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Greetings,

On behalf of the NHARA Board of Trustees, we want to welcome everyone to the 2023-2024 competition season. NHARA has put together a very full season of events for all of our athletes from our youngest to our seasoned FIS racers. Many thanks to all who have worked tirelessly through the spring, summer and fall to put the schedule together.

Our NHARA Alpine Officials group has a very robust schedule of clinics scheduled at various locations around the state in order to reach as many people as possible. Whether you're looking to become a TD, Chief of Race or gatekeeper, there is a clinic near you to help improve your race day knowledge. [AO Clinic Schedule and Info \(nhalpine.org\)](https://nhalpine.org)

Our NHARA Children's Racing Committee has organized a full calendar of coaches' education and on snow youth projects for the 2023-2024 season. These projects are invaluable to our youth coaches in the state, particularly the education component that has been developed there. We all look forward to the advances our young NHARA athletes will make this year.

As you visit the many competitions this season you will likely notice many infrastructure improvements our ski areas have made over the summer investing millions to bring you the best skiing experience. Exciting news is the reopening of Granite Gorge, near Keene and Tenny Mountain in Plymouth, increasing the accessibility of skiing to many.

In closing, I want to wish all of our NHARA, clubs, coaches, athletes and parents, best of luck this year.

Go NHARA!

Matt Purcell

NHARA President

Welcome to the New Hampshire Alpine Racing Association

NHARA Vision and Mission Statement

Vision

NHARA's vision is to create and support opportunities for all level athletes in their pursuits to reach their highest potential within the sport of alpine skiing.

Mission

NHARA supports its vision through programs, which facilitate an environment of education, athleticism, good sportsmanship, fun and a passion for the sport of skiing.

Goals

NHARA will support its mission by:

- Having athletes, coaches, and officials demonstrate the highest level of good sportsmanship at all times.
- Encouraging a positive learning environment to build self-confidence and independence.
- Providing the opportunity to compete at all levels of ski racing from entry level to the World Cup.
- Providing and supporting educational opportunities to promote professional coaches at all levels.

Membership

NHARA membership is open to anyone with a bona-fide interest in alpine ski racing in New Hampshire upon payment of annual dues. Members of the Board of Trustees must also be members of U.S. Ski & Snowboard.

NHARA General Information

The New Hampshire Alpine Racing Association is a 501(c)(3) non-profit NH corporation whose purposes are:

1. To promote alpine racing programs in the interests of New Hampshire competitors.
2. To coordinate NH alpine programs with those of the U.S. Ski & Snowboard Association and the Federation Internationale de Ski (FIS).
3. To assist New Hampshire competitors; and encourage others to make available facilities, financial aid and other support, to enable racers to achieve their full potential, including opportunities to participate in and succeed at State, Regional, National and International competitions.
4. To cooperate closely with vital elements of the alpine ski industry in New Hampshire for the promotion of the sport and for the benefit of New Hampshire competitors.
5. To cooperate with New Hampshire Ski Areas.

NHARA is franchised by U.S. Ski & Snowboard to administer its programs within New Hampshire, to wit:

1. To coordinate the U.S. Ski & Snowboard schedule of activities and projects with NH training programs of ski clubs, schools, academies and colleges.
2. To arrange and confirm suitable race schedules for all ages and ability levels of competitors.
3. To determine and administer selection procedures for NH racers to fill quotas to state and regional invitational competitions.
4. To participate in the governance of U.S. Ski & Snowboard in administration and policy making.
5. To encourage the growth and development of strong, productive local training programs.

NHARA Governance

NHARA is governed by an up to 26 member Board of Trustees, with an Executive Committee of 10. Trustees are elected annually. The Board appoints several committee heads to represent the various state interests in alpine ski racing. The Board meets regularly. Meetings are open to all members.

The NHARA Annual Meeting will be held the first Monday in June unless otherwise noted on the NHARA website.

NHARA Board of Trustees 2023-2024

Executive Committee:

President:	Matt Purcell
Vice President:	Jason Guilbert
Secretary:	Greg Gill
Treasurer:	Dave Edry
Exec. Secretary:	Laurie Stevens
ACC Chair:	Andrew Gannon
Alpine Officials Chair:	Arnie Huftalen
Children's Comm Chair:	Derek Pelletier
Coaches Council Chair:	Eric Price
Scored Racing Comm Chair:	Dave Edry

Members At Large: Bill McQuade, Ted Sutton, Scott Wilkinson

Additional Board Members:

Masters	Greg Gill
High School Representative	Aaron Loukes
College Representative	Trevor Hamilton
Industry Representative	Ivar Dahl
Prep School Representative	Ben Drummond

Agents of the Board

State Chair	Bev Oliver
Assistant to the State Chair	Rebecca Bell
Bookkeeping	Deb McMahon
Membership Secretary	Laurie Stevens
Webmaster	Jack Iacopino

NHARA Committees 2023-2024

Alpine Competition (ACC): Andrew Gannon, Chair

Bev Oliver, Secretary

Membership includes one delegate from each NHARA Program with racers in events scored to the U.S. Ski & Snowboard National Ranking List.

Alpine Officials (AO): Arnie Huftalen, Chair

Matt Howard, TD Scheduler

Carl Anderson, Ben Drummond, Jill Firstbrook, Andy Locke, Bill McQuade, Laurie Stevens, Ted Sutton, Scott Wilkinson

Children's Racing Committee: Derek Pelletier, Chair

Eastern Div Rep: Sean Badger

Centra Div Repl: Carol Fahey

Northern Div Rep: Andrew Howe

Western Div Rep: Matt Purcell

Coaches' Council: Eric Price, Chair

Finance: Dave Edry, Chair

Greg Gill, Jason Guilbert, Arnie Huftalen, Dan Marshall, Eric Price, Matt Purcell, Deb MacMahon (non-voting)

Nominating: Jason Guilbert, Matt Purcell

Racer Support: Jason Guilbert, Chair

Deb MacMahon, Bev Oliver

Review/Appeals: Ted Sutton, Chair

Kim Bownes, Andrew Gannon, Greg Gill, Arnie Huftalen, Dan Marshall, Gerd Riess, Bob Underhill

Scored Racing Committee: Dave Edry, Chair

Josh Bedard, Mark Bourgoin, Aaron Diers, Andrew Gannon, Jason Guilbert, Jason Nelson, Travis Nevins, Eric Price

Coaches Council

The NHARA Coaches' Council is dedicated to improving all facets of ski racing in New Hampshire. Open meetings are held regularly in the fall and spring and are open to all active New Hampshire coaches. We encourage all to attend.

The goals of the Coaches' Council are:

1. To provide an opportunity for all coaches to further their education through NHARA Programs or through programs available at a national level through U.S. Ski & Snowboard or other professional organizations.
2. To share experiences and ideas with other coaches for the benefit of all.
3. To create a positive environment for our athletes to grow and achieve their goals.

To achieve these goals NHARA provides coaches with a forum for education and communication and offers financial aid for qualified continuing education programs.

All coaches must be U.S. Ski & Snowboard members as a Professional Coach. There are other requirements also; see the U.S. Ski & Snowboard website for details. All NHARA coaches must submit a copy of their current U.S. Ski & Snowboard Membership Card to their respective Program Director or Head Coach, who in turn must submit a list of coaches to the NHARA Executive Secretary, Laurie Stevens. Only those listed coaches will receive NHARA Coaches Membership Cards giving them access to race courses.

The Coaches Council meets regularly at the PSU Ice Arena with all NHARA coaches welcome. The NHARA On Snow Coaches Clinic is scheduled for Bretton Woods in early December 2021. See the NHARA website for further information.

A schedule of programs responsible for providing a certified referee at Seeded Races will be found on the NHARA website.

Coaches Council email address: nharacoachescouncil@gmail.com

The Coaches Council wishes all racers, coaches, officials, and parents a fun, healthy and successful 2023-2024 ski season.

Competitor Categories

All Age Classes determined by age as of December 31, 2023

Children

Ages 13 & Under

U8: Ages 6 & 7 (YOB: 2016, 2017)

U10: Ages 8 & 9 (YOB: 2014, 2015)

U12: Ages 10 & 11 (YOB: 2012, 2013)

U14: Ages 12 & 13 (YOB: 2010, 2011)

Scored

Ages 14 & Older

U16: Ages 14 & 15 (YOB 2008, 2009)

U18: Ages 16 & 17 (YOB 2006, 2007)

U21: Ages 18, 19 & 20 (YOB 2003, 2004, 2005)

SR: Ages 21 and up (YOB 2002 & earlier)

Masters

Ages 18 and older (YOB 2005 or earlier)

Membership Requirements for Alpine Competitors, Coaches and Alpine Officials

Competitor: A U.S. Ski & Snowboard Competitor Membership and membership in one state racing organization (NHARA) is *required* for all levels of racing in the Eastern Region of U.S. Ski & Snowboard.

