| Mondays AM Session | 8:30 | | 9:45 | 10:00 | 11:00 | | | |
|-----------------------|------------------|-------|---------------|-------------------------|-------|---------------|------------|--|
| HS Group | On Ice | n Ice | | Change Off Ice Training | | End of Day | | |
| | 8:30 | 9:30 | | 10:00 | 11:15 | Ī | 11:30 | |
| Youth Group | Off Ice Training | | Change | On Ice | | Change | End of Day | |