-Grace	7-0	14-0
Spring Lake Park	7-0	9-1
Chisago lakes Area	6-1	8-3
BSM	4-3	9-4
Cooper	4-3	4-5
Fridley	3-4	4-5
Irondale	3-4	3-6
St. Louis Park	2-5	3-7
North Branch	2-5	2-7
St. Francis	1-6	2-7
Columbia Heights	0-7	1-8

Northern Plains Ready for Inaugural Season

Conferences have joined forces to create the Northern Plains Football Conference. The Valley Plains Conference, made up of mostly 1A schools and a couple 2A schools has consolidated with the North Star Conference, also made up of both sized schools, along with two schools from the Heart O' Lakes Conference, to create the Northern Plains.

The Valley Plains teams involved are Mahanomen, Fertile-Beltrami, Hawley, Badger-Greenbush-Middle River, Red Lake Falls, Lake Park-Audubon, Warren-Alvarado-Oslo, and Fosston. Teams from the North Star include Pine River-Backus, Cass Lake- Bena, Walker-Hackensack-Akeley, Bagley, Blackduck, LOW-Baudette. Frazee and Agassiz

Valley (both 2A), from the Heart O' Lakes Conference have also left their old digs and opponents for what they hope will be greener pastures, as well.

This arrangement has rid many schools of scheduling problems and possibly leveled the playing field for everyone involved. Some of the North Star teams were playing some opponents twice, with the possibility of a third match-up in the playoffs.

The 16 team conference will be split into two divisions, Big School and Small School. Each team will play one game from the other division on week one and then fill out the schedule with the remaining seven from their division. Much time and

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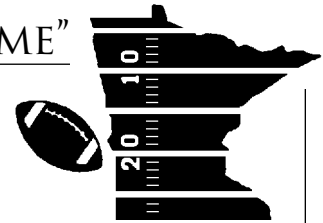
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effort from many people have helped this concept come to life. All teams involved seem to be pleased with what has come of several meetings and countless discussions. Hopefully the Northern Plains can develop into a long lasting organization with years and years of continued rivalries and history making accomplishments.

The 2007 season previews are in.

Fertile-Beltrami: After graduating 17 seniors from a state semi-final team, the Falcons will be looking to reload with quality underclassmen. With only 4 starters returning on offense and 3 on defense, many positions are up for grabs to the kids who put in the most time in the off-season. The underclassmen will have to learn quickly and progress quickly to be a competitive team. Hard work in the off-season, limiting injuries and improving week to week will be keys to the Falcons having another good season and a chance for a playoff run.

Walker-Hackensack-Akeley: The Wolves are excited about the new Northern Plains Conference and are looking forward to the 2007 season. Although the Wolves are once again building on a young team, there are a number of members who will be formidable in the next couple of years. The 2007 Wolves may not have the experience of other teams due to the small number of seniors, but they will more than make up for it with their enthusiasm for the game and their indomitable will to win! By the end of the 2006 season the Wolves were well on their way to becoming a cohesive team and in 2007 they will continue to build on their strengths and look forward to new competition in their new conference.

Mahnomen: It will be a rebuilding year for the Indians in '07. The Indians graduate 14 seniors from a squad that dressed 26 players. Two returners on offense and three on defense means several holes will need to be filled. Ty Beckius, whom coach John Clark hails as one of the top linemen in the state, returns for his senior season and will be counted on to be a leader on both sides of the ball. Anthony Lavoy is another top tier lineman that will help on both sides of the ball. Mike Bekkerus also

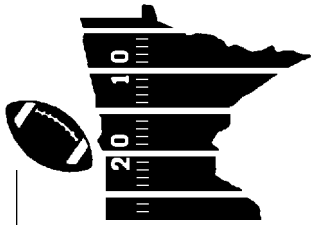
returns to lead the defense from a linebacker position.

