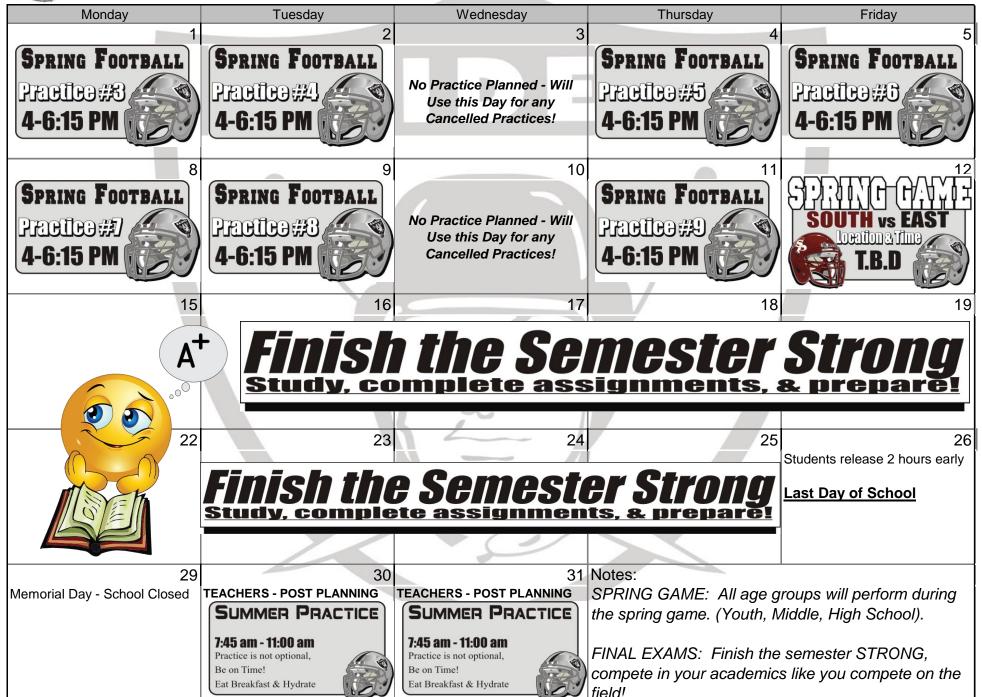


May 2017





June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	s absolutley required. If you ha	ave to miss practice, Coach	1	2
Shackelford MUST be notified We will host the 2017 North Ga all over the State to compete ir graders (cost is \$40 per player) 7 on 7 Schedule - TBD	a. Funadmentals Football Cam n our Helmets/Shoulder Padde		SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate	
5 SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate	SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate	7	SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate 7 on 7 - @ East 10:30 am	9
SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate	SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate	20 POOLING 17	20 OOTHOUSE 17	16
SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate	SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate	21	SUMMER PRACTICE 7:45 am - 11:00 am Practice is not optional, Be on Time! Eat Breakfast & Hydrate 7 on 7 @ Allatoona 10:30 am	This will start a 17 day vacation. Please schedule family vacations during this time. It is VERY important that you rest your body, follow the prescribed workouts and come back ready to hit July hard!
SU No Orga		Pr Val	Catio est your)// bodies!



July 2017



Mandatory Acclimation

Per GHSA, ALL players must attend the 5 mandatory acclimation Practices

6:30-8:30 am

practices. You will not be allowed practice full pads until your 5 days of consecutive acclimation practices are fullfilled. We need to have ALL of our players ready for 8/1 full gear practices, so make sure you do not miss ANY of the acclimation practices (7/25, 26, 27, 28 & 8/31).



August 2017

