



A race for the family of Keith Pitre. Together we can help the Pitre's who have been in Memphis since January for Keith's leukemia treatment.

100% of proceeds will assist the family of Keith "Strong" Pitre as he bravely battles AML, Acute Myeloid Leukemia. Keith Strong is being treated in Memphis, TN and his family has made countless sacrifices to be by his side every step of the way. Treatment is ongoing—dad is on leave to be with him—mom donated stem cells to him. They are amazing, caring and giving parents.

**WHEN? Friday, July 7, 2017 ~ 7 PM Start**  
*(Registration starts at 6PM)*

**WHERE? Southdown Trails off of Valhi Rd.**  
*(south of Hollywood Rd)*

**HOW MUCH? Only \$10 per race entry**

**WHAT? 2-Mile trail run on grassy trails**

This is a **no frills race** with the #1 purpose to raise funds to assist a member of our community.

Drinks and refreshments will be provided after the race with a **small cash prize** for the top 2 Male and the top 2 Female finishers. 😎

Please consider coming out to this great charitable event and experience a cool (not literally) off-road 2-mile race.

**Cooper Life Fund** is a nonprofit created to help families of children born with serious medical conditions while promoting a healthy lifestyle through exercise and physical fitness. John and Ashley Fontenot founded the nonprofit after their son Cooper Fontenot was born with a Congenital Heart Defect in 2004 and underwent successful open-heart surgery.

[www.cooperlifefund.org](http://www.cooperlifefund.org)

# STRONG HEART

## TRAIL TROT

### 2 Mile Trail Run - July 7, 2017

**DONATION FORM – Please Print Clearly**

**Donation Form May Be Mailed**

**All Contributions Are 100% Tax Deductible.**

**Name:**

\_\_\_\_\_

**Street Address:**

\_\_\_\_\_

**City, State, Zip Code:**

\_\_\_\_\_

**Contact Number:**

\_\_\_\_\_

**E-Mail Address:**

\_\_\_\_\_

**Enclosed is my monetary tax deductible contribution:**

**\$** \_\_\_\_\_

**Make contribution payable to and mailed to:**

**Cooper Life Fund  
c/o Strong Heart Trail Trot  
276 Riverwood Drive  
Houma, LA 70360**



**For more info contact:**

**\*John Fontenot: 985-258-5751**

**\*Steve Morgan: 985-232-7753**

**ENTRY FORM – Bring with you on race day**

**\*\*RACE DAY REGISTER ONLY\*\* (Do Not Mail)**

Registration forms will be available on site beginning at 6 PM

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

I am making an additional contribution of \$ \_\_\_\_\_

**Total Amount Enclosed \$** \_\_\_\_\_

In consideration of you accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against Cooper Life Fund, Split Second, LLC, Terrebonne Parish Consolidated Government & their employees, any race officials, associated sponsors, their representatives, successors, and assigns for any injuries suffered by me in said event. I attest and verify that I will participate in this event as a foot race entrant, and that I am physically prepared to run, jog or walk this event.

Signature (parent if under 18): \_\_\_\_\_

Date: \_\_\_\_\_

**Thank you for your participation!**

**Very special thanks to our presenting sponsors:**

**Houma Family Dental**

**Dr. Stephen Morgan  
219 Grinage Street in Houma  
985-868-5699**

**Split Second, LLC**

**Cory and Katie Bourg  
[www.splitsecondllc.com](http://www.splitsecondllc.com)**

**\*\*RACE DAY REGISTRATION ONLY\*\***