



## COYBL Baseball Pitch Count Regulation for ages 15 and up

**This rule was adopted as a result with the change in OHSAA baseball pitching regulation COLUMBUS, Ohio**

Details for a nationally-mandated pitch count restriction in high school baseball were approved by the Ohio High School Athletic Association Board of Directors in 2017.

COYBL has adopted these rules as well. The National Federation of State High School Associations (NFHS) informed all states that they were required to have a pitch count limit instead of a regulation based on innings pitched over a certain number of days.

The new OHSAA pitch count regulation calls for a maximum of 125 pitches permitted in a day, and contains several other details such as the number of days required between pitching appearances based on the number of pitches thrown.

The regulation replaces OHSAA baseball regulation 1.7 and indicated that details for the pitch count regulation would be finalized. "Our initial goal was to meet the requirement of the NFHS rule that now requires individual states to create their own pitch count limitations," said Assistant Commissioner Jerry Snodgrass, who is the baseball administrator for the OHSAA. "After assembling a group representing the necessary stakeholders, including a member of our Sports Medicine Advisory Committee, we have met that goal.

We continue to look at further ways in which these limitations will affect teams as well as providing adequate education for our coaches and those in non-school baseball."

COYBL / OHSAA Baseball Pitch Count Regulation Daily Pitch Limit: 125 pitches Number of Days Between Pitching Appearances After Pitching: 1-30 Pitches: 0 days 31-50 Pitches: 1 day 51-75 Pitches: 2 days 76 or More Pitches: 3 days  
Doubleheader

Note: If a pitcher throws at least 31 pitches in a game, he may not pitch in another game that day (or the next day).

At Bat Completion: If the maximum daily pitch count is reached during an at bat, a pitcher may exceed the pitch count only to finish pitching to the current batter.

Data Collection System: At the end of each contest, coaches must submit pitcher data to the COYBL web site so it populates the Pitch Tracker.

Teams are required to keep pitch count data on all pitchers and make the data available to the COYBL upon request.

Regulation Violation: A team shall forfeit any victories in which a player violates the pitch count regulation.

Suspended/Interrupted Games: All pitches thrown during a game that becomes suspended or interrupted (due to weather or darkness, for example) shall count toward the pitch count regulation. Scrimmages and Previews: All

pitches thrown in a scrimmage or preview shall count toward the pitch count regulation.