

## **Lauren Tremblay, Hayward co-op (G)**

I am honored to nominate Lauren Tremblay for the title of Miss Hockey because she exemplifies excellence in both academics and sports. She is a dedicated student-athlete who has earned a 4.0 grade point average and is ranked third in her class of 150 students. She is also a member of the National Honor Society and actively participates in her club's activities.

Lauren's athleticism has been highlighted as she challenged herself as a three-sport athlete. In the fall, she played golf and was an individual conference champion as well as an individual sectional champion. She was part of the Hayward team that won the Heart of the North Conference three times and Sectionals two times. She individually qualified for state three times. In the spring, Lauren is a track athlete, where she has been a two-time sectional finalist as well. Outside of high school, Lauren was a first-place Rodeo National qualifier.

Of course, Lauren really shines in her winter sport of hockey, where she has backstopped the Hayward Co-op since day one of her freshman year of high school. In her career, Lauren has competed in 102 games for the Hurricanes, compiling a 1.76 goals against average, .926 save percentage and collecting 25 shutouts, all while playing the toughest schedule of Wisconsin girls hockey teams. In 2015 she led her Canes to a second-place state finish, losing by a 2-1 score to USM but she was awarded first team all state honors. In 2016, Lauren and her Hurricane teammates were crowned state champions and she received first team all-state honors as well as placement on the first all-tournament team. As one can see by her performance at the 2016 state tournament, Lauren elevates her game during the postseason, where she has posted a 1.02 goals against average, a .950 save percentage, and four shutouts. She has been named a finalist for the Jesse Vetter Award in her freshman, sophomore, and junior years, as well as being an academic all-state player every year in both golf and hockey.

During the 2016-2017 season, Hayward Co-op has played the strongest schedule statistically, compiling a 15-5-2 record. Lauren maintains a 1.68 goals against average and a .940 save percentage. Strength of schedule can be shown by shots on goal, where Lauren has faced 100 more shots than the other top goalies in the state. For the first time in school history, our team shared the conference championship in the Lake Superior Conference. The Hurricanes were undefeated in conference play, tying only the co-champions, Proctor Hermantown Mirage, a game in which Lauren made 42 saves to preserve the tie. The Hurricanes ended conference play at 5-0-1.

In addition to her athletic gifts, Lauren is also a captain and a leader, working harder than anyone else to lead by example. She also gives back to the Hayward youth hockey program as a mentor in the Learn to Skate program and as an active coach in our weekly goalie clinic, where she shares her knowledge and skills with the younger goalies in the area.

In such a short statement, it is difficult to convey what Lauren Tremblay has meant to our hockey team, our school, and our community as a whole. Her contributions have been numerous and valuable. I hope that my words can give a glimpse into this wonderful student-athlete, but it is nearly impossible to accurately completely convey what a great young woman she truly is. She is certainly deserving of this award and will honor the spirit of Miss Hockey.