

U13-U17 Basic Rules

Length of Games	2 x 25 minutes
# of Players On Field	6 (Including Goalkeeper)
Size of Ball	5
Duration of Games	50 Minutes
Half Time	5 Minutes
Referees	Two (one in the penalty area, one on the field)
Substitutions	On the fly
Offside	No

General Rules of the Game

After a Save...

A goalie can throw, pass or kick the ball out of his/her goal area.

Be aware of the three-line violation.

Ball Out of Bounds Over Sideline...

Kick In... Place the ball on the line where the ball went out and can either pass it to a teammate or shoot to score.

Ball Out of Bounds Over End of Field...

If the ball goes out of bounds at the end of the field and the attacking player touched it last, it is put back in play with a **Goal Kick**.

Ball Out of Bounds Over End of Field...

If the ball goes out of bounds at the end of the field and the defending player touched it last, it is put back in play by a **Corner Kick**. Place the ball on the white spot in the corner and take the kick.

The Ball In and Out of Play...
The ball is out of play when:

- *When the ball is over the red line on the side boards.
- *Play has been stopped by the referee.
- *It has wholly crossed a perimeter wall or has touched the side netting.
- *It strikes the netting or any structure above or overhanging the field of play.

The ball is in play at all other times, including when:

- *It rebounds off a goalpost, crossbar or perimeter wall and remains in the field of play.
- *It rebounds off the referee.
- *It touches a player who has technically left the field by being within the restart line and between the gates to the bench, and who is being replaced by a substitute, but who is not playing or attempting to play the ball or interfere with

General Rules of the Game Cont.

Three-line Violation...

A three-line violation occurs when the ball is played by a player in his own defensive zone and the ball completely crosses all three lines in the air without touching another player, the referee, the field of play, the touch walls or goal wall in the defensive zone from which it was played.

No Offense...

When a team has 2 fewer players eligible to be on the field than the opposing team, any player on that team may propel the ball over three lines without being in violation of this rule.

Infringements and Sanctions...

For a three-line violation, the referee awards a free kick to the opposing team to be taken from the restart mark at the center of the violating team's defensive line.

Free Kicks (all free kicks are DIRECT!)

For all free kicks, the ball must be stationary when the kick is taken and the kicker must not touch the ball again until it has touched another player.

The kicker has 5 seconds to put the ball into play, and the referee indicates visually and verbally the 5 second count.

Time Restrictions on Restarts

On any start or restart, the team entitled to the kick has five(5) seconds to play the ball. In the event of taking more than five(5) seconds, the kicker is penalized by a 2-minute technical offence penalty for delaying the restart. However, that team remains entitled to the restart.

Rule 12 - Summary of changes to cards and sanctions (approved 2014)

Offence	Card + Sanction	Time Penalty	Relief
Delays the restart of play, by a time count violation.	Blue	2:00 minutes	Yes
Fails to respect the required distance when play is restarted with any kick.	Blue	2:00 minutes	Yes
Any Rule 12 Free Kick offence (penal) committed in a manner considered by the referee to be reckless (unsporting behavior)	Yellow + Caution	2:00 minutes	Yes
Holds an opponent', to prevent an opponent from gaining possession of the ball.	Yellow + Caution	2:00 minutes	Yes
Handles the ball deliberately', to prevent an opponent from gaining possession of the ball.	Yellow + Caution	2:00 minutes	Yes
Handles the ball deliberately', in an attempt to score a goal.	Yellow + Caution	2:00 minutes	Yes
Delays the restart of play, <u>not</u> by a time count	Yellow + Caution	2:00 minutes	Yes
Spits on the field of play (player only)	Yellow + Caution	2:00 minutes	Yes
All existing 'cautionable' offences, with the exception of 'assessed a 3rd minor misconduct	Yellow + Caution	2:00 minutes	Yes
All existing 'sending off' offences, with the exception of 'receives a 2nd caution in the same match'.	Red + Send Off	5:00 minutes	No
Receives a 2nd caution in the same match.	Red + Send Off	2:00 minutes	No