Lake of the Woods: The Bears return 8 starters on defense and 7 on offense from their 6-3 team of '06. The Bears should again have a balanced offense with Peder Beckstand penciled in to lead the offense for his second season at QB. Beckstand completed 56% of his passes for 678 yards and 8 TDs in '06. Running back duties will be split between 4 upperclassmen led by seniors Jake Beckel (505 yd) and Blake Bjork (416 yd). The offensive line will have excellent size and experience with returning senior starters Kyle Horntvedt (6' 215) and Nick Baade (6'1 235) providing leadership up front.

The Defense is led by junior MLB Andrew Kraft (80 tackles) supported by proven returning LBs Beckel (56) and Jalen Stay (57). The LB corps played at a high level the past season and expectations are very high for this group. The defensive line will return 3 of 4 starters and should match up well with conference opponents. The Bears will need to replace two All-Conference defensive backs but a strong group of sophomores should provide some support in this area. As always, depth is at a premium, but if the Bears can stay healthy they should contend for both conference and section titles.

Bagley: 2006 was a good year for a Bagley team that has historically struggled, but has made some great strides over the past few years. They shared the conference title and won their first playoff game in 22 years. They will miss a very talented senior group, some of whom will be playing in college. The '07 version of Bagley football will miss the talented group but returns a core group of experienced players to the field. The squad returns the top five rushers from last season, the leading receiver, and the tackle leader. Overall seven starters on O and 6 on D return. The returning starters are Jake Anderson (Jr. LB/RB), Shawn Clark (Sr. T 6'2/295), Chris Fletcher (Sr. RB/FS), Matt Grossell (Sr. RB/LB), Jordan Nelson (WR 18-309 yd), and John Tronnes (Sr. OL/DL 6'7 230).

Agassiz Valley: The Thunder are excited to start a new future in the newly constructed Northern



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Plains football conference. We return a good core of veterans including 2-time team MVP and 2-year HOL All-Conference member Cody Cox at FB/LB. The Thunder will return 7 starters on either side of the ball. That, along with some excellent freshmen from '06 and the Thunder should be able to turn the corner in '07. Some other key returning players are QB Zach Olson, RB Anders Gylland, OT Casey Johnson, and LB Devon Brakke. The new conference will be tough from top to bottom.

Blackduck: The Drakes return their starting backfield and hope to improve on their 2-6 '06 record. Tim Brogan returns for his third season at QB along with his two favorite receivers Trapper Goltz and Jon Bennett. Another trio of seniors are running backs Roy Gross, Casey Brown, and John Lossing. Senior linemen Tony Rossberg, Jon Michalek, Nate Petersen-Meneffee, and Levi DeJean will be flanked by juniors Brandon Klug, Kyle Goodwin, and Bob Petko. Juniors Mark Binkley, Ethan Eckstrom, and Grant Rossberg provide depth along the line while classmates Jake Arhart, Tony Hoffman, and Ryan Tjepkes provide backfield support. Sophomores Ryan Quinn, Lucas Richardson, and Tyler Wentworth are also expected to see varsity action. Jesse Hickman, Jeremy Berg, and Steve Bechtold will again coach the Drakes.

Red Lake Falls: The Eagles will return 6 offensive starters off last year's 4-5 team. Running back Casey Cardinal returns after running for 531 yards as a junior. Seniors Nolan Knott, Jeff Weiss, and Austin Sterling will be keys in the Eagles' ground attack. On defense, Weiss and Junior Eric Derosier return as the top two tacklers from their inside linebacker positions. The defense will be a little undersized but hopefully can use speed to their advantage. RLF hopes to develop a tough line up front through the course of the season and rise to a top 3 team in the Small School division of the Northern Plains Conference and Section 8A.

