

What's New June 2017?



Reduce, Reuse, Recycle: Familiar words. The problem is significant. Just watch this new story from two years ago about our oceans becoming garbage dumps by [clicking here](#).

But how do we reduce, reuse, and recycle? Having our own water bottles to refresh us helps reduce and reuse; and we need to encourage this and other practices. At CIRA Ontario we also wanted to emphasize reusing and our book *Replay* helps us do just that. The Grand Valley Board led a one-day play using this resource. We have captured some of their ideas to help us reuse what otherwise is garbage. It is good to remember that people are not junk (not any of us), so it is therefore also important that we reduce production of junk.

~ John Byl (CIRA Ontario President)

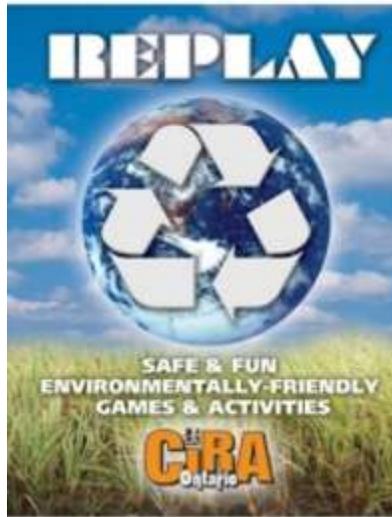
GOPHER

St. Bernadette School Environmental Initiatives

St Bernadette School in Kitchener has been working on their environmental initiatives for the past couple of years. Their school is a certified Eco School through the Ontario Eco Schools program. This year to celebrate Earth Day, the staff and students at St. Bernadette School decided to have an environmentally friendly play day. The grade six and seven students paired up and choose a game from the CIRA Ontario Recycled games book. The students gathered the necessary materials and practised how they games were to be played. Then, the students conducted a passport play day for students in kindergarten to grade four. The participants had a choice of which game they wanted to participate in and upon completion a stamp in their passport (printed on recycled paper of course) was received. The students at St. Bernadette School loved playing with the reused equipment and the older students enjoyed the challenge. Points were claimed in the Stewardship category for their Eco Schools application.



REPLAY Resource Book Sample Games
*Safe & Fun, Environmentally-Friendly
Games & Activities*



Styrofoam Jenga

Game Objective: Two players try to remove Styrofoam worms from a stack without knocking it down.

Number of Players: Any number of players.

Equipment: A large number of Styrofoam packing worms or blocks of Styrofoam.

Setup:

- Split players into groups of two or more.
- Give each group Styrofoam worms, and have them build a tower.

Instructions:

1. Players must take turns removing one worm at a time from a Styrofoam worm tower.
2. Continue play until the stack falls over.
3. The winner is the player who did not cause the tower to fall.

Shuffle Box

Objective: Teams will try to slide cardboard boxes down the floor, and onto a target.

Number of Players: Enough players to make two equal teams.

Materials: A number of small cardboard boxes and rolls of floor tape.

Setup:

- Tape a shuffleboard triangle onto the floor (needs to be big enough for cardboard boxes), and section it off.
- Designate a certain number of points to each of the sections of the triangle.
- Divide players into two teams.

Instructions:

1. Teams will take turns sliding boxes across the playing area to the triangle, in an attempt to gain points for their team.
2. Each team is given an equal number of turns.
3. At the end of the game, the team which has the most points wins.

Team Caps

Objective: Players try to throw caps and knock caps off the top of the bottles.

Number of Players: Any number of players.

Materials: A large number of plastic caps and plastic bottles.

Setup:

- Place caps upside down on top of bottles, and have players stand a certain distance from the bottles.

Instructions:

1. Players must remain a certain distance from the bottles.
2. Players toss caps at the bottles in an attempt to knock the cap from on top of the bottle.
3. At the end of the game, points are determined by the number of caps each player has knocked down.

Note: If playing outside on the playground put some water or sand in each bottle so that they do not blow over.

“A post-mortem on a Pygmy Right Whale found dead on Tanzania’s East Coast found two plastic caps inside it’s stomach”

examiner.com

Clean the Closet

Objective: Two teams will work to clear their area of all the caps.

Number of Players: Enough players to make two equal teams.

Materials: A large number of plastic caps.

Setup:

- Divide the players into two teams.
- Split the playing area into two sides and assign a side to each team.

Instructions:

1. Players must throw the caps from their side over the centre line, and onto the other team’s side.
2. Continue for a predetermined amount of time.
3. At the end of the game, the team with the lowest number of caps on their side wins.

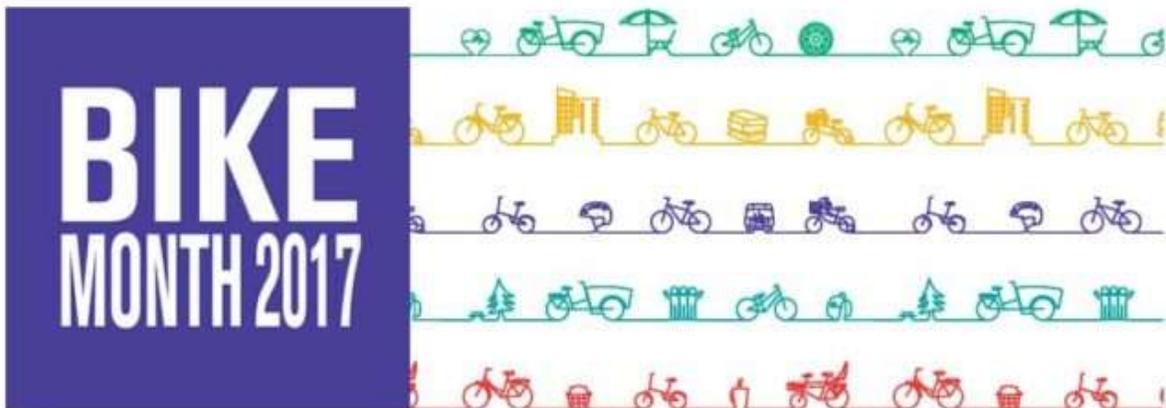
Bike Month 2017

The month of **June** is **Bike Month!** Can you create an **intramural contest** out of this? For more information on Bike Month 2017, visit: <http://www.bikemonth.ca/news>

Possible Intramural Ideas

1. Which class has the most amount of students who ride their bike to school? Daily, weekly, or for the month of June.
2. Host a bicycle derby. <http://www.ciraontario.com/bicycle-derby>

We would love to hear what intramural contests you come up with! Share your ideas by tagging CIRA Ontario on Facebook and Twitter.



SAVE THE DATE

We're teaming up to bring you one fabulous weekend of
FUN, ACTIVE PARTICIPATION FOR ALL

OASPHE



CIRA

Ontario

ANNUAL CONFERENCES

Thursday & Friday
April 26 & 27, 2018

Friday & Saturday
April 27 & 29, 2018

Membership is required to attend CIRA Conference