



# 2017 CBTL Time Sessions

#1 – May 7

#2 – August 13

*Calgary Bicycle Track League is pleased to present the 2017 CBTL Time Sessions*

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**Organizer:** Robert Armstrong ([rcarmstrong2@gmail.com](mailto:rcarmstrong2@gmail.com)) and Darrel Hargreaves ([greenerhorizons@shaw.ca](mailto:greenerhorizons@shaw.ca)).

**Preamble:** The purpose of these sessions is to allow athletes to develop their skills at timed races and to measure their training progress through the season.

**Sign Up:** Sign-up sheets will be available on the day.

**Categories:** None (this is between you and the clock, and possibly your ego).

## **Schedule:**

10:00 Sign on and Open Track  
10:30 F200  
Pursuits  
- 2,000 m  
- 3,000 m  
- 4,000 m  
Kilo /500 m (if there is time and sufficient interest)

## **Equipment & Regulations:**

This event will be run in accordance to ABA/CCC/UCI Cycling regulations. Riders are responsible for knowing and understanding these regulations.

Carbon, disc and deep section wheels (maximum 40 mm depth) are not permissible for U17/U15/U13.

A reminder of Cycling Canada gear restrictions:

- Junior – 97.6" (52x14)
- U17 – 87.6" (50x15)
- U15 – 82.3" (50x16)
- U13 – 75.7" (46x16)

**First Aid:**

Closest hospital is [Rockyview General Hospital](#) - 7007 14 Street SW, Calgary.  
Certified first aid person will be on site.

**Where:**

[Glenmore Athletic Park](#), 5300, 19 Street SW, Calgary, Alberta.