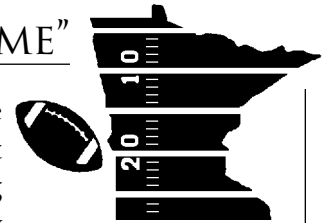
Badger-Greenbush-Middle River: Returning starters for the Gators are Nick Peterson, Dustin Lawrence, Trevor Ingle, Cody Langaas, all on the

offensive and defensive lines. In the backfield we are returning three running backs: Tanner Pierce, Alan Dostal, and Brandon Peterson. They all saw a lot of time last season and at the QB spot we are looking for Zack Creviston to have a solid year after an up and down 2006. Other returnees are Jordan Creviston and Eli Jensen. We expect to be solid on the offensive line as we have a lot of work that needs to be done in the weight room. Defensively, we lost five starters, so that will be an emphasis in the off season.

Warren-Alvarado-Oslo: The Ponies look to rebuild as they graduated 8 offensive and 7 defensive starters. The Ponies again will be small up front so off season lifting will be the key to their ability to have success in the fall. Top senior returners are Matt Olson FB/LB, Evan Mattson TE/LB and Dillon Kasporowicz WR/S. The Ponies will need to stay healthy to make it back to the section championship game.

Cass Lake – Bena: Head Coach Rick Wouri begins his second season at the helm and has 20 lettermen and numerous starters returning. The Panthers have seven starters coming back on offense and six on defense. The offensive starters are linemen: Gabe Haaland (SR), Juniors Erick Woodford, Darold Madigan and Zach Vail (RB). Sophomores coming back are: Mike Hanson (FB), Nolan Goss and Tyler Trosen, both TEs. Returning on defense are seniors Travis Huesers SR/LB and DT Gabe Haaland. Juniors Zack Vail LB, Joe Fowler LB and DT Darold Madigan. Sophomore LB Mike Hanson will fill out that squad of returners. The Panthers should be much improved with all players getting many reps last year, either on varsity or JV. Many of the players are two sport athletes, with Goss, Trosen and Hanson being three sport athletes. The young Panthers bring the attitude that with hard work they will right the ship and be as successful on the field as they are in the classroom, where many are on the honor roll.

Lake Park – Audubon: The Raiders lose some key individuals from last year's squad but also have some experience coming back. With the loss of the whole backfield except Alex Cigelske they are looking for some juniors and seniors to step up and fill



the roles. Possible candidates are Andy Walter or Braeden Hogie at QB, and the other RB position will be wide open with Kenyon O'Brien, Bobby Lalonde, or a host of others trying to secure the spot. The Raiders lost two linemen to graduation and look for the experienced returnees for leadership. This being Josh Seley, Brett Larson, Mason Ware and Tyler Wentz. The strength of the Raiders should be in the defense with linemen and linebackers returning. However, they must must replace the entire secondary. Leading the linebacker corps will be Alex Cigelske, Brett Larson, and Mason Ware. The defensive line has Thomas Brown and Tyler Wentz coming back. One key to the season will be staying healthy. Numbers are good but a loss of a couple players could challenge the Raiders.

Fosston: The Fosston Greyhounds hope to build on last season's late success. The Hounds will miss senior OL/DL Aaron Cymbaluk and Derrick Arneberg. Fosston must also replace almost all of their rushing yards to graduation. The return of starting QB/DB Brandon Rud should ease the transition in the backfield. Senior TE/DE Brandon Bergerson and OT/DE Philip Larson should provide experience in the front seven. The Greyhounds success will depend on hard work in the off season, development of a team attitude, and younger players filling the gaps.

Pine River – Backus: PR-B had a surprising year in 2006 tying for a share of the conference championship, making it two years in a row for the Tigers. This year will be a big change as we head into a much tougher conference. Questions for the Tigers will be at the QB spot and replacing linemen. The QB position could end up being sophomore Ben Kline. Four different people played QB in 2006 and they all have moved on. The line will return a few people with experience but there will be some big holes that need to be filled. Joe Marvin will be back at center and is the most experienced. The backfield should be ok with a few guys returning to there positions. Defensively, Pat Bresnahan and Marcus Hernandez will lead a defense that played pretty well in 2006. We will be looking for help in the secondary and a few younger players

look like they may have some speed but lack experience. It should be a very interesting year for the Tigers as the new conference gets underway in 2007. We are looking forward to a tough and challenging year.

