

## Learn To Play Parent Introduction Email

- **Arrival Time:** I would encourage everyone to be at the rink 30 - 40 minutes before the first session. The IYHL and coaching staff will get your skater checked in, a jersey, and a name tag for their helmet. We will have lots of volunteers to assist with not only this but helping you get your child ready if you need it. Each week a group of older players, mostly H.S., will be there to assist on the ice. They are also more than willing to assist with any equipment questions as are the coaches and staff.
- **Locker Rooms:** The white board on the wall to the left of the entrance to the rink will indicate which rink and locker rooms your players are assigned to. Week 1 will be on Rink 1 which is up the stairs to the left of the entrance. The locker rooms are also up those short stairs. Please get your players ready in the locker rooms and not the lobby as it becomes very congested with people coming and going throughout the day.
- **Hockey Sticks:** For the first few sessions the kids will not be using sticks. You can leave them at home and we will let you know when to bring them. We will be working on skating first and progress to work with the sticks in the later sessions.
- **Hockey Gear:** Each player is required to wear a complete set of hockey gear, this includes the following: hockey skates, hockey shin pads, pants, hockey socks or sweatpants, shoulder pads, gloves, and helmet. Please ask the staff or a helper if you need assistance.
- **Designated Session Times:** Please arrive for your designated session. Should there be a conflict and you wish to switch a session please see one of the staff members about this or e-mail me. We need to keep the numbers in each session manageable so that your player can get the most out of the instruction. That said we may be able to accommodate a change if necessary.
- **Parents / On Ice Help:** We encourage parents to come out on the ice and help if they wish to. All parents however must have hockey skates and a hockey helmet on while on the ice. I will add that some of our current best players cried their eyes out for the first couple LTP sessions. This is completely normal as learning to skate can be tough on a youngster. Further, sometimes a little distance from the parents is the best thing for them to gain their confidence. We have terrific staff who will do a great job with them and help them through it. We will also encourage kids who might get upset to take a few breaks as well. In just a few sessions they will be doing great and having fun. Be patient!