



For Immediate Release

Contact: Greg Page

651-307-4294

[gpage@pageonimmigration.com](mailto:gpage@pageonimmigration.com)

## Mothers & Sons Night Out\*

### The Football Decision – Should My Son Play Football?

**Saint Paul, MN** – 8 Area organizations are joining together to sponsor a Mother and Sons night out of fun and football be hosted by Cretin-Derham Hall High School on Monday, May 22, 2017 from 6:30 to 8:30 PM. The night features nationally known Author/ Neurologist/ Neurosurgeon Dr. Uzma Samadani who will discuss her book "The Football Decision: An Exploration Into Every Parent's Decision Whether Or Not To Let A Child Play Contact Sports.

Dads are welcome too. Dr. Samadani will be joined by former Minnesota Viking and Cretin-Derham Hall head football coach Brooks Bollinger who will talk about the Greater Game as well as football fun on the CDH football field.

Sponsoring organizations include: Nativity-Groveland Area Football Program, Cretin-Derham Hall High School, Metro Football League, St. Thomas Academy, Highland Park High School, Central High School, Play It Again Sports, St. Paul Parks and Recreation, All these organization are joined together in an effort to provide a better football education and experience to players in 2<sup>nd</sup> through 12<sup>th</sup> grade.



Uzma Samadani, MD PhD is a neurosurgeon and brain injury researcher at Hennepin County Medical Center. She serves as the Rockswold Kaplan Endowed Chair for Traumatic Brain Injury at Hennepin County Medical Center and as an Associate Professor of Neurosurgery at the University of Minnesota. Dr. Samadani has received more than three million dollars in research grants from national and international competitive funding agencies to study diagnostics, risks, outcomes and treatments for brain injury. Dr. Samadani also serves as an unaffiliated neurotrauma consultant to the National Football League. Dr. Samadani is the co-author of the recently published book,



Brooks Bollinger is currently the head football coach at Cretin-Derham Hall High School in St. Paul, MN. Bollinger played eight years in professional football, including six seasons in the National Football League and two in the United Football League. He was selected in the 2003 NFL Draft by the New York Jets and would play three seasons in with the New York Jets, two seasons with the Minnesota Vikings and one season with the Dallas Cowboys Brooks played college football and the University of Wisconsin. As a senior, Bollinger was named a team captain and the recipient of UW's Wayne Souza Coaches Appreciation Award. He was also named to the American Football Coaches Association (AFCA) "Good Works Team," which honors football student-athletes for exemplary community service.

A poster for the event "The Football Decision: Should My Son Play Football?". The poster has a blue header with white text. Below the header, it says "Mothers (and Dads) &amp; Sons Night Out". To the right of the text is a graphic of a football player in a red jersey and helmet, running with the ball. The word "CHARACTER" is written in large, blue, stylized letters across the player's body. Other words like "PURPOSE", "CHOICES", "RESISTANCE", "GUIDANCE", and "IDENTITY" are also part of the graphic. Below the graphic, it says "Hear from:" followed by a list of speakers: Dr. Uzma Samadani, Neurologist/Neurosurgeon/Trauma Expert, and Ex-Viking Brooks Bollinger - The Greater Game. It also mentions "Also participate in fun, on-field workouts for the kids." At the bottom, it says "More info at NGFB.net" and "May 22 from 6:30-8:30PM at Cretin-Derham Hall Thanks to our sponsors:". There are logos for various sponsors at the bottom, including the Nativity-Groveland Area Football Association, Cretin-Derham Hall High School, Metro Football League, St. Thomas Academy, Highland Park High School, Central High School, Play It Again Sports, St. Paul Parks and Recreation, and the Minnesota Football League.