Hawley: The Nuggets are looking forward to 2007 with much anticipation. Hawley loses two starters from their offense and three on defense from a team that made its second consecutive trip to the state semi-finals. The team will be lead by returning senior offensive linemen Dan Grefsrud, Travis Peters and TE Cody Schenck. The backfield returns Beau Sorenson (Jr) and Nathan Mattson (So.). Sorenson took over the QB spot a little past the halfway point of the 2006 season and Mattson was a sparkplug for the Nuggets beginning in the section playoffs. Defensively The Nuggets will have much more experience and confidence in the secondary as three CBs will be retuning with a season under their belts and still have two or three years to play. This was a weaker spot for the '06 Nuggets that will be improved this year. The defensive line will be shored up by seniors Travis Peters, Cody Schenck, and Junior Jared Peters. The linebacker positions are up for grabs as there will probably be some shuffling of people from outside to inside and the like. These players will likely be Matt Guida (Jr), Carson Kerr (Sr), Justin Laddusaw (Sr), and other underclassmen looking to fill the other LB and DL positions. As always, injuries and good fortune will have a large impact on the season outcome.



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Northwest Suburban Conference

2006 was a great year in the NWSC. With one loss each, Anoka and Champlin Park took over the reigns of the Conference Championship. Congratulations to Jeff Buerkle and Mike Korton and their staff's for an awesome season. Congratulations should also go out to Derrin Lamker and the Osseo program for a great season finishing in second place with a 6 -2 conference record.

Again this year the conference was very balanced in its power. On any given night, any team could knock off any team. The NWSC has proven year in and year out to be one of Minnesota's toughest conferences. Each team respects their opponent and knows the outcome of the game will come down to the wire. This makes for an exciting game every week. We are all proud to be part of an exciting league and we can't wait for the challenges that 2007 will bring.

The conference awards were spread evenly this year. The Most Valuable Offensive Player Award went to Maple Groves's junior running back Ethan Magstadt and Andover's senior quarterback Michael Schmidt. Champlin Park's Sam Maresh won the Most Valuable Defensive Player of the Year

award. The Most Valuable Offensive Lineman Award went to Maple Grove's Ryan Wynn and the Most Valuable Defensive Lineman award was split by John Borchert of Champlin Park and Eric Zingelman of Andover. The Most Valuable Special Teams Player of the Year Award went to Centennial's standout Matt Voitlander. Anoka's Head Football Coach Jeff Buerkle received the Coach of the Year Award. Congratulations to all the NWSC award winners.

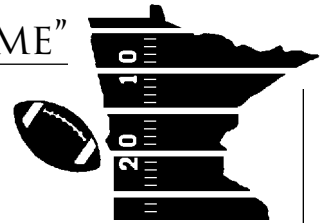
Conference Standings

Anoka	7-1
Champlin Park	7-1
Osseo	6-2
Andover	5-3
Blaine	5-3
Maple Grove	5-3
Park Center	2-6
Centennial	1-7
Coon Rapids	1-7
Elk River	1-7

Prairie North Conference

It was a very interesting year in the Prairie North. New York Mills improved greatly as the year progressed and ended up being Co-Champions with Otter Tail Central. Both teams ended the regular season with a 6-2 record. Menahga and Sebeka paired forces and become the United North Central Warriors. UNC ended the regular season with a 5-3 record. The final 2 teams were Parkers Prairie and Pillager as they finished the regular season with a 2-6 record. The season opened with OTC defeating Oaskis, UNC over Royalton, Parkers Prairie over KMS and Pillager defeated USA. NYM was the only one to lose as they were defeated by Browerville. Week 2 saw NYM defeating Oaskis, OTC over

