Rules of Play
FIFA rules apply with the exception of the rule changes below.

Offsides
The offsides rule is not called.

Attacking Half
Goals can only be scored from shots taken inside the attacking half. If a goal is scored from a shot outside of the attacking half, then no goal is awarded. Play is restarted with a free kick at the center line.

No Throw-in
There are no throw-ins. Play is restarted with an instep (inside of the foot) kick from the ground.

Goal kicks
All players from the defending team must position themselves on their defensive half of the field. Players can enter that attacking half of the field after the second touch (First touch is the kick in) or the ball crosses the half line. There are no restrictions to positioning of players from the attacking team.

Teams Trailing by 4 Goals
Teams trailing by a 4 goal margin can place an additional player on the field. Coaches must make each other aware of this additional player. The additional player may remain on the field until the score is level.

Goal Keepers
There are no Goal Keepers. Players should be encouraged to roam around the field and not stay positioned ~5 yards in front of the goal. Defenders touching the ball in the Goal Arc/Box results in a restart from the kick off. Attackers touching the ball in the Arc/Box results in a Goal Kick.

LEGEND
- Attacking Player
- Defending Player
- Ball
- Pass
- Run
- Dribble