Coach: A U.S. Ski & Snowboard coach membership is required to be in the venue for U.S. Ski & Snowboard sanctioned competitions as a coach. Any coach who wishes to represent a NHARA program/athlete at a U.S. Ski & Snowboard competition must also hold a current NHARA membership.

Alpine Officials: Any individual involved in officiating a U.S. Ski & Snowboard sanctioned competition must hold an Alpine Officials membership. It is also recommended that they become a supporting member of NHARA.

U.S. Ski & Snowboard Competitor Memberships

<http://usskiandsnowboard.org/public-tools>

U.S. Ski & Snowboard is the national governing body for alpine ski racing. All races in NH are sanctioned by U.S. Ski & Snowboard.

To participate in any U.S. Ski & Snowboard or FIS sanctioned competition, you *must* be a member of U.S. Ski & Snowboard. This membership requirement applies to all racers, U10 and older.

U.S. Ski and Snowboard Memberships are valid for one year, from July 1 to June 30.

U16 / U18 / U21 / SR: "Competitor U16" License (\$200.00*) is required.

U14: "Competitor U14" License (\$125.00*) is required.

U12 / U10: "Competitor U12" License (\$100.00*) is required.

*A \$25 late fee applies to all renewing memberships after October 15th

A \$35.00 "General Member" membership is available for anyone NOT participating in U.S. Ski & Snowboard / NHARA sanctioned events.

Foreign athletes who wish to be eligible to qualify for a NHARA quota selection to Championship events must also meet these membership requirements.

U.S. Ski & Snowboard Memberships for Coaches. Alpine Officials and Volunteers

Membership is required for those coaches and alpine officials who want to participate in events sanctioned by U.S. Ski & Snowboard.

The Alpine Volunteer Membership is designed for Board of Directors, club administrative staff, parents and club volunteers who undertake a leadership role in U.S. Ski & Snowboard clubs, divisions, regions and at competitions and club training sessions.

Please refer to this link for complete information on membership and requirements.

<http://usskiandsnowboard.org/public-tools>

NHARA Competitor Memberships

<https://www.skireg.com/nhara-membership>

All competitors who compete in NH beyond the border of their home mountain are required to have a NHARA membership. The NHARA membership requirement applies to all racers, U10 and older.

To be eligible for consideration to, and to qualify for higher levels of competition when competing in U.S. Ski & Snowboard sanctioned events in NH, you *must* be a current member of NHARA. To be eligible for a NHARA event used for selection to a state quota, a racer must be a current member of NHARA, with current dues paid at least 10 days prior to the event or the selection date. Athletes, who do not meet this criteria when an event is considered, and/or when calendared deadlines for selections are noted, will not appear on those ranking lists.

NHARA Memberships are valid for one year, from July 1 to June 30.

U18 / U21 / SR:	\$45.00* NHARA Dues payment is required.
U16:	\$40.00* NHARA Dues payment is required.
U14 / U12:	\$35.00* NHARA Dues payment is required.**
U10:	\$20.00* NHARA Dues payment is required.**

*A \$25 late fee applies to all renewing memberships after October 15th

** U10/12/14 skiers who will only be participating in non-U.S. Ski & Snowboard sanctioned events at their home mountain are not required to join NHARA. Any athlete who is participating in a U.S. Ski & Snowboard sanctioned event, whether home or away, is required to hold a valid NHARA membership.

U.S. Ski & Snowboard rules state that a racer may represent only one division (state) at any given time. Full-time students who are training in NH programs will represent NHARA. Membership in more than one state organization at a time is not allowed (see Eastern Region Handbook).

NHARA Memberships for Volunteers and Officials

NHARA strongly encourages all officials and volunteers to become supporting members.

<https://www.skireg.com/nhara-membership>

Alpine Officials, Coaches and Volunteers

Alpine Officials

Alpine officials ensure that U.S. Ski & Snowboard competitions run efficiently and fairly by the rules. They are responsible for the safe conduct of the event and the accurate timing, judging, and scoring. They also play a key role in ensuring that the spirit of the sport and competition is maintained.

Serving as a race official is a fun and rewarding experience. The NHARA Alpine Officials Committee encourages parents and supporters to be actively involved in ski racing, to serve as positive role models and support fair and well organized alpine competitions. Please contact Arnie Huftalen (AO Chair) for information at ahuftalen@me.com.

Please go to <https://usskiandsnowboard.org/sport-development/officials-development> for an in depth look at the U.S. Ski & Snowboard officials development program. Also, the NHARA Alpine Officials Committee provides reference information at <http://www.nhalpine.org/officials-home>

Alpine Officials Education

Through the support of the U.S. Ski & Snowboard Alpine Official's Committee and corresponding educational materials, the NHARA Alpine Official's Committee conducts several educational clinics each fall. These clinics are open to anyone interested in being active as an organizer and/or volunteer official at alpine ski races. We encourage parents and friends of alpine racing to participate in a clinic. The schedule of Alpine Officials clinics in NH may be found at <https://www.skireg.com/nhara-alpine-education>

Volunteers

Volunteers play an essential role in every race event. All ski races including World Cup events are staffed with volunteers. Many NHARA races require between 35-40 volunteer workers (speed events may require more). Member clubs may welcome parents and friends traveling from other mountains to help at NHARA races.

Coach Officiating Requirements

Only currently certified Referees are eligible to course set at NHARA competitions. Coaches not already certified as a Referee are encouraged to attend [referee training](#), and take the U.S. Ski & Snowboard AO Exam for Referees. Referees must attend an update clinic every other year in order to retain current certification. Yearly update participation is strongly encouraged.

Competitor Obligations & Rules of Behavior

Each NHARA race event is sanctioned (scheduled) by U.S. Ski & Snowboard and governed by the Alpine Competition Rules (ACR), which may be found in the Alpine Competition Guide, Chapter 7.

https://usskiandsnowboard.org/sites/default/files/files-resources/files/2023/2024_Alpine_Guide.pdf

Rules of the Eastern Region of U.S. Ski & Snowboard may be found at:

<https://usskiandsnowboard.org/sport-programs/regions-divisions/eastern-alpine-region>

In addition, rules specific to NHARA events are contained throughout this handbook.

U.S. Ski and Snowboard Code of Conduct

NHARA supports the Competition Regulations and Guidelines of U.S. Ski & Snowboard. It particularly endorses the policy for sportsmanlike conduct. Competitors, coaches, officials or other personnel may be sanctioned (reprimanded, disqualified or suspended) for conduct at U.S. Ski & Snowboard events that is prejudicial to the sport, as recommended by member organizations and so determined by a Division's Board of Directors.

GOOD SPORTSMANSHIP includes, but is not limited to:

- A. Respect for all race officials and ski area employees.
- B. Suitable dress and grooming, courtesy and good manners in public places, at races and while traveling.
- C. Self-control, responsible behavior, consideration for others' physical and emotional well-being. No profane or abusive language.
- D. Respect for private and public property.
- E. Abstinence from the illegal use of alcohol and drugs as befitting an athlete, coach or official representing a club, school or ski area.
- F. Respect for lift facilities, lift privileges, and closed areas.
- G. Honest conduct. No theft or misrepresentation whatsoever.
- H. Attendance at awards ceremonies and receptions.
- I. Respect of U.S. Ski & Snowboard and FIS rules regarding commercial display at awards ceremonies.

The complete version of the official U.S. Ski and Snowboard Code of Conduct may be found in the [Alpine Competition Guide](#) on page 13

Racer Responsibility Code

1. Bindings must be in good condition and properly adjusted for the conditions. Goggles are essential.
2. Warm up for training and racing sessions. Stretch for at least five minutes before skiing. Warm up gradually on snow, skiing various radius turns, before skiing at racing speed.
3. Always carefully inspect a course before running it. Follow the inspection rules for the training session or race. Do not cross or go on to closed courses at competitions, and always be certain that practice courses are clear before proceeding.
4. If you fall and are unhurt, immediately signal that you are OK and quickly move a safe distance away from the course. Collect your gear and reorganize away from the active course. Always remain still while there is a racer on course.
5. Never free-ski on or near a closed race course except as allowed by the established inspection procedures.
6. Be sure to communicate with your coach when tired, ill, uncertain or afraid, due to snow or course difficulty, or lack of visibility.
7. Always stop below your coach or training group. Never attempt to stop above any skier or group. Always leave room to take “evasive action” should your coach or others in your training group move unexpectedly.
8. When your run is complete, move immediately out of the finish area or away from the course. Make sure that you have an adequate finish area and safe room outside all courses.
9. Never jump or ski fast into an uncontrolled “blind spot”.
10. When free-skiing outside race and training areas you must be aware of others and ski in full control at all times. Respect other skiers’ rights to a safe and pleasant skiing experience.

Competitor Obligations

ACR 205.1 Competitors are obliged to make themselves familiar with the appropriate rules and must comply with the additional instructions of the Organizing Committee and the Jury.