the Prairie South Co-Champion KMS, UNC over USA in 3 OT, Parkers Prairie over Royalton and Pillager losing to Browerville. Week 3 saw the first games within the Prairie North as NYM defeated UNC 23-13, OTC defeated Pillager 33-24 Parkers Prairie losing for the first time to USA. Week 4 found the Eagles of NYM losing to the improving KMS Saints. OTC defeated UNC 41-0 and Pillager defeated Parkers Prairie 18-12. In week 5 NYM defeated Pillager, OTC defeated Parkers Prairie 25-6 and UNC lost to Oaskis. At this point it looked like OTC had things in hand at 5-0, but then in week 6 the Bulldogs traveled to NYM and lost by the score of 28-14, UNC got back on the winning track by



defeating Parkers Prairie 48-28 and Pillager losing to Royalton. Week 7 found OTC losing again, this time to Browerville. NYM defeated Parkers Prairie 27-25 and UNC defeated Pillager 28-8. The final regular season game found NYM continuing their winning ways by defeating Royalton, OTC defeated USA, UNC defeating Browerville, Parkers Prairie losing to Osakis and Pillager losing to KMS.

In the section playoffs, NYM was the only team to win any games. The Eagles defeated Osakis in the semifinals and then defeated the Browerville Tigers by the score of 20-16 for the Eagles first section football championship. The Eagles then lost in the state quarterfinals to Fertile-Beltrami. In the other section games; OTC lost to Yellow Medicine East, UNC lost to Bagley, Parkers Prairie lost to Browerville and Pillager lost to Northland.

Prairie North had several outstanding individuals and they were recognized at the end of the sea-

son. UNC's junior Charlie Hrdlicka was the conference Most Valuable Offensive Back, OTC's senior Luke Buchholz was the conference Most Valuable Lineman, the Most Valuable Defensive Lineman was senior Drew Schultz from NYM and the Most Valuable Defensive Backs were senior Jason Berg from NYM and senior Luke Ringler of Pillager. Overall MVP's for the Prairie North and South conferences were: senior Ryan Hoeschler of Browerville as the Most Valuable Offensive Player and senior Jason Burg as the Most Valuable Defensive Player.

It was a great conference year and the 2007 season looks to be just as exciting. All 5 teams have many excellent players coming back. Who gets better and who stays healthy will be the keys to the 2007 football season.

Southern Minnesota Alliance 2006

The Southern Minnesota Alliance completed its second and final season with another undefeated champion. Terry Bahlman's Marshall Tigers avenged their only loss of the 2005 season by defeating Fairmont and finishing 8-0 in the conference. Terry topped of the 2006 season by leading the Out-State All-Stars to victory in the 2007 All Star game held in St. Cloud. Congratulations on a great year.

Tom Schuller's Jackson Country Central Huskies took second in the SMA with a 7-1 record. Randy Kuchenmeister's Blue Earth Buccaneers and Brad Wendland's Waseca Bluejays were close behind finishing with 6-2 conference records.

Two SMA teams advanced to the State Playoffs in 2006. Randy Kuchenmeister's squad turned the tables on JCC in their section 3AAA rematch. With the win the Bucs were able to advance to the Class 3A State Quarterfinals. Todd Oye's Luverne Cardinals battled their way through the tough section 2AA. After their section championship, Oye's team earned their way into the State Championship Class 2A game. Congratulations to both Ran-

dy and Todd on their outstanding seasons.

The Alliance saw a beginning and an end during the 2006 season. Karl Wassmann took over the reins in St. James Saints replacing Brad Wendland who took over in Waseca. In New Ulm, Eagles legend Rick Van Roekel decided to retire at the end of the 2006 campaign ending a great head coaching career. Van Roekel brought the Eagles program to prominence in the South Central Conference, winning 5 SCC titles in his 19 years. Van Roekel will continue working with the Eagles defense but the day to day operations will be taken over by Rob Bute. In Fairmont, Troy Cody's run with the Cardinals came to an end in May when Cody was named Activities Director at Fargo North. Cody's enthusiasm and ability to live without sleep brought Fairmont some of its best seasons include the SMA Championship in 2005. Following in his grandfather's footsteps, Mat Mahoney has been named to replace Cody at the helm.

