Oklahoma Concussion Law Requirements ESC Concussion Policy/Procedure Spring 2017

- A. Implement policies and procedures based on the concussion management information, created by the Oklahoma State Department of Health, to inform and educate ESC's respective coaches, game officials, team officials, athletes, and parents or guardians of the nature and risk of concussions.
- B. Each year, information regarding concussions must be given to athletes and their parents/guardians and the athletes and parents/guardians must acknowledge their understanding of the information provided. ESC must receive and maintain that acknowledgement prior to the athlete's participation in any practice or competition.
 - 1. For Spring 2017 ONLY, all parents must sign the acknowledgement form at the first team meeting.
 - 2. The coach should have everyone read the provided concussion information and sign the acknowledgement.
 - 3. Athletes whose parents have not reviewed the provided concussion information and signed the acknowledgement form may not participate in games or practices, until they have done so.
 - 4. Coaches shall keep a copy of each athlete's signed acknowledgement form and email a copy to their age group coordinator.
 - 5. For Fall 2017, ESC will use GotSoccer to have parents review and "agree" that they have read the concussion information provided.
- C. Each year, coaches, game officials, and team officials shall undergo concussion training provided by the CDC, the NFHS, or a comparable program. A record of completion of the training course shall be available upon request.
 - Coaches and Team officials, if they have one, will log into their GotSoccer account, watch the online training video "HEADS UP Concussions in Youth Sports," and take the test.
 - 2. If a Team Official does not have a GotSoccer account, they may simply watch the CDC "HEADS UP Concussions in Youth Sports" training video and take the test.
 - 3. Each coach must complete this certification before coaching any team event.
 - 4. "Team officials" include managers, treasurers, and any other individual involved in the operation of an ESC team.
 - 5. Each team official must complete this certification before their team's first practice of the season.
 - 6. After completion, print the certificate and the wallet-sized card.
 - 7. A copy of the certificate should be turned in at the coaches' meeting or

- emailed to their age group coordinator.
- 8. The coach and team officials should keep the wallet-sized card on them, as well.

D. Any athlete suspected of suffering a concussion must be removed from the game or practice. If an athlete is removed for a suspected concussion, they cannot return to any game or practice on the same day, unless they have been evaluated and received written clearance from a licensed health care provider trained in the evaluation and management of concussions.

- 1. A concussion notification form must be completed, signed by the coach or team official and a parent or legal guardian, and emailed to gm@edmondsoccer.com.
- 2. A licensed health care provider is defined as the athlete's pediatrician, a neurologist, a certified concussion specialist, or other medical doctor trained in the evaluation and management of concussions.
- 3. The athlete will be placed on a No Play list, until he or she is cleared by a "licensed health care provider," provided a written release, and the written release is emailed to gm@edmondsoccer.com.
- 4. A verbal release to return to play is insufficient and will not be accepted.
- 5. Parental consent, absent a written release from a "licensed health care provider," is insufficient and will not be accepted.

E. An athlete that has suffered a concussion or head injury cannot return to any practice or game, until they have been evaluated by a licensed health care provider trained in the evaluation and management of concussions, provided with a written release, and completed the CDC's Return to Play Progression.

- 1. The athlete will be placed on a No Play list, until he or she is cleared by a "licensed health care provider," provided with a written release, and the written release is emailed to gm@edmondsoccer.com.
- 2. A verbal release to return to play is insufficient and will not be accepted.
- 3. Parental consent, absent a written release from a "licensed health care provider," is insufficient and will not be accepted.
- 4. As a coach, you could be held liable, if you allow an athlete to return to any practice or game and do not have a written release.
- 5. Prior to returning to participate in any practice or game, the athlete must be symptom-free for a minimum of 24 hours and have completed the CDC's Return to Play Progression.
 - http://www.concussiontreatment.com/images/SCI_RTP_Illustration.pdf

F. If any coach, team official, or game official becomes aware of or suspects that an athlete is exhibiting signs, symptoms, or behaviors consistent with having sustained a concussion or head injury, and the athlete is not removed from the practice or game, the coach, team official, or game official shall receive the following minimum penalty.

- Any coach, team official, or game official that has committed a first violation shall receive additional concussion recognition and management education, as determined by the ESC board.
- 2. Any coach, team official, or game official that has committed a second violation shall be immediately suspended, until they appear before the ESC board.
- 3. Any coach, team official, or game official that commits any subsequent violation shall be immediately suspended, until they appear before the ESC board.
- 4. Monetary fines shall not be considered as a penalty.

Resources:

SB1164

http://webserver1.lsb.state.ok.us/cf_pdf/2015-16%20ENR/SB/SB1164%20ENR.PDF

Concussion Resources for coaches, parents, officials, and athletes:

https://www.cdc.gov/headsup/youthsports/index.html

Got Soccer Log in to ImPact Center

https://www.gotsport.com/asp/impact_test/Default.asp

Got Soccer Parent Worksheet:

https://www.gotsport.com/documents/impact/ImPACTworksheet.pdf

Gotsoccer Concussion Test steps:

http://www.oksoccer.com/main/administration/got_soccer_concussion_test_guide/

Concussion Recognition and Response:

https://www.ok.gov/health/Protective Health/Injury Prevention Service/Concussion Recognition_and_Response/index.html

Return to play protocol chart after released by a Doctor

http://www.concussiontreatment.com/images/SCI_RTP_Illustration.pdf