Equipment Regulations

Per U.S. Ski & Snowboard and FIS rules, it is the athlete's responsibility to ski, train and race on appropriate equipment. Approved helmets manufactured for ski racing are mandatory for all training and race events in Slalom, Giant Slalom, Super G and Downhill. These equipment regulations are posted in the [Alpine Competition Guide](#) beginning on page 149

NHARA Review and Appeals Committee

This committee shall review reported incidents of misconduct on the part of any NHARA racer, coach, or official, and shall recommend sanctions, as appropriate, to the Board of Trustees. The committee shall review reports of mismanagement and rules infractions at NHARA sponsored races, and shall provide recommendations to race organizations and juries to improve the quality of NHARA sponsored races. This Committee also reviews disciplinary actions taken by Race Juries and any complaints concerning Athlete Selections, Sanctions and Reprimands.

A Race Jury or the NHARA Review Committee, may prevent a racer who is sanctioned for misconduct, from competing in one or more future races.

Appeals should be forwarded to Ted Sutton, Committee Chair (tsutton@roadrunner.com) as soon as possible. Action by the Committee will be taken as soon as possible after the appeal is received.

Entering Races

All race registrations for the 23/24 season will take place online. Please refer to the [Program Directory](#) in for links to each organizer's registration portal.

Thank you for respecting each organizer's entry procedures and deadlines. Entries to Open events may fill early due to popularity. Most races will be limited to 200 starters with some organizers accepting even fewer. All racers, especially those new to NHARA, should discuss their racing plans with their coach in a timely manner.

NHARA athletes with 60 U.S. Ski & Snowboard points or less are afforded free entry into NHARA scored races. Athletes are required to contact the race administrator prior to entry.

Late Entries and Cancellations

NHARA's policy, adopted by all clubs, is to not accept same day entries. No exceptions. Please get your entries in on time.

If you wish to cancel an entry, you must contact the race administrator by 9:00 am, 72 hours before the race, or you will forfeit your entry fee. No club will refund your entry fee if notice is given later. You may only cancel your entry through the organizer's race administrator.

A list of NHARA race administrator's can be found online at

https://cdn1.sportngin.com/attachments/document/177a-3068985/2023_2024_NHARA_RA_Contacts.pdf

Financial Support for NHARA Athletes

EASEF support is available to help reduce the athlete's costs associated with National level races including NorAMs, U.S. Nationals, Jr Nationals, and U.S.ST Camps. For more information or an application visit:

<http://easef.org/home/>

NHARA support is available for Out of Region events such as NorAMs, U.S. Nationals, Jr Nationals, U16 Nationals, and U14 International events. USSA/U.S.ST Camps and projects will also be considered for support.

Applications are reviewed in April/May with amounts to be determined by the Racer Support Committee after consideration. Applications must include the appropriate receipts. <https://forms.gle/1cyp8BQGqkxkpb7>

NHARA Heritage Fund was established to support former NHARA athletes in their quest to make the U.S. Ski Team – apply in writing to the NHARA President.

Additional General Financial Aid sources

Josh Russell Ski Racing Scholarship Fund. <http://josh russell foundation.org/>

New England Masters Ski Racing Foundation, Scholarships awarded annually for athletes 18 years or younger. Available to athletes in NH, ME, VT, and Tri-State. <https://neskiracing.org/>

NHARA Scored Racing

Athletes in the U16, U18, U21 and Senior age groups compete in scored races. The [USSA Alpine Points System](#) provides a process for athletes to evaluate their performance against other athletes around the eastern region and the United States as a whole.

Most weekends there is at least one scored race hosted by one of the NHARA programs. The objective is to have events at various host-mountains so coaches and athletes can plan a training and racing schedule that is effective for each athlete's development.

The NHARA scored race schedule consists of early races in December, followed by the Macomber Cup series starting in January. NHARA hosts a Super G series in February and one of the Super G runs is part of the NHARA Championships. The NHARA Tecnica State Championship competitions are in late February. Finally, the race season wraps up in March with the LaFoley Spring series and additional open competitions.

The NHARA Tecnica State Championship is used to select U16 athletes to represent NHARA at the Eastern Championship and Eastern Finals events.

While U16, U18, U21 and Senior athletes may participate at the same event, the selection process for U16 differs from that for U18 and older athletes. Additionally U18 and older athletes have the option to compete in both USSA and FIS events.

The [U16 Racing](#) and [U18/U21/SR Racing](#) sections of this document provide details specific to each age group. Parents and Athletes are encouraged to work with their home program and coaches to gain further understanding and to choose the path that works best for their athlete.

Scoring U.S. Ski & Snowboard Points

Only licensed U.S. Ski & Snowboard athletes U16 and older may compete in U.S. Ski & Snowboard scored competitions to have their results appear on the National Ranking System List.

Licensed second year U14 athletes (YOB 2010) may also compete in scored competitions beginning in March, following the completion of all races at the Eastern U14 Championships. U14s competing in scored races will have their results scored to the National Points list.

Seeding for Scored Races

National Ranking List Seeding

The start order of each scored competition is determined by an athlete's points on the most current U.S. Ski & Snowboard National Ranking List. The 15 best point holders are randomly drawn, creating a first seed. The remainder of the field will run in point order.

Those with 999.99 will create a single seed and will be drawn randomly by computer, to run after all point holders.

Second run order is 'flip 30' based on first run times, with the 30th fastest running 1st, 1st fastest running 30th then 31st and up in result order. DNF's and DSQ's may take a second run in bib order after the result order, if jury approved.

TRS Seeding

TRS is commonly known as random seeding. For single-day races the start order for the first run will be randomized. Second run order will be a reverse of the first run. For 2-day events, the method flips the start list for the second run, then butterflies the original start list for the first run of the second day, and flips the butterfly for the second run on the second day.

Refer to the [U.S. Ski & Snowboard Competition Guide](#) for a full explanation of the point ranking system.

U16 Racing

The goal of the NHARA U16 program is to support continued development of ski racing skills, fostering increased participation, and supporting development of athletes at all levels of competition and training. The NHARA race calendar is intended to give coaches a chance to provide larger training blocks, and use races so athletes may evaluate progress toward their personal goals.

All NHARA U16 athletes are eligible to participate in [Open](#), [Macomber Cup Series](#), [LaFoley Spring Series](#), [Twin State U16 Rally](#), and the [NHARA Championship Events](#).

Athletes that are on snow early in the season can participate in the December NHARA and open regional events to evaluate their progress. The “Twin State Rally” is an opportunity for U16 to compete head-to-head with athletes from the VARA division.

The Macomber Cup series starts up in January and provides all NHARA athletes with opportunities to compete and to continue to develop their points profile.

The NHARA Championship competitions (SL, GS and SG) are open to all NHARA U16 and the results from these events are part of the selection criteria for U16 Eastern Regional events.

The race calendar wraps up in March with the LaFoley Spring Series and additional NHARA and regional competitions.

U16 Eastern Regional Events

One possible goal for U16 athletes is to represent NHARA at one of the two U16 Eastern Regional events: U16 Eastern Championships and U16 Eastern Finals.

Quotas. The USSA Eastern Region has published the [Eastern Championship and Finals Quotas](#) on its [Eastern Region Selections and Scoring](#) page.

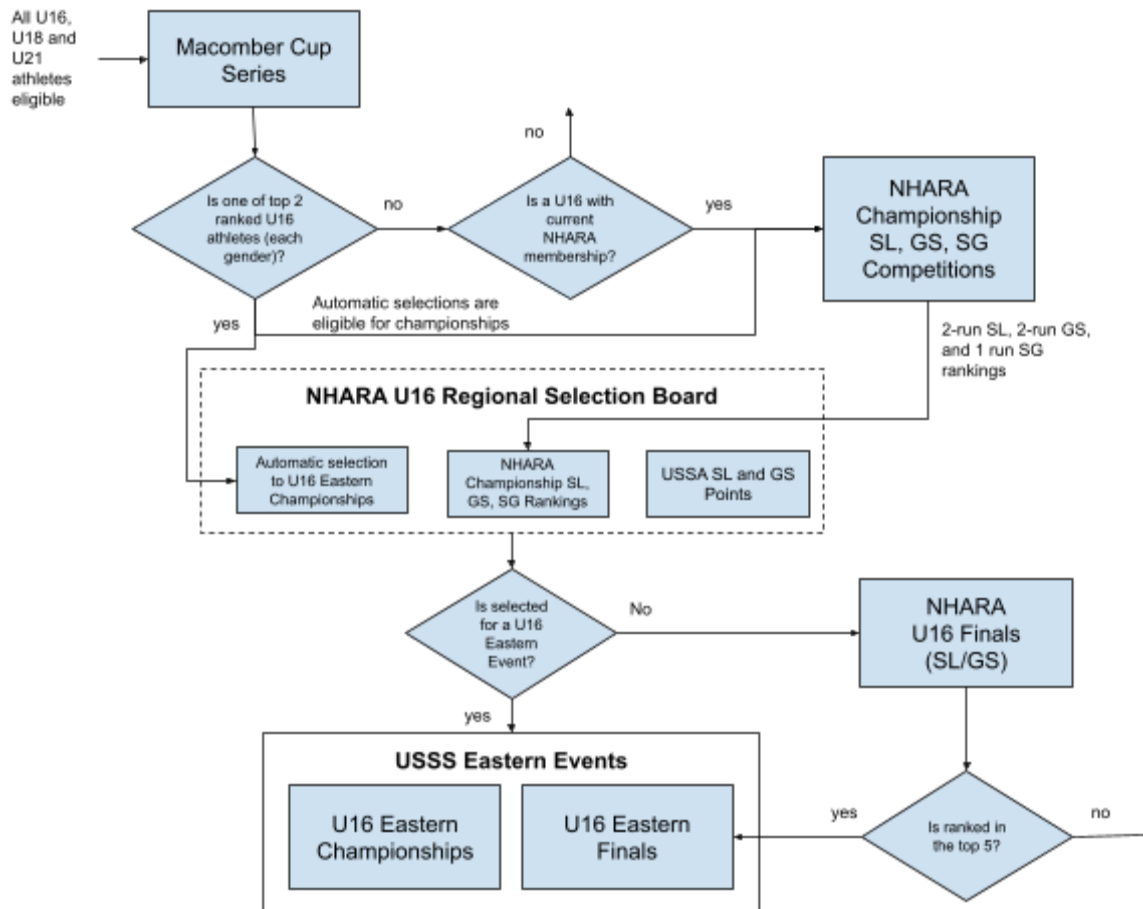
Automatic Selections. The top 2 U16 athletes (for each gender) in the Macomber Cup Series scoring earn automatic selection to represent NHARA at the U16 Eastern Championship.