The Southern Minnesota Alliance ended its two year run following the 2006 season. In 2007 the Southwest and South Central Conferences will



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Football from Across the State



New Ulm's Cody Rodewald, #9, upends Luverne ballcarrier.



Foley QB, Michael Beehler.



The Foley defense brings down a ball carrier in Rum River Conference action.



Foley RB, Kyle Winkelman, #5, gains yards through a hole made by his blockers.

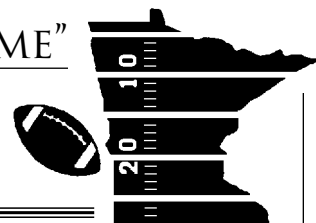


St. Cloud Cathedral RB, Tyler Hagen, #1, runs for a good gain against New London-Spicer.



St. Cloud Cathedral's QB, Zach Boettcher, #17, eludes an Albany defender.

Football from Across the State



Verndale Defense versus Ashby Offense. Verndale won 46-14.



Rushford-Peterson at the Prep Bowl



Foley QB, Michael Beehler, #10, looks to evade a defender in Rum River action.



#99 Senior Jake Hauer blocks for #6 Junior Sam Moenkedick during the playoff game versus Bertha-Hewitt. Verndale won 42-0.



New Ulm head coach Rick Van Roeckel surveys the action. Van Roeckel retired after the 2006 season.



Totino Grace, Class 4A Champs.



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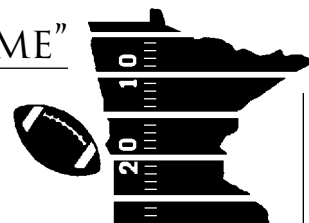
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“KEEPERS OF THE GAME”



return. The Southwest will consist of Marshall, Area, Waseca, St. James
Worthington, Pipestone, Redwood Valley, Jackson and St. Peter.
Country Central, Luverne and Windom while the
South Central will include New Ulm, Blue Earth

2006 Southern Minnesota Alliance Awards

Outstanding Offensive Back	Tony Awoleye	Marshall
	Logan Becker	BlueEarth
Outstanding Offensive Lineman	Craig Rogers	Luverne
Outstanding Wide Receiver	Justin Schmit	JCC
	Cody Sukalski	Blue Earth
Outstanding Defensive Back	Colin Taubert	Pipestone
	Neil Kolstad	St. James
Outstanding Def. Lineman	Dan Marron	Marshall
	Brad Hartzler	JCC
Outstanding Linebacker	Clay Welch	Marshall
Special Teams	Nate VanRoekel--Punter	New Ulm
	Nate Baumann--Punt Return	Marshall
Coach of the Year	Terry Bahlman	Marshall

Southwest Ridge Football Conference

2006 in the Southwest Ridge Conference saw many exciting games and many spectacular individual efforts by players. The Southwest United Wildcats(Round Lake-Brewster and Southwest Star Concept) completed a perfect regular season and were crowned Conference Champions. Led by co-coaches Jeff Drent and Jason Fisher, SWU secured the conference championship over Edgerton by defeating them 36 - 3 0. SWU was led on the field by Conference Lineman of the Year, Trevor Leopold, and on the sideline by co-conference Assistant Coach of the year Tom Shulz. Conference runner-up, the Edgerton Flying Dutchmen, led by coach Andrew Fleischmen and conference Back of the Year, Kevin Vander Schaaf, finished their excellent season in the quarter-finals of the state playoffs.

