



# FUNdamentals

## Small Sided Game

### Numbers Game



#### Organization

Create two mini fields of 15 m x 20 m. 4 teams of 2. Balls placed in the outside center to both playing fields for Coach to distribute.

#### Procedure

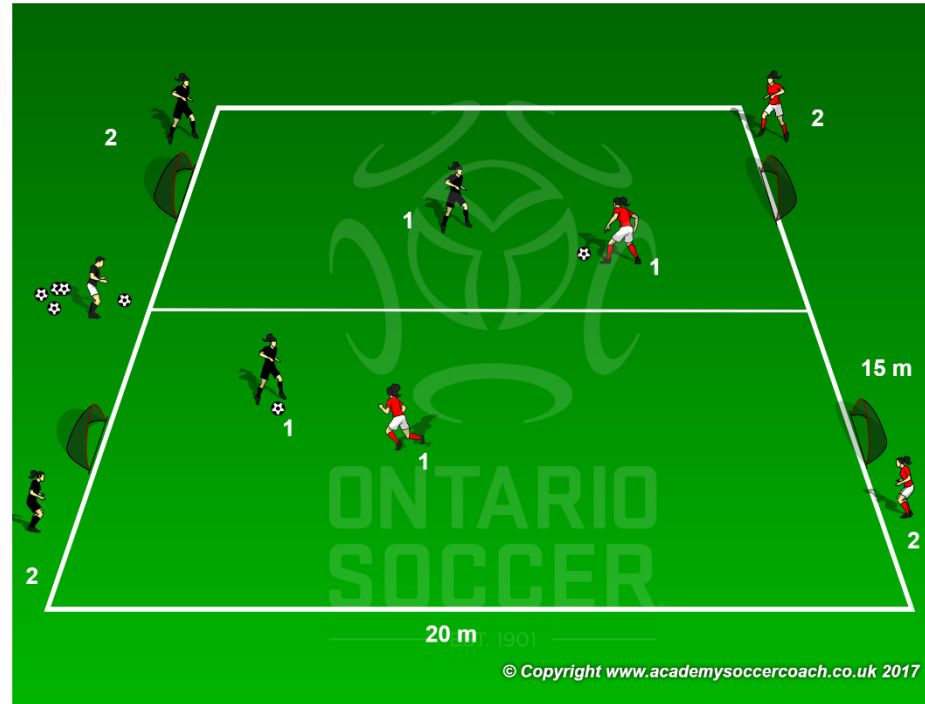
Each team player will number themselves 1 or 2. Coach will say number 1, the players that are number 1 will play each other 1v1.

#### Emphasis

Creating a safe environment  
Positive reinforcement  
Allow players to be creative  
Allow players to make decisions

#### Progression

2v2. When a player scores, that player must run around the goal and return to play. This will allow opposing team to quickly play 2v1



#### Timing

9 Minutes

#### Area

1(Set up 2 times)

#### Objective

Players will be able to beat a player in a 1v1 situation

#### Outcome

**All players:** can beat a player by changing their speed  
**Most players:** can beat a player by changing their speed and direction  
**Some players:** Can beat a player left and right by changing their speed and direction

#### Technical / Tactical

Ball Mastery  
Running with the ball  
Dribbling  
Shooting

#### Psychological

Decision Making  
Problem Solving  
Confidence  
Safety

#### Socio - Emotional

Communication  
Celebration  
Teamwork  
FUN

#### Physical

Agility  
Balance  
Co-ordination  
Change of Speed  
Change of Direction

#### Top Tip

Coaches in this stage have to create a learning environment that is stimulating and engaging where players learn in a fun-filled small-sized game environment.