Selection. NHARA uses the Regional Selection Board Method described in [USSA Competition Guide](#) to select athletes to represent NHARA at the USSA Eastern Region events. The selection board uses rankings from the [NHARA Championships competitions](#) (SL, GS, SG) and USSA Points for SL and GS. A detailed description of the process and an example are provided below.

NHARA U16 Eastern Regional Selection Process

The diagram below shows the process used to select athletes that will represent NHARA at the U16 Regional Events. The main elements of the process are:

- All current NHARA athletes are eligible for the Macomber Cup Series, see the Macomber Cup Series section for full details on eligibility, registration and scoring,
- The top 2 ranked U16 athletes (each gender) in the Macomber Series receive automatic selection for the U16 Eastern Championships,
- All U16 athletes (and qualified U18-SR athletes) are eligible for the NHARA Championship competitions (SL, GS), All U16 and older NHARA athletes are eligible for the NHARA SG series,
- The NHARA U16 Regional Selection Process uses rankings from NHARA Championship competitions and USSA points to select remaining athletes for Eastern Championships, and all but five (5) athletes for Eastern Finals,
- All U16 athletes not already selected for a regional event, can compete in the NHARA Finals, from which the final quota of 5 athletes is selected for Eastern Finals.



Regional Selection Board Method

The Regional Selection Board Method described in the [USSA Alpine Competition Guide](#) is used to select athletes to represent NHARA at USSA Eastern Region events.

A selection board is created using rankings from the results of the NHARA State Championship competitions (SL, GS, SG), and USSA SL and GS points from the latest point list used to seed the SL and GS competitions.

The best way to understand the process is to walk through an example. Consider a championship series with 10 athletes denoted by the letters A through J. For this example, the NHARA quotas for the regional events are

- 6 athletes to the Eastern Championships,
- 6 athletes to Eastern Finals, the first 3 slots are filled from the board,
- Athlete E is an automatic qualifier for the Eastern Championships

Updated on February 23, 2024: The procedure for dealing with ties has been updated so it is consistent with what is used by the USSA Eastern office. Added “USSA Points Single Penalization Situation” section. The “Openings” section has been updated to clarify how athletes who are unable to compete (e.g., due to injury) are handled.

Board Setup. The NHARA Scored Race Committee has chosen to order the columns on board using the rankings from the NHARA Championship SL, GS, then SG; followed by USSA SL points and finally USSA GS points. This results in the following board

	NHARA Championship Event Rankings			USSA Point Rankings	
Rank	SL	GS	SG	SL	GS
1	J	F, I (tied)	A	E (85.3)	A (81.3)
2	H		H	A (88.1)	C (87.1)
3	F	E	B	C (88.6)	I (89.3)
4	B	H	E	D, G (99.6, tied)	J (90.3)
5	E	C	G		B (94.2)
6	I	A	J	F (101.7)	H (96.4)
7	A	G	I	I (104.8)	D (98.9)
8	G	J	D	B (121.9)	G (100.1)
9	C	D	F	H (122.6)	F (105.2)
10	D	B	C	J (122.7)	E (110.3)

USSA Points Single Penalization Situation. An athlete that has approval from USSA to protect their points through single-penalization may, at the request of their coach, be pulled from the board before the selection process. See USSA Alpine Guide, Chapter 2, for additional details on Single Penalization Situations.

Selection. Selection starts by first adding all the automatic qualifiers.

Next, athletes are selected from the board by starting in row 1 and moving from from left to right and then down the rankings. When an athlete already selected is encountered, selection continues with the next column in the same row. When the last column in a row is reached, selection continues with the left-most column in the next row.

Given the sample board shown above, this process results in the following selections

	Selections	
Eastern Championships	E (automatic qualifier)	J, F, I, A, H (from board)
Eastern Finals	C, B, G (from board) (3 remaining athletes selected using rankings of NHARA Finals event)	

Events Ties. If athletes are tied in an event ranking, their ranking on the board for that event is resolved by ordering the athletes from highest to lowest USSA points. In the example above, athletes F and I tied for first place in the GS. Both athletes are selected and they fill the 3rd and 4th quota slots.

Points Ties. If athletes are tied on a points list, their ranking on the board for that list is based on their points in the other points lists on the board. In the example above, athletes D and G are tied for 4th on SL Points. Since athlete D has better GS points, they are ranked higher on the board for SL points.

Openings. Eligible athletes are placed on the board based on their rankings, without regard to their competition status (e.g., injury, etc...). If a selected athlete is unable to attend, they will be pulled from the selection. Selected athletes after the pulled athlete are shifted “up”, and the next athlete on the board is given the opportunity to fill the open quota position.

Oversight. The Scored Racing Committee oversees the creation of the board and the selection process. The Regional Selection Board will be published on the Scored Racing section of the NHARA website. Parents and athletes should direct selection questions to their coaches. Coaches can direct questions regarding the selection to the chair of the Scored Racing Committee.

U18, U21 and Senior Racing

U18s usually have already established a point profile and should understand which events are important to their race management. Some U18 athletes may be focusing on trying to make criteria for FIS races and qualifying for championship events, while others may choose to participate solely in USSA races. A large number of U18 athletes also represent their local high school in races throughout New England including Eastern High School Championships.

The U21 and SR group is generally composed of the top tier skiers. The focus of this group is usually centered around collegiate and FIS racing. These athletes may not attend a large number of NHARA events due to conflicts with the FIS schedule and training time.

NHARA Series

All NHARA U18, U21 and Senior athletes are eligible for all Open, Macomber and LaFoley events. Additionally, these athletes are also eligible for the NHARA SG series in February.

The top 20 (M/F) U18 and U21 athletes from Macomber Cup series qualify for the NHARA SL/GS Championships.

USSA Events

USSA Eastern Finals (U18-Senior) - See [USSA Eastern Region Handbook](#) for details and method of selection - indicates selection is based on

- Top 5 NHARA athletes (each gender) from Eastern High School Championships
- Remaining quota filled using a NTSM SL/GS ranking using points list 17

The [Eastern Finals Quotas](#) are published by the USSA Eastern Region on the [USSA Eastern Region Selections and Scoring](#) page.

FIS Racing

An International Ski Federation (FIS) License is required for any FIS racing and inclusion on the FIS points list. Only athletes born 2007 and earlier are eligible for FIS racing.

FIS Registration: <https://usskiandsnowboard.org/membership/fis-registrations>

Most regional events require payment of the entry fee online through SkiReg.com. See the rules for each specific series in the [Eastern Region Handbook](#) for more information. A calendar of FIS events can be found at <https://usskiandsnowboard.org/sport-programs/regions-divisions/eastern-alpine-region/eastern-region-calendar>

Eastern Cup Series (ECS): Highest level of competition in the Eastern Regions. The field is full of the best college skiers and occasionally National Team members. Serving to prepare the top athletes to be ready to perform in

Nor-Am competition. Selection to these events is regionally based (by FIS points). There is no state/divisional quota for this series.

FIS UNI Races (FIS-U): These are college carnival races which are sanctioned by the FIS. Refer to the [Eastern Region Handbook](#) for more information.

NJR, Devo FIS, Open FIS, East/West Series Races: These races are designed to give athletes a chance to work on their FIS profile and have events throughout the calendar season. NJR races are open to U18 and U21 athletes only.

U18 National Championships and U.S. Alpine Championships: See the Eastern Handbook for more information

Masters Racing

Racers born 2005 and earlier may also race in Masters Alpine races (excluding Championships). For more information, visit the [Masters Alpine Racing](#) website at nemsracing.org.

