



Gurnee Youth Baseball In-House Practice Rules

1. Purpose

Gurnee Youth Baseball, Inc. (“GYB”) has created In-House Practice Rules in accordance with its goal of ensuring that best efforts are implemented to provide a developmental, fun, appropriately competitive and safe environment for the enjoyment of the game of baseball.

These rules have been created to meet the specific needs of GYB, its facilities and operations, and shall be reviewed on an annual basis for amendments and modifications where necessary. In-House Practice Rules shall be posted publicly on the GYB website and distributed to the Board of Directors (“BOD”), all Managers and Coaches.

2. Practice Safety and Conduct

GYB’s Safety Guidelines shall be observed at and apply to all GYB practices. In the event of any conflict between these Practice Rules and the Safety Guidelines, the Safety Guidelines shall control. Each team’s Head Coach shall ensure GYB’s Safety Guidelines and In-House Practice Rules are observed and applied to all practices.

3. Solicitation of Funds

No coach, manager, team parent or person is authorized to solicit and or collect funds from in-house league team players, parents or guardians for any alternate practice facilities, equipment, services or additional training. Solicitation of funds in any form outside of an authorized GYB fundraiser is strictly prohibited and violators are subject to immediate dismissal from any and all GYB programs.

4. Fields and Facilities

- a. No practices shall be conducted before April 1st, and no practices shall be conducted before GYB (American Legion Fields) has opened for the pre-season. Year-to-year deviations due to weather and or field conditions will be unilateral across all teams within any affected league, and published by GYB when required.
- b. GYB League Directors shall provide the practice field assignments and schedules to Head Coaches as soon as possible, and no later than March 15th.
- c. **No practice shall take place that deviates from the schedule provided by GYB unless explicitly approved.** Approval is only obtained by email and from the relevant League Director, Vice President, or President of GYB. Approval must be forwarded or cc-ed by the authorized GYB personnel to practices@gurneeyouthbaseball.org.
- d. **Approval is required to conduct practices at any location not listed by GYB on the practice schedules distributed by League Directors.** Approval is only obtained by email and from the relevant League Director, Vice President, or President of GYB. Approval must be forwarded or cc-ed by the authorized GYB personnel to practices@gurneeyouthbaseball.org.

5. Length of Practices

- a. Shetland League: Any individual practice shall not exceed 75 minutes in length
- b. Pinto League: Any individual practice shall not exceed 90 minutes in length
- c. Mustang League: Any individual practice shall not exceed 120 minutes in length
- d. Bronco League: Any individual practice shall not exceed 120 minutes in length
- e. Pony League: Any individual practice shall not exceed 135 minutes in length
- f. Colt League: Any individual practice shall not exceed 135 minutes in length

6. Frequency of Practices

- a. For the pre-season, before the team's first played game of the season, a minimum of two (2) practices per calendar week is required, weather permitting, but shall not exceed the limits below.
 - i. Shetland League: No more than two (2) practices per calendar week
 - ii. Pinto League: No more than two (2) practices per calendar week
 - iii. Mustang League: No more than four (4) practices, of any kind, per calendar week
 - iv. Bronco League: No more than four (4) practices, of any kind, per calendar week
 - v. Pony League: No more than four (4) practices, of any kind, per calendar week
 - vi. Colt League: No more than four (4) practices, of any kind, per calendar week
- b. For the regular season, after the team's first played game, the number of games played, make-ups played and practices of all kinds shall not exceed the total event limits below.
 - i. Shetland League: No more than three (3) events in total per calendar week
 - ii. Pinto League: No more than three (3) events in total per calendar week
 - iii. Mustang League: No more than four (4) events in total per calendar week
 - iv. Bronco League: No more than four (4) events in total per calendar week
 - v. Pony League: No more than four (4) events in total per calendar week
 - vi. Colt League: No more than four (4) events in total per calendar week

7. Weather and Field Conditions

In the event GYB (American Legion Fields) have been closed due to temperature and or weather conditions impacting the safety of players, all GYB outdoor practices are canceled, regardless of the location of the practice. Under no circumstances are GYB practices to be conducted at other outdoor locations during closures for such conditions.