Tied for third place in the conference were the Westbrook-Walnut Grove Chargers and the Hills-Beaver Creek/Ellsworth Patriots. The Chargers co-coached by Leo Thiesen and Carter Ross finished another solid regular season at 5 - 3. The Patriots

coached by Dan Ellingson finished their conference season at 4 -3.

The second half of the conference included the Lakeview Lakers and the Cedar Mountain/Comfrey Cougars tied for 5th place. The Lakers and Jim Gadreau finished their conference season 3 - 4, many injuries kept the Lakers from fulfilling their pre-season expectations. However, they did play in probably the most exciting game of the year in the SWR Conference versus HBC/E. Tied 6 - 6 at the end of regulation, it took 3 over times before the Patriots won the game 30 - 28. The game came down to the last two-point conversion, a real thriller in Cottonwood! Tied with Lakeview in the conference, the CM/C Cougars and Keith Klawitter, were a very much improved team the second half of the season. CM/C will be a force in the conference next season as they lose only 3 Seniors and return 4 All-Conference and Honorable Mention All-Conference players.

Finishing out the final two spots in the conference were the Lincoln HI/Lake Benton Rebels



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coached by Tim Hamer and the Holy Trinity Trojans coached by Jim Brown.

Next year is a year of change for the SWR Conference as Holy Trinity will not be participating in the conference. Look

for SWU, Edgerton, WWG, CM/C and Lakeview to be the top dogs fighting for what could be the last champion of the Southwest Ridge Conference.

Wright County Conference 2006 Year in Review

Congratulations to the Glencoe Silver Lake Panthers for winning their third state championship in the past seven years! They defeated former conference rival Becker in the finals 42-20. On their way to the finals the Panthers had to defeat two other conference schools in the State Tournament. Congratulations to Delano and Litchfield for winning their respective sections. GSL defeated Delano in the State quarterfinals and Litchfield in the Semi-finals. Litchfield defeated Thief River Falls in the quarterfinals.

Congratulations to Coach Jon Johnson at Litchfield, Coach Merrill Pavlovich at Delano, and Coach Dave Dose at Glencoe Silver Lake for being named their respective section Coach of the Year. Congratulations to GSL's Dave Dose for being named MHSFCA Class 3A Coach of the Year. Congratulations to Waconia's Pat Foley for being named the Wright County Conference Coach of the Year.

Orono joined the Wright County Conference this season taking Mound's place that dropped for two seasons from the WCC in football. Orono finished 4th in the conference behind the three way tie between GSL, Litchfield, and Waconia who all finished 6-1 in the conference with GSL defeating Litchfield, Litchfield defeating Waconia, and Waconia defeating GSL.



Jonathon Hoese of Glencoe-Silver Lake.

Final Conference Standings:

Glencoe Silver Lake	6-1	13-1	State Champions
Litchfield	6-1	11-2	State Semi Finalst
Waconia	6-1	8-2	
Orono	4-3	6-4	
Dassel-Cokato	3-4	5-5	
Delano	2-5	5-7	State Participants
Watertown-Mayer	1-6	2-7	
Annandale	0-7	1-7	



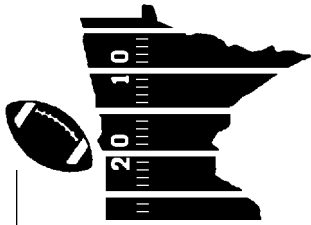
Trophies, awards, medals, etc.

Swannie and his son-in-law Rick, and his son Scott, have opened a new business and would be pleased to hear from you!

We are ready to roll and look forward to doing business with you!

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AWARDS



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Submission of Conference Summaries

**Submit Conference Summary before
December 15, 2007
to MHSFCA Secretary, Terry Turek: tturek@isd2397.org**

Conference Representatives, please email the following information:

1. Narrative recap of the seasons highlights
2. Overall conference standings
3. Individual, team, and coaching awards
4. Four-color digital photos (with captions) encouraged



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