Competitions, Series and Championships

The NHARA Scored Race schedule is published on the NHARA website at www.nhalpine.org/scored.

This page also has a link to the online registration for each of the races. The Race Announcement for each event is posted on the registration page; this announcement contains detailed information about the event and should be reviewed to find out where to go to pick up bibs, exact start time, and any other information specific to the race venue.

Start Order. In competitions that are part of a series, race organizers use the start order seeding procedure defined for the series.

In competitions that are not part of a series (e.g., Open Competitions), event organizers may specify a different start order seeding procedure in the Race Announcement. If the seeding process is not specified, the default process is that the run 1 start order is set using the USSA Points List active for the competition (ACR 621.3). The run 2 start order is BIBO flip-30 and run 1 DNF/DSQ may run at the end in bib-number order (ACR 621.11).

Series Scoring. The NHARA Scored Racing Committee oversees the scoring for each series. Parents and athletes that have questions about the scoring should contact their coaches. Coaches can contact the Chair of the NHARA Scored Racing Committee with any questions or concerns. The Scored Racing Committee will work to resolve any issues that arise from the scoring.

Open Competitions

The [NHARA scored race schedule](#) has a number of competitions that are not part of a series. Open races are not part of a series and entry is open to all Eastern Region athletes on a first-come-first-serve basis.

Eligibility. To be eligible for NHARA open competitions, athletes must have a current USSA and divisional membership. Refer to the competition announcement for additional information.

Entry. Entries to these events are open to all eligible U16 and older athletes from the USSA Eastern Region on a first-come-first-serve basis.

Macomber Cup Series

The goal of the Macomber Cup is to provide competitive race opportunities for NHARA U16-SR athletes to assess progress towards individual goals and to develop their point profile. As part of the series, NHARA attempts to schedule at least 2 SL, 2 GS and a SG for each gender. See the current [NHARA scored race schedule](#) for a list of all competitions in the series.

Eligibility. Macomber Cup competitions are open to all U16 and older athletes with current USSA and divisional membership.

Entry. Non-NHARA athletes are eligible to enter competitions, but are initially added to a waitlist. Entry priority is given to NHARA athletes until 9:30 am 6 days prior to the competition date, at which time athletes are added from the waitlist on a first come first serve basis until the field size limit is reached.

Start Order. The run 1 start order is based on the athlete's USSA points using the Points List active at the time of the competition (ACR 621.3).

The run 2 start order is based on the run 1 rankings using BIBO flip-30 (ACR 621.11). Unless decided differently at the Team Captain's Meeting, run 1 DNFs and DSQs may take a 2nd run, and will start after athletes that completed run 1, in bib number order.

Competition Awards. Awards are presented to the top-3 ranked athletes and the top-3 ranked U16 athletes for each gender. Awards are presented between 15 and 30 minutes after the final athlete finishes. See competition announcement for location of the awards.

Series Scoring. The Macomber Cup series rankings are updated after each competition. The "NHARA Method Points Scale" is used to allocate points to the top-40 eligible athletes in each competition in the series. All competitions in the series are counted. The series standings are posted on the NHARA website.

To be eligible for series scoring for a competition, athletes MUST be a current member of USSA and NHARA no less than 10 days prior to the competition. Non-NHARA athletes are not included in series scoring.

Series Awards. The Macomber Cup series awards are presented to the top 3 athletes in each gender at the UNH Fundraiser. The first place athlete, for each gender, receives a mountain bike. The Macomber Cup Team Award is presented to the top ranked team, and will be on display at the New England Ski Museum in Franconia, NH.

MJ LaFoley Spring Series

The goal of the LaFoley Spring Series is to provide competitive race opportunities for NHARA U16-SR athletes to continue their development in the later portion of the season. See the current [NHARA scored race schedule](#) for a list of all competitions in the series.

Eligibility. LaFoley Spring Series competitions are open to all U16 and older athletes with current USSA and divisional membership.

Entry. Non-NHARA athletes are eligible to enter competitions, but are initially added to a waitlist. Entry priority is given to NHARA athletes until 9:30 am on the Monday before the competition date, at which time athletes are added from the waitlist on a first come first serve basis until the field size limit is reached.

Start Order. The run 1 start order is based on the athlete's USSA points using the Points List active at the time of the competition (ACR 621.3).

The run 2 start order is based on the run 1 rankings using BIBO flip-30 (ACR 621.11). Unless decided differently at the Team Captain's Meeting, run 1 DNFs and DSQs may still take a 2nd run, and will start after athletes that completed run 1, in bib number order.

Competition Awards. Awards are presented to the top-3 ranked athletes and the top-3 ranked U16 athletes for each gender. Awards are presented between 15 and 30 minutes after the final athlete finishes. See competition announcement for location of the awards.

Series Scoring. The LaFoley Spring Series rankings are updated after each competition. The "NHARA Method Points Scale" is used to allocate points to the top-40 eligible athletes in each competition in the series. All competitions in the series are counted. The series standings are updated on the NHARA website after each competition.

To be eligible for series scoring for a competition, athletes MU.S.T be a current member of USSA and NHARA no less than 10 days prior to the competition. Non-NHARA athletes are not included in series scoring.

Series Awards. The LaFoley Series awards are presented to the top 3 athletes in each gender at the following year's MJ LaFoley Spring Series race.

NHARA/VARA U16 Rally

NHARA and VARA (Vermont) are collaborating to host several competitions to bring together U16 athletes from both divisions. The NHARA schedule contains the competitions that are part of this collaboration.

Eligibility. All NHARA and VARA U16 athletes are eligible to compete in these competitions.

Entry. A quota system will be used to ensure athletes from both divisions have equal opportunity to enter. Refer to the competition announcement for additional details.

Start Orders. For the U16 Rally events, the run 1 start order is determined by random draw of the entire field. The run 2 start order is the reverse of the run 1 start order, this includes run 1 DSQs and DNFs. This seeding method is commonly referred to as TRS.

Competition Awards. Awards are presented to the top-3 ranked athletes for each gender. Awards are presented between 15 and 30 minutes after the final athlete finishes.

There are no series scores or awards for these competitions.

NHARA Tecnica State Championships

The NHARA Championships is comprised of the following SG, SL, and GS competitions

Feb 15, 2024	SG	Attitash/Bear Peak (F/M, first race)
Feb 24, 2024	SL	Proctor (F/M)
Feb 25, 2024	GS	Sunapee (F) Loon (M)

For U16 athletes, the championship series is used as part of the [NHARA U16 Eastern Regional Selection Process](#). Additionally, team scoring is used to award the Tecnica Team Champion.

Eligibility. NHARA U16 athletes must have a current USSA and NHARA membership as of February 1 to be eligible for the series. No other race participation is required.

The top 20-ranked NHARA U18/U21 (M/F) athletes from the Macomber Cup Series are eligible for the SL and GS events. All U18/U21 athletes are eligible for the SG event.

Start Order. The run 1 start order for all competitions is based on the athlete's USSA points using the Points List active at the time of the competition (ACR 621.3). The run 2 start order will be based on the run 1 rankings using BIBO flip-30 (ACR 621.11).

Competition Awards. Awards for each competition are presented to the top-3 ranked athletes for each gender. Awards will be presented between 15 and 30 minutes after the final athlete finishes. See competition announcement for location of the awards.

Tecnica NHARA U16 Team Championship

The U16 Tecnica Team Championship is awarded to the team with the highest series point total based on the U16 ranking of each competition. Points are allocated using the NHARA Method Points Scale.

In the event of a tie, all tied teams are named as co-champions.

NHARA U16 Finals

The NHARA U16 Finals consist of a SL and GS competition. The results of the 2 competitions are used to select the remaining U16 athletes named to represent NHARA at the U16 Eastern Finals.

Mar 1, 2024 (night)	SL	Pats Peak (F/M)
Mar 3, 2024	GS	Dartmouth (F/M)

Eligibility. To be eligible for the NHARA U16 Finals, athletes must (a) have been eligible to compete in the NHARA Championships, and (b) have not already been named to represent NHARA at a U16 Eastern championship event.

Start Order. The run 1 start order is based on the athlete's USSA points using the Points List active at the time of the competition (see ACR 621.3).

The run 2 start order is based on the run 1 rankings using BIBO flip-30 (see ACR 621.11). Unless decided differently at the Team Captain's Meeting, run 1 DNFs and DSQs may still take a 2nd run, but will start after athletes that completed run 1, in bib number order.

Competition Awards. Awards for each competition are presented to the top-3 ranked athletes for each gender. Awards will be presented between 15 and 30 minutes after the final athlete finishes. See competition announcement for location of the awards.

Series Scoring. Athletes are awarded points based on their 2-run ranking in each competition using the [NHARA Points Method Scale](#). If 2 or more competitors are tied on points, then ties are broken using the ranking from the SL competition, followed by the GS competition ranking.

Series Awards. There is no series award; however, the top-5 athletes in the series, per gender, are named to represent NHARA at the USSA Eastern U16 Finals.

