



Jersey Colts Ice Hockey Club Program Overview



- 8month long program designed to achieve the highest player development
- Late August 2019 will be our four day training camp-on ice and off-ice training
- Goalies will Pay half tuition for the 2019/2020 season
- Two week day practices with a regular weekend game schedule
- Weekly off-ice training to increase strength hand speed (Squirt–Midget)
- Two tournaments per team
- Specialized clinics through out the season
- Spring skills sessions (pre try-out conditioning clinics)
- Spring and Summer Clinics and Tournaments

In addition to the New Jersey Youth Hockey League (NJYHL) the Jersey Colts will once again enter some AA teams into the Eastern Junior Elite Prospects League (EJEPL). EJEPL features showcase tournaments and an additional 16 league games. This will supplement the current NJYHL schedule and provide improved competition for our AA teams.

Jersey Colts Coaching Staff

- Highly motivated and experienced USA Hockey certified coaching staff
- Dedicated goalie coaching and weekly practice sessions
- Baseline concussion testing for all Players

Mite Development Program

- USA Hockey ADM model development
- Station based practices
- Kids grouped based on development stages
- Our goal is to make in fun and competitive learning experience

For the 2019-2020 season. the Jersey Colts intend to host at least 2 teams per age group but reserves the right to adjust the number and level of teams as necessary in order to ensure a competitive and enjoyable season for each of our teams.

For more information visit our website www.coltsicehockey.com
Or contact the Colts Director of Hockey and Player Development,
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