



# High School League Rules

Games will be conducted to national High School Federation basketball rules with the following exceptions.

1. Games will consist of two 18 minute halves.
2. The team on the left on the schedule will provide a game ball and clock operator. The team on the right on the schedule will provide a scorebook person.
3. The clock will run continuously except the last one minute of the game when it will be stopped if the lead is less than 10 points.
4. One 30 second time out for the game.
5. One to two minute warm-up between games and one minute halftime.
6. Overtime is first team to score.
7. Free throws will always be one shot.
  - a. If a shooting foul, the free throw will be worth 2 or 3 points as applicable.
  - b. If foul occurs and basket is good, the free throw is worth 1 point as usual.
  - c. After 10 fouls, the free throw is worth 2 points.
8. Players will foul out of a game after 6 fouls.
9. Trash talking, taunting, profanity and disrespect to officials will result in a technical foul.
10. If a player receives 2 technicals, the player will be disqualified from the game.
11. If a player is disqualified from 2 games, they will be removed from the league with no refund.
12. If a team receives 3 technicals in one game, the game will end and team will be issued a forfeit.
13. The parents, players, fans, & coaches will conduct themselves with class & exhibit good sportsmanship at all times. Any problems in these areas will result in removal from game or league.

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