NHARA Method Points Scale

The NHARA Method Points Scale allocates points to the top-40 ranked athletes using the following points scale

Rank	Points
1st	50
2nd	45
3rd	40
4th	37
5th	36
6th	35
...	...
40th	1

In the event of a tie at any rank, all tied athletes receive the points for that rank and subsequent ranks are skipped over for each tied athlete. For example, if 3 athletes are tied for 3rd they are all allocated 40 points and the next ranked athlete will receive 25 points for 6th place.

NHARA State Team & Development Team

A State Team has been named each year since 1973 to provide recognition for the outstanding racers in New Hampshire and to support ski racing in the state by encouraging the team's participation in NHARA races. The privileges extended include free entry to all NHARA races. SGs are an exception. All team members must pay full fare for SGs.

A State Development Team has been named for several years to provide recognition for the top junior racers in New Hampshire. These racers pay only the "head taxes" to enter NHARA races with the exception of SGs.

ELIGIBILITY REQUIREMENTS

Athletes must meet the following requirements to be eligible for inclusion on the NHARA State and Development Teams

- Current member of U.S. Ski & Snowboard and NHARA as of 10/15/2023*
- Registered membership with a NHARA club, training and racing for that club during both the 22/23 and 23/24 seasons. Athletes claiming IND status are not eligible for selection to any of the NHARA Teams.
- Starts in a minimum of 3 NHARA races during the 22/23 season**.

*Athletes must be listed as "ACTIVE" with U.S. Ski & Snowboard as of 10/15/2023 to be eligible. Athletes whose membership status is "PENDING" for any reason will be ineligible for consideration.

**There will be no minimum start requirement for USST and Eastern Team members.

NHARA STATE TEAM SELECTION CRITERIA: (12 Men/12 Women)***

- Any NHARA athlete who is a member of the USST or Eastern Team will be automatically selected.
- Any athlete who is a gold medalist at U18 Nationals, U16 Eastern Championships or U14 Eastern Championships will be automatically selected.
- The top point holder (M/F) from the 2023 Macomber Cup, Tecnica Cup and LaFoley Spring Series will be automatically selected.
- Remaining positions will be selected via NTSM from the first November Seed List, SL & GS only.

NHARA DEVELOPMENT TEAM SELECTION CRITERIA: (10 Men/10 Women)***

- Limited to current U16 and U14 racers only
- The top three NHARA racers (M/F) from the overall results at U14 Easterns will be automatically selected.
- Remaining positions will be selected via NTSM from the first November Seed List, SL & GS only.

***Ties for the final position will result in both athletes being named

Children's Racing

NHARA Children's Racing programs provide opportunities for boys and girls ages 13 and under to develop their skiing skills and experience the fun of competitive alpine ski racing.

The NHARA U10 / U12 / U14 Children's racing program of Skills Days, Open races, Divisional races and State events are designed to provide easy entry into the sport and strives to create appropriate levels of challenge and racing experience for each age group. As skills develop, the more experienced racers can advance to regional events and beyond. All U12/U14 athletes are provided an opportunity to compete in end of season events bringing athletes from all divisions together for exciting race series.

The U10 and under club programs in NH are robust and age appropriate. However, there is no qualifying ladder for youngsters under the age of 10 within the NHARA structure.

All children athletes must have the necessary U.S. Ski & Snowboard Membership and NHARA Membership. Both memberships are required to be current for participation in any U10 / U12 / U14 U.S. Ski & Snowboard sanctioned racing or training event.

NHARA Children's Racing Committee

The NHARA Children's Racing Committee is representative of each division within the State. The committee is composed of the Committee Chair, Committee Vice Chair, the four (4) Divisional Chairs and four (4) youth level coaches (one from each division).

U14 Events

YOB 2010 & 2011

The NHARA U14 (12 & 13 year-olds) program consists of Slalom (SL), Giant Slalom (GS), Super-G (SG) and Parallel (P) races throughout the season within a structure of Open Races, Divisional Ranking Races and Championship Events.

Each Division hosts Ranking Races to determine participants to the NHARA U14 Finals and NHARA U14 Championships scheduled for early March.

Top performers from the NHARA U14 Championships will be eligible for the Eastern U14 Championships and the Francis Piche Invitational in mid-March.

From the Eastern U14 Championships, a team will be selected to compete with Alpine Quebec and Alpine Ontario at the non-scored U14 Can-Ams at the end of March.

U14 Scoring to the National Ranking List

All second year U14s (YOB 2009) in the U.S. Ski & Snowboard Eastern Region are eligible to compete in U.S. Ski & Snowboard scored competitions each spring, this year beginning March 22, 2023. Second year U14 racers may race in scored competitions outside of NH, within the Eastern Region criteria, dependent on eligibility. They may not compete in scored SG's as a U14. U14 results earned at scored SL and GS races will be credited to the U.S. Ski & Snowboard National Ranking List.

U14s planning to race in scored races must meet the entry deadlines for NHARA athletes as published.

U12 Events

YOB 2012 & 2013

The NHARA U12 (10 & 11 year olds) program consists of Open Races, Divisional Ranking Races and Championships of Slalom (SL), Giant Slalom (GS) and Parallel (P) throughout the season.

Each Division hosts Ranking Races to determine participants to the NHARA U12 Championships and NHARA U12 Finals in early March.

Top performers from the NHARA U12 Championships will make up a small team to represent NHARA at the Francis Piche Invitational in mid March.

U10 Events

YOB 2014 & 2015

For U10s (8 & 9-year-olds) in NHARA, opportunities are provided to participate in organized U10 Skills Events and Open races within their division, and a small number of statewide age appropriate U10 only Open races. Club activities for this age group should minimize racing, and focus on measurable skills in a fun, positive and athletic environment. Emphasis should be on the development of the fundamental skiing skills of balance, agility, basic carving and coordination. Lots of at home skiing, games and team activities are encouraged for this group. There are no Divisional or State events for U10s in NHARA.

For the up-to-date program of U10 Skills Events within a Division, please refer to the NHARA Race Schedule posted on the NHARA website.

U8's

YOB 2016 & Younger

U8 activities (6 & 7-year-olds) are organized at your home area. Club programming and events should be calendared with a focus on measurable skills in a fun, positive, age-appropriate athletic environment, emphasizing the development of the fundamental skiing skills of balance, agility, basic carving and coordination. Lots of at home skiing, games and team activities is encouraged for this group. U8s in NHARA are not eligible to participate in Open or Divisional races.

Open Children's Races – U14 / U12 / U10

There are extensive opportunities to race in NHARA Open Races. Beyond the play time to be experienced in new environments, Open races are of a type and schedule to serve as preparation for the Divisional Ranking Races. Open races are held throughout the state from mid-December to the end of March.

Seeding at NHARA Open races is random, by computer draw, within gender and age group. 2nd run start orders are reversed within gender and class. All first run DSQ's and DNFs may run in seeded order for the second run. Unless noted otherwise, the race order is U10G, U10B, U12G, U12B, U14G, U14B.

Awards are at the discretion of the event host but are typically given to the top 10 within each class.

The full Open race schedule may be found at nhalpine.org/childrens

Event organizers may limit their entry size. Entering an Open event early in the season is your best strategy to gain entry into these popular events.

Independent racers (no NHARA Club affiliation) may enter NHARA Open Races provided that they are current U.S. Ski & Snowboard members.

Out of State Entries to Children's Open Races

At any designated NHARA Open race on the non-scored schedule, NHARA athletes entered by 9:30 a.m. 6 days prior to the race will not be displaced by an out-of-state entry. Non-NHARA athletes are eligible to enter competitions, but are initially added to a waitlist until 9:30 a.m. 6 days prior to the competition date, at which time athletes are added from the waitlist on a first come first serve basis until the field size limit is reached.

NHARA Divisions and Ranking Races

The four NHARA Divisions are configured with sensitivity to geographical compatibility and manageable field sizes. Each Division will host a series of 3 races for U12 / U14 competitors to determine athlete rankings to the NHARA Championship Events.

NHARA Children's Divisions:

Eastern: Attitash, Bretton Woods, Cranmore, King Pine, Wildcat

Central: Abenaki, Crotched, Gunstock, McIntyre, Pats Peak

Northern: Franconia, Loon, WVBBS

Western: Cardigan, Ford Sayre, Mount Sunapee, Proctor, Ragged, Whaleback

Divisional Ranking Race Schedules:

Divisional schedules (U12/U14) and procedures are determined independently by each division.

Go to nhalpine.org/childrens for a listing of each division's race schedule.

Entering a Divisional Ranking Race:

Go to: nhalpine.org/childrens

Start Orders:

Running orders within age group and gender are seeded randomly, by computer draw. Run 2 seed order is reversed within age group and gender. 1st run DSQ's and DNF's may run in seeded order for the 2nd run. A variation of this format may be adopted within your home division.

Divisional Series Ranking Orders:

Each divisional event/series of ranking races may use individual race runs and/or overall results for series rankings. Your home program will be sharing complete details of your division's program.

