OFFICIAL
CHARTER SCHOOL ATHLETIC ASSOCIATION
H.S TRACK SCHEDULE
2017

DATE	TIME	MEET	LOCATION
MARCH 27	4:00PM	(G)1600m (B)1600m	Van Cortlandt Park
APRIL 03	4:00PM	(G) 800m (B) 800m	Van Cortlandt Park
APRIL 10	4:00PM	(G)4X200R (B)4X200R	Van Cortlandt Park
APRIL 17	4:00PM	(G) 400m (B) 400m	Van Cortlandt Park
APRIL 24	4:00PM	(G) 100m (B) 100m	Van Cortlandt Park
MAY 1	4:00PM	CHAMPIONSHIP	Van Cortlandt Park

COST
GIRLS TEAM $600.00 (6) MEETS
BOYS TEAM $600.00 (6) MEETS
BOTH TEAM GIRLS & BOYS $1200.00

PAYMENT DUE BY TEAMS FIRST RACE
CHARTER SCHOOL ATHLETIC ASSOCIATION
POST OFFICE BOX
1169 BRONX, NEW YORK 10462

LOCATION
Van Cortlandt Park
WEST 242 BROADWAY AVENUE

OFFICIAL
CHARTER SCHOOL ATHLETIC ASSOCIATION
TRACK RULES

(Boys and Girls Competition)

GENERAL POLICIES

Eligibility

a) A student athlete is eligible for participation in CSAA TRACK program if they are enrolled in and attend a CSAA member school and meet all of CSAA's age, residence, and grade requirements. It is the responsibility of the member school to ensure all of the eligibility requirements are met. Please refer to "CSAA Student-Eligibility Guidelines" for further information.

b) For CSAA HIGH SCHOOL TRACK program, a student shall only be eligible to participate **in** in grades 9, 10, 11 and 12 until his/her 19th birthday. A student who attains the age of 20 during the season **cannot participate**

c) Students in grade 8 may participate in high school track competition if their school does not participate in junior high school competition.

d) If a student in grade 8 participates in junior varsity competition for a school that participates in junior high school competition, that student is ineligible to participate in junior high school competition.

e) If it is determined that a school used an ineligible runner in a meet, that runner will be disqualified.

f) It is the responsibility of each member school to ensure each student athlete has undergone a physical examination within the last calendar year before participating in track.

AED/CPR
ALL COACHES MUST BE AED/CPR CERTIFY.

Uniforms
a) All track teams **MUST** be in uniform tops and BOTTOMS

b) All track team rosters **MUST** contain the following information:
- Name of school
- Names and telephone numbers of head coach and assistant coaches
- Legal first and last name of each player
- Grade, age, and date of birth of each player

c) It is the responsibility of each member school to ensure the accuracy of the information provided on the league roster. The information provided on the submitted roster is considered official and will be the evidential basis of any eligibility challenges. Changes to the roster cannot be made after it is submitted to the league office without the written consent of the Director of Athletics. Roster changes will be approved/denied at the sole discretion of the Director of Athletics in accordance with the hardship provision. (as defined in the "CSAA Student-Eligibility Guidelines")

General Rules
A) Boys and Girls compete separately.
B) All spectators must stay out of the middle of the track area during the running events. Only coaches and participants in the current even or immediately upcoming event can be on the track
C) No one is allowed to run alongside participating runners. This will result in a disqualification.
D) Participants must wear school track uniforms, and colors.
E) NO SPIKES

CSAA will not permit or use any video or photo technology to determine a winner.

Individual Scoring System
1st place   10pts
2nd place   8pts
3rd place   6pts
4th place   4pts
5th place   2pts
6th place   1pts

Relays Scoring System
1st place   20pts
2nd place   18pts
3rd place   16pts
4th place   14pts
5th place   12pts
6th place   10pts

1600 METER RUN RULES

Participation

All schools should bring 1600 meter short distance runners only

(4) Runner's Girls' Roster
(4)Runner's Boy's Roster

A) All runners can move out of lanes immediately

B) Runners must run four (4) laps around a 400 meter track.

Awards
Gold, Silver and bronzes **METALS** will be given for the top three overall times, **AFTER THE FINAL HEAT**

Tie Breakers
The timers will do their best to determine who finish ahead of one another. If the timer cannot distinguish between the runners they can rule a tie and award the same time and place to a team.

