



# The Cutting-Edge Newsletter



*A publication of the RFSC*

*Volume 3, Q2 - 2017*

## 2017 Roseville Open Competition May 18 – May 21



**ENTRY DEADLINE APRIL 10<sup>th</sup>!**

### Upcoming Figure Skating Events

USFSA Test Session - Thursday, May 18  
10:15 – 1:15. Roseville Arena  
Application deadline: May 4th

Roseville Skate School Ice Show

**2017 Roseville Ice Show**  
"Game Night"

#### **2017 Roseville Ice Show** **Performance Dates**

Friday, April 28 @ 7:00pm  
Saturday, April 29 @ 6:00pm  
Sunday, April 30 @ 2:00pm

### **DID YOU KNOW?**

Meeting  
minutes are  
posted online.  
Click on the  
**Board Meetings**  
tab.

The **Contact Us**  
tab lists all  
Board  
members, their  
roles and how  
to reach us.



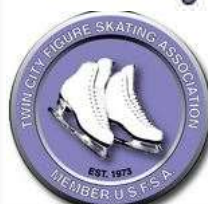
**REGISTRATION IS NOW!**  
**PAUL WYLIE IS COMING TO**  
**RFSC June 10<sup>th</sup> and 11<sup>th</sup> !**

**Paul Wylie (USA) 1992**  
**Albertville Olympics**  
**Men's Freeskate Silver**  
**Medalist** will in the RFSC  
house for on-ice instruction  
as part of a seminar series  
and limited spots for private  
instruction June 10 & 11.  
SEE FINAL PAGE OF THIS  
NEWSLETTER FOR LINKS.  
**You do not want to miss**  
**this opportunity!**



*Paul Wylie*  
*1992 Olympic*  
*Silver Medalist*

## **Twin City Figure Skating Association**



The RFSC is a member the  
TCFSA which consists of figure  
skating clubs within Minnesota  
who are permanent members of  
U.S. Figure Skating and have  
joined the Association.

Delegates from each club meet several times  
a year to discuss test sessions, competitions,  
club announcements, and USFSA issues.

The RFSC was helped by this affiliation when  
we needed to procure ice during Roseville's  
unplanned ice replacement. We post and  
share info on their Facebook page as well, so  
be sure to hit that 🇺🇸 icon to join their page!



**Amanda Castelletti Dye**

## *"Go Figure"*

### **2017 Roseville Open Competition Co-Chairs**

Amanda Castelletti Dye & Kelli McCellan Hagen

### ***This Is the RFSC's Time of Year to Get Involved!***

The Roseville Open has become an annual tradition. As a USFSA sanctioned event, we begin the long weekend with test sessions on Thursday, May 18<sup>th</sup>, and competition begins Friday, ending with our Rosebuds competition on Sunday for skaters who are just beginning their journey as competitors. The atmosphere is very exciting. Roseville CTV airs live coverage on Friday and Saturday of all events via its local Comcast station. We have a wonderful selection of vendors with all sorts of skating accoutrements, including professional photography for awards, action shots and videography of on-ice skater programs & events.

There is a flurry of volunteer activity that kicks-in to make it all happen. That's where your time and talents are needed. The best part of volunteering is seeing the spectacle of how these competitions come together so that as your skater is on their development path, it all starts to make sense how the competition circuit functions. This is our club's main fundraiser of the year, so the value of your time to this event is appreciated and critically necessary to its success. In mid-April, the SignUpGenius.com link will go live for your opportunity to be a part of this competition's success. There are several committees with chairmen who are eager to rally your help. Specific committee details are profiled in this newsletter. As always, feel free to reach out to me at [mdye@live.com](mailto:mdye@live.com).



**Kelli McClellan Hagen**

### ***Coach Kelli's Tips to Get Ready to Compete***

As skaters prepare their skills for competition, here are some other planning skills to remember!

- \*Set achievable goals! Goals should be attainable yet challenging. i.e. land a new jump in competition. Or getting a certain amount of revolutions on a spin.
- \*Do not set expectations too high. Remember you can only control how you skate, not how others in your group skate or what the judges think! Skate your best and be proud when you do. Placements cannot be controlled by you as a skater, so don't forget the rush and happiness you felt even after results are posted.

