EQUIPMENT REQUIRED FOR LACROSSE

Lacrosse stick
Lacrosse gloves
Helmet
Arm pads
Shoulder pads
Kidney pads
Cleats (for field)
Mouth guard
Protective cup

Goalies will also require:

Goalie lacrosse gloves Chest protector Goalie throat guard Goalie pants Goalie stick

Equipment can be purchased at any of the following:

Buckner's Source For Sports 104 Welland Avenue St. Catharines, Ontario (905) 641-0066 Front Row Sports 133 Front Street N. Thorold, Ontario (905) 680-4588