

Sports Medicine Program

The Children's Orthopaedic Center at Children's Hospital Los Angeles is ranked second in the nation in pediatric orthopaedics by U.S. World & News Report. Its Sports Medicine Program is one of the only pediatric sports medicine facilities in Southern California.

The Children's Orthopaedic Center's diverse team of sports medicine experts understands the issues unique to young athletes and how essential customized, age-appropriate care is to getting back in the game quickly and safely.

Dedicated to helping young athletes be at their best, the Center's comprehensive Sports Medicine Program offers:

- Sports injury care, rehabilitation and prevention education
- Sports medicine physicians trained in sports injury care and fracture management, with same-day X-rays, splinting and casting
- A Monday morning "walk-in" clinic at Children's Orthopaedic Center – Santa Monica, open at 7:45 a.m. for prompt care of athletes injured over the weekend
- Late clinic hours on Tuesdays and Fridays (until 7 p.m.) at the Children's Orthopaedic Center – Santa Monica location
- Sports concussion diagnosis, management and return-to-play criteria
- Comprehensive sports physicals with attention to prevention
- Community education for parents, athletic directors, coaches, athletic trainers and primary care providers
- Injections (corticosteroid, trigger point and platelet-rich plasma)
- State-of-the-art motion evaluation in the Children's Orthopaedic Center Sports Motion Lab to prevent injury, expedite recovery from injury or surgery, and maximize performance



Children's Orthopaedic Center Locations:

Los Angeles

4650 Sunset Blvd.
Los Angeles, CA 90027
Phone: 323-361-2142

The John C. Wilson Jr. Motion and Sports Assessment Laboratory

4650 Sunset Blvd.
Los Angeles, CA 90027
Phone: 323-361-4120

Arcadia

468 E. Santa Clara St.
Arcadia, CA 91106
Phone: 626-795-7177

Beverly Hills

120 S. Spalding Dr., Ste. 401
Beverly Hills, CA 90212
Phone: 310-657-1300

Koreatown

4220 W. Third St., Ste. 205
Los Angeles, CA 90020
Phone: 213-386-0183

Santa Monica

2020 Santa Monica Blvd., Ste. 400
Santa Monica, CA 90404
Phone: 310-315-2041

South Bay

3440 Torrance Blvd., Ste. 100
Torrance, CA 90503
Phone: 310-303-3890

Tarzana/Encino

18411 Clark St., Ste. 302
Tarzana, CA 91356
Phone: 818-788-2981

Valencia

23838 Valencia Blvd., Ste. 140
Valencia, CA 91355
Phone: 661-362-1240



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