

PACER WRESTLING NEWS – WEEK OF JANUARY 30

Practice Schedule

Monday - 3:12-5:25

Tuesday - 3:12-5:25 **with study hall & film**

Wednesday - 3:12-5:00

Thursday - 3:12-5:25

Friday - 3:12-5:00

Saturday - **Conference Home Tournament** - Arrive 7:45, weigh in 8:30, wrestle 10 AM

Volunteers still needed for home tournament

The Pacer Premier is on Feb. 4. We already have a lot lined up, but still need help to run a top-notch tournament again. If you haven't gotten the volunteer info by email about jobs to fill and food to bring, please let me know!

Note on weather conditions:

- If school is cancelled due to weather, all competitions and practices are also automatically cancelled/postponed.
- Saturday tournaments are usually not cancelled due to weather unless it is very extreme- they cannot really be made up. If I find out the morning of the tournament that it has been cancelled, I will send out an email to this list as soon as I can.

Pacer Premier Tournament

Meet in gym 7:45 PM for set-up --- Weigh in: 8:30 AM --- Wrestle: 10 AM

- Last year, many visiting coaches and fans commented on how nice the tournament was. That was thanks to our volunteers' efforts. Thanks for everyone helping make this tournament a success again!
- This year we have a full Metro Classic Conference tournament with the addition of Christian Life, Military and Lake Country to our conference. The top two finishers in each weight class receive 1st & 2nd team all conference honors.
- JV wrestlers have the opportunity to wrestle as non-scoring wrestlers, so everyone should have a chance to wrestle.
- Thanks to those who have volunteered food donations. We are still in need of more! If you are able, please consider donating. See the list from a separate email, or contact Shelly Schilling at shellys@eldercarecottages.com.
- I am also in need of two more volunteers for the day of the tournament: A person to periodically check the men's bathroom and locker rooms for supplies, and someone to do the same in the women's bathroom. This does not require a whole lot of work, but is important for providing clean and pleasant rest rooms for our guests throughout the day. If you would be willing to volunteer for either of those, let me know.
- We're looking forward to a great day!