- \*Enjoy the moment. It's your time to shine and show off your skills! Your time out

on the ice for an event is short, make it memorable for yourself.

- \*Remember everyone gets nervous. Find ways that help you relax, listen to music, talk with friends, coach or parents.

- \*Visualize your program how you want to skate it! This is a great tool to help skaters gain confidence.

- \*A good way to gain confidence is PRACTICE PRACTICE PRACTICE! We have lots of ice during spring contract, buy on a few extra sessions. Get a extra lesson or two. Use the exhibition to your advantage, pretend its competition and see how you do under pressure. Practice the way you want to compete.

- \*\*Be respectful of everyone at the rink. It takes hundreds of man hours to run a competition, and they all come from volunteers. Say please and thank you to your volunteers. Be patient. Be kind. Treat others how you want to be treated!

- \*Thank your parents and coaches for all their time and effort to get you where you are! Good Luck Skaters!



**2017 Roseville Open Dates are Fast Approaching, and We Need You!**

**Thursday, May 18<sup>th</sup> – Sunday, May 21<sup>st</sup>**

Remember, Ice Show volunteer hours do not count toward club hours. We need your time and talents during these days.

**WATCH YOUR EMAIL FOR THE SIGNUPGENIUS.com LINK!**



Members - Watch for an email in Mid-April from RFSC directing you to Sign-Up Genius to select your volunteer category!

Many parents choose to select times when the schedule is set for skater events and times. The Committee Chairman will certainly make sure you are available to go watch your skater's events.

When SignUpGenius goes live, the Committee Chairman for that category will be able to answer any questions you may have.

Here are categories to consider:



**Announcing & Music**



**Awards & Flowers**



**Concessions**



**Clean-Up**



**Decorations & Signs**



**Hospitality**



**Judges/Officials Transportation**



**Ice Monitoring**



**Registration**



**Posting Results & Runners**

**MORE INFORMATION AND CATEGORY DESCRIPTIONS**

**WILL BE POSTED WITH THE [SignUpGenius.com](https://www.signupgenius.com) link!**





## Skater Spotlight Carly Dahms



Each quarter, the Board will take nominations from RFSC coaches for a skater spotlight segment. We want to share the stories in the lives of our skaters that inspire, and as well get to know what motivates the individual skater both on and off the ice.



**Carly is your new *Skater Rep* to the Board for 2017-2018\_!**



### Q & A with Carly!



**What makes you most excited about being the new skater rep?**

Getting more involved in the RFSC and being a voice for my fellow skaters.

**What goals have you set for yourself in the next two years?**

To pass my Senior Moves Test and to get as far as I can in Free Skate.

**How do you balance skating, school and your other sports?**

Many late nights and prioritizing my time.

**What do you do to relax when you're not busy?**

If and when I'm actually not busy, I'm hanging out with friends, doing some sort of physical activity, or sleeping!

**What was it like to skate your first solo in the Ice Show?**

Skating my first solo was nerve-racking, but it was very exhilarating. It was a cool and new experience.

**How have you continued to stay motivated as you progress through the skating levels?**

Through the years and levels, my competitive drive always made me want to strive to be better and learn new skills. I guess I was really never complacent on where I was in skating.





***Melissa is reprising her role for 2017-2018 as youth skater Representative to the Board of Directors. She will work alongside Carly Dahms in sharing skaters' vision and ideas to make a difference.***



## ***Skater Spotlight***

### ***Melissa Perscyk***



With Coach Tessa!

#### ***Q & A with Melissa:***

***Tell us about when and how you fell in love with skating.***

I was three years old when I fell in love with skating. It was fun and I made friends in the class.

***What are your goals and dreams for your skating career? How did you come up with those?***

I want to get my gold moves. I am inspired by coaches and older skaters.

***What is your favorite part about competing and performing?***

The rush I get when I step onto the ice!

***What is your favorite part about being a skater rep?***

Being able to represent other skaters and being a part of the community.

***What do you hope to learn in the next year of training?***

About skating? Continued to be challenged and grow.