800 METER DASH RULES

All schools should bring 800 meter runners only

(4) Runner's Girls' Roster
(4)Runner's Boy's Roster

A) All runners can move out of lanes immediately

B) Runners must run Two (2) laps around a 400 meter track.

CHARTER SCHOOL ATHLETIC ASSOCIATION
1600 TRACK ROSTERS

School Name:

_____

COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS
ASSISTANT COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS

GIRLS				
FIRST NAME	**LAST NAME**	**AGE**	**GRADE**	**DATE OF BIRTH**
1				
2				
3				
4				
BOYS				
1				
2				
3				
4				

CHARTER SCHOOL ATHLETIC ASSOCIATION
800 METER RACE ROSTER

School Name:

_____

COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS
ASSISTANT COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS

GIRLS					
	FIRST NAME	LAST NAME	AGE	GRADE	DATE OF BIRTH
1					
2					
3					
4					

BOYS					
	FIRST NAME	LAST NAME	AGE	GRADE	DATE OF BIRTH
1					
2					
3					
4					

4X200 RELAY RULES

Participation

All schools should bring 4x200 runners only

(8) Runner's Girls' Roster
(8) Runner's Boy's Roster

All runners must stay in their lanes for the hold race

<u>Awards</u>
Gold, Silver and bronzes **METALS** will be given for the top three overall times, **AFTER THE FINAL HEAT**

<u>Tie Breakers</u>
The timers will do their best to determine who finish ahead of one another. If the timer cannot distinguish between the runners they can rule a tie and award the same time and place to a

400 METER DASH

Participation

All schools should bring 400meter runners only

(5) Runner's Girls' Roster
(5) Runner's Boy's Roster

All runners must stay in their lanes for the hold race

<u>Awards</u>
Gold, Silver and bronzes **METALS** will be given for the top three overall times, **AFTER THE FINAL HEAT**

CHARTER SCHOOL ATHLETIC ASSOCIATION
4X200 RELAY GIRLS TRACK ROSTERS

School Name:

_____

COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS
ASSISTANT COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS

GIRLS					
	FIRST NAME	LAST NAME	AGE	GRADE	DATE OF BIRTH
	TEAM 1				
1					
2					
3					
4					
	TEAM 2				
1					
2					
3					
4					

CHARTER SCHOOL ATHLETIC ASSOCIATION
4X200 RELAY BOYS TRACK ROSTERS

School Name:

_____

COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS
ASSISTANT COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS

BOYS					
	FIRST NAME	LAST NAME	AGE	GRADE	DATE OF BIRTH
	TEAM 1				
1					
2					
3					
4					
	TEAM 2				
1					
2					
3					
4					

CHARTER SCHOOL ATHLETIC ASSOCIATION
400 METER RACE ROSTER

School Name:

_____

COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS
ASSISTANT COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS

GIRLS					
	FIRST NAME	LAST NAME	AGE	GRADE	DATE OF BIRTH
1					
2					
3					
4					
5					

BOYS					
	FIRST NAME	LAST NAME	AGE	GRADE	DATE OF BIRTH
1					
2					
3					
4					
5					

100 METER DASH

Participation

All schools should bring 100 METER DASH runners only

(8) Runner's Girls' Roster
(8) Runner's Boy's Roster

All runners must stay in their lanes for the hold race

CHARTER SCHOOL ATHLETIC ASSOCIATION
100 METER DASH GIRLS TRACK ROSTERS

School Name:
_____

COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS
ASSISTANT COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS

GIRLS					
	FIRST NAME	LAST NAME	AGE	GRADE	DATE OF BIRTH
	TEAM 1				
1					
2					
3					
4					
	TEAM 2				
1					
2					
3					
4					

CHARTER SCHOOL ATHLETIC ASSOCIATION
100 METER DASH BOYS TRACK ROSTERS

School Name:

_____

COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS
ASSISTANT COACH NAME	CELL PHONE NUMBER	EMAIL ADDRESS

BOYS					
	FIRST NAME	LAST NAME	AGE	GRADE	DATE OF BIRTH
	TEAM 1				
1					
2					
3					
4					
	TEAM 2				
1					
2					
3					
4					