Each Division is responsible to update their divisional series ranking list to the NHARA website after each ranking race.

Memberships Required:

Only athletes affiliated with a NHARA club program are eligible for Ranking Races within their Division.

Independent athletes or competitors from outside their division cannot attend.

Athletes planning to participate in Division Ranking Races must have a current U.S. Ski & Snowboard Competition License.

A current NHARA Membership is required at least 72 hours prior to a Ranking Race to be scored to that event's result rankings. Retroactive scoring to the result rankings is not permitted for athletes whose NHARA membership is obtained after a competition.

Eligibility from the Divisional Ranking Races:

Athletes will be ranked to participate at the NH Finals, or the NH Championships based on simple place point rankings (1st=1, 2nd=2, etc), from their Division Ranking races.

Procedures to be used for ranking are determined independently by each Division. Ranking systems of best 2 of 6 (or best 3 of 6 runs at discretion of Division) / races in a three (3) event divisional series, as well as best 3 of 9 which include overall race day results, are currently in use. If an event is lost, Division scoring is based on one (1) less than half the number of runs or runs / races contested.

Rankings will be used to fill each Division's quota first to the NHARA State Championships, then ranking the remainder of the Division's competitors to the NHARA State Finals. Ties for final divisional ranked position will also be eligible for Championships.

Division chairs will submit their series ranking orders (including alternates) to the respective U12 / U14 Championship and U12 / U14 Finals event race administrators, (as well as to the NHARA website), immediately after their division's final ranking race. Include Last, First, Gender, YOB, Club, U.S. Ski & Snowboard and NHARA membership numbers. Please include distribution to the NHARA Children's Chair and NHARA Youth Coach.

NHARA Championship Events

Quotas: Each Division receives a quota for the U12 and U14 NHARA Championships, based on a proportional percentage of the state's age group membership population. Determined annually, quotas are apportioned by age class and gender, and will be rounded up where needed. Division quotas are determined as of January 30, 2023 and will be posted on the NHARA website by February 1 and based on the most recent active membership list posted by NHARA.

The overall quotas for the respective Finals and Championships will be calculated so there will be two equal sized fields.

Athletes who are not eligible to the NHARA Championships are eligible for the NHARA Finals.

Post Championships Scoring: Simple place points are used: 1st=1; 2nd=2, 3rd=3, etc. to rank each individual race run / combined time result.

Individual Awards: Individual awards are determined by combining the times of both runs in each event contested.

Team Awards: Presented to the top 3 teams for both boys and girls, plus overall. Each team's best four (4) placings per run per gender will be considered.(1st=30; 2nd=29;30th=1). Team scoring considers race runs only; Combined race results are not used for calculation. The NHARA U14 SG Championships is also included when scoring the U14 Championships Team Awards.

An overall Team Award combining U12 and U14 NH Championship team results will be presented at the spring NHARA Children's Committee meeting.

NHARA U12 & U14 Finals: Mt Cranmore

Fri, March 1, 2024	Training Day
Sat, March 2, 2024	U12 Slalom, U14 Giant Slalom
Sun, March 3, 2024	U12 Giant Slalom, U14 Slalom

Entering: All athletes eligible to attend must register online at skireg.com by Wednesday, March 1. Late entries will not be accepted.

Training Day: All teams and athletes are invited to ski and train at Sunapee. Course(s) will be set by the host area, providing Freeski, SL and GS training opportunities on the designated race slopes. Costs and details may be found via the event portal.

Start Orders: The NHARA U12 / U14 Finals consists of 2 runs of SL and 2 runs of GS.

The 1st run start order is chosen randomly, by computer draw, within each gender, by age class.

The 2nd run start order is reversed, within each gender and age class.

Day two, the 1st run start orders are split in half for the 3rd, then 4th run.

Girls will run first each run.

DSQ's and DNFs will receive a second run each day in seeded order.

Race order for the SL is U12G, U14G, U12B, U14B with girls and boys on separate courses.

Race order for the GS is U12G, U12B, U14G, U14B.

Start Order Seeding Example:

99 U12 Girls: One random 'Bib Order' is drawn for the two days of racing, split into two groups:

SL	Run 1	Group A	1-50	Group B	51-99
	Run 2		99-51		50-1
GS	Run 3		50-1		99-51
	Run 4		51-99		1-50

When the gender field size is not an 'even' number, Group A will be rounded up.

Bibs: Athletes will use their same bib for both days.

Courses: ~ 200m vertical drop for GS, ~ 110m for SL. Each run should be on separate or re-set courses.

Scoring: Use best two of six (2 of 6) – consider 4 individual runs and 2 overall race results from the GS and SL events. Ties will be broken using the next best result. If a run / event is lost, scoring is based on one less than half the number of available results.

Rankings: Top 5 girls and 5 boys in each age group are eligible to next week's U12 / U14 State Championships. Ties for 5th ranked will also be eligible for Championships.

Awards Presentation: All awards, Individual and team, to be presented after Sunday's race.

Individual Awards: 1st, 2nd, 3rd place combined time trophies in GS and SL for girls / boys.

Team Awards: Trophies for the top 3 teams (combining results of both girls and boys) will also be presented.

NHARA U12 Championships: Pats Peak

Fri, March 8, 2024	Training Day
Sat, March 9, 2024	SL
Sun, March 10, 2024	GS

Entering: All athletes eligible to attend must register online at SkiReg.com by Tuesday evening, prior to the event. Late entries will not be accepted.

Training Day: All teams and athletes are invited to ski and train at Pat's Peak. Course(s) will be set by the host area, providing Freeski, SL and GS training opportunities on the designated race slopes. Costs and details may be found via the event portal.

Start Orders: The NHARA U12 Championships consists of 2 runs of SL and 2 runs of GS.

The 1st run start order is chosen randomly, by computer draw, within each gender, by age class.

The 2nd run start order is reversed, within each gender and age class.

Day two, the 1st run start orders are split in half for the 3rd, then 4th run.

Girls will run first each run.

DSQ's and DNFs will receive a second run each day in seeded order.

Race order for the SL is U12G, U12B with girls and boys on separate courses.

Race order for the GS is U12G, U12B.

Start Order Seeding Example:

99 U12 Girls: One random 'Bib Order' is drawn for the two days of racing, split into two groups:

SL	Run 1	Group A	1-50	Group B	51-99
	Run 2		99-51		50-1
GS	Run 3		50-1		99-51
	Run 4		51-99		1-50

When the gender field size is not an 'even' number, Group A will be rounded up.

Bibs: Athletes will use their same bib for both days.

Courses: ~ 200m vertical drop for GS, ~ 110m for SL. Each run should be on separate or re-set courses.

Scoring: Use best two of six (2 of 6) – consider four (4) individual runs and two (2) overall race results from the GS and SL events. Ties will be broken using the next best result. If a run / event is lost, scoring is based on one (1) less than half the number of available results.

Rankings: Top 11 girls / 11 boys are named to the State Team (receive hats) and are eligible to race at the Francis Piche Invitational. 11th place ties will be included.

Awards Presentation: All awards, individual and team, to be presented after Sunday's race.

Individual Awards: 1st, 2nd, 3rd place combined time trophies in GS and SL for girls / boys.

Team Awards: Awards for the top 3 teams for both genders, as well as overall team (combining results of both girls and boys) will be presented.

NHARA U14 Championships: Proctor/Gunstock

Fri, March 8, 2024	Gunstock	Training Day
Sat, March 9, 2024	Proctor	SL
Sun, March 10, 2024	Gunstock	GS

Entering: All athletes eligible to attend must register online at adminskiracing.com by Tuesday evening, prior to the event. Late entries will not be accepted.

Training Day: All teams and athletes are invited to ski and train at Wildcat. Course(s) will be set by the host area, providing Freeski, GS and SL training opportunities on the designated race slopes. Costs and details may be found via the event portal.

Start Orders: The NHARA U14 Championships consists of 2 runs of SL and 2 runs of GS.

The 1st run start order is chosen randomly, by computer draw, within each gender, by age class.

The 2nd run start order is reversed, within each gender and age class.

Day two, the 1st run start orders are split in half for the 3rd, then 4th run.

Girls will run first each run.

DSQ's and DNFs will receive a second run each day in seeded order.

Race order for the SL is U14G, U14B, with girls and boys on separate courses.

Race order for the GS is U14G, U14B.

Start Order Seeding Example:

99 U12 Girls: One random 'Bib Order' is drawn for the two days of racing, split into two groups:

SL	Run 1	Group A	1-50	Group B	51-99
	Run 2		99-51		50-1
GS	Run 3		50-1		99-51
	Run 4		51-99		1-50

When the gender field size is not an 'even' number, Group A will be rounded up.

Bibs: Athletes will use their same bib for both days.

Courses: Vertical Drop: GS ~ 230m / SL ~ 135m

Scoring: Use best two of seven (2 of 7) – considering four (4) individual runs and three (3) overall race results from the SG, GS and SL events. Ties will be broken using a next best result. If a run / event is lost, scoring is based on one (1) less than half the number of available results.