About being a rep? Want to continue to learn how to represent my peers and learn about the business of the rink..

***If you were a coach, what advice would you give a skater at their first competition?***

To have fun and be proud of what you did!



## *2017 Banquet Moments!*



***The 2017 Annual Banquet and Meeting of Members of the RFSC is in the books! We had two new Board Members voted-in, and three High School Seniors who were acknowledged, along with pins, certificates, flowers and photos for individual skater accomplishments in their skating journey. Well Done! Oh, and we had some fun with the photo booth!***



**Thank you Kristen Weston and Krista Redlinger -Grosse and Banquet Committee for a Great Banquet! Also thanks to Liz Kaytor, Nancy Reimann, Jacqueline Ballot, Mark Lindberg and Garth and Kim Scholten for their roles.**





## *Our 2017-2018 Board of Directors*

Every year at the Board meeting immediately following the Annual Banquet and Meeting of Members, the Board re-elects Officers to serve in Executive roles. Contact information can be found at [Rosevillefsc.org](http://Rosevillefsc.org) or via the link below. Meeting dates and minutes are posted to keep you informed. Thank You to our Board for their service to the RFSC!

### **EXECUTIVE BOARD**



*Board President*  
**Lisa Anne Venne**



*Treasurer*  
**Mike Kaytor**



*1st Vice President*  
**Kelli McClellan Hagen**




*Secretary*  
**Alana Howey**





*2nd Vice President*  
**Paul Dahl**

### **DIRECTORS**

 Jacqueline Ballot

 Amanda Campbell  
**WELCOME TO THE BOARD!**

 Amanda Castelletti  
Dye

 Krista Redlinger-  
Grosse

 Christine Staloch  
**WELCOME TO THE BOARD!**

 Kristen Weston

**Photos of the full Board will be posted in a subsequent Newsletter.**

**The Board encourages your feedback and suggestions.**

<http://www.skatetheoval.com/page/show/281569-contact-us>



## *And here's the closing spin on other stuff:*



The 2017 Roseville ISI Skate School **ICE SHOW** is themed "GAME NIGHT!" Shows are at **7:00 PM Friday April 28<sup>th</sup> 6:00 PM Saturday April 29<sup>th</sup> 2:00 PM Sunday April 30<sup>th</sup>** Tickets go on sale Monday, April 3, 2017. Tickets will be available between 8:00am and 3:00pm Monday thru Friday. Special advance ticket sales hours will be held April 24 - 27 from 4:00-8:00pm. Tickets will also be sold during ice show pictures. Advance ticket sales will end at 11:00am Friday, April 28, 2017. Tickets are good for any performance date. All seating is general admission. Adults \$7.50 advance/ \$8.50 at the door. Child/Senior (5 - 18, 55+) \$5.50 advance/ \$6.50 at the door. Children under age 5 free.



**PLYOMETRICS TRAINING** is ONLY available per request of skater with this Spring 2017 contract session...pending your private coach's approval. Next contract, summer, registration will resume as before. Contact: hmrollinger@yahoo.com



**Olympian Paul Wylie at RFSC on Saturday, June 10<sup>th</sup>, 10:00 am – 3:30 pm.**

**\$75.00 postmarked before April 7<sup>th</sup> AND \$100.00 postmarked April 7<sup>th</sup> – May 26<sup>th</sup>**

**Private Lessons on Friday, June 9<sup>th</sup> and Sunday June, 11 See page 2 of form**

[http://assets.ngin.com/attachments/document/0114/8251/Olympian\\_Paul\\_Wylie.pdf](http://assets.ngin.com/attachments/document/0114/8251/Olympian_Paul_Wylie.pdf)

**Includes 1 hour off ice with Paul and two hours on ice with Paul. Lunch and other guest speakers also included.**

**PLEASE NOTE \*\*Individual lessons opened to other skating clubs on April 10<sup>th</sup> if space is available\*\***



**CONSIGNMENT OPPORTUNITES:** Do you have skates that others would be happy to have? Outgrown that beautiful competition dress? Would someone be interested in organizing a consignment for skates and skate wear? This could be associated with or separately from the competition. Please contact Alana Howey on the board if you would like to head up this project (with help!).