Rankings: Top 10 girls / 10 boys ranked overall, using their best two of seven (2 of 7) race run / overall results will be named to the State Team and will be invited to represent NHARA at the Eastern U14 Championships. 10th place ties will also be named to the State Team.

- The next ranked 9 girls / 9 boys are also eligible for the Eastern U14 Championships.
- The next ranked TBD girls / TBD boys are invited to the Francis Piche Invitational. (These quotas will be determined prior to the Championships by the Francis Piche Race Committee)

Awards: All awards, Individual and team, as well as the announcing of NHARA post-season teams, are to be presented after Sunday's race. 1st, 2nd, 3rd place individual trophies in SL and GS for girls / boys. All athletes invited to the Eastern U14 Championships will receive hoodies. Awards for the top 3 teams for both genders, as well as overall team (combining results of both girls and boys) will be presented.

NHARA U14 Super G Championships

Mittersill at Cannon Mountain

Thursday, February 15, 2024: Girls Super G

Friday, February 16, 2024: Boys Super G

Entering: The field size for each gender is limited to 95 racers by order of entry. There are no entry eligibility requirements; athlete skill level and a coach's endorsement should be strong considerations. Register online at [SkiReg.com](https://www.skiereg.com) by Monday evening, prior to the event. Late entries will not be accepted.

Athletes invited to the NHARA U14 Super G camp(s) prior to the Championships will have priority over those who were not invited to the camp. However, these athletes must register for the SG Championship event a minimum of 5 days before the start time/day of the SG Championship to maintain this priority status.

Start Order: Randomized, by computer for the entire field. The training run start order will be in race bib order.

Rankings: Results will be included in the NHARA U14 Championships eligibility rankings -to the Eastern U14 Championships.

Awards: 1st, 2nd, 3rd place trophies, plus ribbons to the top 10. Each SG race is included as one of five (1 of 5) runs for the NHARA U14 Championships Team Awards.

Other: The training run is not timed. SG skis are not required.

Entry Procedure for the NHARA U14 SG Camps

Mittersill at Cannon Mountain

Thursday, February 8, 2024: Girls Super G Camp

Friday, February 9, 2024: Boys Super G Camp

Each Camp will be open to 65 U14s; first and second year athletes are welcome.

For the 2024 Season, automatic camp slots will be available. Criteria:

2010's, who finished in the top five (5) overall in any one of the 2023 NHARA U14 Championship events.

2011's who finished first (1st) overall in any one of the 2023 NHARA U12 Championship events or the 2022 U12 Francis Piche Invitational.

Automatics will not count toward a club's quota.

A club with automatic(s) selection(s) must confirm their participation by January 22, 2024.

SG Camp Entry Procedure:

1. Athletes will share their intent to participate with their home club.
2. Clubs will receive a quota for each camp, based on their gender percentage of NHARA U14 memberships as of January 1, 2023. Each club's quota will be announced no later than January 10.
3. The home club will submit their participation quota list **in ranked order** to the NHARA Children's Chair no later than Jan 22, 2024. Club lists will include athlete name, Club, YOB and U.S. Ski and Snowboard membership number. Club coaches who would like to support the camp as a staff member should also be listed on their team list.
 - 3a. Unused club quota slots will be added to the NHARA discretionary selection pool.
4. Clubs may petition the NHARA Children's Chair, prior to January 22, for a discretionary selection. Provide written, clear results evidence that justifies inclusion in the camp.
5. The NHARA Children's Chair will confirm each club's entry by February 1.
6. Seven days prior to the camp, a link will open on [SkiReg.com](https://www.skiereg.com) for athlete payment.

Regional Children's Events

Eastern Region U14 Thanksgiving Prep Project

November 18-20, 2023

Sunday River, ME

PROJECT GOALS:

- Provide in-region preparation period training for Eastern U14s.
- Begin winter with strong fundamentals.
- Promote camaraderie and regional team culture amongst eastern athletes.
- Create an opportunity for peer group training

TRAINING PROJECT SELECTIONS: 50 athletes total

- 25 men, 25 women
- First come, first served registration. Registration is targeted to open Sunday, October 15th at 4 PM EST and closes Monday, October 23rd at 8 PM EST. More info to come by Thursday, October 12th.
- Registration page: <https://www.skireg.com/u14-sunday-river>

PROJECT PAYMENT AND WAIVERS:

- Cost: \$125
 - Includes training and off-snow programming
 - Tickets, food, and lodging on your own
 - Discounted Sunday River Tickets: \$TBA - link will be provided closer to event
- [Click here to access waivers](#) (NEW online waiver, no need to print and sign!)

SCHEDULE (details pending):

Saturday, November 18

- AM-SL drills
- PM-SL drill courses
- After skiing-"Tech Talk" with Scott (parents welcome)

Sunday, November 19

- AM-SL drill courses
- PM-SL combinations
- After skiing-Conditioning education session (parents welcome)

Monday, November 20

- AM-SL course sections
- PM-SL courses

COACHING STAFF:

- Scott Graham - Eastern Development Coach - scott.graham@usskiandsnowboard.org
- Club coaches as available

LODGING AND MEALS:

- On your own

Eastern U14 Championships

Sugarbush, VT

March 16-19, 2024

Super-G, Skills, GS, SL

NHARA Quota: 38 (19 Women/19 Men)

NHARA Team announced on March 10 at the NHARA U14 Championships awards

Francis Piche Invitational

Gunstock, NH

March 15-17, 2024

Parallel, GS, SL

NHARA U12 Quota: TBD

NHARA U14 Quota: TBD

NHARA Team announced on March 10 at the NHARA U12 / U14 Championships Awards

<https://www.gunstockskiclub.com/francispiche>

Eastern U14 Finals

Catamount, NY

March 22-24, 2024

Format TBD

Quota to be filled from the NHARA U14 Championships competitor list. Those athletes who did not participate at the Eastern U14 Championships or the Francis Piche Invitational are eligible. Athletes interested in participating will contact the Chair of the NHARA Children's Committee by March 12. Should more than the NHARA quota apply, a list based on the final rankings of the NHARA U14 Championships will be used. Final rankings of the NHARA U14 Finals would be next considered. If needed, the same NHARA gender distribution used for Eastern U14 Championships will be applied.

<https://usskiandsnowboard.org/sport-programs/regions-divisions/eastern-alpine-region>

Eastern U14 Can-Ams

Sugarloaf, ME

March 27-31, 2024

Super-G, Skills, GS, SL

East Quota: 30 girls / 30 boys

Eastern Team Announced on March 19 following the Eastern U14 Championships.

Use Best 2 of 7 (runs / races) from the Eastern U14 Championships.

<https://usskiandsnowboard.org/sport-programs/regions-divisions/eastern-alpine-region>

Appendix

Appendix 1: NHARA Clubs and Programs

Appendix 2: NHARA Program Directory

The current NHARA Program Directory can be found here: [NHARA Programs 23/24](#)

Appendix 3: Accredited NHARA Colleges and Prep Schools with Alpine Racing Teams

NHARA Clubs and Programs 2023-2024

ABN	Abenaki Ski Team
ATT	Attitash Alpine Education Foundation
BBTS	Waterville Valley Black and Blue Trail Smashers
BW	Bretton Woods Competition Center
CMCC	Crotched Mt. Competition Center
CMS	Cardigan Mountain School
CRAN	Cranmore Race Team
CSC	Colby-Sawyer
DOC	Dartmouth College
DUBL	Dublin School
FS	Ford Sayre
FSA	Ford Sayre Academy
FSC	Franconia Ski Club (Cannon Mtn)
GSC	Gunstock Ski Club
HOLD	Holderness School
KP	King Pine
KUA	Kimball Union Academy
LRT	Loon Race Team
MCI	McIntyre
MWV	Mt. Washington Valley
PATS	Pats Peak
PROC	Proctor Academy/Proctor Junior Program
PSU	Plymouth State University
RMS	Ragged Mountain
SUN	Mount Sunapee
UNH	University of New Hampshire
WILD	Wildcat Alpine Education Foundation

NHARA Member Accredited Colleges and Prep Schools with Alpine Racing Teams

School	Program Director/Head Coach	Email
Cardigan Mountain School	Julia Ford	jford@cardigan.org
Colby-Sawyer College	Andy Locke	andy.locke@colby-sawyer.edu
Dartmouth College-Men	JP Daigneault	jp.daigneault@dartmouth.edu
Dartmouth College-Women	John Dwyer	john.c.dwyer@dartmouth.edu
Dublin School	Sandy Enegues	seneguess@dublinschool.org
Holderness School	Ben Drummond	bdrummond@holderness.org
Kimball Union Academy	Mattie Ford Dinapoli	mforddinapoli@kua.org
Plymouth State College	Trevor Hamilton	tahamilton1@plymouth.edu
Proctor Academy	Jason Nelson	nelsonja@proctoracademy.org
University of New Hampshire	Brian Blank	brian.blank@unh.edu
Waterville Valley Academy	Tom Sell	tsell@wvbbts.org